



Corrida Solidária Bosch

ILHAVO/AVEIRO  
DOMINGO, 29 JUNHO

CORRIDA  
SOLIDÁRIA  
BOSCH

Classificação Geral Absoluta

Pos.	Dorsal	Nome	Categoria	Equipa	Tempo	Km 5	Média	Dif. resp. 1º
1	27	Ricardo Fernandes	Senior	Individual	00:32:57.23	00:17:16.43	3,3	00:00:00.00
2	110	Bruno Pereira	Senior	Individual	00:33:34.57	00:17:23.25	3,36	00:00:37.34
3	662	Jose Tojal	Veterano III	g d 3 santos pouplares	00:33:44.93	00:17:30.43	3,37	00:00:47.70
4	81	Fernando Santos	Veterano II	Individual	00:34:03.28	00:17:30.59	3,41	00:01:06.05
5	660	Jose Fernandes	Veterano IV	Individual	00:34:13.17	00:17:35.78	3,42	00:01:15.94
6	302	João Pereira	Veterano IV	AFIS/OVAR	00:35:25.85	00:18:15.43	3,54	00:02:28.62
7	798	Tiago Silva	Senior	Aveiro Night Runners	00:35:59.32	00:19:14.51	3,6	00:03:02.09
8	700	Messias Dias	Veterano II	g d 3 santos pouplares	00:36:14.50	00:18:00.14	3,62	00:03:17.27
9	808	Alexandre Matos	Veterano IV	Individual	00:36:16.04	00:18:27.72	3,63	00:03:18.81
10	373	Joaquim Pereira	Veterano I	Individual	00:36:33.52	00:18:57.38	3,66	00:03:36.29
11	181	Paulo Gomes	Veterano III	Individual	00:36:50.23	00:18:52.50	3,68	00:03:53.00
12	860	Filipe Almeida	Senior	Individual	00:36:51.83	00:18:57.72	3,69	00:03:54.60
13	294	Luís Simões	Veterano IV	Individual	00:36:57.59	00:19:06.86	3,7	00:04:00.36
14	415	Nuno Patricio	Veterano II	Volkswagen Autoeuropa	00:37:04.14	00:18:56.64	3,71	00:04:06.91
15	184	Ricardo Coelho	Senior	Bosch TermotecniaS.A	00:37:05.48	00:19:23.03	3,71	00:04:08.25
16	652	Alberto Da Fonte	Veterano II	Adrep	00:37:12.08	00:19:23.41	3,72	00:04:14.85
17	404	Nuno Silva	Veterano I	Royal School of Language	00:37:23.84	00:19:24.29	3,74	00:04:26.61
18	402	Samuel Neves	Veterano II	Royal School of Language	00:37:24.37	00:19:24.38	3,74	00:04:27.14
19	759	Sara Pinho	Sénior Fem	S.L. Benfica	00:37:28.98	00:19:23.32	3,75	00:04:31.75
20	401	Miguel Pato	Veterano II	Royal School of Language	00:37:38.38	00:19:15.40	3,76	00:04:41.15
21	47	Armando Correia	Veterano II	G D GAFANHA	00:37:41.07	00:19:27.54	3,77	00:04:43.84
22	456	Nuno Silva	Senior	Individual	00:37:46.07	00:19:47.29	3,78	00:04:48.84
23	714	Gaudencio Lopes	Veterano II	casa do povo de Manguald	00:37:48.38	00:20:02.96	3,78	00:04:51.15
24	666	Hilário Pinto	Veterano II	GD Assempark	00:37:53.97	00:19:00.02	3,79	00:04:56.74
25	397	Miguel Gafanha	Veterano II	Individual	00:38:09.65	00:20:01.54	3,82	00:05:12.42
26	681	Moreira Pinho	Veterano III	Individual	00:38:26.38	00:20:01.92	3,84	00:05:29.15
27	160	Luís Monteiro	Veterano I	Individual	00:38:27.72	00:20:09.80	3,85	00:05:30.49
28	387	Paulo Pereira	Veterano I	Aveiro Night Runners	00:38:39.95	00:19:57.56	3,87	00:05:42.72
29	763	Vasco Ladeiro	Veterano IV	Grupo Desportivo da Gafa	00:38:44.59	00:20:10.09	3,87	00:05:47.36
30	139	André Nobre	Senior	Aveiro Night-runners	00:38:51.59	00:20:01.52	3,89	00:05:54.36
31	784	Rui Melo	Senior	Individual	00:39:06.06	00:20:09.82	3,91	00:06:08.83
32	309	Márcio Loureiro	Veterano I	SR Jardoeira	00:39:09.15	00:20:27.53	3,92	00:06:11.92
33	872	Arsénio Fernandes	Veterano V	Individual	00:39:10.14	00:20:13.19	3,92	00:06:12.91
34	43	Pedro Cardoso	Veterano II	Individual	00:39:16.34	00:20:10.43	3,93	00:06:19.11
35	501	Jose Cunha	Veterano II	Individual	00:39:27.14	00:20:09.93	3,95	00:06:29.91
36	134	Paulo Conceição	Veterano III	Individual	00:39:36.93	00:20:21.73	3,96	00:06:39.70
37	697	Pedro Costa	Veterano I	Individual	00:39:37.19	00:20:18.19	3,96	00:06:39.96
38	287	Filipe Carvalho	Senior	Individual	00:39:37.77	00:20:35.54	3,96	00:06:40.54
39	379	António Fonseca	Veterano II	Individual	00:39:38.67	00:20:34.23	3,96	00:06:41.44
40	406	Gonçalo Pato	Senior	Royal School of Language	00:39:40.79	00:20:05.27	3,97	00:06:43.56
41	210	Luís Sousa	Senior	Aveiro Night Runners	00:39:43.76	00:19:23.74	3,97	00:06:46.53
42	239	Nuno Campos	Senior	Aveiro Night Runners	00:39:50.01	00:20:56.98	3,98	00:06:52.78
43	515	Francisco Lopes	Veterano III	Volkswagen Autoeuropa	00:39:59.67	00:20:28.57	4	00:07:02.44
44	398	Jorge Pato	Veterano II	Royal School of Language	00:40:03.88	00:20:41.23	4,01	00:07:06.65
45	682	Nuno Pinho	Veterano I	Individual	00:40:06.31	00:20:55.60	4,01	00:07:09.08
46	616	Joao Neves	Veterano I	Aveiro Night Runners	00:40:10.38	00:20:55.31	4,02	00:07:13.15
47	618	Renato Silva	Senior	Aveiro Night Runners	00:40:10.66	00:20:55.13	4,02	00:07:13.43
48	320	João Matias	Veterano IV	CENAP	00:40:21.20	00:20:57.18	4,04	00:07:23.97
49	643	Jaime Júnior	Veterano II	CCD - Renault, Cacia	00:40:23.10	00:20:41.79	4,04	00:07:25.87
50	601	Reinaldo Rodrigues	Veterano II	Volkswagen Autoeuropa	00:40:24.50	00:20:59.03	4,04	00:07:27.27
51	69	Tony Graça	Veterano IV	Free Runners	00:40:30.78	00:20:40.31	4,05	00:07:33.55
52	64	Ivo Silva	Senior	Individual	00:40:35.47	00:21:15.22	4,06	00:07:38.24
53	46	Paulo Almeida	Veterano II	G D GAFANHA	00:40:37.34	00:20:42.40	4,06	00:07:40.11
54	591	Miguel Lamas	Senior	Individual	00:40:37.79	00:20:46.13	4,06	00:07:40.56
55	87	Fernando Gonçalves	Veterano III	Individual	00:40:41.05	00:21:07.04	4,07	00:07:43.82
56	746	Nuno Velho	Senior	Individual	00:40:51.68	00:21:20.33	4,09	00:07:54.45
57	368	Francisco Gamelas	Junior	Aveiro - Night Runners	00:41:14.26	00:20:54.48	4,12	00:08:17.03
58	55	João Pedro Ferreira	Senior	Bosch Termotecnia	00:41:15.82	00:21:54.20	4,13	00:08:18.59
59	543	José Rocha	Veterano II	Individual	00:41:16.80	00:21:31.18	4,13	00:08:19.57
60	587	José Nunes	Veterano I	Individual	00:41:19.70	00:21:44.27	4,13	00:08:22.47
61	573	Pedro Tavares	Veterano I	Tondela Runners	00:41:28.50	00:21:56.37	4,15	00:08:31.27
62	570	Luis Martins	Senior	Tondela Runners	00:41:42.23	00:21:35.77	4,17	00:08:45.00



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63	647	Miguel Fernandes	Veterano I	Individual	00:41:45.75	00:22:37.79	4,18	00:08:48.52
64	323	Olivério Baptista	Senior	CENAP	00:41:47.59	00:21:30.10	4,18	00:08:50.36
65	452	José Catarino	Veterano III	Individual	00:41:48.03	00:21:22.48	4,18	00:08:50.80
66	560	Valdemar Oliveira	Veterano III	Individual	00:41:50.25	00:21:34.19	4,18	00:08:53.02
67	581	Bruno Campos	Senior	Volkswagen Autoeuropa	00:41:52.46	00:21:58.15	4,19	00:08:55.23
68	450	Arnaldo Santos	Veterano III	Individual	00:41:54.83	00:21:35.21	4,19	00:08:57.60
69	328	Nuno Oliveira	Senior	Individual	00:41:58.68	00:21:36.44	4,2	00:09:01.45
70	459	Mário Fernandes	Veterano IV	Royal School of Language	00:42:00.00	00:22:06.74	4,2	00:09:02.77
71	539	Rui Lóio	Veterano III	Volkswagen Autoeuropa	00:42:00.24	00:21:34.37	4,2	00:09:03.01
72	211	Luís Fernandes	Senior	Individual	00:42:04.74	00:22:06.77	4,21	00:09:07.51
73	8	João Santana	Veterano II	Individual	00:42:09.36	00:21:58.80	4,22	00:09:12.13
74	736	Rui Oliveira	Veterano II	Microplasticos	00:42:16.94	00:22:22.82	4,23	00:09:19.71
75	229	José Brás	Veterano II	Individual	00:42:17.13	00:22:21.03	4,23	00:09:19.90
76	394	Patrick Rodrigues	Senior	Aveiro Night Runners	00:42:26.96	00:22:53.80	4,24	00:09:29.73
77	322	Manuel Silva	Veterano II	CENAP	00:42:28.50	00:22:37.74	4,25	00:09:31.27
78	654	Bruno Ponte	Veterano VI	Individual	00:42:28.93	00:22:08.98	4,25	00:09:31.70
79	224	Pedro Maia	Veterano IV	Individual	00:42:30.83	00:22:41.05	4,25	00:09:33.60
80	856	Fernando Cruz	Senior	Individual	00:42:32.50	00:21:50.31	4,25	00:09:35.27
81	146	Luciano Santos	Veterano II	Aveiro Night Runners	00:42:36.06	00:22:20.09	4,26	00:09:38.83
82	16	Giovanni Diaz	Senior	grecas de vagos	00:42:38.66	00:21:41.72	4,26	00:09:41.43
83	298	Jorge Vilela	Veterano II	Aveiro Night Runners	00:42:40.09	00:22:19.97	4,27	00:09:42.86
84	521	Paul Shepherd	Veterano IV	Individual	00:42:47.63	00:21:57.27	4,28	00:09:50.40
85	825	Rui Santos	Veterano II	Volkswagen Autoeuropa	00:42:52.08	00:22:29.90	4,29	00:09:54.85
86	93	Luís Rabaça	Veterano I	Individual	00:42:52.56	00:22:11.47	4,29	00:09:55.33
87	703	Américo Alhais	Veterano IV	Individual	00:42:54.76	00:22:26.12	4,29	00:09:57.53
88	113	Pedro Cruz	Veterano I	Individual	00:42:56.70	00:22:39.88	4,29	00:09:59.47
89	442	José Garcia	Veterano IV	Individual	00:42:58.91	00:22:03.57	4,3	00:10:01.68
90	281	Daniel Vieira	Senior	Individual	00:43:01.85	00:22:41.55	4,3	00:10:04.62
91	45	Duarte Sequeira	Veterano IV	Individual	00:43:04.68	00:22:10.97	4,31	00:10:07.45
92	517	António Marques	Veterano III	Volkswagen Autoeuropa	00:43:08.45	00:22:28.89	4,31	00:10:11.22
93	522	Antonio Santos	Veterano II	Individual	00:43:08.90	00:22:15.98	4,31	00:10:11.67
94	765	Vítor Carlos	Veterano II	Grupo Desportivo da Gafa	00:43:09.89	00:22:25.36	4,32	00:10:12.66
95	772	Paulo Gamelas	Veterano II	RIS 2048	00:43:09.89	00:22:24.21	4,32	00:10:12.66
96	94	Luís Ramos	Veterano I	Individual	00:43:12.14	00:22:11.89	4,32	00:10:14.91
97	315	Nuno Branco	Veterano I	Individual	00:43:13.44	00:22:46.53	4,32	00:10:16.21
98	316	Sergio Chéu	Veterano I	Individual	00:43:13.62	00:22:46.44	4,32	00:10:16.39
99	752	Diogo Silva	Senior	Individual	00:43:20.12	00:22:09.12	4,33	00:10:22.89
100	112	Tiago Matias	Veterano I	G.E.M.A.	00:43:20.91	00:23:05.17	4,33	00:10:23.68
101	602	João Fernandes	Veterano I	Individual	00:43:22.28	00:22:33.15	4,34	00:10:25.05
102	382	Alexander Plakhov	Veterano IV	Individual	00:43:22.73	00:22:40.85	4,34	00:10:25.50
103	745	Joaquim Velho	Senior	Individual	00:43:23.04	00:23:06.99	4,34	00:10:25.81
104	641	Pedro Silva	Veterano I	CCD - Renault, Cacia	00:43:23.85	00:22:39.24	4,34	00:10:26.62
105	674	Helder Rodrigues	Veterano VI	Adrep	00:43:24.76	00:22:22.21	4,34	00:10:27.53
106	126	Carlos Silva	Veterano III	Bosch	00:43:29.87	00:23:24.36	4,35	00:10:32.64
107	508	Paulo Pereira	Veterano III	Volkswagen Autoeuropa	00:43:30.76	00:22:29.39	4,35	00:10:33.53
108	437	César Tavares	Senior	Individual	00:43:32.66	00:22:31.12	4,35	00:10:35.43
109	71	Armindo Bastos	Veterano II	Individual	00:43:35.36	00:22:40.90	4,36	00:10:38.13
110	148	Miguel Santos	Veterano II	Individual	00:43:36.10	00:22:24.52	4,36	00:10:38.87
111	656	Paulo Fernandes	Veterano III	Individual	00:43:40.62	00:23:11.42	4,37	00:10:43.39
112	313	Henrique Castro	Veterano II	Individual	00:43:42.31	00:23:20.20	4,37	00:10:45.08
113	537	João Baptista	Veterano I	Individual	00:43:43.23	00:22:25.88	4,37	00:10:46.00
114	324	Antonio Branco	Veterano VI	CAO	00:43:49.57	00:23:20.68	4,38	00:10:52.34
115	579	Carlos Martins	Senior	Autoeuropa	00:43:51.47	00:22:51.29	4,39	00:10:54.24
116	213	Jorge Costa	Veterano I	Individual	00:43:51.74	00:23:00.96	4,39	00:10:54.51
117	109	Fernando Faustino	Veterano IV	Individual	00:43:53.10	00:22:40.88	4,39	00:10:55.87
118	533	Pedro Freitas	Veterano III	Volkswagen Autoeuropa	00:43:55.96	00:22:29.67	4,39	00:10:58.73
119	633	João Marques	Veterano V	CCD - Renault, Cacia	00:43:56.33	00:22:33.20	4,39	00:10:59.10
120	588	Pedro Luís	Veterano I	Volkswagen Autoeuropa	00:43:56.51	00:22:51.17	4,39	00:10:59.28
121	788	Mário Mira	Senior	Individual	00:43:57.82	00:23:13.62	4,4	00:11:00.59
122	547	Helder Ferreira	Veterano II	Volkswagen Autoeuropa	00:44:03.49	00:22:42.03	4,41	00:11:06.26
123	319	José Teixeira	Veterano V	CENAP	00:44:06.55	00:23:06.92	4,41	00:11:09.32
124	13	Bruno Silva	Junior	Bosch	00:44:07.16	00:22:02.19	4,41	00:11:09.93
125	689	Pedro Oliveira	Veterano I	Individual	00:44:08.50	00:22:35.47	4,41	00:11:11.27
126	742	Vítor Pinto	Senior	Individual	00:44:10.66	00:23:07.39	4,42	00:11:13.43
127	813	João Couto	Veterano I	Team Ventil	00:44:10.96	00:23:17.10	4,42	00:11:13.73



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128	715	Carlos Cunha	Veterano III	Aveiro Night Runners	00:44:13.42	00:23:49.55	4,42	00:11:16.19
129	301	Marco Marques	Veterano I	Individual	00:44:13.63	00:22:51.81	4,42	00:11:16.40
130	541	Nuno Guerra	Veterano II	Aveiro Night Runners	00:44:16.24	00:23:49.58	4,43	00:11:19.01
131	330	António Ferreira	Veterano II	Individual	00:44:18.61	00:23:51.96	4,43	00:11:21.38
132	733	Rodrigo Santos	Veterano I	Individual	00:44:24.66	00:23:19.25	4,44	00:11:27.43
133	677	Daniel Colaço	Senior	Individual	00:44:31.24	00:22:39.95	4,45	00:11:34.01
134	209	António Silva	Veterano V	Individual	00:44:33.91	00:22:56.87	4,46	00:11:36.68
135	549	José Maruta	Veterano IV	Volkswagen Autoeuropa	00:44:34.72	00:22:59.07	4,46	00:11:37.49
136	552	Fernando Santos	Veterano III	Individual	00:44:35.03	00:22:57.22	4,46	00:11:37.80
137	400	Hernani Amaral	Veterano VI	Royal School of Language	00:44:36.12	00:23:02.67	4,46	00:11:38.89
138	604	José Sereno	Senior	Individual	00:44:38.05	00:23:00.92	4,46	00:11:40.82
139	657	Arlindo Pinto	Veterano V	C. Atletismo Ovar	00:44:47.50	00:23:20.80	4,48	00:11:50.27
140	285	Jorge Maio	Senior	Individual	00:44:47.67	00:23:48.70	4,48	00:11:50.44
141	429	Avelino Esteves	Veterano VI	Individual	00:44:50.03	00:22:49.65	4,48	00:11:52.80
142	341	Paulo Açafrao	Veterano III	Individual	00:44:50.65	00:23:22.29	4,48	00:11:53.42
143	639	Ricardo Silva	Senior	CCD - Renault, Cacia	00:44:50.66	00:23:22.87	4,48	00:11:53.43
144	329	David Mateus	Veterano II	Individual	00:44:50.77	00:23:25.54	4,48	00:11:53.54
145	447	João Andrade	Senior	Individual	00:44:56.39	00:23:24.64	4,49	00:11:59.16
146	823	Filipe Almeida	Veterano II	VIEIRNOX	00:44:58.14	00:23:21.41	4,5	00:12:00.91
147	524	João Paulino	Veterano IV	Individual	00:45:00.42	00:21:35.60	4,5	00:12:03.19
148	663	Carlos Pereira	Veterano IV	Individual	00:45:00.61	00:22:16.17	4,5	00:12:03.38
149	314	Ricardo Almeida	Senior	Individual	00:45:00.87	00:22:41.01	4,5	00:12:03.64
150	303	Mario Conde	Veterano VI	AFIS/OVAR	00:45:04.00	00:23:23.86	4,51	00:12:06.77
151	684	Filipe Rosado	Senior	Individual	00:45:04.10	00:23:24.76	4,51	00:12:06.87
152	565	Nuno Costa	Senior	Individual	00:45:04.33	00:23:13.35	4,51	00:12:07.10
153	37	Leandro Caetano	Senior	Porto Runners	00:45:05.08	00:22:50.16	4,51	00:12:07.85
154	108	João Pereira	Veterano IV	Individual	00:45:06.59	00:23:17.78	4,51	00:12:09.36
155	215	Paulo Tavares	Senior	Individual	00:45:07.35	00:23:01.38	4,51	00:12:10.12
156	365	Rogelio Castellanos	Veterano I	Individual	00:45:07.91	00:24:46.78	4,51	00:12:10.68
157	495	Anibal Silva	Veterano III	Volkswagen Autoeuropa	00:45:08.78	00:23:33.53	4,51	00:12:11.55
158	161	Emanuel Heleno	Senior	Individual	00:45:10.63	00:23:21.72	4,52	00:12:13.40
159	598	João Monge	Veterano II	Individual	00:45:12.40	00:24:06.09	4,52	00:12:15.17
160	34	Sergio Rodrigues	Veterano I	Individual	00:45:14.10	00:23:23.84	4,52	00:12:16.87
161	740	Pedro Oliveira	Senior	Aveiro Night Runners	00:45:14.63	00:23:51.10	4,52	00:12:17.40
162	812	Samer Batista	Senior	hfa	00:45:15.08	00:23:21.84	4,53	00:12:17.85
163	864	João Coelho	Veterano III	Bar Matemática	00:45:16.41	00:23:19.50	4,53	00:12:19.18
164	223	José Carlos Ferreira	Veterano III	Individual	00:45:16.70	00:22:59.41	4,53	00:12:19.47
165	419	Ricardo Ruas	Senior	R.R	00:45:17.77	00:24:35.25	4,53	00:12:20.54
166	25	Vasco Pinho	Senior	Individual	00:45:18.04	00:23:55.91	4,53	00:12:20.81
167	820	João Paulo Nina	Veterano II	Individual	00:45:18.13	00:24:07.02	4,53	00:12:20.90
168	286	João Coelho	Senior	Individual	00:45:18.18	00:24:17.50	4,53	00:12:20.95
169	535	Luis Pires	Veterano III	Individual	00:45:18.58	00:23:37.95	4,53	00:12:21.35
170	636	Miguel Nunes	Senior	CCD - Renault, Cacia	00:45:19.36	00:23:18.21	4,53	00:12:22.13
171	11	Ricardo Silva	Senior	Individual	00:45:20.44	00:23:57.01	4,53	00:12:23.21
172	526	João Simões	Veterano II	Volkswagen Autoeuropa	00:45:22.33	00:23:33.52	4,54	00:12:25.10
173	739	Ana Gama	Sénior Fem	Aveiro Night Runners	00:45:23.07	00:23:55.32	4,54	00:12:25.84
174	821	Pedro Ratola	Veterano III	Individual	00:45:23.30	00:23:43.90	4,54	00:12:26.07
175	858	Leandro Silva	Junior	Individual	00:45:24.71	00:23:58.40	4,54	00:12:27.48
176	57	Joel Pereira	Senior	Individual	00:45:25.25	00:24:02.15	4,54	00:12:28.02
177	304	Sérgio Silva	Veterano II	Individual	00:45:30.32	00:23:23.98	4,55	00:12:33.09
178	514	Carlos Telhal	Veterano III	Volkswagen Autoeuropa	00:45:33.47	00:23:44.45	4,56	00:12:36.24
179	600	Luis Nóbrega	Senior	Individual	00:45:37.74	00:24:17.64	4,56	00:12:40.51
180	250	António Travesso	Veterano IV	Individual	00:45:38.60	00:24:56.57	4,56	00:12:41.37
181	418	Renato Cesar Ribeiro	Veterano I	R.R	00:45:40.38	00:24:35.43	4,57	00:12:43.15
182	283	Hélder Duarte	Senior	Individual	00:45:40.56	00:23:48.60	4,57	00:12:43.33
183	516	João Santos	Veterano I	Individual	00:45:41.85	00:23:52.65	4,57	00:12:44.62
184	332	Bruno Rodrigues	Senior	GiCA / SlowDown	00:45:41.97	00:23:26.61	4,57	00:12:44.74
185	791	Rui Limas	Senior	hfa	00:45:42.01	00:23:52.09	4,57	00:12:44.78
186	578	Ralph Hirner	Veterano III	Individual	00:45:42.44	00:23:18.65	4,57	00:12:45.21
187	371	António Silva	Veterano II	Individual	00:45:44.12	00:23:53.45	4,57	00:12:46.89
188	276	Cláudio Amaral	Senior	Equipa Sirmaf	00:45:47.28	00:23:22.62	4,58	00:12:50.05
189	111	Eurico Couto	Senior	Individual	00:45:50.85	00:23:23.07	4,58	00:12:53.62
190	680	Sergio Canedo	Veterano II	Individual	00:45:50.89	00:24:11.70	4,58	00:12:53.66
191	503	Luis Pereira	Veterano I	Individual	00:45:51.74	00:23:32.57	4,59	00:12:54.51
192	545	Paula Costa	Sénior Fem	Individual	00:45:54.78	00:24:00.52	4,59	00:12:57.55



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193	165	João Soares	Senior	Os Moliços	00:45:55.01	00:23:59.07	4,59	00:12:57.78
194	440	Tiago Godinho	Senior	Individual	00:45:55.31	00:25:06.98	4,59	00:12:58.08
195	648	Carlos Oliveira	Veterano I	Individual	00:45:56.93	00:24:41.30	4,59	00:12:59.70
196	544	Filipe Tavares	Senior	Individual	00:45:57.01	00:24:41.20	4,6	00:12:59.78
197	621	Tânia Cação	Veterana I	Individual	00:46:03.43	00:23:57.53	4,61	00:13:06.20
198	553	Filipe Carvalho	Senior	Individual	00:46:04.61	00:23:53.38	4,61	00:13:07.38
199	638	João Sequeiros	Senior	CCD - Renault, Cacia	00:46:06.28	00:23:54.23	4,61	00:13:09.05
200	883	André Marques	Senior	Individual	00:46:06.98	00:24:41.64	4,61	00:13:09.75
201	675	Maria Silva	Veterana II	Individual	00:46:07.57	00:23:58.30	4,61	00:13:10.34
202	357	Evandro Amorim	Senior	Aveiro Night Runners	00:46:10.28	00:24:41.79	4,62	00:13:13.05
203	180	Bruno Aires	Senior	Individual	00:46:10.58	00:24:42.17	4,62	00:13:13.35
204	338	Sérgio Pericão	Veterano I	INOVA RIA	00:46:11.67	00:24:20.46	4,62	00:13:14.44
205	799	Luís Costa	Veterano II	Individual	00:46:12.36	00:23:58.84	4,62	00:13:15.13
206	436	Hugo Oliveira	Senior	GC Pindéricus	00:46:14.38	00:24:46.18	4,62	00:13:17.15
207	702	Fernando Cardoso	Senior	Individual	00:46:14.70	00:23:53.67	4,62	00:13:17.47
208	142	César Barros	Senior	Individual	00:46:15.94	00:23:42.32	4,63	00:13:18.71
209	396	Carla Cristina	Veterana I	Individual	00:46:19.86	00:23:40.61	4,63	00:13:22.63
210	563	Carlos Ribeiro	Veterano I	Tondela Runners	00:46:20.45	00:23:40.53	4,63	00:13:23.22
211	868	Samuel Ramos	Junior	São Caetano	00:46:20.64	00:23:49.19	4,63	00:13:23.41
212	824	Amílcar Marques	Veterano III	Individual	00:46:23.70	00:24:10.59	4,64	00:13:26.47
213	295	Ruben Marques	Junior	Individual	00:46:30.13	00:23:10.88	4,65	00:13:32.90
214	163	David Santos Coelho	Senior	Individual	00:46:30.18	00:24:51.85	4,65	00:13:32.95
215	395	Filipe Rodrigues	Senior	Aveiro Night Runners	00:46:31.46	00:23:47.04	4,65	00:13:34.23
216	417	Patrícia Santos	Veterana I	Individual	00:46:32.03	00:24:53.35	4,65	00:13:34.80
217	360	João Cunha	Veterano III	Individual	00:46:33.02	00:23:08.90	4,66	00:13:35.79
218	20	Manuel Pinheiro	Veterano IV	Individual	00:46:34.18	00:23:44.22	4,66	00:13:36.95
219	331	António Moreira	Senior	GiCA / SlowDown	00:46:35.20	00:24:15.13	4,66	00:13:37.97
220	307	Fernando Moreira	Senior	GiCA / SlowDown	00:46:35.25	00:24:13.69	4,66	00:13:38.02
221	343	Alexandre Pereira	Veterano I	Individual	00:46:35.35	00:24:14.46	4,66	00:13:38.12
222	540	Fernando Lopes	Veterano V	Individual	00:46:36.05	00:23:59.68	4,66	00:13:38.82
223	245	Octávio Cunha	Senior	Individual	00:46:36.17	00:24:00.86	4,66	00:13:38.94
224	246	Nuno Moita	Senior	Individual	00:46:36.18	00:24:00.71	4,66	00:13:38.95
225	859	João Silva	Veterano II	Individual	00:46:37.19	00:24:37.17	4,66	00:13:39.96
226	849	Paulo Sá	Senior	Individual	00:46:38.15	00:24:28.36	4,66	00:13:40.92
227	529	José Caeiro	Senior	Volkswagen Autoeuropa	00:46:39.04	00:23:45.02	4,67	00:13:41.81
228	117	Vasco Zeferina	Senior	Individual	00:46:40.04	00:24:17.12	4,67	00:13:42.81
229	850	Vitor Silva	Senior	Individual	00:46:40.10	00:24:28.17	4,67	00:13:42.87
230	465	Fernando Matos	Veterano II	Individual	00:46:41.49	00:25:29.97	4,67	00:13:44.26
231	225	Miguel Almeida	Veterano II	Individual	00:46:45.03	00:23:55.85	4,68	00:13:47.80
232	70	João Ferreira	Senior	Free Runners	00:46:46.41	00:24:19.88	4,68	00:13:49.18
233	497	João Alves	Veterano III	Volkswagen Autoeuropa	00:46:47.95	00:24:15.78	4,68	00:13:50.72
234	352	Fernando Brás	Veterano V	Amigos do Parque	00:46:54.91	00:24:56.91	4,69	00:13:57.68
235	75	Alberto Branco	Veterano III	Individual	00:46:55.52	00:25:04.68	4,69	00:13:58.29
236	690	Alexandre Almeida	Veterano II	Individual	00:46:58.53	00:24:33.75	4,7	00:14:01.30
237	585	Paulo Teixeira	Veterano I	Individual	00:46:59.30	00:23:41.51	4,7	00:14:02.07
238	83	Aventino Lima	Veterano II	Bosch Termotecnologia SA	00:47:01.61	00:24:14.71	4,7	00:14:04.38
239	453	Hugo Ferreira	Senior	Individual	00:47:01.97	00:24:53.97	4,7	00:14:04.74
240	888	Michael Kloss	Veterano III	Individual	00:47:02.01	00:24:49.48	4,7	00:14:04.78
241	258	Luís Pereira	Senior	Individual	00:47:10.04	00:24:19.91	4,72	00:14:12.81
242	247	Paulo Assis	Senior	Individual	00:47:11.95	00:24:53.46	4,72	00:14:14.72
243	124	João Paulo Oliveira	Veterano III	Individual	00:47:13.37	00:23:36.42	4,72	00:14:16.14
244	289	Paulo Ferreira	Veterano I	Individual	00:47:14.68	00:23:35.53	4,72	00:14:17.45
245	455	Delfim Torres	Veterano II	Individual	00:47:15.50	00:25:00.64	4,73	00:14:18.27
246	235	Hugo Balseiro	Senior	Individual	00:47:15.71	00:25:07.82	4,73	00:14:18.48
247	596	Narciso Arromba	Veterano VI	Individual	00:47:16.21	00:25:05.72	4,73	00:14:18.98
248	751	Marcos Oliveira	Senior	Aveiro Night Runners	00:47:18.09	00:24:24.65	4,73	00:14:20.86
249	187	Paulo Pinto	Veterano II	Individual	00:47:24.32	00:24:13.22	4,74	00:14:27.09
250	217	Bruno Lameiro	Senior	Individual	00:47:29.80	00:24:33.13	4,75	00:14:32.57
251	518	César Sousa	Senior	Individual	00:47:30.58	00:23:54.84	4,75	00:14:33.35
252	676	Fred Gomes	Senior	Individual	00:47:34.39	00:23:55.19	4,76	00:14:37.16
253	761	Anibal Vaz	Veterano IV	Individual	00:47:34.43	00:24:26.09	4,76	00:14:37.20
254	557	Márcio Costa	Junior	A.U.ROSSAS	00:47:34.67	00:24:58.26	4,76	00:14:37.44
255	559	Carlos Tavares	Veterano I	A.U.ROSSAS	00:47:36.22	00:24:58.84	4,76	00:14:38.99
256	125	Hélder Nunes	Senior	Individual	00:47:37.17	00:25:29.65	4,76	00:14:39.94
257	190	Luciano Rocha	Veterano II	Costa Verde	00:47:50.89	00:24:28.70	4,78	00:14:53.66



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258	725	Alex Tondela	Veterano I	Individual	00:47:52.19	00:25:36.03	4,79	00:14:54.96
259	778	João Redondo	Veterano IV	Aveiro Night Runners	00:47:53.75	00:24:46.14	4,79	00:14:56.52
260	571	Luis Freitas	Veterano III	Individual	00:47:55.20	00:24:39.47	4,79	00:14:57.97
261	564	Henrique Modesto	Veterano III	Individual	00:47:55.52	00:25:06.76	4,79	00:14:58.29
262	817	Nuno Fontoura	Veterano I	Individual	00:47:56.12	00:25:08.52	4,79	00:14:58.89
263	747	Jorge Pires	Senior	Individual	00:47:56.70	00:24:52.81	4,79	00:14:59.47
264	575	Pedro Castro	Veterano III	Individual	00:47:58.42	00:24:43.13	4,8	00:15:01.19
265	221	José Martins	Veterano II	Individual	00:47:58.97	00:25:03.53	4,8	00:15:01.74
266	568	Paulo Evangelista	Veterano II	Autoeuropa	00:47:59.29	00:24:23.50	4,8	00:15:02.06
267	179	Antonio Ribeiro	Veterano I	Individual	00:47:59.65	00:24:36.76	4,8	00:15:02.42
268	661	Liliana Rangel	Veterana II	Individual	00:48:01.47	00:24:26.77	4,8	00:15:04.24
269	781	Fernando Antunes	Senior	Individual	00:48:05.55	00:25:25.45	4,81	00:15:08.32
270	630	Diamantino Linhares	Veterano I	Individual	00:48:05.99	00:24:57.32	4,81	00:15:08.76
271	504	Álvaro Alves	Senior	Individual	00:48:08.65	00:24:46.29	4,81	00:15:11.42
272	257	Paulo Serra	Veterano I	Individual	00:48:19.69	00:25:28.28	4,83	00:15:22.46
273	783	Manuela Teixeira	Veterana I	VAINDO	00:48:21.34	00:24:58.06	4,84	00:15:24.11
274	463	Roberto Paradinha	Senior	Individual	00:48:22.12	00:24:33.73	4,84	00:15:24.89
275	426	Luís Andrade	Senior	Individual	00:48:24.34	00:24:52.22	4,84	00:15:27.11
276	683	Vidal Ferreira	Veterano I	SAI DA FRENTE, QUIM!!	00:48:25.70	00:25:30.45	4,84	00:15:28.47
277	189	Rui Silva	Veterano I	Costa Verde	00:48:26.10	00:24:11.77	4,84	00:15:28.87
278	204	Manuel Rosa	Senior	Primos	00:48:26.46	00:25:44.80	4,84	00:15:29.23
279	119	Tiago Leão	Senior	Bosch	00:48:28.18	00:26:29.20	4,85	00:15:30.95
280	848	Luís Marques	Senior	Individual	00:48:29.64	00:25:24.43	4,85	00:15:32.41
281	372	José Miranda	Senior	Individual	00:48:31.83	00:24:29.87	4,85	00:15:34.60
282	439	Nuno Pinto	Senior	GC Pindéricus	00:48:34.07	00:25:02.42	4,86	00:15:36.84
283	511	Pedro Neto	Veterano II	Individual	00:48:37.47	00:25:37.97	4,86	00:15:40.24
284	509	Filipe Silva	Veterano I	Individual	00:48:37.62	00:25:37.68	4,86	00:15:40.39
285	840	José Pequeno	Veterano I	Individual	00:48:37.68	00:25:38.30	4,86	00:15:40.45
286	717	Victor Santos	Veterano I	Individual	00:48:38.63	00:25:04.35	4,86	00:15:41.40
287	523	Carlos Cunha	Senior	Aveiro Night Runners	00:48:38.63	00:26:14.71	4,86	00:15:41.40
288	4	João Baldaia	Senior	Individual	00:48:38.81	00:25:42.08	4,86	00:15:41.58
289	132	Bernardete Coelho	Sénior Fem	Individual	00:48:38.90	00:25:35.58	4,86	00:15:41.67
290	183	Joao Carvalho	Veterano I	Individual	00:48:42.35	00:24:18.58	4,87	00:15:45.12
291	305	Paulo Gomes	Veterano III	Individual	00:48:43.50	00:24:57.48	4,87	00:15:46.27
292	558	Vitor Tavares	Veterano I	A.U.ROSSAS	00:48:44.28	00:24:20.30	4,87	00:15:47.05
293	430	Jose Canha	Veterano IV	Individual	00:48:49.47	00:26:01.61	4,88	00:15:52.24
294	98	João Rodrigues	Veterano II	Individual	00:48:52.43	00:25:20.39	4,89	00:15:55.20
295	685	Jorge Ladeira	Veterano II	Individual	00:48:54.64	00:24:07.98	4,89	00:15:57.41
296	389	Marta Sousa	Sénior Fem	Aveiro Night Runners	00:48:56.02	00:25:06.78	4,89	00:15:58.79
297	782	Pedro Teixeira	Veterano I	VAINDO	00:48:59.67	00:25:10.45	4,9	00:16:02.44
298	655	João Mendes	Veterano II	Individual	00:49:00.29	00:25:47.62	4,9	00:16:03.06
299	475	Bruno Bastos	Veterano II	Aveiro Night Runners	00:49:03.39	00:26:39.32	4,91	00:16:06.16
300	874	Joaquim Henriques 2	Veterano V	Individual	00:49:03.81	00:24:30.46	4,91	00:16:06.58
301	634	Luis Soares	Veterano II	CCD - Renault, Cacia	00:49:06.28	00:24:25.72	4,91	00:16:09.05
302	536	Mário Sequeira	Veterano I	Individual	00:49:10.62	00:24:19.02	4,92	00:16:13.39
303	448	Maria José Rodrigues	Veterana II	Individual	00:49:14.68	00:25:47.97	4,92	00:16:17.45
304	506	Nuno Troia	Veterano I	Aveiro Night Runners	00:49:14.73	00:25:47.07	4,92	00:16:17.50
305	637	Marcelo Bastos	Veterano I	CCD - Renault, Cacia	00:49:15.54	00:25:35.69	4,93	00:16:18.31
306	665	Tiago Gassman	Veterano II	Individual	00:49:17.10	00:25:40.68	4,93	00:16:19.87
307	58	Jorge Cardoso	Senior	Individual	00:49:18.52	00:25:17.41	4,93	00:16:21.29
308	741	Fernando Oliveira	Veterano V	Aveiro Night Runners	00:49:19.06	00:22:12.50	4,93	00:16:21.83
309	737	João Rocha	Veterano VI	Aveiro Night Runners	00:49:19.24	00:25:13.86	4,93	00:16:22.01
310	594	Pedro Pinto	Veterano I	Individual	00:49:19.65	00:26:29.37	4,93	00:16:22.42
311	61	Bruno Neiva	Senior	Individual	00:49:20.06	00:26:49.05	4,93	00:16:22.83
312	546	José Coelho	Veterano III	Volkswagen Autoeuropa	00:49:20.34	00:25:23.82	4,93	00:16:23.11
313	659	Manuel Costa	Veterano V	Individual	00:49:21.40	00:25:14.25	4,94	00:16:24.17
314	693	Bruno Marques	Senior	Individual	00:49:25.11	00:25:19.02	4,94	00:16:27.88
315	603	Jacqueline Gaspar	Veterana I	Autoeuropa	00:49:25.63	00:25:44.34	4,94	00:16:28.40
316	735	Cristina Costa	Sénior Fem	Aveiro Night Runners	00:49:26.09	00:25:14.28	4,94	00:16:28.86
317	723	Carlos Rodrigues	Veterano II	Individual	00:49:27.19	00:25:40.10	4,95	00:16:29.96
318	480	Manuel Sousa	Veterano III	Individual	00:49:27.31	00:26:18.23	4,95	00:16:30.08
319	490	Márcio Silva	Senior	Individual	00:49:27.56	00:25:21.78	4,95	00:16:30.33
320	33	Rafael Marques	Veterano II	Individual	00:49:28.41	00:26:00.83	4,95	00:16:31.18
321	432	Joaquim Gomes	Veterano III	Porto Runners	00:49:33.38	00:25:32.07	4,96	00:16:36.15
322	197	Ricardo Flamengo	Veterano I	Aveiro Night Runners	00:49:34.22	00:25:43.25	4,96	00:16:36.99



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323	412	Tiago Ramos	Senior	Individual	00:49:34.78	00:25:19.73	4,96	00:16:37.55
324	237	Ricardo Monteiro	Veterano III	Aveiro Night Runners	00:49:42.78	00:25:36.29	4,97	00:16:45.55
325	353	Albino Canelas	Veterano VI	Amigos do Parque	00:49:43.78	00:25:33.57	4,97	00:16:46.55
326	491	Elisabete Sequeira	Veterana II	Night Runners	00:49:46.76	00:25:40.12	4,98	00:16:49.53
327	790	Nelson Ribas	Veterano I	Individual	00:49:47.72	00:26:01.79	4,98	00:16:50.49
328	844	Silvio Santos	Veterano V	Individual	00:49:50.50	00:25:40.13	4,98	00:16:53.27
329	290	João Alves	Senior	Individual	00:49:50.94	00:25:17.71	4,98	00:16:53.71
330	698	Sílvia Pinto	Sénior Fem	Individual	00:49:51.97	00:25:11.60	4,99	00:16:54.74
331	96	Luís Sampaio	Veterano I	CANIANOS	00:49:54.77	00:25:54.92	4,99	00:16:57.54
332	422	Pedro Costa	Senior	Barrocas Race Team	00:49:56.50	00:26:09.60	4,99	00:16:59.27
333	196	Tiago Oliveira	Senior	Individual	00:50:02.79	00:26:27.12	5	00:17:05.56
334	127	Nuno Quintaneiro	Senior	Individual	00:50:08.05	00:26:22.56	5,01	00:17:10.82
335	640	António Barros Silva	Veterano VI	CCD - Renault, Cacia	00:50:08.14	00:26:09.78	5,01	00:17:10.91
336	186	Marcelo Fonseca	Senior	Individual	00:50:10.24	00:26:02.31	5,02	00:17:13.01
337	185	Suse Silva	Sénior Fem	Individual	00:50:10.51	00:26:03.08	5,02	00:17:13.28
338	438	Gabriel Alegre	Veterano I	GC Pindéricus	00:50:10.72	00:26:33.40	5,02	00:17:13.49
339	749	Andre Cester Costa	Veterano I	Aveiro Night Runners	00:50:15.75	00:26:05.00	5,03	00:17:18.52
340	129	Paula Rocha	Veterana I	Individual	00:50:16.09	00:26:05.40	5,03	00:17:18.86
341	424	Rui Costa	Veterano I	Individual	00:50:16.50	00:26:09.68	5,03	00:17:19.27
342	375	Helder Ribeiro	Veterano II	Night Run Aveiro	00:50:17.37	00:25:44.43	5,03	00:17:20.14
343	457	Leandro Lourenço	Senior	Individual	00:50:18.78	00:26:53.69	5,03	00:17:21.55
344	488	Jaime Pereira	Veterano III	Individual	00:50:21.15	00:24:39.94	5,04	00:17:23.92
345	609	Rui Gomes	Senior	Individual	00:50:24.67	00:26:25.75	5,04	00:17:27.44
346	592	Horst Lauw	Veterano II	Autoeuropa	00:50:30.50	00:25:27.12	5,05	00:17:33.27
347	140	Sara Santos	Sénior Fem	Aveiro Night Runners	00:50:37.04	00:25:42.45	5,06	00:17:39.81
348	251	Jose Domingues	Veterano IV	Aveiro Night Runners	00:50:40.28	00:26:26.25	5,07	00:17:43.05
349	486	Sérgio Vilela	Senior	Individual	00:50:45.53	00:27:22.89	5,08	00:17:48.30
350	279	Artur Varum	Veterano III	Individual	00:50:54.54	00:27:24.45	5,09	00:17:57.31
351	548	Bruno Vieira	Senior	Individual	00:50:55.79	00:26:22.42	5,09	00:17:58.56
352	206	Nuno Cruz	Veterano I	GMT	00:50:56.71	00:27:24.39	5,09	00:17:59.48
353	138	Inês Nobre	Veterana II	Aveiro Night-runners	00:51:02.95	00:25:48.47	5,1	00:18:05.72
354	85	António Loureiro	Senior	Individual	00:51:15.73	00:25:58.56	5,13	00:18:18.50
355	561	Artur Castainca	Veterano I	Tondela Runners	00:51:18.95	00:26:57.29	5,13	00:18:21.72
356	696	Catarina Campos	Sénior Fem	Aveiro Night Runners	00:51:27.96	00:27:04.89	5,15	00:18:30.73
357	719	João Pacheco	Senior	Individual	00:51:31.85	00:25:26.37	5,15	00:18:34.62
358	464	Jose Pacheco	Veterano III	Individual	00:51:32.37	00:26:26.46	5,15	00:18:35.14
359	411	Daniela Santos	Sénior Fem	Individual	00:51:33.25	00:27:20.98	5,16	00:18:36.02
360	226	Luís Alexandre	Veterano II	Microplasticos	00:51:35.27	00:26:14.97	5,16	00:18:38.04
361	367	Antonio Pereira	Veterano IV	Individual	00:51:36.81	00:27:51.05	5,16	00:18:39.58
362	816	Bruno Mendes	Senior	Individual	00:51:38.15	00:26:35.40	5,16	00:18:40.92
363	200	Fábio Matos	Senior	Clube Bosch de Ovar	00:51:39.18	00:27:10.03	5,17	00:18:41.95
364	562	Jorge Goncalo	Veterano III	Tondela Runners	00:51:39.46	00:26:57.31	5,17	00:18:42.23
365	767	Nuno Castro	Senior	Individual	00:51:41.62	00:27:50.55	5,17	00:18:44.39
366	191	Virginia Sabino	Sénior Fem	Costa Verde	00:51:41.84	00:26:00.46	5,17	00:18:44.61
367	709	José Cunha	Senior	Individual	00:51:42.28	00:25:30.64	5,17	00:18:45.05
368	646	Andre Ribeiro	Senior	Individual	00:51:42.60	00:27:42.77	5,17	00:18:45.37
369	507	Ricardo Coelho	Veterano I	Individual	00:51:47.11	00:27:45.92	5,18	00:18:49.88
370	574	Carlos Rodrigues	Veterano I	Individual	00:51:47.72	00:29:45.54	5,18	00:18:50.49
371	754	Joao Carvalho	Veterano III	Individual	00:51:49.23	00:26:58.40	5,18	00:18:52.00
372	441	Carlos Baptista	Veterano II	Individual	00:51:52.67	00:27:23.40	5,19	00:18:55.44
373	620	Barbara Almeida	Sénior Fem	Aveiro Night Runners	00:51:53.56	00:26:16.72	5,19	00:18:56.33
374	62	Heitor Martins	Senior	Individual	00:51:59.64	00:26:49.45	5,2	00:19:02.41
375	805	Rui Ribeiro	Veterano I	Individual	00:52:05.59	00:28:50.81	5,21	00:19:08.36
376	686	Vitor Santos	Veterano I	SAI DA FRENTE, QUIM!!	00:52:06.73	00:25:31.96	5,21	00:19:09.50
377	679	Carlos Gomes	Veterano I	Individual	00:52:13.72	00:27:28.50	5,22	00:19:16.49
378	392	Reginaldo Ferreira	Veterano IV	Individual	00:52:20.82	00:27:31.92	5,23	00:19:23.59
379	786	Nuno Trindade	Senior	Clube Bosch de Ovar	00:52:22.32	00:27:10.15	5,24	00:19:25.09
380	230	Armando Azevedo	Veterano III	Individual	00:52:22.45	00:27:31.74	5,24	00:19:25.22
381	141	Juan Ferreira	Veterano II	Aveiro Night Runners	00:52:25.03	00:27:26.44	5,24	00:19:27.80
382	800	Alicia Eibensteiner	Sénior Fem	Individual	00:52:25.61	00:28:03.45	5,24	00:19:28.38
383	425	José Andrade	Senior	Individual	00:52:34.05	00:26:46.49	5,26	00:19:36.82
384	354	Pedro Loureiro	Senior	Individual	00:52:40.30	00:28:09.17	5,27	00:19:43.07
385	334	Carlos Loureiro	Veterano V	Individual	00:52:40.57	00:28:09.09	5,27	00:19:43.34
386	649	Luis Nunes	Senior	Individual	00:52:44.32	00:29:26.67	5,27	00:19:47.09
387	673	Filipe Thomaz	Veterano II	Individual	00:52:45.34	00:28:06.67	5,28	00:19:48.11



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388	485	Alexandre Salustio	Junior	Salustios	00:52:47.05	00:26:57.81	5,28	00:19:49.82
389	82	Rafael Oliveira	Junior	Individual	00:52:47.47	00:26:58.14	5,28	00:19:50.24
390	470	Pedro Cerca Alves	Veterano II	Individual	00:52:47.52	00:26:59.94	5,28	00:19:50.29
391	216	Ricardo Fonte	Veterano I	Aveiro Night Runners	00:52:50.36	00:27:03.21	5,28	00:19:53.13
392	721	Fernando Cunha	Veterano I	Aveiro Night Runners	00:52:54.72	00:27:41.11	5,29	00:19:57.49
393	130	Marco Costa	Veterano I	Individual	00:53:00.07	00:27:21.28	5,3	00:20:02.84
394	381	Luis Henriques	Senior	Individual	00:53:02.64	00:28:32.71	5,3	00:20:05.41
395	380	Bruno Toito	Veterano I	Individual	00:53:02.98	00:28:32.50	5,3	00:20:05.75
396	744	Carlos Lopes	Veterano II	Individual	00:53:07.31	00:28:21.08	5,31	00:20:10.08
397	321	José Carvalho	Senior	Individual	00:53:07.89	00:29:18.06	5,31	00:20:10.66
398	793	Jose Mogollon	Senior	PwC Corrida	00:53:12.19	00:26:37.96	5,32	00:20:14.96
399	41	Fernando Dias	Senior	Individual	00:53:21.84	00:26:31.74	5,34	00:20:24.61
400	878	José Rocha	Veterano IV	Individual	00:53:22.29	00:28:12.76	5,34	00:20:25.06
401	882	Anabela Rocha	Veterana II	Individual	00:53:22.30	00:28:12.22	5,34	00:20:25.07
402	409	João Catalão	Veterano I	Royal School of Language	00:53:22.35	00:28:12.51	5,34	00:20:25.12
403	391	Jorge Magalhães	Veterano IV	Individual	00:53:23.89	00:26:43.07	5,34	00:20:26.66
404	458	Paulo Ferreira	Veterano III	Individual	00:53:24.54	00:28:30.28	5,34	00:20:27.31
405	712	Raquel Linhares	Sénior Fem	Individual	00:53:26.21	00:27:55.73	5,34	00:20:28.98
406	576	Paulo Valentim	Veterano II	Volkswagen Autoeuropa	00:53:30.43	00:28:36.62	5,35	00:20:33.20
407	519	Antonio Lopes	Veterano III	Individual	00:53:35.04	00:28:23.66	5,36	00:20:37.81
408	9	David Pereira	Veterano I	Individual	00:53:35.12	00:29:04.75	5,36	00:20:37.89
409	650	Jose Pedro	Veterano IV	Individual	00:53:36.89	00:29:27.14	5,36	00:20:39.66
410	658	Manuel Rilho	Veterano VII	Individual	00:53:40.26	00:28:26.33	5,37	00:20:43.03
411	705	Pedro Figueiredo	Veterano V	amigos do parque inf d.p	00:53:42.35	00:29:03.13	5,37	00:20:45.12
412	361	Hernâni Silva	Veterano I	Barrô Team	00:53:42.90	00:29:32.75	5,37	00:20:45.67
413	128	Cristina Santos	Veterana II	Individual	00:53:43.20	00:28:14.58	5,37	00:20:45.97
414	116	Carlos Martins	Veterano III	Bosch Aveiro	00:53:55.49	00:28:27.13	5,39	00:20:58.26
415	22	Pedro Sousa	Senior	Individual	00:53:56.01	00:26:10.14	5,39	00:20:58.78
416	617	Vera Maia	Sénior Fem	Aveiro Night Runners	00:53:57.05	00:27:50.28	5,4	00:20:59.82
417	195	Marta Loureiro	Sénior Fem	Individual	00:54:04.54	00:28:27.75	5,41	00:21:07.31
418	143	Bruno Costa	Senior	Aveiro Night Run	00:54:11.28	00:28:39.81	5,42	00:21:14.05
419	42	José Ferreira	Veterano III	Individual	00:54:11.77	00:27:38.68	5,42	00:21:14.54
420	133	António Pereira	Veterano V	Individual	00:54:13.14	00:29:20.72	5,42	00:21:15.91
421	431	Luis Bastiao	Senior	Individual	00:54:21.12	00:30:24.54	5,44	00:21:23.89
422	827	Sergio Freire	Veterano I	Clube PT	00:54:26.28	00:28:39.92	5,44	00:21:29.05
423	738	Margarida Carvalho	Veterana II	Aveiro Night Runners	00:54:26.48	00:28:25.68	5,44	00:21:29.25
424	612	Hélder Branco	Senior	Aveiro Night Runners	00:54:30.91	00:29:01.79	5,45	00:21:33.68
425	15	Carlos Batista	Veterano II	Individual	00:54:32.38	00:26:14.13	5,45	00:21:35.15
426	770	Ricardo Barbosa	Senior	Individual	00:54:33.53	00:29:10.37	5,46	00:21:36.30
427	792	José Santos	Senior	hfa	00:54:35.24	00:29:09.49	5,46	00:21:38.01
428	583	Pedro Terras Marques	Veterano II	Individual	00:54:41.40	00:27:37.85	5,47	00:21:44.17
429	706	Nuno Tavares	Veterano I	RUN FORREST	00:54:43.71	00:26:50.50	5,47	00:21:46.48
430	900	Paulinho	Senior	Individual	00:54:46.02	00:28:34.13	5,48	00:21:48.79
431	80	Antonio Gomes	Veterano IV	Individual	00:54:59.82	00:29:05.89	5,5	00:22:02.59
432	534	João Vieira	Veterano II	Volkswagen Autoeuropa	00:55:00.67	00:29:06.35	5,5	00:22:03.44
433	122	Paulo Cachim	Veterano III	Individual	00:55:04.47	00:29:38.22	5,51	00:22:07.24
434	325	Eduardo Bianchi Aguiar	Veterano IV	Individual	00:55:07.25	00:29:30.38	5,51	00:22:10.02
435	284	Lúcio Tavares	Senior	Individual	00:55:10.27	00:27:41.14	5,52	00:22:13.04
436	861	Simão Antão	Senior	PwC	00:55:10.86	00:27:10.20	5,52	00:22:13.63
437	876	Nuno Miguel	Veterano II	Individual	00:55:10.97	00:30:00.71	5,52	00:22:13.74
438	755	Carlos Silva	Veterano IV	Individual	00:55:12.41	00:28:28.56	5,52	00:22:15.18
439	265	Belmiro Couto	Veterano III	Individual	00:55:12.58	00:24:57.88	5,52	00:22:15.35
440	253	Paula Pereira	Veterana II	Aveiro Night Runners	00:55:13.10	00:29:24.55	5,52	00:22:15.87
441	268	José Afonso	Veterano I	Individual	00:55:14.23	00:32:10.68	5,52	00:22:17.00
442	29	Rita Melo	Veterana II	Individual	00:55:16.07	00:29:28.47	5,53	00:22:18.84
443	362	Nuno Leitão	Veterano I	Barrô Team	00:55:19.58	00:29:51.41	5,53	00:22:22.35
444	203	Henrique Jesus	Senior	Primos	00:55:28.27	00:30:39.19	5,55	00:22:31.04
445	787	Fernando Moreira	Veterano III	Individual	00:55:31.88	00:27:57.68	5,55	00:22:34.65
446	713	Carla Tavares	Sénior Fem	Individual	00:55:33.22	00:28:36.11	5,56	00:22:35.99
447	162	Gabriela Santos	Veterana II	Individual	00:55:40.81	00:29:00.06	5,57	00:22:43.58
448	803	Nina Brunnbauer	Sénior Fem	Individual	00:55:42.38	00:29:09.45	5,57	00:22:45.15
449	613	Patrícia Branco	Sénior Fem	Aveiro Night Runners	00:55:43.40	00:29:02.97	5,57	00:22:46.17
450	56	Cristina Aleixo	Veterana II	Individual	00:55:44.19	00:28:45.22	5,57	00:22:46.96
451	671	Anabela Correia	Veterana I	Tondela Runners	00:55:44.37	00:29:06.74	5,57	00:22:47.14
452	299	Judite Dias	Veterana II	Aveiro Night Runners	00:55:49.58	00:29:42.16	5,58	00:22:52.35



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453	710	Diogo Duarte	Veterano I	Individual	00:55:51.42	00:29:32.81	5,59	00:22:54.19
454	758	Francisco Lamas	Veterano I	OLKAA	00:55:51.58	00:29:31.89	5,59	00:22:54.35
455	499	Susana Alegria	Veterana I	Individual	00:55:54.25	00:28:32.52	5,59	00:22:57.02
456	349	Rita Torres	Sénior Fem	Individual	00:55:54.62	00:28:57.72	5,59	00:22:57.39
457	344	Alexandre Almeida	Veterano II	Aveiro Night Runner	00:55:55.54	00:28:38.35	5,59	00:22:58.31
458	147	Maria Manuel Calvo	Veterana II	Individual	00:55:55.77	00:28:38.48	5,59	00:22:58.54
459	753	Edgar Correia	Senior	Individual	00:55:57.22	00:27:44.59	5,6	00:22:59.99
460	569	Nuno Lopes	Veterano II	Individual	00:56:04.52	00:28:20.39	5,61	00:23:07.29
461	577	Nuno Félix	Veterano II	Aveiro Night Runner	00:56:05.25	00:28:22.05	5,61	00:23:08.02
462	694	Luís Cruz	Veterano I	Individual	00:56:05.66	00:28:22.47	5,61	00:23:08.43
463	629	Rute Duarte	Veterana II	Individual	00:56:07.44	00:29:39.37	5,61	00:23:10.21
464	469	Nuno Fontoura	Senior	Individual	00:56:09.21	00:28:19.63	5,62	00:23:11.98
465	218	Pedro Correia	Senior	Pedro	00:56:13.03	00:29:27.98	5,62	00:23:15.80
466	135	Ana Rita Morais	Veterana II	Individual	00:56:17.11	00:28:49.29	5,63	00:23:19.88
467	131	Flaviana Santos	Sénior Fem	Individual	00:56:30.82	00:29:06.91	5,65	00:23:33.59
468	760	Paulo Pinto	Veterano II	Individual	00:56:31.94	00:30:15.03	5,65	00:23:34.71
469	188	Hugo Silva	Veterano II	Costa Verde	00:56:38.15	00:28:54.99	5,66	00:23:40.92
470	420	João Monteiro	Veterano I	Individual	00:56:46.14	00:28:47.31	5,68	00:23:48.91
471	584	Ana Carvalho	Sénior Fem	Individual	00:56:46.30	00:29:53.72	5,68	00:23:49.07
472	297	Emanuel Magalhães	Senior	Individual	00:56:48.92	00:29:51.30	5,68	00:23:51.69
473	2	Bruno Alves	Senior	Bosch Termotecnologia	00:56:50.39	00:28:35.30	5,68	00:23:53.16
474	542	Fátima M. Bóia	Sénior Fem	Individual	00:56:58.60	00:29:34.49	5,7	00:24:01.37
475	149	Miguel Pardal	Veterano III	Individual	00:57:04.75	00:30:59.81	5,71	00:24:07.52
476	263	Pedro Leitão	Veterano III	Individual	00:57:07.40	00:29:17.62	5,71	00:24:10.17
477	538	Silvana Lopes	Sénior Fem	Individual	00:57:18.89	00:30:57.31	5,73	00:24:21.66
478	476	Francisco Dias	Senior	HM Group Sports Team	00:57:19.54	00:30:35.01	5,73	00:24:22.31
479	556	Daniel Santiago	Senior	Individual	00:57:19.59	00:30:57.35	5,73	00:24:22.36
480	555	Rui Paiva	Senior	Individual	00:57:20.10	00:30:57.54	5,73	00:24:22.87
481	699	Ivan Ferreira	Senior	Individual	00:57:23.29	00:31:51.99	5,74	00:24:26.06
482	350	Nuno Pereira	Veterano I	Individual	00:57:25.71	00:29:03.05	5,74	00:24:28.48
483	351	José Pereira	Veterano VI	Amigos do Parque	00:57:25.85	00:30:29.92	5,74	00:24:28.62
484	262	Frederico Campos	Senior	HVF	00:57:27.99	00:31:32.95	5,75	00:24:30.76
485	408	Pedro Freitas	Veterano II	Royal School of Language	00:57:28.03	00:30:18.67	5,75	00:24:30.80
486	403	Elisabete Rodrigues	Veterana I	Royal School of Language	00:57:28.33	00:30:18.80	5,75	00:24:31.10
487	288	Catarina Lopes	Veterana I	Aveiro Night Runners	00:57:29.09	00:30:03.12	5,75	00:24:31.86
488	308	João Bastos	Veterano I	Individual	00:57:29.15	00:29:27.91	5,75	00:24:31.92
489	219	Audrey Merleau	Sénior Fem	Costa Verde	00:57:29.77	00:31:47.99	5,75	00:24:32.54
490	49	Leonel Monteiro	Veterano III	Individual	00:57:32.94	00:29:30.77	5,75	00:24:35.71
491	312	Amílcar Rainho	Veterano VI	Individual	00:57:34.15	00:29:30.21	5,76	00:24:36.92
492	270	Pedro Fragateiro	Senior	Individual	00:57:35.43	00:28:37.15	5,76	00:24:38.20
493	496	António Moitalta	Veterano IV	Individual	00:57:42.15	00:28:40.80	5,77	00:24:44.92
494	847	João Costa	Veterano III	Individual	00:57:42.33	00:28:40.69	5,77	00:24:45.10
495	264	Carlos Martins	Veterano IV	Individual	00:57:44.61	00:24:57.42	5,77	00:24:47.38
496	10	Noame Costa	Sénior Fem	Individual	00:58:00.61	00:30:09.13	5,8	00:25:03.38
497	855	Liliana Abreu	Veterana I	Individual	00:58:03.20	00:29:56.85	5,81	00:25:05.97
498	255	Gustavo Paixão	Veterano II	Individual	00:58:05.85	00:31:16.81	5,81	00:25:08.62
499	296	Marisa Marques	Sénior Fem	Individual	00:58:07.76	00:29:56.87	5,81	00:25:10.53
500	390	Luis Pacheco	Veterano I	Individual	00:58:09.80	00:30:52.29	5,82	00:25:12.57
501	388	Miguel Godinho	Veterano I	Individual	00:58:10.19	00:30:53.12	5,82	00:25:12.96
502	479	Gustavo Tavares	Veterano II	HM Group Sports Team	00:58:10.93	00:30:28.69	5,82	00:25:13.70
503	502	Ana Teixeira	Veterana II	Individual	00:58:12.98	00:29:56.10	5,82	00:25:15.75
504	530	Catarina Mónica	Veterana I	Individual	00:58:14.24	00:29:34.46	5,82	00:25:17.01
505	720	Miguel Sarmiento	Veterano II	Individual	00:58:20.09	00:29:58.99	5,83	00:25:22.86
506	774	Gustavo Ribeiro	Senior	RIS 2048	00:58:20.12	00:30:50.37	5,83	00:25:22.89
507	510	Sérgio Gonçalves	Senior	Individual	00:58:21.54	00:29:29.07	5,84	00:25:24.31
508	701	Sansão Castro	Veterano I	Individual	00:58:24.15	00:29:07.53	5,84	00:25:26.92
509	407	Bruno Costa	Veterano I	Royal School of Language	00:58:25.42	00:30:27.10	5,84	00:25:28.19
510	399	Rui Amorim	Veterano I	Royal School of Language	00:58:25.55	00:30:26.76	5,84	00:25:28.32
511	550	Francisca Maruta	Veterana II	Volkswagen Autoeuropa	00:58:27.87	00:29:08.93	5,85	00:25:30.64
512	801	Inês Picado	Veterana II	Individual	00:58:30.51	00:29:26.60	5,85	00:25:33.28
513	254	Lídia Sacramento	Veterana I	Aveiro Night Runners	00:58:45.49	00:30:01.44	5,88	00:25:48.26
514	366	Paula Almeida	Veterana II	Individual	00:58:55.57	00:29:49.69	5,89	00:25:58.34
515	205	João Quintela	Veterano III	Individual	00:59:00.34	00:31:36.42	5,9	00:26:03.11
516	667	André Oliveira	Senior	Individual	00:59:01.17	00:30:08.53	5,9	00:26:03.94
517	589	Marta Neves	Veterana II	Individual	00:59:03.21	00:31:30.44	5,91	00:26:05.98





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518	795	Alberto Martins	Veterano III	Individual	00:59:03.73	00:30:14.63	5,91	00:26:06.50
519	356	Miguel Fontes	Junior	Fontes	00:59:06.32	00:30:09.52	5,91	00:26:09.09
520	282	Sérgio Marques	Senior	Individual	00:59:18.35	00:29:21.92	5,93	00:26:21.12
521	780	Regina Ratola	Sénior Fem	Individual	00:59:19.26	00:29:23.38	5,93	00:26:22.03
522	202	Inês Rosa	Sénior Fem	Primos	00:59:20.18	00:31:03.43	5,93	00:26:22.95
523	248	Maria Craveiro	Veterana I	Aveiro Night Runners	00:59:34.42	00:29:57.92	5,96	00:26:37.19
524	355	Emanuel Fontes	Veterano III	Fontes	00:59:34.51	00:30:10.02	5,96	00:26:37.28
525	532	Hugo Fernandes	Senior	Peanuts	00:59:48.95	00:32:05.44	5,98	00:26:51.72
526	168	Nelson Ré	Veterano III	Individual	00:59:49.65	00:32:13.63	5,98	00:26:52.42
527	729	Paulo Mónica	Veterano III	Aveiro Night Runners	00:59:50.68	00:32:19.58	5,98	00:26:53.45
528	173	Tony Ferreira	Senior	Individual	00:59:56.34	00:31:20.29	5,99	00:26:59.11
529	804	Ricardo Ribeiro	Veterano II	Individual	00:59:57.79	00:31:48.74	6	00:27:00.56
530	806	Iva Viana	Veterana I	Individual	00:59:57.82	00:31:49.03	6	00:27:00.59
531	645	Bruno Silva	Veterano I	Individual	00:59:57.93	00:29:14.66	6	00:27:00.70
532	423	Céu Basílio	Veterana II	Amigos do Parque	01:00:05.14	00:30:44.51	6,01	00:27:07.91
533	386	João Francisco	Veterano II	Individual	01:00:11.09	00:30:05.06	6,02	00:27:13.86
534	233	Pedro Jesus	Senior	Individual	01:00:14.44	00:31:19.70	6,02	00:27:17.21
535	278	Sara Tomaz	Sénior Fem	Costa Verde	01:00:16.67	00:29:04.55	6,03	00:27:19.44
536	748	Soraia Amaro	Sénior Fem	Aveiro Night Runners	01:00:20.77	00:32:12.24	6,03	00:27:23.54
537	766	Andreia Neves	Sénior Fem	Individual	01:00:21.53	00:31:36.81	6,04	00:27:24.30
538	722	Filipa Neves	Sénior Fem	Individual	01:00:22.59	00:31:37.00	6,04	00:27:25.36
539	691	Álvaro Silva	Veterano V	Individual	01:00:41.81	00:30:35.29	6,07	00:27:44.58
540	692	Margarida Martins	Veterano III	Individual	01:00:41.89	00:30:35.83	6,07	00:27:44.66
541	605	Liliana Simões	Veterana I	Individual	01:00:46.39	00:31:50.25	6,08	00:27:49.16
542	567	Elisabete Matos	Veterana II	Individual	01:00:46.87	00:32:05.18	6,08	00:27:49.64
543	857	Raquel Brito	Sénior Fem	Individual	01:00:49.30	00:32:21.63	6,08	00:27:52.07
544	664	Filipa Farinha	Sénior Fem	Individual	01:00:54.84	00:31:11.04	6,09	00:27:57.61
545	86	Ana Gonçalves	Veterana II	Individual	01:00:55.26	00:31:35.67	6,09	00:27:58.03
546	236	Joana Nogueira	Veterana I	Individual	01:01:04.28	00:31:17.30	6,11	00:28:07.05
547	623	Pedro Neves	Veterano I	HM Group Sports Team	01:01:08.83	00:32:11.36	6,11	00:28:11.60
548	158	Maurício Marques	Veterano I	Individual	01:01:11.01	00:32:03.51	6,12	00:28:13.78
549	796	Inês Sá	Sénior Fem	Individual	01:01:14.46	00:32:26.12	6,12	00:28:17.23
550	797	Marcelo Rodrigues	Senior	PwC	01:01:14.61	00:32:25.92	6,12	00:28:17.38
551	482	Sofia Ventura	Sénior Fem	Individual	01:01:16.09	00:32:53.23	6,13	00:28:18.86
552	385	António Lemos	Veterano III	Individual	01:01:23.22	00:31:23.63	6,14	00:28:25.99
553	718	Maria Ferreira	Veterana II	Individual	01:01:38.04	00:32:21.55	6,16	00:28:40.81
554	520	Joana Lemos	Veterana II	Individual	01:01:38.79	00:32:06.07	6,16	00:28:41.56
555	410	Carlos Rocha	Veterano I	Royal School of Language	01:01:40.09	00:32:05.33	6,17	00:28:42.86
556	90	Pedro Cruz	Veterano II	Individual	01:01:48.04	00:32:13.85	6,18	00:28:50.81
557	144	John Cardoso	Veterano I	Individual	01:01:56.25	00:32:54.64	6,19	00:28:59.02
558	433	Eugénio Da Costa	Senior	Individual	01:01:57.49	00:32:30.98	6,2	00:29:00.26
559	358	Francisco Silva	Veterano III	Aveiro Night Runners	01:02:01.83	00:30:30.46	6,2	00:29:04.60
560	443	Clarinda Garcia	Veterana II	Individual	01:02:09.28	00:32:20.40	6,22	00:29:12.05
561	695	Rosário Carvalho	Veterana II	Aveiro Night Runners	01:02:10.51	00:32:22.06	6,22	00:29:13.28
562	597	Solange Nunes	Sénior Fem	Individual	01:02:11.06	00:31:08.13	6,22	00:29:13.83
563	595	Carlos Santos	Senior	Individual	01:02:16.54	00:31:07.29	6,23	00:29:19.31
564	271	Filipe Barosa	Senior	Individual	01:02:21.42	00:32:34.25	6,24	00:29:24.19
565	275	Pedro Gomes	Veterano II	Individual	01:02:26.76	00:32:35.47	6,24	00:29:29.53
566	811	Eliana Marques	Sénior Fem	hfa	01:02:27.68	00:32:22.12	6,25	00:29:30.45
567	405	Carla Santos	Veterana I	Royal School of Language	01:02:34.19	00:32:15.48	6,26	00:29:36.96
568	832	João Clemêncio	Senior	Individual	01:02:38.06	00:31:33.60	6,26	00:29:40.83
569	527	António Valente	Senior	Individual	01:02:44.53	00:31:37.94	6,27	00:29:47.30
570	731	António Carvalho	Veterano I	Individual	01:02:54.30	00:33:23.46	6,29	00:29:57.07
571	198	Cláudia Ramos	Sénior Fem	Aveiro Night Runners	01:03:17.97	00:32:17.29	6,33	00:30:20.74
572	336	Manuel Melo	Veterano I	Individual	01:03:26.17	00:32:02.85	6,34	00:30:28.94
573	17	Luis Martins	Veterano II	Individual	01:03:26.26	00:32:03.34	6,34	00:30:29.03
574	21	Manuel Esteves	Veterano III	Individual	01:03:43.43	00:31:51.74	6,37	00:30:46.20
575	23	Nelson Santos	Veterano I	Individual	01:03:44.02	00:31:51.67	6,37	00:30:46.79
576	528	Andreia Galante	Sénior Fem	Individual	01:04:28.69	00:32:53.38	6,45	00:31:31.46
577	869	Rafael De Almeida	Veterano I	Individual	01:04:28.73	00:31:03.37	6,45	00:31:31.50
578	750	Ana Amaro	Veterana I	Aveiro Night Runners	01:04:42.63	00:32:12.97	6,47	00:31:45.40
579	730	Paula Ferreira	Sénior Fem	Aveiro - Night Runners	01:04:47.00	00:32:18.05	6,48	00:31:49.77
580	228	Sofia Lopes	Sénior Fem	Individual	01:04:51.28	00:34:06.64	6,49	00:31:54.05
581	256	Sónia Salgado	Sénior Fem	Individual	01:04:54.54	00:33:51.17	6,49	00:31:57.31
582	428	Inês Andrade	Sénior Fem	Individual	01:05:02.84	00:34:36.15	6,5	00:32:05.61



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583	642	Adriana Santos	Veterana I	Individual	01:05:19.64	00:32:44.70	6,53	00:32:22.41
584	481	Miguel Filipe	Veterano II	Individual	01:05:24.59	00:34:01.46	6,54	00:32:27.36
585	326	Ana Torres	Sénior Fem	Individual	01:05:24.71	00:34:01.62	6,54	00:32:27.48
586	606	Mónica Batista	Veterana I	Individual	01:05:33.75	00:34:00.65	6,56	00:32:36.52
587	449	Carlos Ferreira	Senior	Individual	01:05:48.82	00:33:03.34	6,58	00:32:51.59
588	492	Vera Nogueira	Sénior Fem	Individual	01:05:51.99	00:33:42.65	6,59	00:32:54.76
589	342	Jacinta Gil	Veterana II	Individual	01:05:56.02	00:34:36.07	6,59	00:32:58.79
590	775	António Carvalho	Veterano II	RIS 2048	01:06:06.34	00:32:22.73	6,61	00:33:09.11
591	414	António Abreu	Veterano IV	Individual	01:06:06.93	00:34:06.36	6,61	00:33:09.70
592	607	Nélia Silva	Veterana I	Individual	01:06:10.69	00:34:00.65	6,62	00:33:13.46
593	39	Paulo Oliveira	Veterano II	Individual	01:06:11.79	00:33:06.61	6,62	00:33:14.56
594	484	Ana Salustio	Veterana II	Salustios	01:06:12.23	00:33:30.29	6,62	00:33:15.00
595	483	Sergio Salustio	Veterano III	Salustios	01:06:12.80	00:33:30.76	6,62	00:33:15.57
596	487	Carolina Salustio	Sénior Fem	Salustios	01:06:12.81	00:33:30.35	6,62	00:33:15.58
597	688	Marta Sousa	Veterana I	Individual	01:06:28.88	00:33:55.45	6,65	00:33:31.65
598	74	André Santos	Senior	Individual	01:07:06.73	00:34:38.97	6,71	00:34:09.50
599	757	Fábio Silva	Senior	Individual	01:07:06.99	00:35:32.68	6,71	00:34:09.76
600	734	Karina Almeida	Sénior Fem	Individual	01:07:18.57	00:33:28.78	6,73	00:34:21.34
601	802	Carlos Carvalho	Veterano IV	Individual	01:07:52.22	00:33:36.77	6,79	00:34:54.99
602	30	Nelson Duarte	Veterano I	N&A	01:07:58.91	00:35:17.06	6,8	00:35:01.68
603	31	Ana Coelho	Sénior Fem	N&A	01:07:59.16	00:35:17.43	6,8	00:35:01.93
604	873	Pedro Duarte	Senior	Individual	01:08:03.81	00:35:49.01	6,81	00:35:06.58
605	756	Bruno Pinhao	Senior	Individual	01:08:03.88	00:35:46.69	6,81	00:35:06.65
606	599	Agostinho C. Rodrigues	Veterano III	Individual	01:08:22.13	00:33:52.60	6,84	00:35:24.90
607	762	Carla Vilela	Sénior Fem	Individual	01:08:48.53	00:35:32.76	6,88	00:35:51.30
608	810	Alexandre Sembo	Senior	Individual	01:08:59.53	00:31:53.94	6,9	00:36:02.30
609	261	Humberto Campos	Veterano IV	HVF	01:09:06.69	00:35:27.38	6,91	00:36:09.46
610	337	Carlos Peixoto	Senior	Individual	01:09:08.10	00:35:06.71	6,91	00:36:10.87
611	277	Daniel Carrasqueira	Veterano I	Equipa Sirmaf	01:10:19.36	00:36:53.11	7,03	00:37:22.13
612	383	Ana Nogueira	Veterana I	Equipa Sirmaf	01:10:19.82	00:36:52.70	7,03	00:37:22.59
613	232	Nivas Babu Selvaraj	Senior	Individual	01:10:20.92	00:36:11.14	7,03	00:37:23.69
614	79	Raquel Silva	Sénior Fem	Individual	01:10:22.19	00:35:54.19	7,04	00:37:24.96
615	468	Nuno Soutinho	Veterano I	Individual	01:10:38.72	00:36:33.32	7,06	00:37:41.49
616	374	Vânia Teixeira	Sénior Fem	Individual	01:11:02.76	00:36:13.94	7,1	00:38:05.53
617	376	Cecília Silva	Sénior Fem	Individual	01:12:00.97	00:36:13.78	7,2	00:39:03.74
618	622	Ana Carinha	Sénior Fem	Individual	01:12:13.99	00:38:57.04	7,22	00:39:16.76
619	773	Pedro Leite	Veterano II	RIS 2048	01:13:21.27	00:36:19.94	7,34	00:40:24.04
620	427	Ana Sousa	Sénior Fem	Individual	01:14:27.07	00:36:19.63	7,45	00:41:29.84
621	769	Ana Alves	Veterana II	Individual	01:14:42.87	00:36:18.12	7,47	00:41:45.64
622	777	Sara Pina Cabral	Veterana II	Individual	01:14:42.94	00:36:17.95	7,47	00:41:45.71
623	269	Francisco Mendes	Veterano III	Individual	01:15:29.54	00:34:59.51	7,55	00:42:32.31
624	157	Helder Capelo	Senior	Individual	01:16:24.14	00:38:08.63	7,64	00:43:26.91
625	153	Sara Tavares	Sénior Fem	Individual	01:17:45.85	00:35:10.01	7,78	00:44:48.62
626	99	Cristina Guimarães	Veterana I	Saidosofá	01:18:09.67	00:38:58.03	7,82	00:45:12.44
DNS	7	Joao Ribeiro	Veterano I	Individual	N/A		N/A	N/A
DNS	12	Rui Silva	Veterano II	Individual	N/A		N/A	N/A
DNS	28	Paulo Marques	Veterano V	Individual	N/A		N/A	N/A
DNS	35	Eva Castro	Sénior Fem	Individual	N/A		N/A	N/A
DNS	36	Luis Sousa	Veterano I	Individual	N/A		N/A	N/A
DNS	38	Luís Oliveira	Senior	Individual	N/A		N/A	N/A
DNS	48	Luís Gomes	Senior	Individual	N/A		N/A	N/A
DNS	50	Luis Do Vale	Veterano IV	Individual	N/A		N/A	N/A
DNS	52	Nuno Mateus	Veterano II	Individual	N/A		N/A	N/A
DNS	53	Luis Pedro	Veterano I	Individual	N/A		N/A	N/A
DNS	60	Anabela Oliveira	Veterana II	Individual	N/A		N/A	N/A
DNS	63	Luis Ferreira	Veterano II	Individual	N/A		N/A	N/A
DNS	65	Carolina Pereira	Veterana I	MODconsulting	N/A		N/A	N/A
DNS	68	Jose Ferreira	Senior	Individual	N/A		N/A	N/A
DNS	73	Miguel Silva	Veterano II	Individual	N/A		N/A	N/A
DNS	76	Pedro Guimaraes	Veterano III	Individual	N/A		N/A	N/A
DNS	77	Miguel Craveiro	Veterano VI	Individual	N/A		N/A	N/A
DNS	78	Tiago Souto	Senior	Individual	N/A		N/A	N/A
DNS	88	Carlos Gonçalves	Veterano III	Bosch	N/A		N/A	N/A
DNS	89	Mafalda Lopes	Veterana I	Bosch	N/A		N/A	N/A
DNS	92	João Trindade	Senior	Individual	N/A		N/A	N/A



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DNS	100	Raul Reis	Veterano I	Individual	N/A	N/A	N/A
DNS	101	Joao Branco	Veterano I	Individual	N/A	N/A	N/A
DNS	102	Miguel Couto	Veterano II	Microplasticos	N/A	N/A	N/A
DNS	105	Tiago Burmester	Veterano I	Individual	N/A	N/A	N/A
DNS	106	Ricardo Rocha	Veterano I	Individual	N/A	N/A	N/A
DNS	118	José Eça	Veterano IV	Bosch	N/A	N/A	N/A
DNS	121	Ana Paula Almeida	Veterana II	Individual	N/A	N/A	N/A
DNS	137	Vânia Santos	Sénior Fem	Aveiro Night Runners	N/A	N/A	N/A
DNS	151	Óscar Resende	Senior	Individual	N/A	N/A	N/A
DNS	166	André Reis	Senior	Individual	N/A	N/A	N/A
DNS	167	André São Marcos	Senior	Individual	N/A	N/A	N/A
DNS	171	Pedro Vieira	Senior	Individual	N/A	N/A	N/A
DNS	172	Paulo Vieira	Veterano II	Individual	N/A	N/A	N/A
DNS	174	Mário Castro	Veterano III	Individual	N/A	N/A	N/A
DNS	175	Filipe Barbosa	Senior	Individual	N/A	N/A	N/A
DNS	201	João Moura	Senior	Individual	N/A	N/A	N/A
DNS	212	Hugo Vieira	Veterano II	Individual	N/A	N/A	N/A
DNS	231	Rui Oliveira	Veterano I	Individual	N/A	N/A	N/A
DNS	240	Rui Pereira	Veterano II	Bosch Termotecnologia SA	N/A	N/A	N/A
DNS	242	Euclides Coimbra	Veterano V	Individual	N/A	N/A	N/A
DNS	266	Tiago Cachim	Senior	Individual	N/A	N/A	N/A
DNS	267	João Figueiredo	Senior	Individual	N/A	N/A	N/A
DNS	272	Renato Moedas	Veterano I	Individual	N/A	N/A	N/A
DNS	280	Carlos Varum	Veterano III	Individual	N/A	N/A	N/A
DNS	293	Sofia Luís	Sénior Fem	Os Moliços	N/A	N/A	N/A
DNS	317	Lourenço Oliveira	Senior	Individual	N/A	N/A	N/A
DNS	318	Joaquim Amieiro	Veterano VI	CENAP	N/A	N/A	N/A
DNS	335	António Conde	Veterano I	Individual	N/A	N/A	N/A
DNS	364	Carlos Pinto	Senior	Individual	N/A	N/A	N/A
DNS	384	Ricardo Gravato	Senior	Individual	N/A	N/A	N/A
DNS	434	Pedro Pinto	Veterano I	Bosch	N/A	N/A	N/A
DNS	435	Hugo Gonçalves	Senior	Bosch	N/A	N/A	N/A
DNS	444	Joaquim Cruz	Veterano I	Individual	N/A	N/A	N/A
DNS	445	Fábio Pereira	Senior	Individual	N/A	N/A	N/A
DNS	446	Tiago Dias	Senior	Individual	N/A	N/A	N/A
DNS	454	Agostinho Martins	Veterano II	Individual	N/A	N/A	N/A
DNS	461	Pedro Balinha	Senior	Individual	N/A	N/A	N/A
DNS	466	João Toito	Senior	Individual	N/A	N/A	N/A
DNS	473	Rui Beato	Senior	Individual	N/A	N/A	N/A
DNS	477	Joana Rocha	Sénior Fem	Individual	N/A	N/A	N/A
DNS	478	Jorge Oliveira	Senior	Individual	N/A	N/A	N/A
DNS	489	Sergio Catalão	Senior	Individual	N/A	N/A	N/A
DNS	498	João Rodrigues	Veterano III	Individual	N/A	N/A	N/A
DNS	500	Sónia Martins	Veterana II	Individual	N/A	N/A	N/A
DNS	512	Diogo Salta	Senior	Individual	N/A	N/A	N/A
DNS	525	Bruno Ferreira	Senior	Individual	N/A	N/A	N/A
DNS	531	Marcela Santos	Sénior Fem	Individual	N/A	N/A	N/A
DNS	551	João Gamelas	Veterano V	Individual	N/A	N/A	N/A
DNS	554	José Mendonça	Senior	Individual	N/A	N/A	N/A
DNS	566	Luís Portela	Senior	Individual	N/A	N/A	N/A
DNS	582	Vitor Varela	Veterano III	Individual	N/A	N/A	N/A
DNS	608	Alexandra Costa	Veterana I	Individual	N/A	N/A	N/A
DNS	614	Alberto Roque Rodrigues	Veterano V	Individual	N/A	N/A	N/A
DNS	624	José Oliveira	Veterano IV	Individual	N/A	N/A	N/A
DNS	632	João Pereira	Senior	CDD - Renault, Cacia	N/A	N/A	N/A
DNS	644	Evandro Silva	Veterano II	CCD - Renault, Cacia	N/A	N/A	N/A
DNS	672	Catarina Domingues	Sénior Fem	Individual	N/A	N/A	N/A
DNS	687	Bruno Amaro	Veterano I	SAI DA FRENTE, QUIM!!	N/A	N/A	N/A
DNS	707	José Gonçalves	Veterano III	Individual	N/A	N/A	N/A
DNS	711	Pedro Marcelino	Senior	Individual	N/A	N/A	N/A
DNS	716	Andreia Santos	Sénior Fem	Individual	N/A	N/A	N/A
DNS	727	Teodorico Pais	Veterano III	Individual	N/A	N/A	N/A
DNS	732	Vitor Pinto	Senior	Individual	N/A	N/A	N/A
DNS	743	Dina Mota	Veterana II	Tondela Runners	N/A	N/A	N/A
DNS	768	Margarida Vasconcelos	Veterana II	Individual	N/A	N/A	N/A



Corrida Solidária Bosch

ÍLHAVO/AVEIRO  
DOMINGO, 29 JUNHO

**CORRIDA  
SOLIDÁRIA**  
BOSCH

DNS	771	Tiago Augusto	Senior	Individual	N/A	N/A	N/A
DNS	776	Luís Pereira	Veterano IV	RIS 2048	N/A	N/A	N/A
DNS	785	Miguel Ferreira	Senior	Individual	N/A	N/A	N/A
DNS	789	Paulo Couto	Veterano V	Individual	N/A	N/A	N/A
DNS	794	José Ribeiro	Senior	Individual	N/A	N/A	N/A
DNS	807	José Seara	Veterano III	Individual	N/A	N/A	N/A
DNS	809	Vitor Correia	Senior	Individual	N/A	N/A	N/A
DNS	814	José Maia	Senior	Individual	N/A	N/A	N/A
DNS	815	Flávio Dias	Senior	Individual	N/A	N/A	N/A
DNS	818	Cristiano Pereira	Junior	Casa do povo Mangualde	N/A	N/A	N/A
DNS	819	Laurinda Ferreira	Veterana II	Casa do Povo Mangualde	N/A	N/A	N/A
DNS	822	Florbela Fernandes	Veterana II	Individual	N/A	N/A	N/A
DNS	826	António Ferreira	Veterano II	Individual	N/A	N/A	N/A
DNS	828	Susana Coelho	Sénior Fem	Individual	N/A	N/A	N/A
DNS	829	Jesebelle Rocha	Veterana I	Individual	N/A	N/A	N/A
DNS	830	Helder Ramalho	Veterano I	Individual	N/A	N/A	N/A
DNS	831	Bruno Pinto	Senior	TUPAI	N/A	N/A	N/A
DNS	833	Ricardo Almeida	Veterano I	Individual	N/A	N/A	N/A
DNS	834	Maria Francimeire Gomes	Sénior Fem	Individual	N/A	N/A	N/A
DNS	835	Joana Pereira	Sénior Fem	hfa	N/A	N/A	N/A
DNS	836	Ricardo Ribeiro	Veterano I	Individual	N/A	N/A	N/A
DNS	837	Karla Sotomayor	Sénior Fem	Individual	N/A	N/A	N/A
DNS	838	Maria Dulce Ferreira Rei	Veterana II	Individual	N/A	N/A	N/A
DNS	839	Vasco Coelho	Junior	hfa	N/A	N/A	N/A
DNS	841	Manuel Carvalho	Veterano IV	Individual	N/A	N/A	N/A
DNS	842	Assis Alves	Veterano II	Individual	N/A	N/A	N/A
DNS	843	Maria Jose	Veterana II	Individual	N/A	N/A	N/A
DNS	845	Luís Miguel Nóbrega	Senior	PT	N/A	N/A	N/A
DNS	846	Luisa Helguero	Veterana II	Individual	N/A	N/A	N/A
DNS	862	Alexandra Galo	Sénior Fem	Individual	N/A	N/A	N/A
DNS	863	Pedro Mostardinha	Veterano II	Individual	N/A	N/A	N/A
DNS	866	Samuel Ramos	Junior	São Caetano	N/A	N/A	N/A
DNS	870	Cas Lammers	Senior	Individual	N/A	N/A	N/A
DNS	871	Manuel Cardoso	Senior	Aveiri Night Runners	N/A	N/A	N/A
DNS	877	José Esteves	Veterano III	Individual	N/A	N/A	N/A
DNS	879	Maria Rosa	Veterana II	Individual	N/A	N/A	N/A
DNS	880	Mariana Flores	Sénior Fem	Individual	N/A	N/A	N/A
DNS	881	Tiago Silva	Senior	Individual	N/A	N/A	N/A