

PROVA PRINCIPAL - STAGE 1

9.65 KM

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REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
219	1137	Bernardim Eugénio Correia	individual	Veterano M60	43:00	+12:17	04:27
220	615	João Toito	ffonseca	Veterano M35	43:01	+12:18	04:27
221	71	Costa Marques	associação académica coimbra	Veterano M55	43:03	+12:20	04:28
222	858	Rodrigo Costinha	individual	Sub 23 Masculino	43:04	+12:21	04:28
223	1035	Luís Almeida	individual	Veterano M40	43:04	+12:21	04:28
224	542	João Filipe Ferreira Rodrigues	cluta runners	Senior Masculino	43:06	+12:23	04:28
225	1015	Aventino Magalhães Carvalho Lima	individual	Veterano M40	43:08	+12:25	04:28
226	1011	André Bandeira	individual	Veterano M40	43:08	+12:25	04:28
227	1052	RAFAEL TAVARES GUEDES	individual	Veterano M40	43:11	+12:28	04:28
228	1054	Ricardo viseu	individual	Veterano M40	43:17	+12:34	04:29
229	1094	Carlos Alberto de Oliveira Cunha	individual	Veterano M50	43:19	+12:36	04:29
230	69	Carlos Garrido	associação académica coimbra	Veterano M55	43:22	+12:39	04:30
231	965	Marcelo Bastos	individual	Veterano M35	43:23	+12:40	04:30
232	63	Luis Miguel Santos Fonseca	arc - escola atletismo de coimbra	Veterano M40	43:24	+12:41	04:30
233	959	LUIS MIGUEL MARTINS DIAS	individual	Veterano M35	43:27	+12:44	04:30
234	1177	Pedro Gomes	ko trail running	Senior Masculino	43:31	+12:48	04:31
235	593	Alexandre Vaz	decathlon aveiro	Veterano M35	43:32	+12:49	04:31
236	1187	Catarina Martins	loja do atleta	Veterana F35	43:34	+12:51	04:31
237	1070	CARLOS ESTIMA	individual	Veterano M45	43:35	+12:52	04:31
238	1252	António Lourenço	rangel & oliveira, lda - citroen	Veterano M55	43:35	+12:52	04:31
239	1104	JORGE COELHO	individual	Veterano M50	43:36	+12:53	04:31
240	739	Daniel Colaço	individual	Senior Masculino	43:38	+12:55	04:31
241	617	Paulo Joaquim Moreira Gomes	ffonseca	Veterano M40	43:39	+12:56	04:31
242	1014	Armindo Bastos	individual	Veterano M40	43:40	+12:57	04:31
243	533	Rogério Nicole Ferreira Soares	clube de montanha alto trilho - javalis	Senior Masculino	43:41	+12:58	04:32
244	1081	manuel do carmo marques	individual	Veterano M45	43:42	+12:59	04:32
245	1152	João Filipe Gomes Rodrigues	irunners	Veterano M40	43:42	+12:59	04:32
246	700	Miriam Santos Martins	individual	Senior Feminino	43:43	+13:00	04:32
247	1368	João Nunes	viriatvns runners viseu	Veterano M50	43:43	+13:00	04:32
248	603	Vasco Micaelo	desp. atletico de recardães	Veterano M65	43:45	+13:02	04:32
249	1213	António Rafael Gonçalves Alves	molinhas team	Veterano M45	43:48	+13:05	04:32
250	1167	JOAO PEDRO RODRIGUES	just4fun	Veterano M40	43:49	+13:06	04:32
251	1430	Alexandre Almeida	individual	Veterano M35	43:50	+13:07	04:33
252	591	Daniela Santos	decathlon aveiro	Sub 23 Feminino	43:50	+13:07	04:33
253	647	Carlos Abreu	go move	Veterano M35	43:52	+13:09	04:33
254	33	Helder Rodrigues	adrep	Veterano M60	43:54	+13:11	04:33
255	817	Paulo Tavares	individual	Senior Masculino	43:55	+13:12	04:33
256	1124	Heitor Oliveira Santos	individual	Veterano M55	43:56	+13:13	04:33
257	639	José Luis Almeida Jesus	ginasio fit4fun	Veterano M35	43:58	+13:15	04:33
258	812	Paulo Calisto	individual	Senior Masculino	43:58	+13:15	04:33
259	997	Rodrigo Pedro Nogueira Santos	individual	Veterano M35	43:58	+13:15	04:33
260	967	Marco Coelho	individual	Veterano M35	44:00	+13:17	04:34
261	569	Helder Gomes	correria	Veterano M35	44:00	+13:17	04:34
262	51	Pedro Bandarra	aguim runners	Veterano M35	44:00	+13:17	04:34
263	1012	António A. Silva	individual	Veterano M40	44:01	+13:18	04:34
264	1289	Américo Alhais	s. silvestre	Veterano M50	44:01	+13:18	04:34

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9.65 KM

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
310	938	Filipe Fernandes	individual	Veterano M35	45:06	+14:23	04:40
311	1087	Ricardo Monteiro	individual	Veterano M45	45:11	+14:28	04:41
312	677	Nuno Fontes	imperia	Veterano M45	45:12	+14:29	04:41
313	990	Ricardo Flamengo	individual	Veterano M35	45:16	+14:33	04:41
314	1101	Hilário Cardoso	individual	Veterano M50	45:16	+14:33	04:41
315	935	Davide Pereira	individual	Veterano M35	45:18	+14:35	04:42
316	763	Gabriel Farias	individual	Senior Masculino	45:19	+14:36	04:42
317	1055	Rui Alexandre Ribeiro Rocha	individual	Veterano M40	45:19	+14:36	04:42
318	503	Marco Ferreira	ccd - renault, cacia	Veterano M35	45:20	+14:37	04:42
319	721	Andre Filipe Rodrigues Cunha	individual	Senior Masculino	45:20	+14:37	04:42
320	973	Nuno Alegria	individual	Veterano M35	45:21	+14:38	04:42
321	969	Mario Jorge Gonçalves Silva	individual	Veterano M35	45:24	+14:41	04:42
322	806	Nicolas Ferreira	individual	Senior Masculino	45:24	+14:41	04:42
323	1349	Óscar Sobral	viriahtvs runners viseu	Veterano M35	45:24	+14:41	04:42
324	1086	Pedro Ruano de Castro	individual	Veterano M45	45:24	+14:41	04:42
325	1003	Rui Silva	individual	Veterano M35	45:27	+14:44	04:43
326	34	Jorge Vilela	adrequixo	Veterano M40	45:33	+14:50	04:43
327	74	Carlos Real	atletas com fé	Senior Feminino	45:34	+14:51	04:43
328	993	Ricardo Jesus	individual	Veterano M35	45:38	+14:55	04:44
329	926	Antonio Ribeiro	individual	Veterano M35	45:39	+14:56	04:44
330	80	João Jesus	aveiro night runners	Senior Masculino	45:44	+15:01	04:44
331	522	Mário Tavares	centro municipal de marcha e corrida de albergaria-a-velha	Veterano M40	45:46	+15:03	04:45
332	686	Bruna Liliana Ribães de Oliveira Gomes	individual	Senior Feminino	45:47	+15:04	04:45
333	986	PEDRO MIGUEL JORGE NUNES DA SILVA	individual	Veterano M35	45:48	+15:05	04:45
334	1381	Bruno Lameiro	diario aveiro	Senior Masculino	45:50	+15:07	04:45
335	1366	Victor Figueiredo	viriahtvs runners viseu	Veterano M45	45:51	+15:08	04:45
336	968	Marco Costa	individual	Veterano M35	45:51	+15:08	04:45
337	93	Nuno Guerra	aveiro night runners	Veterano M40	45:52	+15:09	04:45
338	786	Joao Reis	individual	Senior Masculino	45:53	+15:10	04:45
339	1308	Célia Matias	tondela runners	Veterana F35	45:57	+15:14	04:46
340	975	Nuno Dinis de Jesus Marnoto	individual	Veterano M35	46:00	+15:17	04:46
341	1356	Rui Manuel Pires	viriahtvs runners viseu	Veterano M40	46:01	+15:18	04:46
342	1367	Viriato Coelho	viriahtvs runners viseu	Veterano M45	46:01	+15:18	04:46
343	1047	Paulo Alexandre Carvalho	individual	Veterano M40	46:03	+15:20	04:46
344	5	Ruediger	individual	Veterano M50	46:04	+15:21	04:46
345	105	Manuela Samagaio	badminton clube de albergaria	Veterana F40	46:05	+15:22	04:47
346	1237	Rui Jorge Neves Moura	overmotor running	Senior Masculino	46:06	+15:23	04:47
347	789	João Santos	individual	Senior Masculino	46:06	+15:23	04:47
348	1279	ALEXANDRE SILVA	ri 10 competição	Senior Masculino	46:08	+15:25	04:47
349	1184	Antonio Pires	ko trail running	Veterano M50	46:10	+15:27	04:47
350	113	Francisco Santos	barc	Veterano M35	46:10	+15:27	04:47
351	1315	Paulo Silva	tondela runners	Veterano M40	46:11	+15:28	04:47
352	1334	Alzira Barros	viriahtvs runners viseu	Veterana F40	46:11	+15:28	04:47

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
578	944	João Almeida	individual	Veterano M35	51:31	+20:48	05:20
579	690	Cátia Aparicio	individual	Senior Feminino	51:31	+20:48	05:20
580	101	Luís Santos	badminton clube de albergaria	Senior Masculino	51:33	+20:50	05:20
581	527	Alexandre Santos	chess team	Veterano M35	51:34	+20:51	05:21
582	793	José Brazeta	individual	Senior Masculino	51:35	+20:52	05:21
583	953	Jorge Loureiro	individual	Veterano M35	51:36	+20:53	05:21
584	576	Bruno Costa	crossfit aveiro	Senior Masculino	51:37	+20:54	05:21
585	985	Pedro Miguel Fernandes Mamede	individual	Veterano M35	51:38	+20:55	05:21
586	871	lolanda babo	individual	Veterana F35	51:40	+20:57	05:21
587	883	Sara Vinga da Quinta	individual	Veterana F35	51:40	+20:57	05:21
588	22	Rui Almeida	ad requeixo	Veterano M35	51:41	+20:58	05:21
589	25	Susana Margarida Ferreira de Sousa	adccjclarks	Senior Feminino	51:43	+21:00	05:22
590	1091	Antonio Gomes	individual	Veterano M50	51:43	+21:00	05:22
591	1425	Filipa Sá Pereira	individual	Veterana F35	51:44	+21:01	05:22
592	865	Danila Ruth F. C. Marques	individual	Veterana F35	51:48	+21:05	05:22
593	1327	Luis Fernandes	viriativs runners viseu	Senior Masculino	51:48	+21:05	05:22
594	1395	Ana Luis Brito	aveiro night runners	Veterana F45	51:48	+21:05	05:22
595	86	Cristina Aleixo	aveiro night runners	Veterana F40	51:48	+21:05	05:22
596	1050	Pedro Rafael Fernandes Cortes	individual	Veterano M40	51:52	+21:09	05:22
597	805	Nelson José Azevedo Simões	individual	Senior Masculino	52:00	+21:17	05:23
598	1131	José Pedro Amaral de Figueiredo	individual	Veterano M55	52:03	+21:20	05:24
599	688	Catarina Isabel Albuquerque Ferreira	individual	Senior Feminino	52:04	+21:21	05:24
600	1287	Hélder Machado	s. silvestre	Veterano M45	52:04	+21:21	05:24
601	636	Acácio Fonseca	gdr granja - trutas do mau	Veterano M55	52:06	+21:23	05:24
602	794	José Carvalho	individual	Senior Masculino	52:08	+21:25	05:24
603	939	Filipe João Marques Morais Pereira Plnto	individual	Veterano M35	52:08	+21:25	05:24
604	4	Jorge Magalhães	individual	Veterano M50	52:10	+21:27	05:24
605	934	Davide Domingues Amaral	individual	Veterano M35	52:20	+21:37	05:25
606	50	Rui Ferreira	agueda street runners	Veterano M45	52:21	+21:38	05:25
607	999	Rogério Silva	individual	Veterano M35	52:22	+21:39	05:26
608	838	Tiago André Cirne Ramos	individual	Senior Masculino	52:29	+21:46	05:26
609	1173	Fátima Fontes Costa	ko trail running	Senior Feminino	52:31	+21:48	05:27
610	506	Álvaro Pires	ccd - renault, cacia	Veterano M40	52:32	+21:49	05:27
611	674	Filipe Fontes	imperria	Sub 23 Masculino	52:34	+21:51	05:27
612	625	Tiago Carreira	flexiassembly	Senior Masculino	52:34	+21:51	05:27
613	974	Nuno Alexandre Alves Vieira	individual	Veterano M35	52:35	+21:52	05:27
614	121	Alexandre Borges	canianos	Veterano M40	52:36	+21:53	05:27
615	62	Carlos Martins	apocred	Veterano M50	52:38	+21:55	05:27
616	1038	Manuel Melo	individual	Veterano M40	52:40	+21:57	05:27
617	1278	VANIA VALENTE	ri 10 competição	Senior Feminino	52:41	+21:58	05:28
618	1280	EMIDIO FERREIRA	ri 10 competição	Senior Masculino	52:41	+21:58	05:28
619	1141	MODESTO RODRIGUES	individual	Veterano M60	52:41	+21:58	05:28
620	687	carina sofia camacho nunes	individual	Senior Feminino	52:42	+21:59	05:28
621	58	Pedro Cura	anr	Veterano M40	52:45	+22:02	05:28

PROVA PRINCIPAL - STAGE 1

9.65 KM



LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
622	995	Ricardo Lopes	individual	Veterano M35	52:46	+22:03	05:28
623	711	Tânia Jesus Julião	individual	Senior Feminino	52:49	+22:06	05:28
624	1436	Gabriel Santos	individual	Veterano M40	52:50	+22:07	05:28
625	669	Luis Torres	holmes place arrabida	Veterano M40	52:50	+22:07	05:28
626	670	Luis Vilares	holmes place arrabida	Veterano M50	52:50	+22:07	05:28
627	47	VANIA BAPTISTA	aguada street runners	Veterana F35	52:53	+22:10	05:29
628	23	Ana Soraia Freitas Sousa	adccjclarks	Senior Feminino	52:57	+22:14	05:29
629	1318	Manuel Carlos Costa Martins	uma questão de atitude!!!	Veterano M35	52:59	+22:16	05:29
630	1209	Filomena Santos	molinhas team	Veterana F55	53:02	+22:19	05:30
631	988	Ricardo Brito	individual	Veterano M35	53:09	+22:26	05:30
632	586	Marisa Branco	decathlon aveiro	Senior Feminino	53:10	+22:27	05:31
633	1358	Dinis Martins	viriatrys runners viseu	Veterano M45	53:12	+22:29	05:31
634	98	Jorge castelhano	aveiro night runners	Veterano M50	53:13	+22:30	05:31
635	1418	Ana Sofia José Montez	individual	Senior Feminino	53:13	+22:30	05:31
636	1161	Bruno Lopes da Silva	julio rodrigues lda running	Veterano M40	53:20	+22:37	05:32
637	1080	Luís Filipe Monteiro da Costa sousa	individual	Veterano M45	53:26	+22:43	05:32
638	1316	António Matos Fernandes Correia	tondela runners	Veterano M60	53:28	+22:45	05:32
639	1309	Inês Gomes	tondela runners	Veterana F40	53:28	+22:45	05:32
640	623	Pedro Matos	flexiassembly	Senior Masculino	53:29	+22:46	05:33
641	660	Carla Martins	guerra, cascarejo's e silva's	Veterana F35	53:30	+22:47	05:33
642	664	Nuno Cascarejo	guerra, cascarejo's e silva's	Veterano M40	53:30	+22:47	05:33
643	102	Ricardo Neto	badminton clube de albergaria	Senior Masculino	53:31	+22:48	05:33
644	107	Ricardo Silva	badminton clube de albergaria	Veterano M35	53:31	+22:48	05:33
645	99	Alice Silva	badminton clube de albergaria	Senior Feminino	53:31	+22:48	05:33
646	890	Gabriela Sousa Barros	individual	Veterana F40	53:32	+22:49	05:33
647	717	André Coelho	individual	Senior Masculino	53:33	+22:50	05:33
648	901	Rita Morais	individual	Veterana F40	53:34	+22:51	05:33
649	1311	Estefânia Lopes	tondela runners	Veterana F45	53:37	+22:54	05:33
650	572	Valter Ferreira	correria	Veterano M35	53:40	+22:57	05:34
651	1431	Fernando Parente	individual	Senior Masculino	53:42	+22:59	05:34
652	877	Marta Loureiro	individual	Veterana F35	53:44	+23:01	05:34
653	1307	Juliana Rebelo	tondela runners	Senior Feminino	53:44	+23:01	05:34
654	118	João Azevedo	ca ganda grupe	Senior Masculino	53:45	+23:02	05:34
655	17	Nuno Tiago	a bela e os monstros	Senior Masculino	53:45	+23:02	05:34
656	742	Daniel Filipe Leonardo Figueira	individual	Senior Masculino	53:46	+23:03	05:34
657	1150	Sérgio Daniel Marques Cunha	irrunners	Senior Masculino	53:53	+23:10	05:35
658	1415	Renato Conde	individual	Senior Masculino	53:58	+23:15	05:36
659	1404	Miguel Paixão	individual	Senior Masculino	54:05	+23:22	05:36
660	936	Diogo Manuel Albuquerque Diogo Figueira	individual	Veterano M35	54:09	+23:26	05:37
661	870	Helena Sofia Lopes	individual	Veterana F35	54:10	+23:27	05:37
662	53	Américo Simões	aguim runners	Veterano M45	54:12	+23:29	05:37
663	1295	BRUNO LIMA	sonic team	Senior Masculino	54:12	+23:29	05:37
664	1142	arlindo monteiro	individual	Veterano M65	54:13	+23:30	05:37
665	558	Alcides Soares Almeida	cmc vale cambra	Veterano M55	54:14	+23:31	05:37
666	1377	Filipa Neves	diario aveiro	Senior Feminino	54:14	+23:31	05:37

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
712	1179	Sandra Santos	ko trail running	Veterana F35	55:24	+24:41	05:44
713	984	Pedro Lemos	individual	Veterano M35	55:31	+24:48	05:45
714	1045	Nuno Miguel Amaral Cardoso da Silva	individual	Veterano M40	55:31	+24:48	05:45
715	72	Ivone Sousa	atletas com fé	Senior Feminino	55:32	+24:49	05:45
716	541	Ivo Angélico	cluta runners	Senior Masculino	55:32	+24:49	05:45
717	1125	Henrique Silva	individual	Veterano M55	55:33	+24:50	05:45
718	1005	Sergio Gabriel de Moura Cunha	individual	Veterano M35	55:34	+24:51	05:45
719	512	Susana Maria Oliveira Ferreira	ccd-cm aveiro	Veterana F35	55:35	+24:52	05:46
720	708	SMónica	individual	Senior Feminino	55:36	+24:53	05:46
721	872	Lidia Sacramento	individual	Veterana F35	55:36	+24:53	05:46
722	697	Marisa Barbosa	individual	Senior Feminino	55:38	+24:55	05:46
723	1374	João Costa	diario aveiro	Veterano M45	55:39	+24:56	05:46
724	1072	Emanuel Fontes	individual	Veterano M45	55:39	+24:56	05:46
725	577	Carla Dias	crossfit aveiro	Veterana F35	55:39	+24:56	05:46
726	728	Bruno Azevedo	individual	Senior Masculino	55:42	+24:59	05:46
727	881	Sandra Catarina Gonçalves silva	individual	Veterana F35	55:45	+25:02	05:47
728	1157	Lénio Fernando Nogueira Marinho	jobrinde-montes saloios	Veterano M60	55:46	+25:03	05:47
729	698	Marlene Antunes	individual	Senior Feminino	55:47	+25:04	05:47
730	679	Ana Laura Martins Bizarro	individual	Senior Feminino	55:52	+25:09	05:47
731	1079	José Santos	individual	Veterano M45	55:53	+25:10	05:47
732	49	Pedro Paiva	agueda street runners	Veterano M40	55:57	+25:14	05:48
733	552	Maria Paula Barbosa Leite Pinho	cmc vale cambra	Veterana F40	55:59	+25:16	05:48
734	77	Luís Miguel Duarte Carvalho	aveiconsultores	Veterano M45	56:01	+25:18	05:48
735	1434	Luis Pedro	individual	Veterano M35	56:01	+25:18	05:48
736	76	Sara Elisabete Teixeira da Silva	aveiconsultores	Veterana F40	56:01	+25:18	05:48
737	795	José Eduardo Leal Moreira	individual	Senior Masculino	56:08	+25:25	05:49
738	595	Alexandre Arnauth	decathlon aveiro	Veterano M45	56:11	+25:28	05:49
739	691	catia silva bilreiro marques	individual	Senior Feminino	56:13	+25:30	05:50
740	803	Marco Daniel Domingues Brandão	individual	Senior Masculino	56:14	+25:31	05:50
741	1061	Tiago Nunes	individual	Veterano M40	56:18	+25:35	05:50
742	1328	Diana Maneca	viriatvns runners viseu	Sub 23 Feminino	56:19	+25:36	05:50
743	1370	Luís Vale	viriatvns runners viseu	Veterano M55	56:19	+25:36	05:50
744	1333	Tiago Coelho	viriatvns runners viseu	Sub 23 Masculino	56:19	+25:36	05:50
745	757	Filipe Coquim	individual	Senior Masculino	56:24	+25:41	05:51
746	820	Pedro Gonçalves	individual	Senior Masculino	56:24	+25:41	05:51
747	580	Ricardo Barbosa	d4e	Veterano M35	56:24	+25:41	05:51
748	904	Sandra Pina	individual	Veterana F40	56:34	+25:51	05:52
749	746	David Nogueira	individual	Senior Masculino	56:35	+25:52	05:52
750	684	Angela Daniela Julião de Almeida	individual	Senior Feminino	56:35	+25:52	05:52
751	692	Cláudia Daniela Paralta Henriques Gomes	individual	Senior Feminino	56:35	+25:52	05:52
752	694	Katherine Patricia Rosado Mérida	individual	Senior Feminino	56:36	+25:53	05:52
753	710	Sónia Sofia Correia da silva	individual	Senior Feminino	56:36	+25:53	05:52
754	1073	João Reis	individual	Veterano M45	56:39	+25:56	05:52
755	672	José Viana	imperia	Senior Masculino	56:41	+25:58	05:52
756	841	Tiago Silva	individual	Senior Masculino	56:43	+26:00	05:53

Prova Principal

9.65 KM

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REVISED

OFFICIAL RESULT

40	582	Ana Rita Almeida	DECATHLON AVEIRO	Senior Feminino	54:52	+19:43	05:41
41	682	Ana Rita Mira	Individual	Senior Feminino	54:56	+19:47	05:42
42	714	Virgínia Ferreira	Individual	Senior Feminino	55:05	+19:56	05:42
43	642	Mónica Jorge	Go Move	Senior Feminino	55:15	+20:06	05:44
44	704	Rita Torres	Individual	Senior Feminino	55:20	+20:11	05:44
45	72	Ivone Sousa	Atletas com Fé	Senior Feminino	55:32	+20:23	05:45
46	708	SMónica	Individual	Senior Feminino	55:36	+20:27	05:46
47	697	Marisa Barbosa	Individual	Senior Feminino	55:38	+20:29	05:46
48	698	Marlene Antunes	Individual	Senior Feminino	55:47	+20:38	05:47
49	679	Ana Laura Martins Bizarro	Individual	Senior Feminino	55:52	+20:43	05:47
50	691	catia silva bilreiro marques	Individual	Senior Feminino	56:13	+21:04	05:50
51	684	Angela Daniela Julião de Almeida	Individual	Senior Feminino	56:35	+21:26	05:52
52	692	Cláudia Daniela Paralta Henriques Gomes	Individual	Senior Feminino	56:35	+21:26	05:52
53	694	Katherine Patricia Rosado Mérida	Individual	Senior Feminino	56:36	+21:27	05:52
54	710	Sónia Sofia Correia da silva	Individual	Senior Feminino	56:36	+21:27	05:52
55	1243	Susana Pereira	Pindéricus Running Team	Senior Feminino	56:43	+21:34	05:53
56	562	Ines Santos	CorreRia	Senior Feminino	56:56	+21:47	05:54
57	73	Margarida Carvalho	Atletas com Fé	Senior Feminino	56:58	+21:49	05:54
58	1145	Daniela Ferreira Brites de Castro	iRunners	Senior Feminino	56:59	+21:50	05:54
59	115	Carmo Povoá	ca ganda grupe	Senior Feminino	57:19	+22:10	05:56
60	696	Luciana Felipa Serra Duarte Roque	Individual	Senior Feminino	57:55	+22:46	06:00
61	678	Alícia Rebelo	Individual	Senior Feminino	58:08	+22:59	06:01
62	699	Marta Esteves	Individual	Senior Feminino	58:27	+23:18	06:03
63	703	Raquel de Carvalho	Individual	Senior Feminino	58:32	+23:23	06:04
64	1282	Ângela Cristina da Cruz Bernardes	RICAS & BECAS	Senior Feminino	59:08	+23:59	06:08
65	689	Catarina Isabel Dias Rosa	Individual	Senior Feminino	59:10	+24:01	06:08
66	116	Giovanna Franchi	ca ganda grupe	Senior Feminino	59:23	+24:14	06:09
67	1249	Joana Soares	PREMA	Senior Feminino	59:46	+24:37	06:12
68	681	Ana Raquel Ferreira Matias de Freitas Melo	Individual	Senior Feminino	01:00:00	+24:51	06:13
69	1385	Sara Ratola	Diario Aveiro	Senior Feminino	01:00:07	+24:58	06:14
70	1386	Vanessa Formigo	Diario Aveiro	Senior Feminino	01:00:08	+24:59	06:14
71	713	Vera Lúcia Henriques Oliveira	Individual	Senior Feminino	01:00:36	+25:27	06:17
72	110	Isabel Santos	Barc	Senior Feminino	01:00:42	+25:33	06:17
73	1219	Natacha Siva	NTC	Senior Feminino	01:00:48	+25:39	06:18
74	1218	Cristina Cotrim	NTC	Senior Feminino	01:00:48	+25:39	06:18
75	680	Ana Luísa Oliveira da Silva	Individual	Senior Feminino	01:01:49	+26:40	06:24
76	1317	Cristina Maria Ponte Costa	Uma Questão de Atitude!!!	Senior Feminino	01:01:54	+26:45	06:25
77	546	Ana Cristina Lameira Rafael	CMC VALE CAMBRA	Senior Feminino	01:02:18	+27:09	06:27
78	561	Eva Seabra	CorreRia	Senior Feminino	01:02:33	+27:24	06:29
79	1223	Maria de Fátima Pereira Vieira Bastos	os castolonenses	Senior Feminino	01:03:08	+27:59	06:33
80	1170	Diana Martins	KasarEmGorda	Senior Feminino	01:03:10	+28:01	06:33
81	685	Ângela Vidal	Individual	Senior Feminino	01:03:14	+28:05	06:33
82	1215	Filipa Alexandra da Silva Rodrigues	MoonWalkers	Senior Feminino	01:03:53	+28:44	06:37
83	114	Camile Coyac	ca ganda grupe	Senior Feminino	01:05:34	+30:25	06:48
84	563	Marilyn Lourenço	CorreRia	Senior Feminino	01:05:35	+30:26	06:48

