

Prova Principal

10 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	21:00	6.6°C	74%
End	22:20	6.6°C	74%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Senior Feminino							
1	128	SOLANGE JESUS	Clube Desportivo Feirense	Senior Feminino	36:08		03:37
2	113	ANDREIA SANTOS	Clube Desportivo Feirense	Senior Feminino	36:40	+00:31	03:40
3	125	MARGARIDA OLIVEIRA	Clube Desportivo Feirense	Senior Feminino	41:55	+05:47	04:12
4	276	Vera Santos	Individual	Senior Feminino	44:54	+08:45	04:29
5	132	Vera Rodrigues	Clube Desportivo Feirense	Senior Feminino	46:47	+10:38	04:41
6	600	Amélia Loureiro	Viriathvs Runners Viseu	Senior Feminino	47:08	+11:00	04:43
7	116	HANIFA EL KHATIB	Clube Desportivo Feirense	Senior Feminino	47:39	+11:31	04:46
8	725	MAIRA SILVA	Clube Desportivo Feirense	Senior Feminino	47:39	+11:31	04:46
9	264	Maria Manuela Alves dos Santos	Individual	Senior Feminino	48:37	+12:28	04:52
10	261	Márcia Cardoso	Individual	Senior Feminino	49:02	+12:54	04:54
11	123	Leida Bello	Clube Desportivo Feirense	Senior Feminino	49:19	+13:11	04:56
12	118	INÊS CORREIA	Clube Desportivo Feirense	Senior Feminino	49:56	+13:48	05:00
13	121	JOANA SANTOS	Clube Desportivo Feirense	Senior Feminino	50:47	+14:38	05:05
14	253	Daniela Onofre	Individual	Senior Feminino	52:30	+16:21	05:15
15	266	Mariana Amaral Ventura Borges	Individual	Senior Feminino	55:49	+19:40	05:35
16	256	Florbelia Araujo	Individual	Senior Feminino	56:05	+19:56	05:36
17	131	VANESSA OLIVEIRA	Clube Desportivo Feirense	Senior Feminino	56:09	+20:00	05:37
18	78	Jacinta Rodrigues	Centro Municipal de Marcha e Corrida de Vale de Cambra	Senior Feminino	56:25	+20:17	05:39
19	119	INÊS SILVA	Clube Desportivo Feirense	Senior Feminino	57:07	+20:59	05:43
20	174	Sónia Pereira	Controlauto	Senior Feminino	57:23	+21:15	05:44
21	568	SOFIA GUEDES	Run for Fun	Senior Feminino	58:32	+22:24	05:51
22	272	Sara Nogueira	Individual	Senior Feminino	59:16	+23:07	05:56
23	273	Tânia Soares	Individual	Senior Feminino	59:22	+23:14	05:56
24	275	Teresa Capelo	Individual	Senior Feminino	01:00:01	+23:53	06:00
25	230	Andreia Maria Andrade Oliveira	HMC Sports	Senior Feminino	01:00:34	+24:26	06:03
26	248	Ana Catarina Fonseca da Silva	Individual	Senior Feminino	01:01:31	+25:22	06:09
27	507	Carina Gomes	Maninhos	Senior Feminino	01:01:31	+25:23	06:09
28	543	Marisa Gonçalves	Núcleo de Atletismo de Cucujães	Senior Feminino	01:01:56	+25:47	06:12
29	548	Ana Patricia da Silva Cravo	Oliveirenses	Senior Feminino	01:01:56	+25:48	06:12
30	265	Maria Oliveira	Individual	Senior Feminino	01:02:10	+26:02	06:13
31	475	Monica Morais	Javalis 100 limites	Senior Feminino	01:02:15	+26:07	06:14
32	257	Ines Cardoso	Individual	Senior Feminino	01:02:38	+26:29	06:16
33	93	Rosa Carmo	CHAVES RUNNING TEAM	Senior Feminino	01:03:12	+27:04	06:19
34	53	Ana Catarina Tavares	BTT Isolamais Sportaz	Senior Feminino	01:04:10	+28:02	06:25
35	247	Ana Almeida	Individual	Senior Feminino	01:05:07	+28:58	06:31
36	516	Carla Silva	NightRunners Feira	Senior Feminino	01:06:08	+29:59	06:37
37	518	Vânia Oliveira	NightRunners Feira	Senior Feminino	01:06:10	+30:02	06:37
38	250	Andreia Sá	Individual	Senior Feminino	01:07:06	+30:58	06:43
39	255	Filipa Silva	Individual	Senior Feminino	01:07:53	+31:45	06:47

Official Timekeeper: Lap2Go	1 / 13	generate 03-Dec-2022 22:24
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10 KM

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78	16	Rui Ferreira	ACR de Vale de Cambra	Senior Masculino	52:18	+20:48	05:14
79	602	Mário Silva	VITO - BRAVE RUNNERS	Senior Masculino	52:28	+20:57	05:15
80	340	Roberto Garcês	Individual	Senior Masculino	52:32	+21:02	05:15
81	330	Pedro Miguel Gomes de Almeida	Individual	Senior Masculino	52:41	+21:11	05:16
82	69	ANDRÉ NUNES	CASA DO POVO DE MANGUALDE	Senior Masculino	52:58	+21:28	05:18
83	26	JORGE GONCALVES	AQS	Senior Masculino	53:31	+22:00	05:21
84	282	André Mota	Individual	Senior Masculino	53:32	+22:02	05:21
85	477	Pedro silva	Jesus Runners	Senior Masculino	53:51	+22:21	05:23
86	299	Filipe Soares	Individual	Senior Masculino	53:55	+22:24	05:23
87	320	Matias Esteves	Individual	Senior Masculino	54:25	+22:55	05:27
88	351	Willian Pires Afonso	Individual	Senior Masculino	54:26	+22:55	05:27
89	314	José Garrido	Individual	Senior Masculino	54:31	+23:00	05:27
90	292	Diogo Rocha	Individual	Senior Masculino	54:41	+23:10	05:28
91	569	JOÃO GUEDES	Run for Fun	Senior Masculino	54:57	+23:27	05:30
92	322	Nuno Guimarães	Individual	Senior Masculino	55:19	+23:48	05:32
93	195	Anthony Da Costa Da Silva	Fitarena canedo	Senior Masculino	55:20	+23:50	05:32
94	334	Rafael Ferraz	Individual	Senior Masculino	55:35	+24:05	05:34
95	294	Eleuterio Martins de sousa	Individual	Senior Masculino	55:53	+24:23	05:35
96	552	Tiago Lança	Peniche a Correr	Senior Masculino	55:55	+24:25	05:35
97	175	Filipe Rodrigues	Controlauto	Senior Masculino	57:23	+25:53	05:44
98	11	Luis Novo	ACAIL GAS	Senior Masculino	57:51	+26:21	05:47
99	573	Luís Oliveira	Running Esmoriz	Senior Masculino	57:52	+26:22	05:47
100	290	Daniel Oliveira Silva	Individual	Senior Masculino	57:54	+26:24	05:47
101	8	RICARDO NEVES	A.D.GRIJÓ A CORRER	Senior Masculino	58:45	+27:15	05:53
102	305	Helder Veloso	Individual	Senior Masculino	58:54	+27:24	05:53
103	308	Ivo cunha	Individual	Senior Masculino	59:16	+27:45	05:56
104	309	Ivo Nascimento	Individual	Senior Masculino	59:16	+27:45	05:56
105	288	Carlos Miguel Lopes da Conceição Gomes	Individual	Senior Masculino	59:37	+28:06	05:58
106	310	João Diogo Martins	Individual	Senior Masculino	59:52	+28:21	05:59
107	285	Bruno César	Individual	Senior Masculino	01:00:01	+28:31	06:00
108	328	Paulo Silva	Individual	Senior Masculino	01:00:24	+28:53	06:02
109	27	PEDRO XAVIER	AQS	Senior Masculino	01:00:27	+28:56	06:03
110	323	Nuno Neves	Individual	Senior Masculino	01:01:17	+29:46	06:08
111	331	Pedro Santos	Individual	Senior Masculino	01:01:17	+29:47	06:08
112	584	NUNO SOARES	SSTSJM Serviços Sociais do Pessoal do Município de S. João da Madeira	Senior Masculino	01:02:02	+30:31	06:12
113	231	Alberto Filipe Ribeiro Alves	HMC Sports	Senior Masculino	01:03:44	+32:13	06:22
114	319	Fábio Silva	Individual	Senior Masculino	01:04:33	+33:03	06:27
115	333	Pedro Sousa	Individual	Senior Masculino	01:04:49	+33:19	06:29
116	317	José Rodrigues Serafim Filho	Individual	Senior Masculino	01:05:41	+34:10	06:34
117	480	Tiago Amaral	JUF ACC	Senior Masculino	01:06:01	+34:30	06:36
118	508	Micael Santos	Maninhos	Senior Masculino	01:06:06	+34:36	06:37
119	277	Adriano Oliveira	Individual	Senior Masculino	01:06:10	+34:40	06:37
120	10	Fernando Martins	ACAIL GAS	Senior Masculino	01:07:00	+35:29	06:42
121	297	Fábio Almeida	Individual	Senior Masculino	01:07:06	+35:36	06:43

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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35	201	Ana Margarida Silva	Fogaças com Malapos	Veterana F40	01:05:40	+20:38	06:34
36	353	Ana Maria Mendes Pais	Individual	Veterana F40	01:05:59	+20:57	06:36
37	482	CARLA PEREIRA	JUF ACC	Veterana F40	01:06:05	+21:03	06:36
38	559	Gisela Avelar	Publicidades sm	Veterana F40	01:06:05	+21:03	06:37
39	524	Suzana Alves	NightRunners Feira	Veterana F40	01:06:08	+21:05	06:37
40	522	Liliana Soares	NightRunners Feira	Veterana F40	01:06:08	+21:06	06:37
41	521	Liliana Oliveira	NightRunners Feira	Veterana F40	01:06:11	+21:08	06:37
42	191	Anabela Monteiro	Esquadrão das Tartarugas	Veterana F40	01:07:40	+22:38	06:46
43	190	Alexandra Bessa	Esquadrão das Tartarugas	Veterana F40	01:07:40	+22:38	06:46
44	192	Cristiana Pinto	Esquadrão das Tartarugas	Veterana F40	01:07:40	+22:38	06:46
45	549	Catarina Vieira	Oliveirenses	Veterana F40	01:07:46	+22:43	06:47
46	580	Nazaré Oliveira	Sentir escariz runing	Veterana F40	01:09:08	+24:05	06:55
47	28	CARLA GOMES	AQS	Veterana F40	01:10:47	+25:45	07:05

Veterana F50

1	1031	Julia Conceição	FC Penafiel	Veterana F50	43:46		04:23
2	220	Lídia Pereira	GRECAS Vagos	Veterana F50	44:53	+01:07	04:29
3	470	MATILDE BAPTISTA	JAM - Juventude Atlético Mozelense	Veterana F50	46:44	+02:58	04:40
4	110	Maria do Céu dos Santos e Sousa Nunes	CLUBE DESPORTIVO DE LEOMIL - TRILHOS DA MAÇÃ	Veterana F50	47:39	+03:53	04:46
5	30	ALEXANDRA MOREIRA	AQS	Veterana F50	50:18	+06:32	05:02
6	571	ANA TERESA	Run for Fun	Veterana F50	52:22	+08:36	05:14
7	196	Maria do Céu Sardoura Ferreira	Fitarena canedo	Veterana F50	55:22	+11:35	05:32
8	57	Paula Cristina	BTT Sanguedo	Veterana F50	56:04	+12:17	05:36
9	236	Laurinda Lopes Oliveira	HMC Sports	Veterana F50	56:17	+12:30	05:38
10	83	Maria Filomena da Silva Santos	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterana F50	56:25	+12:39	05:39
11	574	Ana Oliveira	Running Esmoriz	Veterana F50	57:52	+14:06	05:47
12	18	Elisabete Silva	AFIS/OVAR	Veterana F50	58:57	+15:10	05:54
13	17	Fernanda Almeida	ACR de Vale de Cambra	Veterana F50	59:37	+15:51	05:58
14	237	Teresa Maria Santos Moreira	HMC Sports	Veterana F50	01:00:18	+16:31	06:02
15	218	Deolinda Ferreira	G.D.Ronda	Veterana F50	01:00:36	+16:49	06:04
16	366	Sofia Martins	Individual	Veterana F50	01:00:53	+17:06	06:05
17	469	Marinha Baptista	JAM - Juventude Atlético Mozelense	Veterana F50	01:05:16	+21:30	06:32
18	585	Maria Alice Pinto da Silva Fernandes	SSTSJM Serviços Sociais do Pessoal do Município de S. João da Madeira	Veterana F50	01:05:44	+21:57	06:34
19	58	Paula Ribeiro	BTT Sanguedo	Veterana F50	01:05:52	+22:05	06:35
20	235	Cristima Maria Silva Azevedo	HMC Sports	Veterana F50	01:06:01	+22:15	06:36
21	525	Carla Cardoso	NightRunners Feira	Veterana F50	01:06:07	+22:20	06:37
22	526	Irene Sá	NightRunners Feira	Veterana F50	01:06:08	+22:21	06:37
23	365	Orquídea Gomes	Individual	Veterana F50	01:06:08	+22:21	06:37
24	21	Ana Oliveira	AJS	Veterana F50	01:10:33	+26:46	07:03
25	553	Rosa Bispo	Pernas Inertes lentos desde 2017	Veterana F50	01:12:58	+29:11	07:18

Prova Principal**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Veterano M40

1	224	Antonio Cristóvão	Grupo Desportivo e Cultural de Guilhovai	Veterano M40	36:40		03:40
2	41	DANIEL RODRIGUES	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D 'OVAR	Veterano M40	36:41	+00:01	03:40
3	396	Pedro Costa	Individual	Veterano M40	37:14	+00:33	03:43
4	159	NUNO SILVA	Clube Desportivo Feirense	Veterano M40	37:53	+01:13	03:47
5	582	Tiago Oliveira	Sporting Clube de Espinho / António Leitão	Veterano M40	37:55	+01:14	03:47
6	565	TIAGO LISBOA	RETORTA-QUINTA DAS ARCAS	Veterano M40	38:47	+02:07	03:53
7	208	João Sá	Fogaças com Malapos	Veterano M40	39:41	+03:01	03:58
8	381	João Paulo Ferreira Dias	Individual	Veterano M40	39:48	+03:08	03:59
9	395	Pedro Barbosa	Individual	Veterano M40	40:32	+03:52	04:03
10	400	Toze Castro	Individual	Veterano M40	41:28	+04:47	04:09
11	372	Bruno Machado	Individual	Veterano M40	43:20	+06:40	04:20
12	185	Bruno Pereira	COPO RUNNERS	Veterano M40	43:23	+06:42	04:20
13	23	JULIO CESAR DA COSTA LEGENTIL	AMUPB RUNNERS	Veterano M40	43:25	+06:45	04:21
14	393	Paulo Fidalgo	Individual	Veterano M40	43:29	+06:49	04:21
15	527	Bruno Santos	NightRunners Feira	Veterano M40	43:47	+07:07	04:23
16	54	Bruno Andret Ribeiro Silva	BTT Isolamais Sportaz	Veterano M40	44:38	+07:58	04:28
17	1011	Helder Costa	Individual	Veterano M40	44:54	+08:14	04:29
18	390	Marcos Paulo Santos Fonseca	Individual	Veterano M40	46:29	+09:49	04:39
19	374	Damásio Pereira	Individual	Veterano M40	46:46	+10:06	04:41
20	556	Rui Pereira	Problem Solved Consulting	Veterano M40	46:58	+10:18	04:42
21	555	Márcio Campos	Problem Solved Consulting	Veterano M40	46:58	+10:18	04:42
22	401	Vasco Regadas	Individual	Veterano M40	47:12	+10:32	04:43
23	31	HUGO FARDILHA	AQS	Veterano M40	47:36	+10:56	04:46
24	380	João Carlos Amorim	Individual	Veterano M40	47:42	+11:02	04:46
25	179	Bruno José Gaspar da Silva	Controlauto	Veterano M40	47:54	+11:14	04:47
26	106	João Lourenço	Clube de Corrida REN	Veterano M40	47:57	+11:17	04:48
27	375	Daniel Alves	Individual	Veterano M40	48:08	+11:27	04:49
28	387	Márcio Daniel Moura	Individual	Veterano M40	48:35	+11:55	04:52
29	160	Paulo Oliveira	Clube Desportivo Feirense	Veterano M40	49:25	+12:45	04:57
30	1000	Gil Ferreira	Município de Santa Maria da Feira	Veterano M40	49:55	+13:14	04:59
31	399	Rui Albino	Individual	Veterano M40	50:17	+13:37	05:02
32	483	Pedro Custódio	JUF ACC	Veterano M40	50:35	+13:55	05:04
33	105	Carlos Pereira Pinto	Clube de Corrida REN	Veterano M40	51:01	+14:21	05:06
34	240	Milton Joel Martins da Silva	HMC Sports	Veterano M40	51:15	+14:35	05:08
35	239	Leonel Resende Rocha	HMC Sports	Veterano M40	51:16	+14:36	05:08
36	382	JP Griné	Individual	Veterano M40	51:16	+14:36	05:08
37	229	Sérgio Crista	Grupo Desportivo Recreativo Juventude das Ribeiras	Veterano M40	51:17	+14:37	05:08
38	205	Carlos Sá	Fogaças com Malapos	Veterano M40	51:22	+14:42	05:08
39	207	Hugo Lima	Fogaças com Malapos	Veterano M40	52:24	+15:44	05:14
40	9	BRUNO NEVES	A.D.GRIJÓ A CORRER	Veterano M40	53:26	+16:46	05:21
41	202	André Castro	Fogaças com Malapos	Veterano M40	53:34	+16:54	05:21

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42	203	António Castro	Fogaças com Malapos	Veterano M40	53:49	+17:08	05:23
43	391	Paulo Costa	Individual	Veterano M40	53:54	+17:14	05:23
44	157	MARCO GONÇALVES	Clube Desportivo Feirense	Veterano M40	54:04	+17:23	05:24
45	403	William Martinez	Individual	Veterano M40	54:49	+18:09	05:29
46	373	Carlos Alberto Sá Ranzal	Individual	Veterano M40	55:11	+18:31	05:31
47	180	Raimundo Almeida	Controlauto	Veterano M40	56:05	+19:25	05:37
48	213	Vitor 26	Fogaças com Malapos	Veterano M40	56:06	+19:26	05:37
49	238	João Pedro Silva Simões	HMC Sports	Veterano M40	56:17	+19:37	05:38
50	397	Rafael Freitas	Individual	Veterano M40	56:27	+19:46	05:39
51	206	Filipe Coelho	Fogaças com Malapos	Veterano M40	56:46	+20:05	05:41
52	211	Raul Pereira	Fogaças com Malapos	Veterano M40	56:46	+20:06	05:41
53	212	Roberto Dias	Fogaças com Malapos	Veterano M40	56:49	+20:08	05:41
54	84	Nuno Bastos	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M40	58:03	+21:23	05:48
55	376	Filipe Leite	Individual	Veterano M40	58:37	+21:57	05:52
56	509	BRUNO ALMEIDA	MARRETAS DA CANECA	Veterano M40	59:03	+22:23	05:54
57	209	Márcio Correia	Fogaças com Malapos	Veterano M40	59:40	+23:00	05:58
58	492	Robson Daniel Lingenover	Lingenover/Bichet	Veterano M40	01:00:07	+23:27	06:01
59	204	Bruno Ferreira	Fogaças com Malapos	Veterano M40	01:00:26	+23:46	06:03
60	389	Marco Guerra	Individual	Veterano M40	01:00:40	+24:00	06:04
61	370	Antonio Sousa	Individual	Veterano M40	01:02:10	+25:30	06:13
62	210	Pedro Silva	Fogaças com Malapos	Veterano M40	01:02:12	+25:32	06:13
63	499	Moisés Manuel Alves Mota	Lourosa Em Movimento	Veterano M40	01:02:35	+25:55	06:15
64	402	Vítor Neves Neves	Individual	Veterano M40	01:04:47	+28:07	06:29
65	528	Ricardo Oliveira	NightRunners Feira	Veterano M40	01:06:06	+29:26	06:37
66	529	Rui Carmo	NightRunners Feira	Veterano M40	01:06:10	+29:30	06:37
67	12	Carlos Gomes	ACAIL GAS	Veterano M40	01:07:00	+30:20	06:42
68	107	Marco Cachinho	Clube de Corrida REN	Veterano M40	01:07:00	+30:20	06:42
69	379	Humberto Barros	Individual	Veterano M40	01:07:00	+30:20	06:42
70	371	Bruno Bastos	Individual	Veterano M40	01:07:47	+31:06	06:47
71	214	Vitor Duarte	Fogaças com Malapos	Veterano M40	01:08:06	+31:26	06:49
72	394	Paulo Pádua	Individual	Veterano M40	01:08:25	+31:45	06:51

Veterano M45

1	194	VITOR SANTOS	EV/PERALTAFIL	Veterano M45	34:38		03:28
2	545	Angelo Araújo	Núcleo de Atletismo de Cucujães	Veterano M45	36:00	+01:21	03:36
3	43	Agostinho Figueiredo	Associação Figueiredos Runners&Friends	Veterano M45	38:13	+03:34	03:49
4	73	FERNANDO SANTOS	CASA DO POVO DE MANGUALDE	Veterano M45	38:23	+03:44	03:50
5	1012	Manuel Bessa	Individual	Veterano M45	38:39	+04:00	03:52
6	557	Luís Freitas	PSP Santa Maria da Feira	Veterano M45	40:33	+05:54	04:03
7	102	Américo Pinho	Clube Campismo	Veterano M45	41:15	+06:36	04:08
8	405	Alexandre Manuel Soares dos Santos	Individual	Veterano M45	41:26	+06:47	04:09
9	164	Tozé Amorim	Clube Desportivo Feirense	Veterano M45	41:29	+06:50	04:09
10	566	ADELINO SILVA	RETORTA-QUINTA DAS ARCAS	Veterano M45	41:46	+07:07	04:11

Official Timekeeper: Lap2Go	8 / 13	generate 03-Dec-2022 22:24
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Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

11	243	Carlos Manuel Silva Rodrigues	HMC Sports	Veterano M45	42:19	+07:40	04:14
12	51	Sérgio Costa	Bravos e Bravitas	Veterano M45	43:25	+08:47	04:21
13	186	Armando Sá	COPO RUNNERS	Veterano M45	44:54	+10:16	04:29
14	411	Joaquim Pinto	Individual	Veterano M45	45:13	+10:35	04:31
15	423	Rui pinto	Individual	Veterano M45	45:14	+10:35	04:31
16	601	Rui Pires	Viriathvs Runners Viseu	Veterano M45	45:21	+10:42	04:32
17	225	Miguel Santos	Tartarugas Seixezelo	Veterano M45	45:56	+11:17	04:36
18	414	Manuel Petiz	Individual	Veterano M45	46:04	+11:25	04:36
19	406	Carlos Alberto de Lima Bruno	Individual	Veterano M45	46:34	+11:55	04:39
20	426	Vítor Cunha	Individual	Veterano M45	46:39	+12:00	04:40
21	422	Rui Pinto	Individual	Veterano M45	46:39	+12:00	04:40
22	188	Sérgio Pereira	COPO RUNNERS	Veterano M45	46:55	+12:16	04:41
23	575	Nuno Matias	RUNNING ESPINHO	Veterano M45	47:06	+12:27	04:43
24	558	Vergílio Teixeira	PSP Santa Maria da Feira	Veterano M45	47:15	+12:36	04:44
25	48	João Sousa	Bravos e Bravitas	Veterano M45	47:16	+12:37	04:44
26	596	RICHARD NOGUEIRA	TRAIL RUNNING SANGUEDO	Veterano M45	47:31	+12:52	04:45
27	1018	Abel Almeida	Individual	Veterano M45	47:49	+13:10	04:47
28	425	Victor Sá	Individual	Veterano M45	48:10	+13:31	04:49
29	187	Filipe Coelho	COPO RUNNERS	Veterano M45	48:20	+13:41	04:50
30	60	NUNO PEREIRA	CAL-Clube Atletismo de Lamas	Veterano M45	48:37	+13:58	04:52
31	19	Pedro Necho	AFIS/OVAR	Veterano M45	48:39	+14:00	04:52
32	412	Jorge Silva	Individual	Veterano M45	48:39	+14:00	04:52
33	55	Antonio Couto	BTT Isolamais Sportaz	Veterano M45	49:16	+14:37	04:56
34	13	Joao Matos	ACAIL GAS	Veterano M45	49:28	+14:49	04:57
35	424	Tiago Resende	Individual	Veterano M45	49:30	+14:51	04:57
36	421	Rony Santos	Individual	Veterano M45	49:50	+15:11	04:59
37	1001	Délio Carquejo - CINORK	Individual	Veterano M45	49:56	+15:17	05:00
38	244	Roberto Carlos Gomes da Silva	HMC Sports	Veterano M45	49:56	+15:17	05:00
39	413	José Correia	Individual	Veterano M45	49:57	+15:18	05:00
40	500	Luis Ferreira Gomes	Lourosa Em Movimento	Veterano M45	50:19	+15:40	05:02
41	408	Filipe Ribeiro	Individual	Veterano M45	50:23	+15:44	05:02
42	181	Sandro Paulo Cardoso Soares	Controlauto	Veterano M45	52:11	+17:32	05:13
43	404	Adélio Alegria	Individual	Veterano M45	52:53	+18:14	05:17
44	407	Carlos Silva	Individual	Veterano M45	53:06	+18:27	05:19
45	50	Pedro Bastos	Bravos e Bravitas	Veterano M45	53:22	+18:43	05:20
46	216	Marco Aurélio Pinto	Fogaças com Malapos	Veterano M45	53:32	+18:53	05:21
47	49	Paulo Jesus	Bravos e Bravitas	Veterano M45	54:32	+19:53	05:27
48	32	EDUARDO FERREIRA	AQS	Veterano M45	54:35	+19:56	05:27
49	415	Paulo Jorge	Individual	Veterano M45	55:56	+21:18	05:36
50	418	Pedro Oliveira	Individual	Veterano M45	56:45	+22:06	05:41
51	161	NUNO MAGALHÃES	Clube Desportivo Feirense	Veterano M45	57:16	+22:37	05:44
52	1014	Marco Carvalho	Individual	Veterano M45	58:02	+23:23	05:48
53	86	Silvio Carvalho	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M45	58:02	+23:23	05:48
54	242	Artur Luis Campos Sá Brandão	HMC Sports	Veterano M45	58:07	+23:28	05:49
55	1016	Pedro Silva	Individual	Veterano M45	01:00:00	+25:21	06:00

Official Timekeeper: Lap2Go	9 / 13	generate 03-Dec-2022 22:24
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Prova Principal

10 KM

OFFICIAL RESULT

30	428	Carlos Sousa	Individual	Veterano M50	53:21	+17:41	05:20
31	439	Miguel Rego	Individual	Veterano M50	53:46	+18:06	05:23
32	33	ARMANDO FERREIRA	AQS	Veterano M50	54:35	+18:55	05:27
33	449	Xavier Santiago	Individual	Veterano M50	55:22	+19:42	05:32
34	438	José Fonseca	Individual	Veterano M50	56:10	+20:30	05:37
35	89	Jose Almeida	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M50	56:27	+20:47	05:39
36	448	Vitor Manuel dos Santos Silva	Individual	Veterano M50	56:28	+20:49	05:39
37	510	RUI LESTRE	MARRETAS DA CANECA	Veterano M50	56:49	+21:10	05:41
38	579	Jose Tavares	Sei lá	Veterano M50	57:28	+21:48	05:45
39	486	RENATO ARAÚJO	JUF ACC	Veterano M50	57:36	+21:56	05:46
40	435	Joaquim Encarnação	Individual	Veterano M50	58:38	+22:59	05:52
41	447	Rui Manuel Raimundo	Individual	Veterano M50	58:41	+23:01	05:52
42	88	Fernando Jorge Leite	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M50	59:01	+23:21	05:54
43	61	BELMIRO LOPES	CAL-Clube Atletismo de Lamas	Veterano M50	59:28	+23:49	05:57
44	441	paulo santos	Individual	Veterano M50	59:38	+23:58	05:58
45	87	Carlos Alberto Soares Brandão	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M50	01:00:06	+24:26	06:01
46	501	Fernando Ernesto Campos Maia	Lourosa Em Movimento	Veterano M50	01:00:21	+24:41	06:02
47	476	Luis Morais	Javalis 100 limites	Veterano M50	01:02:17	+26:37	06:14
48	478	Filipe Brandão	Jesus Runners	Veterano M50	01:03:14	+27:34	06:19
49	534	Joaquim Moreira	NightRunners Feira	Veterano M50	01:06:06	+30:27	06:37
50	532	Antonio Almeida	NightRunners Feira	Veterano M50	01:06:10	+30:30	06:37
51	533	David Manuel de Sousae Silva	NightRunners Feira	Veterano M50	01:06:13	+30:33	06:37
52	433	João Martins	Individual	Veterano M50	01:07:52	+32:12	06:47
53	436	Joaquim valente Ferreira	Individual	Veterano M50	01:09:24	+33:44	06:56
54	34	PAULO GOMES	AQS	Veterano M50	01:10:47	+35:07	07:05

Veterano M55

1	577	Joaquim Figueiredo	S.SALVADOR DO CAMPO	Veterano M55	35:39		03:34
2	104	Manuel Alves	Clube Campismo	Veterano M55	37:50	+02:11	03:47
3	567	HENRIQUE DIAS	RETORTA-QUINTA DAS ARCAS	Veterano M55	38:07	+02:28	03:49
4	45	Fernando Figueiredo	Associação Figueiredos Runners&Friends	Veterano M55	38:36	+02:57	03:52
5	20	José Figueiredo	AFIS/OVAR	Veterano M55	40:34	+04:55	04:03
6	103	Fernando Oliveira	Clube Campismo	Veterano M55	40:40	+05:01	04:04
7	505	Orlando Valente	Lourosa Em Movimento	Veterano M55	41:02	+05:23	04:06
8	75	Fernando Antunes	CCDS S.Frutuoso	Veterano M55	41:26	+05:46	04:09
9	472	CARLOS BAPTISTA	JAM - Juventude Atlético Mozelense	Veterano M55	41:59	+06:20	04:12
10	24	JOÃO CELSO ROSA DA VINHA	AMUPB RUNNERS	Veterano M55	43:20	+07:41	04:20
11	99	PEDRO LEAL	Clube Atletismo de Ovar	Veterano M55	44:33	+08:54	04:27
12	504	Alcides Sousa Relvas	Lourosa Em Movimento	Veterano M55	44:58	+09:19	04:30
13	537	José Luís Santos	NightRunners Feira	Veterano M55	45:03	+09:24	04:30
14	460	Heitor Araújo	Individual	Veterano M55	45:14	+09:35	04:31
15	456	Daniel Gomes	Individual	Veterano M55	45:16	+09:37	04:32

Prova Principal**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

16	98	ANTONIO CASTRO	Clube Atletismo de Ovar	Veterano M55	45:36	+09:57	04:34
17	37	JORGE GONCALVES	AQS	Veterano M55	46:24	+10:44	04:38
18	474	Justino Soares	JAM - Juventude Atlético Mozelense	Veterano M55	47:24	+11:45	04:44
19	74	Carlos Almeida	CASA DO POVO DE MANGUALDE	Veterano M55	47:48	+12:09	04:47
20	487	ORLANDO SOARES	JUF ACC	Veterano M55	48:04	+12:24	04:48
21	536	Joaquim Teixeira	NightRunners Feira	Veterano M55	48:21	+12:42	04:50
22	228	David Fernandes	Grupo Desportivo e Cultural de Guilhovai	Veterano M55	49:08	+13:29	04:55
23	452	Arlindo Rodrigues	Individual	Veterano M55	49:22	+13:43	04:56
24	90	António Oliveira	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M55	49:53	+14:14	04:59
25	551	Mário Martins	Os Kágados	Veterano M55	50:17	+14:38	05:02
26	464	Manuel Constantino Silva	Individual	Veterano M55	50:50	+15:11	05:05
27	491	Joaquim lobato	Limitless	Veterano M55	51:16	+15:37	05:08
28	451	Antonio M S Fernandes	Individual	Veterano M55	51:40	+16:01	05:10
29	457	Domingos Silva	Individual	Veterano M55	51:52	+16:12	05:11
30	7	António Soares Leal	A Minha Corrida	Veterano M55	52:33	+16:54	05:15
31	453	Baltazar Ferreira	Individual	Veterano M55	52:48	+17:09	05:17
32	38	RODRIGO SILVA	AQS	Veterano M55	53:31	+17:52	05:21
33	246	Manuel Arnaldo de Sousa Oliveira	HMC Sports	Veterano M55	53:49	+18:09	05:23
34	52	Alcino Santos	Bravos e Bravitas	Veterano M55	54:14	+18:35	05:25
35	22	Jorge Santos	AJS	Veterano M55	55:07	+19:27	05:31
36	466	Manuel Sousa Cardoso	Individual	Veterano M55	56:10	+20:31	05:37
37	564	José Fernando de Sousa e Matos	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M55	56:18	+20:39	05:38
38	92	Paulo Martins	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M55	56:25	+20:45	05:38
39	91	Joaquim Fernando Soares Oliveira	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M55	56:26	+20:47	05:39
40	173	PAULO ALMEIDA	Clube Desportivo Feirense	Veterano M55	56:39	+21:00	05:40
41	479	António Resende	Jesus Runners	Veterano M55	56:41	+21:02	05:40
42	463	Luis Higino	Individual	Veterano M55	57:05	+21:26	05:42
43	450	Alvaro Silva	Individual	Veterano M55	57:11	+21:32	05:43
44	63	JOAQUIM PAULINO	CAL-Clube Atletismo de Lamas	Veterano M55	57:16	+21:37	05:44
45	64	LUCIDIO DIAS	CAL-Clube Atletismo de Lamas	Veterano M55	57:38	+21:58	05:46
46	454	Carlos Barroso	Individual	Veterano M55	57:51	+22:12	05:47
47	221	José Aires Moreira	Grupo de Corrida de Argoncilhe	Veterano M55	58:49	+23:10	05:53
48	458	Domingos Silva	Individual	Veterano M55	58:59	+23:20	05:54
49	222	Rui Oliveira	Grupo de Corrida de Argoncilhe	Veterano M55	59:45	+24:06	05:59
50	465	Manuel Oliveira	Individual	Veterano M55	01:00:05	+24:26	06:01
51	217	Joaquim Silva	Fogaças com Malapos	Veterano M55	01:01:10	+25:31	06:07
52	462	Luis Azevedo	Individual	Veterano M55	01:01:19	+25:40	06:08
53	14	Luis Oliveira	ACAIL GAS	Veterano M55	01:02:38	+26:59	06:16
54	455	Carlos Marques	Individual	Veterano M55	01:05:05	+29:25	06:30
55	471	AUGUSTO BAPTISTA	JAM - Juventude Atlético Mozelense	Veterano M55	01:05:15	+29:36	06:32
56	461	Jorge Lopes Rodrigues Sequeira	Individual	Veterano M55	01:06:09	+30:30	06:37

Official Timekeeper: Lap2Go	12 / 13	generate 03-Dec-2022 22:24
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Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

57	513	José Antonio Freitas	MSS Contabilidade Trail Team	Veterano M55	01:07:50	+32:11	06:47
58	245	António José Arcanjo	HMC Sports	Veterano M55	01:10:42	+35:03	07:04
59	562	António Brandão	Ratos do Asfalto	Veterano M55	01:14:24	+38:45	07:26
60	554	José Pires Lima	Pernas Inertes lentos desde 2017	Veterano M55	01:15:13	+39:34	07:31

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	21:00	6.6°C	74%
End	22:20	6.6°C	74%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	141	RAFAEL LOPES	Clube Desportivo Feirense	31:30		03:09	
2	563	João Almeida	RECREIO DESPORTIVO DE ÁGUEDA	32:07	+00:37	03:13	
3	42	João Figueiredo	Associação Figueiredos Runners&Friends	32:51	+01:21	03:17	
4	138	NUNO ALVES	Clube Desportivo Feirense	32:58	+01:28	03:18	
5	101	Lounes Benamara	Clube Campismo	33:03	+01:33	03:18	
6	223	José Vieira	Grupo Desportivo e Cultural de Castelo de Paiva	34:37	+03:07	03:28	
7	194	VITOR SANTOS	EV/PERALTAFIL	34:38	+03:08	03:28	
8	577	Joaquim Figueiredo	S.SALVADOR DO CAMPO	35:39	+04:09	03:34	
9	44	Davide Figueiredo	Associação Figueiredos Runners&Friends	35:39	+04:09	03:34	
10	95	ANDRE ADRIANO	Clube Atletismo de Ovar	35:40	+04:10	03:34	
11	143	RICARDO GOMES	Clube Desportivo Feirense	35:55	+04:25	03:36	
12	545	Angelo Araújo	Núcleo de Atletismo de Cucujães	36:00	+04:30	03:36	
13	128	SOLANGE JESUS	Clube Desportivo Feirense	36:08	+04:38	03:37	
14	40	Jorge Valente	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D'OVAR	36:15	+04:45	03:38	
15	113	ANDREIA SANTOS	Clube Desportivo Feirense	36:40	+05:10	03:40	
16	224	Antonio Cristóvão	Grupo Desportivo e Cultural de Guilhovai	36:40	+05:10	03:40	
17	41	DANIEL RODRIGUES	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D'OVAR	36:41	+05:11	03:40	
18	547	Ricardo Carvalho	Núcleo de Atletismo de Cucujães	36:42	+05:12	03:40	
19	15	Marco Pinho	ACR de Vale de Cambra	36:46	+05:16	03:41	
20	396	Pedro Costa	Individual	37:14	+05:44	03:43	
21	144	RODRIGO SILVA	Clube Desportivo Feirense	37:41	+06:11	03:46	
22	140	PEDRO RAMOS	Clube Desportivo Feirense	37:48	+06:18	03:47	
23	104	Manuel Alves	Clube Campismo	37:50	+06:20	03:47	
24	159	NUNO SILVA	Clube Desportivo Feirense	37:53	+06:23	03:47	
25	582	Tiago Oliveira	Sporting Clube de Espinho / António Leitão	37:55	+06:25	03:47	
26	567	HENRIQUE DIAS	RETORTA-QUINTA DAS ARCAS	38:07	+06:37	03:49	
27	68	Renato Silva	Caldas S. Jorge Sport Clube	38:11	+06:41	03:49	
28	43	Agostinho Figueiredo	Associação Figueiredos Runners&Friends	38:13	+06:43	03:49	
29	73	FERNANDO SANTOS	CASA DO POVO DE MANGUALDE	38:23	+06:53	03:50	
30	45	Fernando Figueiredo	Associação Figueiredos Runners&Friends	38:36	+07:06	03:52	
31	1012	Manuel Bessa	Individual	38:39	+07:09	03:52	
32	565	TIAGO LISBOA	RETORTA-QUINTA DAS ARCAS	38:47	+07:17	03:53	
33	535	Victor Correia	NightRunners Feira	38:48	+07:18	03:53	
34	279	André Barbosa	Individual	38:58	+07:28	03:54	
35	71	JOEL RAMALHOTO	CASA DO POVO DE MANGUALDE	39:28	+07:58	03:57	
36	65	Tiago Magalhães	Caldas S. Jorge Sport Clube	39:33	+08:03	03:57	
37	208	João Sá	Fogaças com Malapos	39:41	+08:11	03:58	
38	444	Rolando Ribeiro	Individual	39:44	+08:14	03:58	
39	381	João Paulo Ferreira Dias	Individual	39:48	+08:18	03:59	
40	59	NUNO PAIS	CAL-Clube Atletismo de Lamas	39:55	+08:25	03:59	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
41	226	Lino Ferreira	Grupo Desportivo e Cultural de Guilhovai	40:06	+08:36	04:01	
42	583	Augusto Aluai	Sporting Clube de Espinho / António Leitão	40:17	+08:47	04:02	
43	100	Gustavo Lima	Clube Campismo	40:25	+08:55	04:02	
44	395	Pedro Barbosa	Individual	40:32	+09:02	04:03	
45	557	Luís Freitas	PSP Santa Maria da Feira	40:33	+09:03	04:03	
46	20	José Figueiredo	AFIS/OVAR	40:34	+09:04	04:03	
47	103	Fernando Oliveira	Clube Campismo	40:40	+09:10	04:04	
48	176	rui miguel silva teixeira	Controlauto	40:45	+09:15	04:05	
49	325	Paulo Badola	Individual	40:54	+09:24	04:05	
50	66	Tiago Oliveira	Caldas S. Jorge Sport Clube	40:57	+09:27	04:06	
51	505	Orlando Valente	Lourosa Em Movimento	41:02	+09:32	04:06	
52	102	Américo Pinho	Clube Campismo	41:15	+09:45	04:08	
53	75	Fernando Antunes	CCDS S.Frutuoso	41:26	+09:56	04:09	
54	405	Alexandre Manuel Soares dos Santos	Individual	41:26	+09:56	04:09	
55	344	Tiago avelino sousa santos	Individual	41:26	+09:56	04:09	
56	400	Toze Castro	Individual	41:28	+09:58	04:09	
57	164	Tozé Amorim	Clube Desportivo Feirense	41:29	+09:59	04:09	
58	481	TOMÁS SOARES	JUF ACC	41:43	+10:13	04:10	
59	566	ADELINO SILVA	RETORTA-QUINTA DAS ARCAS	41:46	+10:16	04:11	
60	125	MARGARIDA OLIVEIRA	Clube Desportivo Feirense	41:55	+10:25	04:12	
61	472	CARLOS BAPTISTA	JAM - Juventude Atlético Mozelense	41:59	+10:29	04:12	
62	502	Mário Oliveira	Lourosa Em Movimento	42:04	+10:34	04:12	
63	440	Paulo Bandalho	Individual	42:05	+10:35	04:12	
64	219	José Silva	G.D.Ronda	42:11	+10:41	04:13	
65	243	Carlos Manuel Silva Rodrigues	HMC Sports	42:19	+10:49	04:14	
66	599	David Pereira	Vale Correr	42:51	+11:21	04:17	
67	295	Fábio Aguiar	Individual	42:54	+11:24	04:17	
68	145	RUI ALMEIDA	Clube Desportivo Feirense	43:05	+11:35	04:18	
69	166	PAULO OLIVEIRA	Clube Desportivo Feirense	43:05	+11:35	04:19	
70	76	Tomé Rodrigues	CDC Macieira de Cambra	43:13	+11:43	04:19	
71	24	JOÃO CELSO ROSA DA VINHA	AMUPB RUNNERS	43:20	+11:50	04:20	
72	372	Bruno Machado	Individual	43:20	+11:50	04:20	
73	185	Bruno Pereira	COPO RUNNERS	43:23	+11:53	04:20	
74	23	JULIO CESAR DA COSTA LEGENTIL	AMUPB RUNNERS	43:25	+11:55	04:21	
75	51	Sérgio Costa	Bravos e Bravitas	43:25	+11:55	04:21	
76	393	Paulo Fidalgo	Individual	43:29	+11:59	04:21	
77	429	Fernando José Afonso Almeida	Individual	43:37	+12:07	04:22	
78	1031	Julia Conceição	FC Penafiel	43:46	+12:16	04:23	
79	527	Bruno Santos	NightRunners Feira	43:47	+12:17	04:23	
80	427	CARLOS LOPES	Individual	44:09	+12:39	04:25	
81	494	José Pedro Alves	Lourosa Em Movimento	44:31	+13:01	04:27	
82	437	Jorge Queiros	Individual	44:31	+13:01	04:27	
83	99	PEDRO LEAL	Clube Atletismo de Ovar	44:33	+13:03	04:27	
84	54	Bruno Andret Ribeiro Silva	BTT Isolamais Sportaz	44:38	+13:08	04:28	
85	298	Fábio Pinho	Individual	44:41	+13:11	04:28	

PROVA PRINCIPAL - STAGE 1
10 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
86	47	João Santos	Bravos e Bravitas	44:44	+13:14	04:28	
87	220	Lídia Pereira	GRECAS Vagos	44:53	+13:23	04:29	
88	1011	Helder Costa	Individual	44:54	+13:24	04:29	
89	276	Vera Santos	Individual	44:54	+13:24	04:29	
90	186	Armando Sá	COPO RUNNERS	44:54	+13:24	04:29	
91	576	Carlos Lancha	RUNNING ESPINHO	44:55	+13:25	04:30	
92	495	Pedro Miguel Soares da Silva Matos	Lourosa Em Movimento	44:56	+13:26	04:30	
93	504	Alcides Sousa Relvas	Lourosa Em Movimento	44:58	+13:28	04:30	
94	300	Flávio Cunha	Individual	44:59	+13:29	04:30	
95	523	Manuela Abelha	NightRunners Feira	45:02	+13:32	04:30	
96	519	Renato Azevedo	NightRunners Feira	45:02	+13:32	04:30	
97	537	José Luís Santos	NightRunners Feira	45:03	+13:33	04:30	
98	339	Ricardo Silva	Individual	45:10	+13:40	04:31	
99	411	Joaquim Pinto	Individual	45:13	+13:43	04:31	
100	423	Rui pinto	Individual	45:14	+13:44	04:31	
101	460	Heitor Araújo	Individual	45:14	+13:44	04:31	
102	284	Bruno Alexandre Oliveira da Silva	Individual	45:14	+13:44	04:31	
103	456	Daniel Gomes	Individual	45:16	+13:46	04:32	
104	342	Samuel da Silva rocha	Individual	45:19	+13:49	04:32	
105	601	Rui Pires	Viriathvs Runners Viseu	45:21	+13:51	04:32	
106	550	Sérgio Miguel Esteves Ruela	opraticante.pt	45:25	+13:55	04:32	
107	578	João Tavares	Sei lá	45:28	+13:58	04:33	
108	281	André Moreira	Individual	45:29	+13:59	04:33	
109	321	Nuno Almeida	Individual	45:29	+13:59	04:33	
110	165	ARMANDO ALMEIDA	Clube Desportivo Feirense	45:33	+14:03	04:33	
111	98	ANTONIO CASTRO	Clube Atletismo de Ovar	45:36	+14:06	04:34	
112	358	HELENA SAMPAIO	Individual	45:39	+14:09	04:34	
113	232	Tiago dos Santos Pinho	HMC Sports	45:42	+14:12	04:34	
114	46	Fábio Pereira	Bravos e Bravitas	45:43	+14:13	04:34	
115	97	JOSE PINTO	Clube Atletismo de Ovar	45:49	+14:19	04:35	
116	493	Gilmar Francisco Bichet	Lingenover/Bichet	45:51	+14:21	04:35	
117	225	Miguel Santos	Tartarugas Seixezelo	45:56	+14:26	04:36	
118	315	José Oliveira	Individual	45:57	+14:27	04:36	
119	503	Miguel Ferreira	Lourosa Em Movimento	45:59	+14:29	04:36	
120	414	Manuel Petiz	Individual	46:04	+14:34	04:36	
121	316	José Pedro Domingues	Individual	46:11	+14:41	04:37	
122	94	Leonel Videira	CHAVES RUNNING TEAM	46:11	+14:41	04:37	
123	148	DORA SÁ	Clube Desportivo Feirense	46:12	+14:42	04:37	
124	37	JORGE GONCALVES	AQS	46:24	+14:54	04:38	
125	326	Paulo pires	Individual	46:24	+14:54	04:38	
126	347	Tiago Filipe Moreira de Sousa	Individual	46:26	+14:56	04:39	
127	390	Marcos Paulo Santos Fonseca	Individual	46:29	+14:59	04:39	
128	496	Ricardo Pereira Ramos	Lourosa Em Movimento	46:32	+15:02	04:39	
129	406	Carlos Alberto de Lima Bruno	Individual	46:34	+15:04	04:39	
130	572	TONY BRI	Run for Fun	46:37	+15:07	04:40	
131	426	Vítor Cunha	Individual	46:39	+15:09	04:40	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
132	422	Rui Pinto	Individual	46:39	+15:09	04:40	
133	96	marisa joão	Clube Atletismo de Ovar	46:40	+15:10	04:40	
134	470	MATILDE BAPTISTA	JAM - Juventude Atlético Mozelense	46:44	+15:14	04:40	
135	374	Damácio Pereira	Individual	46:46	+15:16	04:41	
136	132	Vera Rodrigues	Clube Desportivo Feirense	46:47	+15:17	04:41	
137	296	Fábio Almeida	Individual	46:50	+15:20	04:41	
138	506	Luis Silva	Lusitânia de Lourosa- Secção de Atletismo	46:54	+15:24	04:41	
139	188	Sérgio Pereira	COPO RUNNERS	46:55	+15:25	04:41	
140	556	Rui Pereira	Problem Solved Consulting	46:58	+15:28	04:42	
141	555	Márcio Campos	Problem Solved Consulting	46:58	+15:28	04:42	
142	200	Luis Branco	Fogaças com Malapos	46:59	+15:29	04:42	
143	307	Ivan Santos	Individual	46:59	+15:29	04:42	
144	575	Nuno Matias	RUNNING ESPINHO	47:06	+15:36	04:43	
145	600	Amélia Loureiro	Viriathvs Runners Viseu	47:08	+15:38	04:43	
146	401	Vasco Regadas	Individual	47:12	+15:42	04:43	
147	558	Vergílio Teixeira	PSP Santa Maria da Feira	47:15	+15:45	04:44	
148	48	João Sousa	Bravos e Bravitas	47:16	+15:46	04:44	
149	467	Nuno Costa	JAM - Juventude Atlético Mozelense	47:23	+15:53	04:44	
150	474	Justino Soares	JAM - Juventude Atlético Mozelense	47:24	+15:54	04:44	
151	432	João garranas	Individual	47:29	+15:59	04:45	
152	596	RICHARD NOGUEIRA	TRAIL RUNNING SANGUEDO	47:31	+16:01	04:45	
153	31	HUGO FARDILHA	AQS	47:36	+16:06	04:46	
154	116	HANIFA EL KHATIB	Clube Desportivo Feirense	47:39	+16:09	04:46	
155	56	Samuel Silva	BTT Sanguedo	47:39	+16:09	04:46	
156	110	Maria do Céu dos Santos e Sousa Nunes	CLUBE DESPORTIVO DE LEOMIL - TRILHOS DA MAÇÃ	47:39	+16:09	04:46	
157	725	MAIRA SILVA	Clube Desportivo Feirense	47:39	+16:09	04:46	
158	380	João Carlos Amorim	Individual	47:42	+16:12	04:46	
159	336	Ricardo Bastos dos Santos	Individual	47:46	+16:16	04:47	
160	74	Carlos Almeida	CASA DO POVO DE MANGUALDE	47:48	+16:18	04:47	
161	1018	Abel Almeida	Individual	47:49	+16:19	04:47	
162	291	Danilo Fenu	Individual	47:54	+16:24	04:47	
163	179	Bruno José Gaspar da Silva	Controlauto	47:54	+16:24	04:47	
164	106	João Lourenço	Clube de Corrida REN	47:57	+16:27	04:48	
165	1002	Paulo Silva	Individual	47:58	+16:28	04:48	
166	515	Marlene Ferreira	NBA Barrosas	48:00	+16:30	04:48	
167	311	João Oliveira	Individual	48:01	+16:31	04:48	
168	487	ORLANDO SOARES	JUF ACC	48:04	+16:34	04:48	
169	375	Daniel Alves	Individual	48:08	+16:38	04:49	
170	425	Victor Sá	Individual	48:10	+16:40	04:49	
171	197	Afonso Silva	Fogaças com Malapos	48:10	+16:40	04:49	
172	595	Francisco Santos	The dobermans	48:15	+16:45	04:50	
173	187	Filipe Coelho	COPO RUNNERS	48:20	+16:50	04:50	
174	536	Joaquim Teixeira	NightRunners Feira	48:21	+16:51	04:50	
175	485	PAULO SANTOS	JUF ACC	48:24	+16:54	04:50	
176	387	Márcio Daniel Moura	Individual	48:35	+17:05	04:52	

PROVA PRINCIPAL - STAGE 1**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
177	264	Maria Manuela Alves dos Santos	Individual	48:37	+17:07	04:52	
178	60	NUNO PEREIRA	CAL-Clube Atletismo de Lamas	48:37	+17:07	04:52	
179	19	Pedro Necho	AFIS/OVAR	48:39	+17:09	04:52	
180	412	Jorge Silva	Individual	48:39	+17:09	04:52	
181	329	Pedro Miguel da Silva Tavares	Individual	48:40	+17:10	04:52	
182	327	Paulo Ricardo Pereira da Costa	Individual	48:43	+17:13	04:52	
183	168	Silvério Santos	Clube Desportivo Feirense	48:46	+17:16	04:53	
184	443	Roberto Bastos	Individual	48:48	+17:18	04:53	
185	349	Vítor Hugo Silva Coelho	Individual	48:53	+17:23	04:53	
186	304	Helder Pinto	Individual	48:54	+17:24	04:53	
187	278	André Almeida	Individual	48:58	+17:28	04:54	
188	261	Márcia Cardoso	Individual	49:02	+17:32	04:54	
189	228	David Fernandes	Grupo Desportivo e Cultural de Guilhovai	49:08	+17:38	04:55	
190	55	Antonio Couto	BTT Isolamais Sportaz	49:16	+17:46	04:56	
191	123	Leida Bello	Clube Desportivo Feirense	49:19	+17:49	04:56	
192	452	Arlindo Rodrigues	Individual	49:22	+17:52	04:56	
193	160	Paulo Oliveira	Clube Desportivo Feirense	49:25	+17:55	04:57	
194	13	Joao Matos	ACAIL GAS	49:28	+17:58	04:57	
195	424	Tiago Resende	Individual	49:30	+18:00	04:57	
196	149	GRAÇA BELEZA	Clube Desportivo Feirense	49:33	+18:03	04:57	
197	520	Vasco Azevedo	NightRunners Feira	49:46	+18:16	04:59	
198	421	Rony Santos	Individual	49:50	+18:20	04:59	
199	90	António Oliveira	Centro Municipal de Marcha e Corrida de Vale de Cambra	49:53	+18:23	04:59	
200	544	Abel Fernandes	Núcleo de Atletismo de Cucujães	49:53	+18:23	04:59	
201	1000	Gil Ferreira	Município de Santa Maria da Feira	49:55	+18:25	04:59	
202	150	Monica Oliveira	Clube Desportivo Feirense	49:55	+18:25	04:59	
203	1001	Délio Carquejo - CINCORK	Individual	49:56	+18:26	05:00	
204	118	INÉS CORREIA	Clube Desportivo Feirense	49:56	+18:26	05:00	
205	244	Roberto Carlos Gomes da Silva	HMC Sports	49:56	+18:26	05:00	
206	413	José Correia	Individual	49:57	+18:27	05:00	
207	153	SÓNIA BELEZA	Clube Desportivo Feirense	50:00	+18:30	05:00	
208	1017	Vitor Sá	Individual	50:08	+18:38	05:01	
209	283	Anthony Suárez	Individual	50:14	+18:44	05:01	
210	399	Rui Albino	Individual	50:17	+18:47	05:02	
211	551	Mário Martins	Os Kágados	50:17	+18:47	05:02	
212	30	ALEXANDRA MOREIRA	AQS	50:18	+18:48	05:02	
213	500	Luis Ferreira Gomes	Lourosa Em Movimento	50:19	+18:49	05:02	
214	446	Rui Godinho	Individual	50:21	+18:51	05:02	
215	408	Filipe Ribeiro	Individual	50:23	+18:53	05:02	
216	483	Pedro Custódio	JUF ACC	50:35	+19:05	05:04	
217	121	JOANA SANTOS	Clube Desportivo Feirense	50:47	+19:17	05:05	
218	464	Manuel Constantino Silva	Individual	50:50	+19:20	05:05	
219	105	Carlos Pereira Pinto	Clube de Corrida REN	51:01	+19:31	05:06	
220	337	Ricardo Jorge Borges Doria Duarte	Individual	51:06	+19:36	05:07	
221	338	Ricardo Manuel Pereira dos Santos	Individual	51:14	+19:44	05:07	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
222	240	Milton Joel Martins da Silva	HMC Sports	51:15	+19:45	05:08	
223	491	Joaquim lobato	Limitless	51:16	+19:46	05:08	
224	239	Leonel Resende Rocha	HMC Sports	51:16	+19:46	05:08	
225	382	JP Griné	Individual	51:16	+19:46	05:08	
226	229	Sérgio Crista	Grupo Desportivo Recreativo Juventude das Ribeiras	51:17	+19:47	05:08	
227	434	João Neves	Individual	51:18	+19:48	05:08	
228	205	Carlos Sá	Fogaças com Malapos	51:22	+19:52	05:08	
229	77	Miguel Paiva	Centro Hospitalar de Entre Douro e Vouga	51:31	+20:01	05:09	
230	289	Cláudio Ferreira	Individual	51:35	+20:05	05:09	
231	182	Miguel Oliveira	COPO RUNNERS	51:37	+20:07	05:10	
232	451	Antonio M S Fernandes	Individual	51:40	+20:10	05:10	
233	183	Toni Lopes	COPO RUNNERS	51:46	+20:16	05:11	
234	335	Raul leite	Individual	51:47	+20:17	05:11	
235	184	Sandra Moreira	COPO RUNNERS	51:49	+20:19	05:11	
236	312	João Silva	Individual	51:49	+20:19	05:11	
237	457	Domingos Silva	Individual	51:52	+20:22	05:11	
238	301	Guilherme Guedes	Individual	52:05	+20:35	05:13	
239	181	Sandro Paulo Cardoso Soares	Controlauto	52:11	+20:41	05:13	
240	324	Nuno Reis	Individual	52:14	+20:44	05:13	
241	313	Joel Tavares	Individual	52:15	+20:45	05:13	
242	16	Rui Ferreira	ACR de Vale de Cambra	52:18	+20:48	05:14	
243	362	Sara Viviana dos Santos Costa	Individual	52:18	+20:48	05:14	
244	571	ANA TERESA	Run for Fun	52:22	+20:52	05:14	
245	207	Hugo Lima	Fogaças com Malapos	52:24	+20:54	05:14	
246	602	Mário Silva	VITO - BRAVE RUNNERS	52:28	+20:58	05:15	
247	253	Daniela Onofre	Individual	52:30	+21:00	05:15	
248	340	Roberto Garcês	Individual	52:32	+21:02	05:15	
249	7	António Soares Leal	A Minha Corrida	52:33	+21:03	05:15	
250	356	Catarina Leite	Individual	52:40	+21:10	05:16	
251	330	Pedro Miguel Gomes de Almeida	Individual	52:41	+21:11	05:16	
252	453	Baltazar Ferreira	Individual	52:48	+21:18	05:17	
253	404	Adélio Alegria	Individual	52:53	+21:23	05:17	
254	69	ANDRÉ NUNES	CASA DO POVO DE MANGUALDE	52:58	+21:28	05:18	
255	430	Fernando Manuel Soares Almeida	Individual	53:04	+21:34	05:18	
256	407	Carlos Silva	Individual	53:06	+21:36	05:19	
257	109	PATRÍCIA FILOMENA ALMEIDA ANTUNES	CLUBE DESPORTIVO DE LEOMIL - TRILHOS DA MAÇÃ	53:11	+21:41	05:19	
258	428	Carlos Sousa	Individual	53:21	+21:51	05:20	
259	50	Pedro Bastos	Bravos e Bravitas	53:22	+21:52	05:20	
260	9	BRUNO NEVES	A.D.GRIJÓ A CORRER	53:26	+21:56	05:21	
261	26	JORGE GONCALVES	AQS	53:31	+22:01	05:21	
262	38	RODRIGO SILVA	AQS	53:31	+22:01	05:21	
263	216	Marco Aurélio Pinto	Fogaças com Malapos	53:32	+22:02	05:21	
264	282	André Mota	Individual	53:32	+22:02	05:21	
265	29	TANIA MATEUS	AQS	53:32	+22:02	05:21	
266	202	André Castro	Fogaças com Malapos	53:34	+22:04	05:21	

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
267	439	Miguel Rego	Individual	53:46	+22:16	05:23	
268	246	Manuel Arnaldo de Sousa Oliveira	HMC Sports	53:49	+22:19	05:23	
269	203	António Castro	Fogaças com Malapos	53:49	+22:19	05:23	
270	477	Pedro silva	Jesus Runners	53:51	+22:21	05:23	
271	391	Paulo Costa	Individual	53:54	+22:24	05:23	
272	299	Filipe Soares	Individual	53:55	+22:25	05:23	
273	157	MARCO GONÇALVES	Clube Desportivo Feirense	54:04	+22:34	05:24	
274	52	Alcino Santos	Bravos e Bravitas	54:14	+22:44	05:25	
275	320	Matias Esteves	Individual	54:25	+22:55	05:27	
276	351	Willian Pires Afonso	Individual	54:26	+22:56	05:27	
277	314	José Garrido	Individual	54:31	+23:01	05:27	
278	49	Paulo Jesus	Bravos e Bravitas	54:32	+23:02	05:27	
279	32	EDUARDO FERREIRA	AQS	54:35	+23:05	05:27	
280	33	ARMANDO FERREIRA	AQS	54:35	+23:05	05:27	
281	593	Cristina Tavares	Tartarugas Seizezelo	54:37	+23:07	05:28	
282	292	Diogo Rocha	Individual	54:41	+23:11	05:28	
283	403	William Martinez	Individual	54:49	+23:19	05:29	
284	569	JOÃO GUEDES	Run for Fun	54:57	+23:27	05:30	
285	22	Jorge Santos	AJS	55:07	+23:37	05:31	
286	373	Carlos Alberto Sá Ranzal	Individual	55:11	+23:41	05:31	
287	322	Nuno Guimarães	Individual	55:19	+23:49	05:32	
288	195	Anthony Da Costa Da Silva	Fitarena canedo	55:20	+23:50	05:32	
289	196	Maria do Céu Sardoura Ferreira	Fitarena canedo	55:22	+23:52	05:32	
290	449	Xavier Santiago	Individual	55:22	+23:52	05:32	
291	334	Rafael Ferraz	Individual	55:35	+24:05	05:34	
292	5	Elisabete Santos	A Minha Corrida	55:36	+24:06	05:34	
293	354	Andreia rocha marinheiro	Individual	55:39	+24:09	05:34	
294	266	Mariana Amaral Ventura Borges	Individual	55:49	+24:19	05:35	
295	294	Eleuterio Martins de souza	Individual	55:53	+24:23	05:35	
296	552	Tiago Lança	Peniche a Correr	55:55	+24:25	05:35	
297	415	Paulo Jorge	Individual	55:56	+24:26	05:36	
298	497	Célia Maria Rodrigues dos Santos	Lourosa Em Movimento	55:59	+24:29	05:36	
299	57	Paula Cristina	BTT Sanguedo	56:04	+24:34	05:36	
300	256	Florbela Araujo	Individual	56:05	+24:35	05:36	
301	178	Sónia Almeida	Controlauto	56:05	+24:35	05:36	
302	180	Raimundo Almeida	Controlauto	56:05	+24:35	05:37	
303	213	Vitor 26	Fogaças com Malapos	56:06	+24:36	05:37	
304	131	VANESSA OLIVEIRA	Clube Desportivo Feirense	56:09	+24:39	05:37	
305	466	Manuel Sousa Cardoso	Individual	56:10	+24:40	05:37	
306	438	José Fonseca	Individual	56:10	+24:40	05:37	
307	570	MARIA CARMO	Run for Fun	56:16	+24:46	05:38	
308	238	João Pedro Silva Simões	HMC Sports	56:17	+24:47	05:38	
309	236	Laurinda Lopes Oliveira	HMC Sports	56:17	+24:47	05:38	
310	564	José Fernando de Sousa e Matos	RECREIO DESPORTIVO DE ÁGUEDA	56:18	+24:48	05:38	
311	82	Susana Maria Brandão	Centro Municipal de Marcha e Corrida de Vale de Cambra	56:23	+24:53	05:38	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
351	568	SOFIA GUEDES	Run for Fun	58:32	+27:02	05:51	
352	376	Filipe Leite	Individual	58:37	+27:07	05:52	
353	435	Joaquim Encarnaç�o	Individual	58:38	+27:08	05:52	
354	447	Rui Manuel Raimundo	Individual	58:41	+27:11	05:52	
355	8	RICARDO NEVES	A.D.GRIJ�O A CORRER	58:45	+27:15	05:53	
356	221	Jos� Aires Moreira	Grupo de Corrida de Argoncilhe	58:49	+27:19	05:53	
357	1013	Silvia Caetano	Individual	58:50	+27:20	05:53	
358	305	Helder Veloso	Individual	58:54	+27:24	05:53	
359	18	Elisabete Silva	AFIS/OVAR	58:57	+27:27	05:54	
360	458	Domingos Silva	Individual	58:59	+27:29	05:54	
361	88	Fernando Jorge Leite	Centro Municipal de Marcha e Corrida de Vale de Cambra	59:01	+27:31	05:54	
362	509	BRUNO ALMEIDA	MARRETAS DA CANECA	59:03	+27:33	05:54	
363	308	Ivo cunha	Individual	59:16	+27:46	05:56	
364	272	Sara Nogueira	Individual	59:16	+27:46	05:56	
365	309	Ivo Nascimento	Individual	59:16	+27:46	05:56	
366	273	T�nia Soares	Individual	59:22	+27:52	05:56	
367	61	BELMIRO LOPES	CAL-Clube Atletismo de Lamas	59:28	+27:58	05:57	
368	288	Carlos Miguel Lopes da Concei�o Gomes	Individual	59:37	+28:07	05:58	
369	17	Fernanda Almeida	ACR de Vale de Cambra	59:37	+28:07	05:58	
370	441	paulo santos	Individual	59:38	+28:08	05:58	
371	209	M�rcio Correia	Foga�as com Malapos	59:40	+28:10	05:58	
372	222	Rui Oliveira	Grupo de Corrida de Argoncilhe	59:45	+28:15	05:59	
373	310	Jo�o Diogo Martins	Individual	59:52	+28:22	05:59	
374	1016	Pedro Silva	Individual	01:00:00	+28:30	06:00	
375	275	Teresa Capelo	Individual	01:00:01	+28:31	06:00	
376	285	Bruno C�sar	Individual	01:00:01	+28:31	06:00	
377	465	Manuel Oliveira	Individual	01:00:05	+28:35	06:01	
378	87	Carlos Alberto Soares Brand�o	Centro Municipal de Marcha e Corrida de Vale de Cambra	01:00:06	+28:36	06:01	
379	85	Jacinto Manuel Almeida Lopes Vinha	Centro Municipal de Marcha e Corrida de Vale de Cambra	01:00:07	+28:37	06:01	
380	492	Robson Daniel Lingenover	Lingenover/Bichet	01:00:07	+28:37	06:01	
381	237	Teresa Maria Santos Moreira	HMC Sports	01:00:18	+28:48	06:02	
382	501	Fernando Ernesto Campos Maia	Lourosa Em Movimento	01:00:21	+28:51	06:02	
383	328	Paulo Silva	Individual	01:00:24	+28:54	06:02	
384	204	Bruno Ferreira	Foga�as com Malapos	01:00:26	+28:56	06:03	
385	27	PEDRO XAVIER	AQS	01:00:27	+28:57	06:03	
386	193	Nuno Correia	Esquadr�o das Tartarugas	01:00:32	+29:02	06:03	
387	230	Andreia Maria Andrade Oliveira	HMC Sports	01:00:34	+29:04	06:03	
388	218	Deolinda Ferreira	G.D.Ronda	01:00:36	+29:06	06:04	
389	359	Maria dos Anjos	Individual	01:00:36	+29:06	06:04	
390	389	Marco Guerra	Individual	01:00:40	+29:10	06:04	
391	366	Sofia Martins	Individual	01:00:53	+29:23	06:05	
392	352	Ana Leite	Individual	01:00:56	+29:26	06:06	
393	355	Carla Ferreira	Individual	01:00:58	+29:28	06:06	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
394	217	Joaquim Silva	Fogaças com Malapos	01:01:10	+29:40	06:07	
395	323	Nuno Neves	Individual	01:01:17	+29:47	06:08	
396	331	Pedro Santos	Individual	01:01:17	+29:47	06:08	
397	363	Tahamara Dias	Individual	01:01:19	+29:49	06:08	
398	462	Luis Azevedo	Individual	01:01:19	+29:49	06:08	
399	248	Ana Catarina Fonseca da Silva	Individual	01:01:31	+30:01	06:09	
400	507	Carina Gomes	Maninhos	01:01:31	+30:01	06:09	
401	543	Marisa Gonçalves	Núcleo de Atletismo de Cucujães	01:01:56	+30:26	06:12	
402	548	Ana Patricia da Silva Cravo	Oliveirenses	01:01:56	+30:26	06:12	
403	584	NUNO SOARES	SSTSJM Serviços Sociais do Pessoal do Município de S. João da Madeira	01:02:02	+30:32	06:12	
404	265	Maria Oliveira	Individual	01:02:10	+30:40	06:13	
405	370	Antonio Sousa	Individual	01:02:10	+30:40	06:13	
406	210	Pedro Silva	Fogaças com Malapos	01:02:12	+30:42	06:13	
407	475	Monica Morais	Javalis 100 limites	01:02:15	+30:45	06:14	
408	476	Luis Morais	Javalis 100 limites	01:02:17	+30:47	06:14	
409	234	Vânia Costa	HMC Sports	01:02:28	+30:58	06:15	
410	233	Anabela Santos Ribeiro	HMC Sports	01:02:28	+30:58	06:15	
411	499	Moisés Manuel Alves Mota	Lourosa Em Movimento	01:02:35	+31:05	06:15	
412	257	Ines Cardoso	Individual	01:02:38	+31:08	06:16	
413	14	Luis Oliveira	ACAIL GAS	01:02:38	+31:08	06:16	
414	93	Rosa Carmo	CHAVES RUNNING TEAM	01:03:12	+31:42	06:19	
415	478	Filipe Brandão	Jesus Runners	01:03:14	+31:44	06:19	
416	231	Alberto Filipe Ribeiro Alves	HMC Sports	01:03:44	+32:14	06:22	
417	53	Ana Catarina Tavares	BTT Isolamais Sportaz	01:04:10	+32:40	06:25	
418	417	Pedro Borges	Individual	01:04:33	+33:03	06:27	
419	319	Fábio Silva	Individual	01:04:33	+33:03	06:27	
420	402	Vitor Neves Neves	Individual	01:04:47	+33:17	06:29	
421	333	Pedro Sousa	Individual	01:04:49	+33:19	06:29	
422	455	Carlos Marques	Individual	01:05:05	+33:35	06:30	
423	247	Ana Almeida	Individual	01:05:07	+33:37	06:31	
424	471	AUGUSTO BAPTISTA	JAM - Juventude Atlético Mozelense	01:05:15	+33:45	06:32	
425	469	Marinha Baptista	JAM - Juventude Atlético Mozelense	01:05:16	+33:46	06:32	
426	489	Carla Silva	Lança	01:05:29	+33:59	06:33	
427	490	Mário Lança	Lança	01:05:30	+34:00	06:33	
428	201	Ana Margarida Silva	Fogaças com Malapos	01:05:40	+34:10	06:34	
429	317	José Rodrigues Serafim Filho	Individual	01:05:41	+34:11	06:34	
430	585	Maria Alice Pinto da Silva Fernandes	SSTSJM Serviços Sociais do Pessoal do Município de S. João da Madeira	01:05:44	+34:14	06:34	
431	58	Paula Ribeiro	BTT Sanguedo	01:05:52	+34:22	06:35	
432	353	Ana Maria Mendes Pais	Individual	01:05:59	+34:29	06:36	
433	480	Tiago Amaral	JUF ACC	01:06:01	+34:31	06:36	
434	235	Cristina Maria Silva Azevedo	HMC Sports	01:06:01	+34:31	06:36	
435	484	TELMO NOGUEIRA	JUF ACC	01:06:04	+34:34	06:36	
436	482	CARLA PEREIRA	JUF ACC	01:06:05	+34:35	06:36	
437	559	Gisela Avelar	Publicidades sm	01:06:05	+34:35	06:37	
438	560	Paulo Silva	Publicidades sm	01:06:06	+34:36	06:37	

PROVA PRINCIPAL - STAGE 1
10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
439	508	Micael Santos	Maninhos	01:06:06	+34:36	06:37	
440	528	Ricardo Oliveira	NightRunners Feira	01:06:06	+34:36	06:37	
441	534	Joaquim Moreira	NightRunners Feira	01:06:06	+34:36	06:37	
442	525	Carla Cardoso	NightRunners Feira	01:06:07	+34:37	06:37	
443	530	Hugo Teixeira	NightRunners Feira	01:06:07	+34:37	06:37	
444	526	Irene Sá	NightRunners Feira	01:06:08	+34:38	06:37	
445	516	Carla Silva	NightRunners Feira	01:06:08	+34:38	06:37	
446	524	Suzana Alves	NightRunners Feira	01:06:08	+34:38	06:37	
447	365	Orquídea Gomes	Individual	01:06:08	+34:38	06:37	
448	522	Liliana Soares	NightRunners Feira	01:06:08	+34:38	06:37	
449	531	Rui Freitas	NightRunners Feira	01:06:08	+34:38	06:37	
450	461	Jorge Lopes Rodrigues Sequeira	Individual	01:06:09	+34:39	06:37	
451	532	Antonio Almeida	NightRunners Feira	01:06:10	+34:40	06:37	
452	529	Rui Carmo	NightRunners Feira	01:06:10	+34:40	06:37	
453	518	Vânia Oliveira	NightRunners Feira	01:06:10	+34:40	06:37	
454	277	Adriano Oliveira	Individual	01:06:10	+34:40	06:37	
455	521	Liliana Oliveira	NightRunners Feira	01:06:11	+34:41	06:37	
456	533	David Manuel de Sousa e Silva	NightRunners Feira	01:06:13	+34:43	06:37	
457	409	Filipe Sousa	Individual	01:06:37	+35:07	06:40	
458	10	Fernando Martins	ACAIL GAS	01:07:00	+35:30	06:42	
459	12	Carlos Gomes	ACAIL GAS	01:07:00	+35:30	06:42	
460	107	Marco Cachinho	Clube de Corrida REN	01:07:00	+35:30	06:42	
461	379	Humberto Barros	Individual	01:07:00	+35:30	06:42	
462	297	Fábio Almeida	Individual	01:07:06	+35:36	06:43	
463	250	Andreia Sá	Individual	01:07:06	+35:36	06:43	
464	189	Tiago Pinto	Esquadrão das Tartarugas	01:07:39	+36:09	06:46	
465	191	Anabela Monteiro	Esquadrão das Tartarugas	01:07:40	+36:10	06:46	
466	190	Alexandra Bessa	Esquadrão das Tartarugas	01:07:40	+36:10	06:46	
467	192	Cristiana Pinto	Esquadrão das Tartarugas	01:07:40	+36:10	06:46	
468	549	Catarina Vieira	Oliveirenses	01:07:46	+36:16	06:47	
469	371	Bruno Bastos	Individual	01:07:47	+36:17	06:47	
470	513	José Antonio Freitas	MSS Contabilidade Trail Team	01:07:50	+36:20	06:47	
471	433	João Martins	Individual	01:07:52	+36:22	06:47	
472	255	Filipa Silva	Individual	01:07:53	+36:23	06:47	
473	214	Vitor Duarte	Fogaças com Malapos	01:08:06	+36:36	06:49	
474	394	Paulo Pádua	Individual	01:08:25	+36:55	06:51	
475	258	Isabela Rodrigues	Individual	01:08:26	+36:56	06:51	
476	254	Fabiana Oliveira	Individual	01:09:00	+37:30	06:54	
477	581	Fernando Brandao	Sentir escariz runing	01:09:07	+37:37	06:55	
478	580	Nazaré Oliveira	Sentir escariz runing	01:09:08	+37:38	06:55	
479	436	Joaquim valente Ferreira	Individual	01:09:24	+37:54	06:56	
480	263	Maria Cardoso Ferreira	Individual	01:09:24	+37:54	06:56	
481	199	Hugo Oliveira	Fogaças com Malapos	01:10:24	+38:54	07:02	
482	21	Ana Oliveira	AJS	01:10:33	+39:03	07:03	
483	416	Paulo Serralva	Individual	01:10:41	+39:11	07:04	
484	245	António José Arcanjo	HMC Sports	01:10:42	+39:12	07:04	

PROVA PRINCIPAL - STAGE 1
10 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
485	28	CARLA GOMES	AQS	01:10:47	+39:17	07:05	
486	34	PAULO GOMES	AQS	01:10:47	+39:17	07:05	
487	111	ANABELA BRITO	Clube Desportivo Feirense	01:10:48	+39:18	07:05	
488	590	Carlos Soares	t4h Runners	01:12:11	+40:41	07:13	
489	589	Beatriz Almeida	t4h Runners	01:12:12	+40:42	07:13	
490	592	Nino Marta	t4h Runners	01:12:12	+40:42	07:13	
491	591	Filipe Fonseca	t4h Runners	01:12:13	+40:43	07:13	
492	553	Rosa Bispo	Pernas Inertes lentos desde 2017	01:12:58	+41:28	07:18	
493	562	António Brandão	Ratos do Asfalto	01:14:24	+42:54	07:26	
494	561	Maria Inês Brandão	Ratos do Asfalto	01:14:24	+42:54	07:26	
495	262	Márcia Cristina Moreira Pereira	Individual	01:14:37	+43:07	07:28	
496	554	José Pires Lima	Pernas Inertes lentos desde 2017	01:15:13	+43:43	07:31	
497	198	Helder Matos	Fogaças com Malapos	01:17:08	+45:38	07:43	

BENJAMINS A - STAGE 1

0.4 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	20:50	6.8°C	74%
End	20:51	6.6°C	74%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	707	INÊS MONTEIRO	Clube Desportivo Feirense	00:50		-	
2	710	MARIA OLIVEIRA	Clube Desportivo Feirense	00:54	+00:04	-	
3	716	VICTÓRIA FRANÇA	Clube Desportivo Feirense	00:56	+00:06	-	
4	701	Afonso Rodrigues	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D'OVAR	01:03	+00:13	-	
5	742	Francisco Magalhaes	Individual	01:04	+00:14	-	
6	736	Martim Costa	Controlauto	01:08	+00:18	-	
7	702	MARIA ADRIANO	Clube Atletismo de Ovar	01:08	+00:18	-	
8	712	MARIANA TEIXEIRA	Clube Desportivo Feirense	01:09	+00:19	-	
9	715	SARAH MOURA	Clube Desportivo Feirense	01:15	+00:25	-	

Benjamins A

0.4 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	20:50	6.8°C	74%
End	20:51	6.6°C	74%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Benjamim A Feminino

1	707	INÊS MONTEIRO	Clube Desportivo Feirense	Benjamim A Feminino	00:50	-	-
2	710	MARIA OLIVEIRA	Clube Desportivo Feirense	Benjamim A Feminino	00:54	+00:03	-
3	716	VICTÓRIA FRANÇA	Clube Desportivo Feirense	Benjamim A Feminino	00:56	+00:05	-
4	702	MARIA ADRIANO	Clube Atletismo de Ovar	Benjamim A Feminino	01:08	+00:18	-
5	712	MARIANA TEIXEIRA	Clube Desportivo Feirense	Benjamim A Feminino	01:09	+00:18	-
6	715	SARAH MOURA	Clube Desportivo Feirense	Benjamim A Feminino	01:15	+00:24	-

Benjamim A Masculino

1	701	Afonso Rodrigues	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D 'OVAR	Benjamim A Masculino	01:03	-	-
2	742	Francisco Magalhaes	Individual	Benjamim A Masculino	01:04	+00:01	-
3	736	Martim Costa	Controlauto	Benjamim A Masculino	01:08	+00:04	-

BENJAMINS B INFANTIS - STAGE 1

0.8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	20:40	6.8°C	74%
End	20:44	6.8°C	74%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	728	VICTÓRIA NUNES	Clube Desportivo Feirense	01:39	-	-	-
2	739	Miguel Simão Pena Figueiredo	Individual	01:40	+00:01	-	-
3	714	RITA MAGALHÃES	Clube Desportivo Feirense	01:42	+00:03	-	-
4	709	MARIA GONÇALVES	Clube Desportivo Feirense	01:46	+00:07	-	-
5	720	SALVADOR OLIVEIRA	Clube Desportivo Feirense	01:46	+00:07	-	-
6	703	BEATRIZ SILVA	Clube Desportivo Feirense	01:48	+00:09	-	-
7	718	GUILHERME SANTOS	Clube Desportivo Feirense	01:49	+00:10	-	-
8	717	GUILHERME RODRIGUES	Clube Desportivo Feirense	01:54	+00:15	-	-
9	708	JOANA FERREIRA	Clube Desportivo Feirense	01:58	+00:19	-	-
10	705	EVA MAIA	Clube Desportivo Feirense	02:02	+00:23	-	-
11	737	Irina Castro	Individual	02:02	+00:23	-	-
12	740	RITA ARAÚJO	JUF ACC	02:06	+00:27	-	-
13	738	Edgar besa	Individual	02:35	+00:56	-	-

Benjamins B Infantis**0.8 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	20:40	6.8°C	74%
End	20:44	6.8°C	74%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Benjamim B Feminino

1	714	RITA MAGALHÃES	Clube Desportivo Feirense	Benjamim B Feminino	01:42	-	-
2	709	MARIA GONÇALVES	Clube Desportivo Feirense	Benjamim B Feminino	01:46	+00:03	-
3	708	JOANA FERREIRA	Clube Desportivo Feirense	Benjamim B Feminino	01:58	+00:16	-
4	705	EVA MAIA	Clube Desportivo Feirense	Benjamim B Feminino	02:02	+00:19	-
5	737	Irina Castro	Individual	Benjamim B Feminino	02:02	+00:19	-
6	740	RITA ARAÚJO	JUF ACC	Benjamim B Feminino	02:06	+00:23	-

Benjamim B Masculino

1	718	GUILHERME SANTOS	Clube Desportivo Feirense	Benjamim B Masculino	01:49	-	-
2	738	Edgar bessa	Individual	Benjamim B Masculino	02:35	+00:46	-

Infantil Feminino

1	728	VICTÓRIA NUNES	Clube Desportivo Feirense	Infantil Feminino	01:39	-	-
2	703	BEATRIZ SILVA	Clube Desportivo Feirense	Infantil Feminino	01:48	+00:08	-

Infantil Masculino

1	739	Miguel Simão Pena Figueiredo	Individual	Infantil Masculino	01:40	-	-
2	720	SALVADOR OLIVEIRA	Clube Desportivo Feirense	Infantil Masculino	01:46	+00:05	-
3	717	GUILHERME RODRIGUES	Clube Desportivo Feirense	Infantil Masculino	01:54	+00:13	-

INICIADOS JUVENIS - STAGE 1**1.2 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	20:30	6.8°C	74%
End	20:39	6.8°C	74%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	729	DANIEL CRUZ	Clube Desportivo Feirense	02:18		-	
2	733	RICARDO ALVES	Clube Desportivo Feirense	02:20	+00:02	-	
3	734	SIMÃO SILVA	Clube Desportivo Feirense	02:20	+00:02	-	
4	730	DAVID MOURA	Clube Desportivo Feirense	02:24	+00:06	-	
5	741	Hugo Andrade	Individual	02:26	+00:08	-	
6	731	GUSTAVO FERREIRA	Clube Desportivo Feirense	02:44	+00:26	-	
7	732	MARTIN MAIA	Clube Desportivo Feirense	02:48	+00:30	-	
8	722	ÍRIS SILVA	Clube Desportivo Feirense	03:04	+00:46	-	

