

MEIA MARATONA DE OVAR

Patrocínio: AFIS - OVAR

Apoio: CM OVAR

Data: 05/10/2011

Classif.: Relatório Geral Masculino e Feminino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
1	2088	SERGIO SILVA	31	M2039	1	M		MARATONA CP	01:05:12	L 01:05:12
2	6	BRUNO JESUS	31	M2039	2	M		MAIA A CLUBE	01:05:21	L 01:05:21
3	1245	LEONEL FERNANDES	31	M2039	3	M		C CAMPISMO S J	01:06:16	L 01:06:16
4	2053	CARLOS SILVA	31	M2039	4	M		SPORTING CP	01:06:20	01:06:18
5	8	RICARDO RIBAS	31	M2039	5	M		MARATONA CP	01:06:45	01:06:44
6	2045	VITOR OLIVEIRA	31	M2039	6	M		MAIA A CLUBE	01:07:10	01:07:09
7	7	JOSÉ MOREIRA	31	M2039	7	M		Cyclones Sanitop	01:07:16	01:07:15
8	1677	RICARDO FIGUEIREDO	22	M2039	8	M		CENTRO ATL SEIA	01:07:23	L 01:07:23
9	614	CARLOS COSTA	25	M2039	9	M		JUF	01:07:27	01:07:26
10	2021	RUI TEIXEIRA	31	M2039	10	M		Maratona CP	01:07:32	01:07:31
11	549	BRUNO SOARES	32	M2039	11	M		BAIRRO	01:07:34	L 01:07:34
12	1775	PEDRO CRUZ	29	M2039	12	M		J. Cruz e Irmãos	01:07:40	L 01:07:40
13	624	ANTONIO FERNANDES	44	M4044	1	M		ACR VALE CAMBRA	01:07:42	L 01:07:42
14	2010	VASCO AZEVEDO	35	M2039	13	M		Sporting Lamego	01:08:01	L 01:08:01
15	2090	DANIEL PINHEIRO	31	M2039	14	M		MAIA A C	01:08:02	L 01:08:02
16	1216	LUIS SILVA	36	M2039	15	M		ADERCUS	01:08:17	L 01:08:17
17	2044	HELDER SANTOS	31	M2039	16	M		Cyclones Sanitop	01:08:26	L 01:08:26
18	2086	MARCO MARQUES	28	M2039	17	M		Casa do Povo de	01:08:29	L 01:08:29
19	1198	JOSE CARVALHO	34	M2039	18	M		ATLETISMO VILA	01:08:33	01:08:27
20	2080	RICARDO PEREIRA	21	M2039	19	M		ACR Cambra, Vouzela	01:08:49	01:08:47
21	182	ARTUR RODRIGUES	36	M2039	20	M		NA CUCUJÃES	01:08:52	L 01:08:52
22	613	RUI SILVA	26	M2039	21	M		JUF	01:09:01	L 01:09:01
23	2050	BRUNO SILVA	31	M2039	22	M		MAIA A CLUBE	01:09:03	L 01:09:03
24	1365	VITOR BARBOSA	28	M2039	23	M		GDR RETORTA	01:09:09	L 01:09:09
25	3	JESSICA AUGUSTO	31	F2039	1	F		Nike	01:09:13	L 01:09:13
26	2069	HEITOR OLIVEIRA	29	M2039	24	M		Cyclones Sanitop	01:09:14	L 01:09:14
27	1589	GONÇALO BORGES	27	M2039	25	M		GD 3 SANTOS	01:09:17	L 01:09:17
28	1705	MANUEL FERREIRA	44	M4044	2	M		ARADA ATLÉTICO	01:09:25	L 01:09:25
29	1218	DANIEL PEIXOTO	29	M2039	26	M		ADERCUS	01:09:32	L 01:09:32
30	2037	JORGE SANTA CRUZ	31	M2039	27	M		SL BENFICA	01:09:53	L 01:09:53
31	1217	GIL FERREIRA	40	M4044	3	M		ADERCUS	01:10:04	L 01:10:04
32	104	DAVIDE FIGUEIREDO	40	M4044	4	M		CAFE PONTO FINAL	01:10:17	01:10:14
33	1473	BRUNO MOREIRA	24	M2039	28	M		GD ESTREITO	01:10:50	01:10:46
34	1590	ALBERTO ALMEIDA	45	M4549	1	M		GD 3 SANTOS	01:10:50	L 01:10:50
35	2036	BRUNO ALBUQUERQUE	31	M2039	29	M		SPORTING CP	01:10:56	L 01:10:56
36	195	PAULO PEREIRA	34	M2039	30	M		NA CUCUJÃES	01:11:22	01:11:14

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
37	618	ANTONIO SILVA	27	M2039	31	M		JUF	01:11:31	L 01:11:31
38	1032	CARLOS SANTOS	38	M2039	32	M		BENFICA	01:11:32	01:11:30
39	1	MARISA BARROS	31	F2039	2	F		SL BENFICA	01:12:05	01:12:04
40	2087	MÁRIO TEIXEIRA	37	M2039	33	M		SCP	01:12:05	01:12:01
41	1018	TIAGO SILVA	25	M2039	34	M		ADRAP	01:12:34	L 01:12:34
42	1776	ANTONIO FERREIRA	30	M2039	35	M		J. Cruz e Irmãos	01:12:35	L 01:12:35
43	1292	JOSE AZEVEDO	22	M2039	36	M		LIBERDADEFc	01:12:50	L 01:12:50
44	2027	BALTAZAR SOUSA	42	M4044	5	M		Ginasio Vilacondense	01:12:51	L 01:12:51
45	2001	VITOR BARBOSA	31	M2039	37	M		G. D. C. Castelo de	01:12:59	L 01:12:59
46	1786	JORGE PADUA	46	M4549	2	M		Casa do Povo de	01:13:28	01:13:24
47	1342	JOAQUIM SILVA	51	M5054	1	M		AR ESTRELA SUL	01:13:32	L 01:13:32
48	587	JOSE SOUSA	46	M4549	3	M		AGUIAS ALVELOS	01:13:48	L 01:13:48
49	1622	HUGO PINTO	27	M2039	38	M		C. A. RIACHENSE	01:13:49	01:13:47
50	1333	FERNANDO ADRIÃO	45	M4549	4	M		NA CUCUJÃES	01:13:52	L 01:13:52
51	1323	CARLOS MATOS	29	M2039	39	M		CC FELGUEIRAS	01:13:53	01:13:45
52	2097	NUNO VALENTE	27	M2039	40	M		CD FEIRENSE	01:14:00	L 01:14:00
53	1340	CASIMIRO GALHARDO	56	M5559	1	M		AR ESTRELA SUL	01:14:09	01:14:06
54	1028	FERNANDO SANTOS	38	M2039	41	M		BUB VISEU	01:14:13	01:14:07
55	137	MARIO BARBOSA	41	M4044	6	M		LIBERDADE FC	01:14:14	L 01:14:14
56	533	MANUEL URBANO	43	M4044	7	M		GDC GUILHOVAI	01:14:17	L 01:14:17
57	392	ADELINO SILVA	38	M2039	42	M		CCDT CM	01:14:23	L 01:14:23
58	1035	ALEXANDRE CARAMEZ	37	M2039	43	M		PORTORUNNERS	01:14:24	01:14:21
59	1850	PEDRO COSTA	44	M4044	8	M		A. MOINHO	01:14:34	L 01:14:34
60	363	ANTONIO CANECA	39	M2039	44	M		AD RIO LARGO	01:14:38	L 01:14:38
61	1126	AMERICO MOREIRA	22	M2039	45	M		CD POVOA	01:14:43	01:14:20
62	1059	FRANCISCO ROCHA	44	M4044	9	M		AA MAFRA	01:14:44	01:14:34
63	1060	EDUARDO EUSTAQUIO	47	M4549	5	M		AA MAFRA	01:14:44	L 01:14:44
64	4	ANALIA ROSA	35	F2039	3	F		MARATONA CP	01:14:49	01:14:46
65	1193	CARLOS VALENTE	41	M4044	10	M		ATLETISMO VILA	01:14:58	01:14:55
66	2076	ABILIO GONÇALVES	21	M2039	46	M		ACR Cambra, Vouzela	01:15:04	L 01:15:04
67	1814	OSCAR MENDES	30	M2039	47	M		Liberdade F. C.	01:15:09	01:15:07
68	174	JOÃO AMORIM	36	M2039	48	M		FC PENAFIEL	01:15:12	L 01:15:12
69	2078	ANDRÉ COSTA	20	M2039	49	M		ACR Cambra, Vouzela	01:15:13	01:15:08
70	1790	JOSE BRAGA	49	M4549	6	M		GDR JUV RIBEIRAS	01:15:15	L 01:15:15
71	1938	MARIO FONSECA	30	M2039	50	M		C. D. C. Navais	01:15:16	01:15:14
72	2055	DOROTEIA PEIXOTO	31	F2039	4	F		NAJ	01:15:27	01:15:26
73	1525	AUGUSTO COSTA	41	M4044	11	M		NAT	01:15:29	01:15:25
74	1688	FERNANDO FERREIRA	45	M4549	7	M		G. D. C. GUILHOVAI	01:15:30	L 01:15:30
75	478	HERNANI AMARAL	58	M5559	2	M		ROYALSCHOOL	01:15:34	2,3 01:13:29
76	1061	FERNANDO ALVES	45	M4549	8	M		AA MAFRA	01:15:35	01:15:21
77	238	CARLOS OLIVEIRA	43	M4044	12	M		JOBRA	01:15:39	01:15:30
78	1220	ANTONIO PEREIRA	30	M2039	51	M		ADERCUS	01:15:44	L 01:15:44

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79	2032	FERNANDO BARROS	31	M2039	52	M			Individual	01:15:48	L	01:15:48
80	441	MIGUEL MEIRA	32	M2039	53	M			CA MAZAREFE	01:15:53		01:15:49
81	1406	LUIS GIL	36	M2039	54	M			INDIVIDUAL	01:16:04		01:15:55
82	1221	PAULO MIGUEL	47	M4549	9	M			ADERCUS	01:16:07		01:15:58
83	1197	MARCO FILIPE	33	M2039	55	M			ATLETISMO VILA	01:16:10	L	01:16:10
84	1237	HUGO GOMES	31	M2039	56	M			CA OVAR	01:16:15	L	01:16:15
85	1702	MANUEL PEREIRA	31	M2039	57	M			ARADA ATLÉTICO	01:16:15		01:16:12
86	466	DIOGO NOGUEIRA	25	M2039	58	M			BEMPOSTA	01:16:18		01:16:14
87	196	ORLANDO SANTOS	37	M2039	59	M			NA CUCUJÃES	01:16:28	L	01:16:28
88	1164	DUARTE PINTO	34	M2039	60	M			COLEGIO VIZELA	01:16:28	2,3,L	01:16:28
89	615	DOMINGOS PONTES	25	M2039	61	M			JUF	01:16:32	L	01:16:32
90	833	LUIS MOTA	41	M4044	13	M			INDIVIDUAL	01:16:39		01:16:29
91	977	MARCO COSTA	35	M2039	62	M			ARVOR	01:16:51	L	01:16:51
92	2092	CATARINA RIBEIRO	31	F2039	5	F			SC BRAGA	01:16:51		01:16:48
93	1678	RUBEN FELIZARDO	20	M2039	63	M			CENTRO ATL SEIA	01:17:07	L	01:17:07
94	1223	ANTONIO FERNANDES	33	M2039	64	M			ADERCUS	01:17:15		01:16:53
95	674	NUNO NOGUEIRA	24	M2039	65	M			CP MANGUALDE	01:17:20		01:16:59
96	1124	PEDRO PONTES	20	M2039	66	M			CD POVOA	01:17:21		01:16:56
97	2000	NUNO SOUSA	31	M2039	67	M			G. D. C. Castelo de	01:17:21		01:17:07
98	1862	LINO FERREIRA	31	M2039	68	M			Individual	01:17:25	L	01:17:25
99	1345	SILVERIO GUEDES	52	M5054	2	M			AR ESTRELA SUL	01:17:26	3	01:17:20
100	1956	ANDRE MACHADO	20	M2039	69	M			Individual	01:17:29		01:17:22
101	1194	CARLOS LOPES	30	M2039	70	M			ATLETISMO VILA	01:17:35	L	01:17:35
102	1125	AVELINO EUSEBIO	20	M2039	71	M			CD POVOA	01:17:36		01:17:20
103	1199	JOÃO LEANDRO	36	M2039	72	M			ATLETISMO VILA	01:17:39	L	01:17:39
104	193	ANGELO ARAUJO	39	M2039	73	M			NA CUCUJÃES	01:17:43	L	01:17:43
105	1058	JOÃO MIRANDA	41	M4044	14	M			AA MAFRA	01:17:43		01:17:32
106	1939	RAMIRO CORREIA	28	M2039	74	M			C. D. C. Navais	01:17:51		01:17:45
107	239	LUIS MAGALHÃES	44	M4044	15	M			JOBRA	01:18:00	L	01:18:00
108	1799	JORGE CRUZ	46	M4549	10	M			Amigos Atletismo	01:18:02	3	01:17:53
109	157	PEDRO TERRA	54	M5054	3	M			C CAMPISMO S J	01:18:04		01:18:02
110	1363	AMADEU ROCHA	36	M2039	75	M			GDR RETORTA	01:18:08	L	01:18:08
111	1867	JOÃO TEIXEIRA	48	M4549	11	M			Sporting Lamego	01:18:11		01:17:54
112	1990	PEDRO SANTOS	25	M2039	76	M			Ginasio Clube	01:18:16		01:18:07
113	1196	PEDRO NUNES	33	M2039	77	M			ATLETISMO VILA	01:18:20		01:18:15
114	1453	AUGUSTO ANTUNES	47	M4549	12	M			A. MOINHO	01:18:24		01:18:20
115	629	TIAGO PINHO	23	M2039	78	M			ACR VALE CAMBRA	01:18:37		01:18:35
116	1195	HENRIQUE MACHADO	45	M4549	13	M			ATLETISMO VILA	01:18:44	L	01:18:44
117	309	BELMIRO FERREIRA	46	M4549	14	M			LEÕES GUARDA	01:18:45	L	01:18:45
118	2003	VICTOR SILVA	50	M5054	4	M			C. A. Os Gaienses /	01:18:50	L	01:18:50
119	1727	JORGE BRITO	43	M4044	16	M			Individual	01:18:52	L	01:18:52
120	1348	HENRIQUE DIAS	45	M4549	15	M			AR ESTRELA SUL	01:18:54	L	01:18:54

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121	184	JOSE SILVA	43	M4044	17	M		NA CUCUJÃES	01:18:58	L	01:18:58
122	1324	FERNANDO SILVA	54	M5054	5	M		CC FELGUEIRAS	01:18:58	L	01:18:58
123	22	JOÃO PEREIRA	50	M5054	6	M		AFIS/OVAR	01:19:06	L	01:19:06
124	556	JOSE MONTEIRO	54	M5054	7	M		BAIRRO	01:19:09		01:19:02
125	616	ANDRE CORREIA	28	M2039	79	M		JUF	01:19:09	L	01:19:09
126	810	SERGIO RODRIGUES	26	M2039	80	M		INDIVIDUAL	01:19:10		01:19:07
127	1848	JOÃO SAUDE	41	M4044	18	M		Bttrain - C. F. de	01:19:14	L	01:19:14
128	1175	RICARDO OLIVEIRA	36	M2039	81	M		GDR FIGUEIRAS	01:19:20	L	01:19:20
129	2005	PAULO ALEXANDRE	39	M2039	82	M		C. A. Os Gaienses /	01:19:28		01:19:24
130	1655	AUGUSTO CASTRO	52	M5054	8	M		INDIVIDUAL	01:19:29	3,L	01:19:29
131	1829	CARLOS MAGALHÃES	45	M4549	16	M		Individual	01:19:31		01:18:48
132	784	MARCO PAIVA	31	M2039	83	M		INDIVIDUAL	01:19:34	L	01:19:34
133	2	CARLA MARTINHO	34	F2039	6	F		ADERCUS	01:19:36	L	01:19:36
134	198	ERNESTO ALMEIDA	50	M5054	9	M		NA CUCUJÃES	01:19:36	L	01:19:36
135	77	ORLANDO VALENTE	44	M4044	19	M		G AMIZADE SJVER	01:19:41		01:19:18
136	891	JOAQUIM PEREIRA	36	M2039	84	M		INDIVIDUAL	01:19:43	L	01:19:43
137	1701	JOSÉ RESENDE	44	M4044	20	M		ARADA ATLÉTICO	01:19:44		01:19:33
138	344	MARK MACEDO	30	M2039	85	M		PORTORUNNERS	01:19:45	L	01:19:45
139	1828	DANIEL OLIVEIRA	27	M2039	86	M		Individual	01:19:45	L	01:19:45
140	1341	MANUEL DOURADO	55	M5559	3	M		AR ESTRELA SUL	01:19:50	2,3	01:19:43
141	172	ADÃO SILVA	46	M4549	17	M		FC PENAFIEL	01:19:51		01:19:41
142	1455	JOAQUIM COSTA	52	M5054	10	M		A. MOINHO	01:19:54		01:19:50
143	2030	RAFAELA ALMEIDA	31	F2039	7	F		SL BENFICA	01:20:05	L	01:20:05
144	255	JOSE TAVARES	46	M4549	18	M		CALDAS S JORGE	01:20:06		01:19:46
145	809	RICARDO DIAS	26	M2039	87	M		INDIVIDUAL	01:20:08		01:20:06
146	1503	HILARIO GARIM	55	M5559	4	M		TURISTAS	01:20:14		01:19:57
147	385	MANUEL SILVA	41	M4044	21	M		CA VILA BOA BISPO	01:20:17		01:20:05
148	538	ANTONIO CRISTOVÃO	31	M2039	88	M		GDC GUILHOVAI	01:20:21	L	01:20:21
149	1095	JOSE OLIVEIRA	37	M2039	89	M		LUZ VERDE	01:20:23		01:19:36
150	228	FILIPE MARQUES	30	M2039	90	M		JOBRA	01:20:24		01:20:06
151	230	ROGERIO BESSA	26	M2039	91	M		JOBRA	01:20:24		01:20:16
152	551	ORLANDO NEVES	40	M4044	22	M		BAIRRO	01:20:25	L	01:20:25
153	396	DUARTE BARBOSA	50	M5054	11	M		CCDT CM	01:20:26		01:20:07
154	276	NUNO SILVA	34	M2039	92	M		CF UNIÃO LAMAS	01:20:29	L	01:20:29
155	317	CARLOS SALGADO	46	M4549	19	M		PORTORUNNERS	01:20:31		01:20:28
156	73	JOSE LEITE	44	M4044	23	M		G AMIZADE SJVER	01:20:37	L	01:20:37
157	1325	ANTONIO COSTA	42	M4044	24	M		CC FELGUEIRAS	01:20:42	L	01:20:42
158	2047	SARA PINHO	31	F2039	8	F		SPORTING CP	01:20:42	L	01:20:42
159	394	BELMIRO FERREIRA	46	M4549	20	M		CCDT CM	01:20:50		01:20:46
160	1428	JOÃO SILVA	53	M5054	12	M		INDIVIDUAL	01:20:52		01:20:26
161	1782	PEDRO MARTINS	43	M4044	25	M		CENTRO ATL SEIA	01:21:02	L	01:21:02
162	1053	ANDRE FERREIRA	21	M2039	93	M		UNIAO TOMAR	01:21:08		01:21:00

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163	1219	VITOR RAMALHO	32	M2039	94	M		ADERCUS	01:21:08	L	01:21:08
164	167	ANTONIO SILVA	57	M5559	5	M		CS GONDAR	01:21:10	L	01:21:10
165	634	BRUNO SILVA	34	M2039	95	M		GINASIO S TIRSO	01:21:10	L	01:21:10
166	1506	JOSE CAPELA	49	M4549	21	M		NAT	01:21:13		01:21:07
167	302	LUIS SIMÕES	50	M5054	13	M		CENAP	01:21:20	L	01:21:20
168	1541	JOSE PEREIRA	44	M4044	26	M		BRAGUINHAS VA	01:21:23	L	01:21:23
169	1510	GUILHERME ROMANO	47	M4549	22	M		NAT	01:21:34		01:21:25
170	603	LUIS SANTOS	38	M2039	96	M		RECARDÃES	01:21:36		01:21:22
171	364	ANTONIO OLIVEIRA	41	M4044	27	M		AD RIO LARGO	01:21:41		01:21:30
172	2008	MANUEL SOUSA	39	M2039	97	M		C. I. de Argoncilhe	01:21:43	L	01:21:43
173	2084	Atleta Não Cadastrado	31	M2039	98	M		NA CUCUJAES	01:21:43	2,L	01:21:43
174	1979	BRUNO SANTOS	31	M2039	99	M		C. I. de Argoncilhe	01:21:44	L	01:21:44
175	1082	MARIO CARVALHO	48	M4549	23	M		ATLETISMO 5 HORA	01:21:50		01:21:44
176	1516	ANTONIO SILVA	40	M4044	28	M		NAT	01:21:52		01:21:22
177	1128	RUI RODRIGUES	35	M2039	100	M		CTT COIMBRA	01:21:56	L	01:21:56
178	687	JOSE PEREIRA	52	M5054	14	M		ATLETISMO	01:22:00	L	01:22:00
179	232	VICTOR MARTINS	29	M2039	101	M		JOBRA	01:22:04	L	01:22:04
180	1902	MARCO FRANCO	31	M2039	102	M		A. D. R. Aguas Belas	01:22:04		01:21:54
181	550	MANUEL CARDOSO	40	M4044	29	M		BAIRRO	01:22:05	L	01:22:05
182	1837	ADÃO REIS	62	M6099	1	M		G. D. C. Guilhovai	01:22:07		01:22:03
183	237	FRANCISCO SOARES	51	M5054	15	M		JOBRA	01:22:09	L	01:22:09
184	2048	SOLANGE JESUS	31	F2039	9	F		SPORTING CP	01:22:17		01:22:15
185	2046	RICARDO GOMES	31	M2039	103	M		Juventude Unida de	01:22:18		01:22:17
186	215	VITOR SALVADOR	40	M4044	30	M		CP MANGUALDE	01:22:19		01:21:42
187	1707	JAIME GOMES	38	M2039	104	M		ARADA ATLÉTICO	01:22:21		01:21:52
188	1917	PEDRO REGUEIRAS	33	M2039	105	M		NAT	01:22:26		01:22:20
189	1037	MARCO VIDES	32	M2039	106	M		MAIA ATLETICO	01:22:27	L	01:22:27
190	1993	ORLANDO ALVES	46	M4549	24	M		Ginasio Clube	01:22:29	L	01:22:29
191	1310	MANUEL BELINHA	31	M2039	107	M		GD SPAIO OLEIROS	01:22:31	L	01:22:31
192	156	MANUEL OLIVEIRA	44	M4044	31	M		C CAMPISMO S J	01:22:34	L	01:22:34
193	1008	MANUEL CARDOSO	46	M4549	25	M		ASSOCIAÇÃO	01:22:37		01:22:29
194	1592	TIAGO MADUREIRA	21	M2039	108	M		GD 3 SANTOS	01:22:37		01:21:30
195	1214	JOAQUIM FERREIRA	42	M4044	32	M		CYCLONESSANITOP	01:22:40	L	01:22:40
196	24	JORGE GOMES	26	M2039	109	M		AFIS/OVAR	01:22:46		01:22:44
197	162	ANTONIO PEREIRA	51	M5054	16	M		C CAMPISMO S J	01:22:46		01:22:39
198	2041	SÓNIA FERNANDES	31	F2039	10	F		SL BENFICA	01:22:47		01:22:44
199	461	JOSE REIS	49	M4549	26	M		CI ARGONCILHE	01:22:48	L	01:22:48
200	588	ANTONIO MEIRA	45	M4549	27	M		AGUIAS ALVELOS	01:22:48		01:22:43
201	1461	RUI PERDIGÃO	45	M4549	28	M		CLAC -	01:22:51		01:22:28
202	1490	ANTONIO DIAS	50	M5054	17	M		GREBONFIM	01:22:51	L	01:22:51
203	2018	MARCIO PEREIRA	32	M2039	110	M		Gira Sol - Ramos	01:22:59		01:22:47
204	1013	ANTONIO COUTINHO	21	M2039	111	M		FLECHINHAS	01:23:01		01:22:58

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	L	Líquido
205	2066	JOAQUIM RIBEIRO	46	M4549	29	M		SS CGD	01:23:02	L	01:23:02
206	147	JOSE CAMELO	54	M5054	18	M		SC SALGUEIROS	01:23:08		01:23:05
207	155	FERNANDO SOARES	40	M4044	33	M		C CAMPISMO S J	01:23:16		01:23:12
208	13	ANTÓNIO VIEIRA	54	M5054	19	M		AFIS/OVAR	01:23:17	L	01:23:17
209	1512	JOÃO BARBOSA	47	M4549	30	M		NAT	01:23:20		01:23:14
210	216	ANTONIO COSTA	44	M4044	34	M		CP MANGUALDE	01:23:22		01:22:39
211	752	AMERICO SILVA	38	M2039	112	M		INDIVIDUAL	01:23:22	L	01:23:22
212	1977	VICTOR SANTOS	33	M2039	113	M		Individual	01:23:25		01:23:06
213	1986	FABIO PAIVA	24	M2039	114	M		ADERCUS	01:23:25		01:23:02
214	308	CARLOS FRIAS	55	M5559	6	M		LEÕES GUARDA	01:23:27		01:23:22
215	1927	MANUEL GOMES	46	M4549	31	M		A. R. N. Os Flechinhos	01:23:31	2	01:23:20
216	1704	JOAQUIM FERREIRA	44	M4044	35	M		ARADA ATLÉTICO	01:23:32	L	01:23:32
217	1236	HELDER PIRES	24	M2039	115	M		CA OVAR	01:23:34	L	01:23:34
218	1248	VITOR PINHO	38	M2039	116	M		CA OVAR	01:23:34	L	01:23:34
219	67	DANIEL ANTUNES	58	M5559	7	M		BRAGUINHAS VA	01:23:35	2,L	01:23:35
220	1687	LUIS LEITE	35	M2039	117	M		MAIA A CLUBE	01:23:35		01:23:25
221	780	FERNANDO SANTIAGO	50	M5054	20	M		INDIVIDUAL	01:23:36	L	01:23:36
222	2052	MÁRIO ALVES	31	M2039	118	M		MAIA A CLUBE	01:23:36	3,L	01:23:36
223	1123	VICTOR GOMES	41	M4044	36	M		CD POVOA	01:23:39		01:23:14
224	1783	DANIEL AUGUSTO	28	M2039	119	M		CENTRO ATL SEIA	01:23:39	L	01:23:39
225	1291	ARMINDO ARAUJO	47	M4549	32	M		LIBERDADEFc	01:23:42		01:22:57
226	176	PEDRO VIEIRA	22	M2039	120	M		FC PENAFIEL	01:23:46		01:23:42
227	178	LUCINDA MOREIRAS	43	F4099	1	F		FC PENAFIEL	01:23:46	L	01:23:46
228	1740	DAVID LEITE	44	M4044	37	M		Individual	01:23:46		01:23:15
229	1948	ALFREDO RODRIGUES	37	M2039	121	M		Sneakers Running	01:23:52		01:23:46
230	383	LUIS VIEIRA	41	M4044	38	M		CA VILA BOA BISPO	01:23:54	3,L	01:23:54
231	1239	JORGE ALMEIDA	33	M2039	122	M		CA OVAR	01:23:57		01:23:48
232	1096	JOSE MOTA	42	M4044	39	M		LUZ VERDE	01:24:02		01:23:19
233	397	JOSE BRITO	51	M5054	21	M		CCDT CM	01:24:04		01:23:45
234	1134	JOSE GOMES	47	M4549	33	M		CLAC	01:24:06		01:23:51
235	670	LIDIA PEREIRA	44	F4099	2	F		CP MANGUALDE	01:24:09		01:24:00
236	1942	JOSE BORGES	61	M6099	2	M		A. R. Estrela Sul	01:24:10	L	01:24:10
237	1241	RUI COSTA	35	M2039	123	M		CA OVAR	01:24:11	L	01:24:11
238	1290	DIOGO OLIVEIRA	23	M2039	124	M		LIBERDADEFc	01:24:13		01:23:28
239	330	JOAQUIM LOPES	47	M4549	34	M		PORTORUNNERS	01:24:17		01:24:04
240	630	CARLOS TEIXEIRA	28	M2039	125	M		ACR VALE CAMBRA	01:24:17	L	01:24:17
241	1639	JOSE OLIVEIRA	45	M4549	35	M		ESTORNORT LDA	01:24:24		01:24:20
242	627	GERMANO NADAIS	49	M4549	36	M		ACR VALE CAMBRA	01:24:25	L	01:24:25
243	828	FERNANDO SACRAMENTO	46	M4549	37	M		INDIVIDUAL	01:24:26	L	01:24:26
244	2049	TÂNIA FERREIRA	31	F2039	11	F		Cyclones Sanitop	01:24:33	L	01:24:33
245	1374	NUNO VALENTE	23	M2039	126	M		C CAMPISMO S J	01:24:37	L	01:24:37
246	442	DUARTE RODRIGUES	24	M2039	127	M		CA MAZAREFE	01:24:39		01:24:15

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
247	460	MANUEL GOMES	53	M5054	22	M		CI ARGONCILHE	01:24:43 2,3	01:24:17
248	1262	MIGUEL GAFANHA	37	M2039	128	M		INDIVIDUAL	01:24:44 L	01:24:44
249	1261	PEDRO SARABANDO	40	M4044	40	M		INDIVIDUAL	01:24:45	01:24:08
250	1014	SERGIO MARTINS	42	M4044	41	M		FLECHINHAS	01:24:46 L	01:24:46
251	1169	RAUL RIBEIRO	54	M5054	23	M		CPT BRAGA	01:24:46	01:24:39
252	1454	ADELINO FERNANDES	47	M4549	38	M		A. MOINHO	01:24:47	01:24:22
253	71	ANTONIO FONTES	39	M2039	129	M		G AMIZADE SJVER	01:24:48 L	01:24:48
254	625	CELSO PAIVA	46	M4549	39	M		ACR VALE CAMBRA	01:24:49	01:24:41
255	1918	ANTONIO OLIVEIRA	45	M4549	40	M		A. Academica	01:24:50	01:24:17
256	1339	BENJAMIN SOARES	51	M5054	24	M		AR ESTRELA SUL	01:24:54	01:24:51
257	2014	JOSE DIAS	53	M5054	25	M		C. Pessoal EDP -	01:24:54 2,3	01:24:36
258	1338	PEDRO SOARES	51	M5054	26	M		AR ESTRELA SUL	01:24:56 L	01:24:56
259	1919	FRANCISCO NOVAIS	47	M4549	41	M		Vitoria SC	01:24:56 L	01:24:56
260	2004	ANTONIO ROCHA	52	M5054	27	M		C. A. Os Gaienses /	01:24:56 2,3,L	01:24:56
261	469	ANDRE FERREIRA	39	M2039	130	M		BEMPOSTA	01:24:58	01:24:55
262	1029	GAUDENCIO LOPES	40	M4044	42	M		BUB VISEU	01:24:58 L	01:24:58
263	2007	JOANA NUNES	26	F2039	12	F		ADERCUS	01:24:59 L	01:24:59
264	343	MARIO CARREIRA	43	M4044	43	M		PORTORUNNERS	01:25:04 L	01:25:04
265	115	JOSE CORREIA	47	M4549	42	M		C BENFICA	01:25:07	01:25:03
266	360	ALAIN COUTO	38	M2039	131	M		AD RIO LARGO	01:25:11	01:25:03
267	1127	FATIMA SILVA	41	F4099	3	F		CD POVOA	01:25:11	01:24:46
268	675	JOSE MARQUES	41	M4044	44	M		CA MATOSINHOS	01:25:14 L	01:25:14
269	1315	LOURENÇO CUNHA	46	M4549	43	M		MF MARTINS	01:25:14 L	01:25:14
270	1765	LUIS COUTINHO	20	M2039	132	M		Amarante Running	01:25:16	01:25:12
271	1104	ARMANDO OLIVEIRA	43	M4044	45	M		A MONTE CORDOVA	01:25:17 2	01:24:36
272	966	ANTONIO PINHO	49	M4549	44	M		INDIVIDUAL	01:25:19	01:25:06
273	715	CARLOS RODRIGUES	47	M4549	45	M		INDIVIDUAL	01:25:21 L	01:25:21
274	1046	CLAÚDIO QUEIROGA	42	M4044	46	M		DINAMO	01:25:24	01:25:04
275	1788	JOSE FERREIRA	36	M2039	133	M		GDR JUV RIBEIRAS	01:25:26 2,3	01:25:17
276	559	JOAQUIM RIBEIRO	56	M5559	8	M		BAIRRO	01:25:28 L	01:25:28
277	1097	FRANCISCO TEIXEIRA	43	M4044	47	M		LUZ VERDE	01:25:29	01:24:40
278	1789	JOSE NUNES	39	M2039	134	M		GDR JUV RIBEIRAS	01:25:29 L	01:25:29
279	1593	TIAGO GODINHO	24	M2039	135	M		GD 3 SANTOS	01:25:36	01:24:29
280	993	MANUEL ALVES	53	M5054	28	M		MOREIRENSE	01:25:39 L	01:25:39
281	754	ANTONIO MOITA	36	M2039	136	M		INDIVIDUAL	01:25:40	01:25:20
282	1458	FRANCISCO PRIMO	42	M4044	48	M		CLAC -	01:25:40 L	01:25:40
283	1384	VITOR HUGO	50	M5054	29	M		OS FALTA DE AR	01:25:44	01:25:26
284	1031	EMANUEL MATOS	37	M2039	137	M		TRIPLAGITADA	01:25:47 L	01:25:47
285	1703	DAVID FERNANDES	52	M5054	30	M		ARADA ATLÉTICO	01:25:48	01:25:33
286	1591	JOAQUIM GODINHO	57	M5559	9	M		GD 3 SANTOS	01:25:53 L	01:25:53
287	1140	JOSE SILVA	50	M5054	31	M		CLAC	01:26:00	01:25:53
288	1135	ALCINO NUNES	39	M2039	138	M		CLAC	01:26:01	01:25:46

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
289	626	FILIFE FERREIRA	22	M2039	139	M		ACR VALE CAMBRA	01:26:02	01:24:42
290	240	MANUEL FERREIRA	48	M4549	46	M		JOBRA	01:26:03	01:25:39
291	2016	PRIMO SILVA	29	M2039	140	M		C. I. de Argoncilhe	01:26:05	L 01:26:05
292	1231	AMERICO VALENTE	49	M4549	47	M		SST MOVAR	01:26:06	01:25:27
293	1246	ANTONIO TEIXEIRA	35	M2039	141	M		CA OVAR	01:26:06	01:25:00
294	883	PAULO RODRIGUES	33	M2039	142	M		INDIVIDUAL	01:26:12	01:25:02
295	989	JOSE VILELA	50	M5054	32	M		BARRIGAS	01:26:17	2,3,L 01:26:17
296	1427	CARLOS FERNANDES	45	M4549	48	M		INDIVIDUAL	01:26:17	L 01:26:17
297	1178	JOSE RAIMUNDO	48	M4549	49	M		GDR FIGUEIRAS	01:26:18	01:26:08
298	1805	NUNO COSTA	40	M4044	49	M		CCRD Burinhosa	01:26:18	01:26:05
299	1176	ANTONIO SALCEDAS	40	M4044	50	M		GDR FIGUEIRAS	01:26:24	L 01:26:24
300	380	ANTONIO TEIXEIRA	31	M2039	143	M		CA VILA BOA BISPO	01:26:28	L 01:26:28
301	1360	JOSE GOMES	47	M4549	50	M		ABCR PARAMOS	01:26:29	01:26:19
302	1243	ANDRE VEIROS	20	M2039	144	M		CA OVAR	01:26:37	01:26:19
303	1314	ALBERTO SOARES	46	M4549	51	M		MF MARTINS	01:26:38	01:26:34
304	92	MANUEL FERREIRA	43	M4044	51	M		GD AIRÃO	01:26:39	01:25:16
305	690	ANTONIO MENESES	47	M4549	52	M		SMAS PORTO	01:26:40	01:26:27
306	248	IVEN PINHO	27	M2039	145	M		CALDAS S JORGE	01:26:42	01:26:20
307	476	JORGE VIEIRA	37	M2039	146	M		ROYALSCHOOL	01:26:46	01:26:17
308	1714	MANUEL S.PAIVA	61	M6099	3	M		AFIS/OVAR	01:26:47	01:26:40
309	887	JOSE SA	44	M4044	52	M		INDIVIDUAL	01:26:50	L 01:26:50
310	894	TIAGO REIGOTA	30	M2039	147	M		INDIVIDUAL	01:26:50	L 01:26:50
311	996	VASCO FIGUEIREDO	46	M4549	53	M		DASDIKES	01:26:53	L 01:26:53
312	395	AMERICO PINTO	49	M4549	54	M		CCDT CM	01:26:54	L 01:26:54
313	655	CARLOS PINTO	50	M5054	33	M		ATLETISMO	01:26:54	01:26:40
314	175	PAULO FERREIRA	31	M2039	148	M		FC PENAFIEL	01:26:58	L 01:26:58
315	114	JOSE CARVALHINHO	46	M4549	55	M		C BENFICA	01:26:59	01:26:35
316	171	AIRES SOUSA	39	M2039	149	M		FC PENAFIEL	01:26:59	01:26:56
317	168	HUGO COUTO	33	M2039	150	M		I-RUN	01:27:00	01:25:52
318	1355	CARLOS MARQUES	22	M2039	151	M		RECARDÃES	01:27:05	01:26:51
319	845	JOÃO NEVES	41	M4044	53	M		INDIVIDUAL	01:27:09	01:26:52
320	1094	MANUEL SOUSA	53	M5054	34	M		LUZ VERDE	01:27:10	01:26:21
321	398	AUGUSTO PEREIRA	56	M5559	10	M		CCDT CM	01:27:11	3 01:27:07
322	552	MANUEL RIBEIRO	46	M4549	56	M		BAIRRO	01:27:12	01:27:01
323	103	MIGUEL FIGUEIREDO	38	M2039	152	M		CAFE PONTO FINAL	01:27:17	2,3 01:26:27
324	105	PAULO MARINHO	32	M2039	153	M		CAFE PONTO FINAL	01:27:17	2,3,L 01:27:17
325	467	BRUNO COSTA	26	M2039	154	M		BEMPOSTA	01:27:18	01:26:10
326	1012	DUARTE SILVA	38	M2039	155	M		FLECHINHAS	01:27:18	3,L 01:27:18
327	1847	RUI BAPTISTA	37	M2039	156	M		Bttrain - C. F. de	01:27:19	01:26:54
328	1522	CARLOS JUSTO	51	M5054	35	M		NAT	01:27:20	01:26:46
329	1518	HELENA LOBO	43	F4099	4	F		NAT	01:27:21	01:27:16
330	17	EDUARDO RESENDE	59	M5559	11	M		AFIS/OVAR	01:27:22	01:27:19

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
331	751	JOSE CRUZ	53	M5054	36	M		INDIVIDUAL	01:27:23	2,L 01:27:23
332	2077	ADELINO OLIVEIRA	20	M2039	157	M		ACR Cambra, Vouzela	01:27:23	01:26:46
333	387	ANTONIO CORREIA	53	M5054	37	M		CA VILA BOA BISPO	01:27:30	L 01:27:30
334	474	NUNO SILVA	35	M2039	158	M		ROYALSCHOOL	01:27:35	L 01:27:35
335	1903	CARLOS DURO	54	M5054	38	M		A. D. R. Aguas Belas	01:27:37	L 01:27:37
336	1165	ANTONIO HENRIQUES	39	M2039	159	M		COLEGIO VIZELA	01:27:39	01:26:33
337	1390	HELDER PINHEIRO	41	M4044	54	M		INDIVIDUAL	01:27:40	01:26:47
338	414	ROBERTO LEAL	43	M4044	55	M		OS RIBEIRINHOS	01:27:41	01:27:21
339	341	MANUEL ROCHA	44	M4044	56	M		PORTORUNNERS	01:27:43	L 01:27:43
340	604	RUI SANTOS	30	M2039	160	M		RECARDÃES	01:27:44	L 01:27:44
341	1970	JOSUE OLIVEIRA	36	M2039	161	M		Individual	01:27:46	01:26:55
342	453	JOAQUIM ALMEIDA	62	M6099	4	M		OSSILVAS	01:27:49	01:27:38
343	597	MANUEL SOUSA	55	M5559	12	M		FUNDOVILA	01:27:50	01:27:39
344	1354	MARCO FERREIRA	29	M2039	162	M		RECARDÃES	01:27:51	L 01:27:51
345	236	EUSEBIO LOPES	47	M4549	57	M		JOBRA	01:27:52	L 01:27:52
346	785	PAULO FIGUEIRA	40	M4044	57	M		GIRASOL	01:27:52	L 01:27:52
347	1928	CARLOS NUNES	49	M4549	58	M		Academico Viseu F. C.	01:27:55	01:26:49
348	2075	CARLOS NUNES	29	M2039	163	M		Casa do Povo de	01:27:56	01:26:47
349	557	JOSE CORVAL	54	M5054	39	M		BAIRRO	01:28:05	01:28:00
350	693	MANUEL FERREIRA	53	M5054	40	M		SMAS PORTO	01:28:07	L 01:28:07
351	1047	FERNANDO PEREIRA	56	M5559	13	M		DASDIKES	01:28:07	01:27:50
352	1420	PAULO VIDINHA	22	M2039	164	M		INDIVIDUAL	01:28:09	L 01:28:09
353	253	ARMANDO BASTOS	37	M2039	165	M		CALDAS S JORGE	01:28:10	L 01:28:10
354	1225	SARA CARVALHO	22	F2039	13	F		ADERCUS	01:28:11	L 01:28:11
355	278	MIGUEL BARBOSA	44	M4044	58	M		CF UNIÃO LAMAS	01:28:14	01:28:00
356	1913	MARIO SOARES	29	M2039	166	M		U. R. C. Abrunheira	01:28:16	L 01:28:16
357	1662	JOÃO SOUSA	48	M4549	59	M		INDIVIDUAL	01:28:17	01:28:10
358	2079	LUIS LIMA	20	M2039	167	M		ACR Cambra, Vouzela	01:28:17	01:28:14
359	1229	PAULO COSTA	25	M2039	168	M		SST MOVAR	01:28:19	L 01:28:19
360	481	NARCISO MARQUES	52	M5054	41	M		SOARENSE	01:28:22	L 01:28:22
361	598	ISMAEL SILVA	54	M5054	42	M		FUNDOVILA	01:28:25	01:28:16
362	1507	MANUEL MOTA	45	M4549	60	M		NAT	01:28:29	L 01:28:29
363	1540	ANTONIO RUELA	50	M5054	43	M		COSTA RUELA	01:28:29	L 01:28:29
364	1941	FILIPA COSTA	23	F2039	14	F		C. D. C. Navais	01:28:29	L 01:28:29
365	1329	CARLOS CUNHA	41	M4044	59	M		CC FELGUEIRAS	01:28:30	L 01:28:30
366	1419	JOÃO GESTOSA	22	M2039	169	M		INDIVIDUAL	01:28:30	01:28:25
367	760	ANTONIO GOMES	33	M2039	170	M		INDIVIDUAL	01:28:32	01:27:59
368	862	GABRIEL OLIVEIRA	31	M2039	171	M		INDIVIDUAL	01:28:33	01:28:20
369	139	HUGO DANIEL	21	M2039	172	M		LIBERDADE FC	01:28:34	01:28:04
370	1129	PAULO PEREIRA	43	M4044	60	M		CTT COIMBRA	01:28:34	01:28:21
371	1426	NARCISO SARAIVA	46	M4549	61	M		INDIVIDUAL	01:28:34	01:28:02
372	2042	CARINA MARQUES	31	F2039	15	F		ADERCUS	01:28:34	L 01:28:34

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
373	231	TADEU ROMA	39	M2039	173	M		JOBRA	01:28:35	01:27:41
374	94	JOSE ALVES	46	M4549	62	M		GD AIRÃO	01:28:36	01:27:04
375	1945	PAULO ANGELICO	37	M2039	174	M		Sneakers Running	01:28:39	L 01:28:39
376	225	AMILCAR PEREIRA	30	M2039	175	M		JOBRA	01:28:40	01:27:44
377	940	JOSE RIBEIRO	36	M2039	176	M		INDIVIDUAL	01:28:41	01:28:36
378	1105	JOAQUIM FREITAS	66	M6099	5	M		A MONTE CORDOVA	01:28:41	2 01:28:03
379	1107	ARTUR MONTEIRO	63	M6099	6	M		A MONTE CORDOVA	01:28:41	2 01:28:01
380	1462	JOÃO SANTOS	35	M2039	177	M		CLAC -	01:28:41	L 01:28:41
381	316	CARLOS PEREIRA	43	M4044	61	M		PORTORUNNERS	01:28:42	01:27:54
382	1999	ANTONIO MOREIRA	31	M2039	178	M		G. D. C. Castelo de	01:28:43	L 01:28:43
383	444	MANUEL SANTOS	53	M5054	44	M		SC CRUZ	01:28:44	L 01:28:44
384	689	ANTONIO BARBOSA	54	M5054	45	M		SMAS PORTO	01:28:47	2,3 01:28:26
385	408	EMANUEL ALMEIDA	28	M2039	179	M		OS RIBEIRINHOS	01:28:51	L 01:28:51
386	1311	NUNO PINTO	31	M2039	180	M		GD SPAIO OLEIROS	01:28:52	01:28:29
387	258	ANGELO RAMOS	46	M4549	63	M		CALDAS S JORGE	01:28:54	2 01:28:33
388	513	JOAQUIM PEDROSA	43	M4044	62	M		CIRAC	01:28:57	L 01:28:57
389	1321	FRANCISCO LEMOS	49	M4549	64	M		CC FELGUEIRAS	01:28:58	01:28:51
390	994	JOSE COSTA	50	M5054	46	M		MOREIRENSE	01:29:05	L 01:29:05
391	1098	FERNANDO SANTOS	38	M2039	181	M		LUZ VERDE	01:29:06	01:28:18
392	2083	JOÃO SILVA	37	M2039	182	M		Gira Sol - Ramos	01:29:09	01:28:47
393	388	JOÃO RIBEIRO	54	M5054	47	M		CA VILA BOA BISPO	01:29:11	L 01:29:11
394	1056	ORLANDO REBELO	54	M5054	48	M		AA MAFRA	01:29:12	L 01:29:12
395	1397	FILIPE VILHENA	36	M2039	183	M		INDIVIDUAL	01:29:12	01:29:07
396	242	VASCO LADEIRA	50	M5054	49	M		GDGAFANHA	01:29:14	01:28:59
397	1971	CRISTIANA VALENTE	26	F2039	16	F		Individual	01:29:14	01:28:22
398	1989	NORBERTO LEITE	24	M2039	184	M		Ginasio Clube	01:29:14	01:28:55
399	450	PAULO VILAÇA	48	M4549	65	M		C ATLETISMO	01:29:18	01:29:06
400	773	JOÃO VILAÇA	59	M5559	14	M		INDIVIDUAL	01:29:18	L 01:29:18
401	410	RUI GOMES	37	M2039	185	M		OS RIBEIRINHOS	01:29:19	01:28:11
402	479	MANUEL AZEVEDO	51	M5054	50	M		SOARENSE	01:29:19	01:28:57
403	2061	LUIS FERNANDO	27	M2039	186	M		Individual	01:29:19	01:28:49
404	1690	MARIA GRARE	58	F4099	5	F		RUNPORTO.COM	01:29:22	L 01:29:22
405	1154	JOSE OLIVEIRA	50	M5054	51	M		CLUBE AGUAS GAIA	01:29:25	01:28:49
406	1335	ALBERTO VALENTE	36	M2039	187	M		GD SANTANDER	01:29:30	01:29:23
407	152	AUGUSTO DOURADO	55	M5559	15	M		CASAPIRES NAZARE	01:29:31	L 01:29:31
408	1908	JOSE GOMES	45	M4549	66	M		Confraria Bike Clube	01:29:31	01:28:23
409	772	PEDRO MATIAS	46	M4549	67	M		INDIVIDUAL	01:29:38	2 01:29:32
410	1582	ANDRE SOARES	24	M2039	188	M		CLUBE DESP	01:29:39	01:28:34
411	2015	SUSANA VILELA	28	F2039	17	F		JOMA	01:29:41	01:29:17
412	1204	CARLOS CRUZ	47	M4549	68	M		ROMPE SOLAS	01:29:43	01:29:29
413	2051	EUSÉBIO OLIVEIRA	31	M2039	189	M		MAIA A CLUBE	01:29:43	2 01:26:09
414	1482	LUCIANO VIEIRA	50	M5054	52	M		GCR ALVARELHOS	01:29:45	3,L 01:29:45

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
415	1536	ALVARO MACHADO	43	M4044	63	M		CLUBE GBES	01:29:46	01:28:47
416	241	JOÃO MAGUETA	48	M4549	69	M		GDGAFANHA	01:29:48	01:29:32
417	1764	TELMO LOPES	23	M2039	190	M		#1 - Cardinal Um	01:29:50	01:29:34
418	558	JACINTO OLIVEIRA	53	M5054	53	M		BAIRRO	01:29:51	01:29:14
419	1189	ANTONIO SILVA	60	M6099	7	M		LEÕES VENEZA	01:29:53	L 01:29:53
420	554	EDUARDO SOUSA	53	M5054	54	M		BAIRRO	01:29:54	2,L 01:29:54
421	553	ARTUR CEPEDA	52	M5054	55	M		BAIRRO	01:29:55	01:29:44
422	874	FILIFE ALMEIDA	28	M2039	191	M		INDIVIDUAL	01:29:57	L 01:29:57
423	1055	ALBERTO GRAÇA	57	M5559	16	M		UNIAO TOMAR	01:29:58	01:29:33
424	1804	CARLOS SOARES	43	M4044	64	M		CCRD Burinhosa	01:29:58	01:29:50
425	1915	DANIEL CRUZ	30	M2039	192	M		I-Run	01:30:00	01:28:53
426	802	ARMANDO TEIXEIRA	60	M6099	8	M		INDIVIDUAL	01:30:01	2,3 01:28:33
427	970	BRUNO PONTES	33	M2039	193	M		TRIPLAGITADA	01:30:03	01:29:52
428	1205	MANUEL OLIVEIRA	46	M4549	70	M		ROMPE SOLAS	01:30:05	L 01:30:05
429	491	JOSE DIAS	33	M2039	194	M		PAPAMILHAS	01:30:07	L 01:30:07
430	544	ANTONIO CORUCHO	45	M4549	71	M		GNR GUIMARÃES	01:30:07	01:29:44
431	136	JOÃO ANTUNES	48	M4549	72	M		CRSD	01:30:10	01:28:57
432	1120	NUNO SEABRA	36	M2039	195	M		AZRAIDS	01:30:10	L 01:30:10
433	322	FERNANDO MELO	62	M6099	9	M		PORTORUNNERS	01:30:11	2,3 01:29:49
434	563	ANTONIO DIAS	48	M4549	73	M		VETERANOS PORTO	01:30:11	01:29:46
435	1238	JOAQUIM COSTA	55	M5559	17	M		CA OVAR	01:30:11	01:30:06
436	2006	SONIA CARVALHO	20	F2039	18	F		CO TAMEGA	01:30:14	01:30:12
437	354	RUI MENDES	35	M2039	196	M		PORTORUNNERS	01:30:17	01:30:11
438	448	MANUEL SÁ	52	M5054	56	M		C ATLETISMO	01:30:18	L 01:30:18
439	1062	ALICE BASILIO	41	F4099	6	F		AA MAFRA	01:30:18	01:29:07
440	256	RUI MOREIRA	36	M2039	197	M		CALDAS S JORGE	01:30:19	01:29:58
441	1346	JOAQUIM SANTOS	52	M5054	57	M		AR ESTRELA SUL	01:30:19	L 01:30:19
442	183	VIRIATO OLIVEIRA	41	M4044	65	M		NA CUCUJÃES	01:30:20	01:30:12
443	501	DULCINEA SILVA	39	F2039	19	F		CABARREIRA	01:30:24	01:29:18
444	1620	CARLOS PEREIRA	39	M2039	198	M		C. A. RIACHENSE	01:30:24	01:30:07
445	507	VITOR RIBEIRO	51	M5054	58	M		CABARREIRA	01:30:25	01:29:19
446	320	EDUARDO BRANDÃO	29	M2039	199	M		PORTORUNNERS	01:30:26	01:30:12
447	1937	CARLOS FERREIRA	37	M2039	200	M		Nucleo de Atletismo	01:30:26	L 01:30:26
448	1090	ABILIO MARQUES	50	M5054	59	M		EPRVS	01:30:28	01:29:23
449	1489	JOAQUIM FANGUEIRO	54	M5054	60	M		GREBONFIM	01:30:31	L 01:30:31
450	1861	BRUNO TAVARES	26	M2039	201	M		Individual	01:30:32	01:30:03
451	555	MANUEL CARDOSO	53	M5054	61	M		BAIRRO	01:30:34	01:30:10
452	1794	ARMANDO BRITES	66	M6099	10	M		DAR - Recardães	01:30:34	2,3,L 01:30:34
453	1929	JOSE RODRIGUES	54	M5054	62	M		Academico Viseu F. C.	01:30:35	01:30:00
454	980	FRANCISCO TAVARES	43	M4044	66	M		ARVOR	01:30:36	01:30:00
455	502	JOSE OLIVEIRA	49	M4549	74	M		CABARREIRA	01:30:37	2,3,L 01:30:37
456	575	MIGUEL ARAUJO	43	M4044	67	M		VETERANOS PORTO	01:30:39	01:29:57

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
457	779	ALFREDO BORGES	52	M5054	63	M		INDIVIDUAL	01:30:39	01:30:04
458	795	ANTONIO OLIVEIRA	58	M5559	18	M		INDIVIDUAL	01:30:39	01:30:30
459	541	PASCOAL MELO	38	M2039	202	M		GNR GUIMARÃES	01:30:40	01:30:11
460	1138	JORGE SANTOS	44	M4044	68	M		CLAC	01:30:43	01:30:19
461	1143	JOSE BRITO	42	M4044	69	M		CLAC	01:30:43	L 01:30:43
462	209	AURELIO MARQUES	46	M4549	75	M		CAVE	01:30:44	3 01:29:51
463	892	JUAN PERRY	38	M2039	203	M		INDIVIDUAL	01:30:44	01:30:02
464	1232	ANTONIO SA	58	M5559	19	M		CA OVAR	01:30:47	01:30:43
465	185	MANUEL SILVA	50	M5054	64	M		NA CUCUJÃES	01:30:48	L 01:30:48
466	5	CLARISSE CRUZ	31	F2039	20	F		SPORTING CP	01:30:49	01:30:45
467	1161	CAMILO GUEDES	41	M4044	70	M		CLUBE AGUAS GAIA	01:30:56	01:30:18
468	274	JOSE MARTINS	34	M2039	204	M		CF UNIÃO LAMAS	01:30:58	2,3 01:30:30
469	814	PEDRO PINTO	28	M2039	205	M		INDIVIDUAL	01:30:59	01:30:16
470	1364	MIGUEL MENDES	36	M2039	206	M		GDR RETORTA	01:31:01	01:30:57
471	2017	FERNANDO RAMOS	48	M4549	76	M		G. D. C. Castelo de	01:31:02	01:30:11
472	159	MANUEL FERREIRA	55	M5559	20	M		C CAMPISMO S J	01:31:03	01:30:53
473	89	MANUEL SA	46	M4549	77	M		AA GRIJO	01:31:07	L 01:31:07
474	1944	NUNO GOMES	27	M2039	207	M		Sneakers Running	01:31:07	L 01:31:07
475	197	ANTONIO FERNANDES	50	M5054	65	M		NA CUCUJÃES	01:31:12	01:30:18
476	637	DOMINGOS FONSECA	72	M6099	11	M		GINASIO S TIRSO	01:31:12	2,3 01:28:53
477	1980	PAULO CARMO	39	M2039	208	M		C. I. de Argoncilhe	01:31:16	01:30:58
478	160	MANUEL DIAS	61	M6099	12	M		C CAMPISMO S J	01:31:20	01:31:06
479	709	ANTONIO VICENTE	44	M4044	71	M		INDIVIDUAL	01:31:25	01:30:20
480	135	FERNANDO ANTUNES	44	M4044	72	M		CRSD	01:31:32	3,L 01:31:32
481	611	CRISTOVÃO GOMES	30	M2039	209	M		VETERANOS LIS	01:31:33	L 01:31:33
482	1254	JOAQUIM PINHEL	61	M6099	13	M		INDIVIDUAL	01:31:37	01:31:11
483	1294	JOSE CORREIA	53	M5054	66	M		FUTSALLOUROSA	01:31:38	01:30:43
484	1487	JULIO SANTOS	50	M5054	67	M		GREBONFIM	01:31:40	01:31:16
485	514	AMERICO COELHO	46	M4549	78	M		CIRAC	01:31:42	L 01:31:42
486	731	HENRIQUE FERREIRA	48	M4549	79	M		INDIVIDUAL	01:31:42	L 01:31:42
487	1700	FERNANDO FERNANDES	52	M5054	68	M		ARADA ATLÉTICO	01:31:44	01:31:07
488	605	CELSO MOREIRA	21	M2039	210	M		RECARDÃES	01:31:50	01:31:02
489	777	JOSE LEITÃO	45	M4549	80	M		INDIVIDUAL	01:31:50	L 01:31:50
490	1940	JOSE EUSEBIO	39	M2039	211	M		C. D. C. Navais	01:31:50	L 01:31:50
491	1208	CESAR SILVA	37	M2039	212	M		ROMPE SOLAS	01:31:51	01:31:41
492	1900	ANTONIO MAGALHÃES	41	M4044	73	M		Individual	01:31:52	L 01:31:52
493	437	AMERICO PINHO	38	M2039	213	M		ACRD ESCAPÃES	01:31:53	01:31:43
494	888	JOÃO LOPES	52	M5054	69	M		INDIVIDUAL	01:31:53	2,3 01:29:38
495	1606	NUNO ANDRADE	33	M2039	214	M		INDIVIDUAL	01:31:58	01:31:12
496	1934	CARLOS MARIA	42	M4044	74	M		G Fit Fun	01:32:02	2 01:31:34
497	1840	LEANDRO PINTO	33	M2039	215	M		Triplagitada - Clube de	01:32:03	01:30:44
498	601	VASCO MICAEL	64	M6099	14	M		RECARDÃES	01:32:05	L 01:32:05

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
499	664	ANTONIO GERLADO	54	M5054	70	M		ATLETISMO	01:32:09	01:31:59
500	1515	JOSE MOTA	47	M4549	81	M		NAT	01:32:09	01:31:11
501	365	BELMIRO RODRIGUES	48	M4549	82	M		AD RIO LARGO	01:32:11	L 01:32:11
502	419	FERNANDO SANTOS	47	M4549	83	M		A QUINTAS FREIRAS	01:32:11	L 01:32:11
503	1486	JOSE GOMES	58	M5559	21	M		GREBONFIM	01:32:14	2 01:31:24
504	1905	ANTONIO SILVA	45	M4549	84	M		A. D. R. Aguas Belas	01:32:14	L 01:32:14
505	1452	LUIS SILVA	42	M4044	75	M		SPORTOLICOS TT	01:32:15	3 01:31:01
506	1021	JOSE MACHADO	56	M5559	22	M		AMARANTE	01:32:16	L 01:32:16
507	1865	RUI SILVA	29	M2039	216	M		Individual	01:32:16	L 01:32:16
508	1172	JOSE PEREIRA	52	M5054	71	M		CPT BRAGA	01:32:17	01:30:56
509	247	JOSE CARVALHO	41	M4044	76	M		CALDAS S JORGE	01:32:19	01:31:57
510	447	MARCIA MARTINS	28	F2039	21	F		UDVALMAIOR	01:32:19	01:31:55
511	1102	LUIS CATARINO	32	M2039	217	M		ARRASTÕES	01:32:20	01:30:54
512	1988	EDUARDO SOARES	48	M4549	85	M		C. Pessoal EDP -	01:32:22	01:32:06
513	676	VITOR TEIXEIRA	50	M5054	72	M		CA MATOSINHOS	01:32:24	L 01:32:24
514	861	JOÃO SOUSA	31	M2039	218	M		INDIVIDUAL	01:32:28	L 01:32:28
515	1048	ANTONIO FREITAS	42	M4044	77	M		CONFRARIABIKE	01:32:31	01:31:25
516	1544	ANTONIO LOPES	43	M4044	78	M		INDIVIDUAL	01:32:31	2,3 01:31:55
517	86	FRANCISCO ROCHA	52	M5054	73	M		AA GRIJO	01:32:33	L 01:32:33
518	245	JOÃO PINTO	47	M4549	86	M		CALDAS S JORGE	01:32:33	L 01:32:33
519	1322	JACINTO RIBEIRO	43	M4044	79	M		CC FELGUEIRAS	01:32:33	01:32:26
520	486	MANUEL PEIXOTO	43	M4044	80	M		PAPAMILHAS	01:32:43	L 01:32:43
521	310	LEOPOLDO FERNANDES	56	M5559	23	M		LEÕES GUARDA	01:32:44	L 01:32:44
522	490	JOAQUIM DIAS	53	M5054	74	M		PAPAMILHAS	01:32:51	01:32:40
523	870	FRANCISCO NETO	47	M4549	87	M		INDIVIDUAL	01:32:53	2,3,L 01:32:53
524	1271	ISMAEL MATOS	28	M2039	219	M		OS KÁGADOS	01:32:53	01:32:35
525	1551	JOAQUIM ANDRADE	48	M4549	88	M		INDIVIDUAL	01:32:57	01:32:45
526	1000	ALMERINDO CARDOSO	37	M2039	220	M		CALDAS S JORGE	01:32:58	01:32:26
527	1387	JOSE VIEIRA	42	M4044	81	M		OS FALTA DE AR	01:32:59	01:31:36
528	1385	CONSTANTINO VIEIRA	59	M5559	24	M		OS FALTA DE AR	01:33:00	2,3,L 01:33:00
529	153	ANTONIO CRUZ	56	M5559	25	M		PTAVEIRO	01:33:01	01:32:41
530	1926	FERNANDO NEVES	39	M2039	221	M		G. D. C. Eirapedrense	01:33:02	01:32:04
531	1009	CANDIDO MONTEIRO	51	M5054	75	M		ASSOCIAÇÃO	01:33:05	L 01:33:05
532	1226	ANTONIO MOREIRA	55	M5559	26	M		MAIA ATLETICO	01:33:06	L 01:33:06
533	1015	LUIS MARTINS	48	M4549	89	M		FLECHINHAS	01:33:15	01:33:04
534	832	CARLOS GUERRA	43	M4044	82	M		INDIVIDUAL	01:33:17	01:31:45
535	956	CARLOS VIEIRA	32	M2039	222	M		INDIVIDUAL	01:33:19	01:33:04
536	1180	JOSE NOVAIS	51	M5054	76	M		LEÕES VENEZA	01:33:19	L 01:33:19
537	359	VICTOR CARVALHO	46	M4549	90	M		PORTORUNNERS	01:33:25	01:32:31
538	1439	PATRICK SILVA	34	M2039	223	M		INDIVIDUAL	01:33:25	01:32:52
539	161	ANTONIO FONSECA	46	M4549	91	M		C CAMPISMO S J	01:33:26	01:32:31
540	484	MANUEL SILVA	55	M5559	27	M		SOARENSE	01:33:29	2,3 01:31:11

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	L	Líquido
541	95	ALBERTO FERREIRA	48	M4549	92	M		GD AIRÃO	01:33:31	L	01:33:31
542	118	MANUEL PIRES	41	M4044	83	M		C BENFICA	01:33:31	L	01:33:31
543	480	JOSE SEQUEIRA	50	M5054	77	M		SOARENSE	01:33:31		01:33:23
544	886	MANUEL OLIVEIRA	46	M4549	93	M		INDIVIDUAL	01:33:33		01:33:24
545	26	JOSE MOREIRA SILVA	56	M5559	28	M		AFIS/OVAR	01:33:34	L	01:33:34
546	941	JOÃO SILVA	42	M4044	84	M		INDIVIDUAL	01:33:34		01:32:30
547	1234	ARTUR REIS	54	M5054	78	M		CA OVAR	01:33:37		01:33:24
548	1309	JOSE GABIEL	62	M6099	15	M		VETERANOS LIS	01:33:37		01:33:34
549	55	AMERICO FERREIRA	59	M5559	29	M		BRAGUINHAS VA	01:33:38		01:32:09
550	1242	CARLOS COSTA	49	M4549	94	M		CA OVAR	01:33:39		01:33:13
551	1250	JOSE PEREIRA	50	M5054	79	M		CA OVAR	01:33:39	2,3	01:32:34
552	1173	LEONEL RODRIGUES	57	M5559	30	M		GDR FIGUEIRAS	01:33:43		01:33:27
553	438	PAULO SANTOS	40	M4044	85	M		ACRD ESCAPÃES	01:33:44	L	01:33:44
554	192	NORBERTO OLIVEIRA	52	M5054	80	M		NA CUCUJÃES	01:33:45	L	01:33:45
555	1233	ANTONIO BRANCO	57	M5559	31	M		CA OVAR	01:33:45	L	01:33:45
556	1952	PEDRO ROMANO	25	M2039	224	M		Individual	01:33:46	L	01:33:46
557	1301	SIMÃO OLIVEIRA	49	M4549	95	M		GD LOUROCOOP	01:33:47	L	01:33:47
558	381	BRUNO CAETANO	22	M2039	225	M		CA VILA BOA BISPO	01:33:49	L	01:33:49
559	583	ISIDRO GOMES	48	M4549	96	M		FERREIRO LUX	01:33:54		01:33:46
560	487	CARLOS MACHADO	43	M4044	86	M		PAPAMILHAS	01:34:02		01:32:53
561	1320	ALEXANDRE SILVA	52	M5054	81	M		MF MARTINS	01:34:02	L	01:34:02
562	518	HENRIQUE MELO	47	M4549	97	M		CIRAC	01:34:03	L	01:34:03
563	734	BELMIRO LOPES	41	M4044	87	M		INDIVIDUAL	01:34:05	L	01:34:05
564	64	ALFREDO RODRIGUES	53	M5054	82	M		BRAGUINHAS VA	01:34:06	L	01:34:06
565	300	MANUEL SILVA	38	M2039	226	M		CENAP	01:34:07		01:32:51
566	704	ALCINDO PAIVA	37	M2039	227	M		INDIVIDUAL	01:34:08	L	01:34:08
567	1520	FRANCISCO CUNHA	41	M4044	88	M		NAT	01:34:08		01:32:45
568	362	ALVARO REIS	48	M4549	98	M		AD RIO LARGO	01:34:12		01:34:07
569	1417	ESTER ALVES	30	F2039	22	F		INDIVIDUAL	01:34:14		01:33:58
570	1904	JOSE SILVA	50	M5054	83	M		A. D. R. Aguas Belas	01:34:14	L	01:34:14
571	1025	JOAQUIM BATISTA	39	M2039	228	M		BTTSANDIM	01:34:15		01:33:19
572	580	JOAQUIM PEREIRA	53	M5054	84	M		FERREIRO LUX	01:34:17	L	01:34:17
573	975	ANTONIO TAVARES	60	M6099	16	M		INDIVIDUAL	01:34:19	L	01:34:19
574	1713	MÁRIO MARTINS	44	M4044	89	M		INDIVIDUAL	01:34:19		01:34:05
575	54	MANUEL DIAS	56	M5559	32	M		BRAGUINHAS VA	01:34:21		01:34:11
576	477	CARLOS VIEIRA	39	M2039	229	M		ROYALSCHOOL	01:34:21		01:33:52
577	1709	JOSÉ FERREIRA	38	M2039	230	M		CLUBE PORTUGAL	01:34:22		01:33:51
578	1651	JOSE CARVALHO	38	M2039	231	M		INDIVIDUAL	01:34:24	L	01:34:24
579	783	ANTONIO OLIVEIRA	49	M4549	99	M		INDIVIDUAL	01:34:25		01:33:25
580	261	MARIO COSTA	40	M4044	90	M		CALDAS S JORGE	01:34:27	L	01:34:27
581	1038	JOSE MARQUES	26	M2039	232	M		MAIA ATLETICO	01:34:27		01:34:13
582	173	AUGUSTO MONTEIRO	51	M5054	85	M		FC PENAFIEL	01:34:29	L	01:34:29

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo		Líquido
583	1211	ANTONIO MOTA	58	M5559	33	M		ROMPE SOLAS	01:34:29	3	01:34:01
584	1830	RUI DUARTE	33	M2039	233	M		Individual	01:34:29		01:33:02
585	1763	ANTONIO GONÇALVES	45	M4549	100	M		Individual	01:34:31		01:33:59
586	1817	PAULO CAMPOS	44	M4044	91	M		Individual	01:34:34		01:34:02
587	202	CANDIDO FRANCO	38	M2039	234	M		SUNSETRUNNERS	01:34:35	L	01:34:35
588	1033	RICARDO TEIXEIRA	33	M2039	235	M		RUNPORTO.COM	01:34:35		01:34:31
589	1287	RUI SOUSA	41	M4044	92	M		OS KÁGADOS	01:34:35		01:33:31
590	199	DAVID SOUSA	46	M4549	101	M		SUNSETRUNNERS	01:34:36	L	01:34:36
591	1122	JOÃO GASPAR	33	M2039	236	M		AZRAIDS	01:34:36		01:34:28
592	918	JOSE SA	40	M4044	93	M		INDIVIDUAL	01:34:38	L	01:34:38
593	586	DAVID GONÇALVES	54	M5054	86	M		FERREIRO LUX	01:34:39		01:34:09
594	1922	MANUEL MENDES	40	M4044	94	M		Vitoria SC	01:34:39		01:34:14
595	958	ARTUR LIMA	48	M4549	102	M		INDIVIDUAL	01:34:42		01:34:35
596	1483	MANUEL CARNEIRO	49	M4549	103	M		GCR ALVARELHOS	01:34:43		01:34:31
597	1179	MARIO DUARTE	53	M5054	87	M		GDR FIGUEIRAS	01:34:46	L	01:34:46
598	65	ANTONIO RODRIGUES	55	M5559	34	M		BRAGUINHAS VA	01:34:52		01:34:30
599	1684	JOSE FERNANDES	60	M6099	17	M		CASA BENFICA	01:34:52		01:34:32
600	724	JOSE PINTO	40	M4044	95	M		INDIVIDUAL	01:34:53		01:34:11
601	725	PAULO PINTO	35	M2039	237	M		INDIVIDUAL	01:34:54		01:34:10
602	1045	DAVIDE LOURENÇO	41	M4044	96	M		DINAMO	01:34:54		01:34:35
603	1523	JOSE GUIMARÃES	48	M4549	104	M		NAT	01:34:57		01:34:48
604	1793	PEDRO SANCHES	42	M4044	97	M		GDR JUV RIBEIRAS	01:34:57		01:34:36
605	718	LUIS TEIXEIRA	44	M4044	98	M		INDIVIDUAL	01:34:58		01:34:44
606	1450	JOSE SILVA	47	M4549	105	M		SPORTOLICOS TT	01:34:58		01:33:42
607	1509	JOÃO SILVA	49	M4549	106	M		NAT	01:34:58		01:34:53
608	1815	FRANCISCO LOBO	49	M4549	107	M		Porto Runners	01:34:59		01:34:31
609	367	CARLOS CARDOSO	44	M4044	99	M		AD RIO LARGO	01:35:00		01:34:17
610	1825	JOSE MATOS	32	M2039	238	M		Individual	01:35:01		01:34:12
611	1303	VASCO MARQUES	40	M4044	100	M		VETERANOS LIS	01:35:02	L	01:35:02
612	244	MANUEL NEVES	39	M2039	239	M		CALDAS S JORGE	01:35:03		01:34:37
613	1440	ARMANDO OLIVEIRA	54	M5054	88	M		INDIVIDUAL	01:35:04		01:33:53
614	584	DOMINGOS LAMEIRA	44	M4044	101	M		FERREIRO LUX	01:35:05	L	01:35:05
615	1686	BRUNO MARTINS	24	M2039	240	M		CDCR CTT COIMBRA	01:35:05	L	01:35:05
616	1958	DR NETO	54	M5054	89	M		Individual	01:35:05	3,L	01:35:05
617	900	SERGIO JORGE	40	M4044	102	M		INDIVIDUAL	01:35:06	L	01:35:06
618	2023	JOSE MAÇARRIA	51	M5054	90	M		Casa Benfica F. da	01:35:07		01:34:34
619	1672	RUI SOUSA	37	M2039	241	M		INDIVIDUAL	01:35:09		01:34:38
620	1868	ANTONIO OSORIO	51	M5054	91	M		Sporting Lamego	01:35:10	L	01:35:10
621	43	MANUEL VIEIRA	51	M5054	92	M		AFIS/OVAR	01:35:11		01:34:51
622	1887	CARLOS MAIA	36	M2039	242	M		Individual	01:35:14		01:34:41
623	186	ANTONIO LEITE	42	M4044	103	M		NA CUCUJÃES	01:35:15	L	01:35:15
624	74	MANUEL ALMEIDA	47	M4549	108	M		G AMIZADE SJVER	01:35:16		01:34:43

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	L	Líquido
625	140	ISAIAS SA	30	M2039	243	M		FUGITIVOS	01:35:16	L	01:35:16
626	1072	JOAQUIM VIEIRA	46	M4549	109	M		OS CACHOS	01:35:16		01:33:47
627	368	CARLOS FERREIRA	36	M2039	244	M		AD RIO LARGO	01:35:17	L	01:35:17
628	901	PAULO OLIVEIRA	42	M4044	104	M		INDIVIDUAL	01:35:18		01:34:26
629	1139	MARIO SALGUEIRO	37	M2039	245	M		CLAC	01:35:18		01:34:36
630	632	ALBINO FERNANDES	49	M4549	110	M		GINASIO S TIRSO	01:35:19	L	01:35:19
631	582	MANUEL PEREIRA	46	M4549	111	M		FERREIRO LUX	01:35:21	L	01:35:21
632	1326	FERNANDO OLIVEIRA	56	M5559	35	M		CC FELGUEIRAS	01:35:21		01:34:53
633	1306	CARLOS RIBEIRO	49	M4549	112	M		VETERANOS LIS	01:35:23		01:34:42
634	60	RAUL VELOSO	54	M5054	93	M		BRAGUINHAS VA	01:35:25	2	01:33:54
635	427	ARMANDO MACEDO	66	M6099	18	M		A QUINTAS FREIRAS	01:35:25		01:35:09
636	1331	FERNANDO ALVES	48	M4549	113	M		CC FELGUEIRAS	01:35:25		01:35:03
637	846	ANTONIO SILVA	36	M2039	246	M		INDIVIDUAL	01:35:26	L	01:35:26
638	1653	FILIFE ALVES	27	M2039	247	M		INDIVIDUAL	01:35:26		01:34:59
639	1882	JORGE MATOS	40	M4044	105	M		Individual	01:35:26	2	01:34:29
640	496	JOSE ANDRADE	49	M4549	114	M		MAIA ATLETICO	01:35:27		01:34:52
641	1171	ASSIS AZEVEDO	54	M5054	94	M		CPT BRAGA	01:35:27		01:35:15
642	1949	PAULO CALADO	29	M2039	248	M		Sneakers Running	01:35:29	L	01:35:29
643	1401	ALBERTO MEIRELES	51	M5054	95	M		INDIVIDUAL	01:35:30	L	01:35:30
644	1235	EDGAR COSTA	41	M4044	106	M		CA OVAR	01:35:33	2	01:34:43
645	1827	ARMENIO MENDES	44	M4044	107	M		Individual	01:35:34		01:35:03
646	581	JAIME LIMA	52	M5054	96	M		FERREIRO LUX	01:35:40	L	01:35:40
647	1769	ARNALDO MARINHO	52	M5054	97	M		G. D. Leões do	01:35:43		01:35:31
648	631	ALBERTO CARNEIRO	36	M2039	249	M		GINASIO S TIRSO	01:35:44		01:35:06
649	1132	FERNANDO CARVALHO	35	M2039	250	M		CTT COIMBRA	01:35:44	L	01:35:44
650	348	MIGUEL SANTOS	40	M4044	108	M		PORTORUNNERS	01:35:47		01:34:54
651	1043	CARLOS PINTO	26	M2039	251	M		FREAMUNDE	01:35:49	L	01:35:49
652	314	ALEXANDRE FERREIRA	47	M4549	115	M		PORTORUNNERS	01:35:50		01:34:57
653	1016	ADERITO CURTO	50	M5054	98	M		GIRASOL	01:35:52		01:35:13
654	1511	AUGUSTO MARQUES	48	M4549	116	M		NAT	01:35:52		01:35:41
655	50	RICARDO TEIXEIRA	26	M2039	252	M		AFIS/OVAR	01:35:55		01:34:53
656	1244	MANUEL SILVA	45	M4549	117	M		CA OVAR	01:35:55		01:34:53
657	946	PAULO DOMINGUES	32	M2039	253	M		INDIVIDUAL	01:35:56		01:35:41
658	981	DOMINGOS TELES	59	M5559	36	M		ARVOR	01:35:57	L	01:35:57
659	1388	FERNANDO GONÇALVES	52	M5054	99	M		OS FALTA DE AR	01:35:57		01:35:05
660	1545	FERNANDO BERNARDINO	36	M2039	254	M		INDIVIDUAL	01:35:57		01:35:18
661	1921	RAMIRO PINHEIRO	37	M2039	255	M		Vitoria SC	01:35:59		01:35:35
662	1931	LUIS PINHO	38	M2039	256	M		G Fit Fun	01:36:02	L	01:36:02
663	1933	JOSE ROMEU	36	M2039	257	M		G Fit Fun	01:36:02		01:35:52
664	470	JOÃO OLIVEIRA	52	M5054	100	M		BEMPOSTA	01:36:03		01:34:40
665	1572	JOAQUIM MARQUES	47	M4549	118	M		TURBO-LENTOS	01:36:05		01:34:59
666	831	FILIFE ALMEIDA	39	M2039	258	M		INDIVIDUAL	01:36:08	2,3	01:34:36

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
667	1832	JOSE AZEVEDO	44	M4044	109	M		Clube Millenniumbcp	01:36:08	01:35:57
668	729	NELSON PINHO	38	M2039	259	M		INDIVIDUAL	01:36:09	01:35:26
669	506	VITOR PARREIRA	58	M5559	37	M		CABARREIRA	01:36:11	L 01:36:11
670	1424	LUIS AZEVEDO	33	M2039	260	M		INDIVIDUAL	01:36:11	01:35:03
671	701	JOÃO CAPA	41	M4044	110	M		INDIVIDUAL	01:36:13	01:35:15
672	1618	FRANCISCO COSTA	48	M4549	119	M		PORTO RUNNERS	01:36:13	01:34:37
673	379	JOAQUIM SILVA	52	M5054	101	M		JA MOZELENSE	01:36:14	L 01:36:14
674	1860	MANUEL CASTRO	45	M4549	120	M		Individual	01:36:15	L 01:36:15
675	471	FLAVIO NOGUEIRA	24	M2039	261	M		BEMPOSTA	01:36:18	01:35:27
676	1202	JOÃO ANDRADE	52	M5054	102	M		ROMPE SOLAS	01:36:24	01:36:12
677	706	PAULO ALVES	41	M4044	111	M		INDIVIDUAL	01:36:26	01:35:46
678	1372	FERNANDO GONÇALVES	52	M5054	103	M		JA MOZELENSE	01:36:26	01:35:32
679	1357	ANTONIO OLIVEIRA	34	M2039	262	M		CA OVAR	01:36:28	01:36:12
680	417	ANTONIO PEREIRA	52	M5054	104	M		A QUINTAS FREIRAS	01:36:29	01:36:10
681	864	BRUNO ARAUJO	36	M2039	263	M		INDIVIDUAL	01:36:30	01:36:13
682	906	JOÃO RODRIGUES	45	M4549	121	M		INDIVIDUAL	01:36:32	01:36:11
683	267	CARLOS CARDOSO	39	M2039	264	M		CF UNIÃO LAMAS	01:36:34	L 01:36:34
684	508	JORGE AGOSTINHO	53	M5054	105	M		CABARREIRA	01:36:34	01:35:06
685	1846	JOÃO CORREIA	45	M4549	122	M		Casa Benfica Lousada	01:36:35	01:35:59
686	545	CRISTIANO PEREIRA	37	M2039	265	M		GNR GUIMARÃES	01:36:39	01:36:01
687	1276	CARLOS AGUIAR	45	M4549	123	M		OS KÁGADOS	01:36:40	L 01:36:40
688	1274	MANUEL RIBEIRO	56	M5559	38	M		OS KÁGADOS	01:36:42	01:36:23
689	1706	SALVADOR FARDILHA	45	M4549	124	M		ARADA ATLÉTICO	01:36:43	01:36:07
690	290	JOSE CASTRO	63	M6099	19	M		GD SPAIO OLEIROS	01:36:47	L 01:36:47
691	1736	FLORIMUNDO NOGUEIRA	48	M4549	125	M		Individual	01:36:47	01:36:18
692	811	JOSE SOARES	37	M2039	266	M		INDIVIDUAL	01:36:48	01:36:19
693	852	PAULO SILVA	37	M2039	267	M		INDIVIDUAL	01:36:48	L 01:36:48
694	1728	JOSE OLIVEIRA	36	M2039	268	M		Individual	01:36:49	L 01:36:49
695	1524	JOSE LOPES	48	M4549	126	M		NAT	01:36:51	L 01:36:51
696	1667	TIAGO TEIXEIRA	23	M2039	269	M		INDIVIDUAL	01:36:55	L 01:36:55
697	288	LUIS CONCEIÇÃO	44	M4044	112	M		GD SPAIO OLEIROS	01:36:58	01:36:52
698	283	HEITOR SANTOS	46	M4549	127	M		GD LOUROCOOP	01:37:00	01:36:48
699	154	GABRIEL SILVA	43	M4044	113	M		SANTOS SILVA	01:37:03	01:36:59
700	1984	OSCAR LOUREIRO	71	M6099	20	M		Os Loureiros	01:37:05	L 01:37:05
701	1680	SILVERIO PINTO	46	M4549	128	M		COMPORTO	01:37:06	01:36:03
702	1519	FRANCISCO XAVIER	51	M5054	106	M		NAT	01:37:11	01:36:25
703	1800	JOSE LAGARIÇO	40	M4044	114	M		Amigos Atletismo	01:37:11	01:36:46
704	643	MIGUEL POLONIA	52	M5054	107	M		GINASIO S TIRSO	01:37:12	L 01:37:12
705	407	FERNANDO CHAVES	51	M5054	108	M		OS RIBEIRINHOS	01:37:14	L 01:37:14
706	623	ANTONIO PEREIRA	62	M6099	21	M		ADAMARANTE	01:37:17	L 01:37:17
707	816	JOAQUIM PESSOA	53	M5054	109	M		INDIVIDUAL	01:37:19	01:35:45
708	1547	MIGUEL JACINTO	33	M2039	270	M		INDIVIDUAL	01:37:19	L 01:37:19

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	L	Líquido
709	522	ALCIDES SALES	50	M5054	110	M		CIRAC	01:37:21	L	01:37:21
710	656	ALVARO PEREIRA	43	M4044	115	M		ATLETISMO	01:37:22		01:36:21
711	285	MANUEL FREITAS	40	M4044	116	M		GD SPAIO OLEIROS	01:37:25		01:36:21
712	1078	LUIS MADEIRA	35	M2039	271	M		FEMAB	01:37:26		01:36:22
713	948	MANUEL OLIVEIRA	43	M4044	117	M		INDIVIDUAL	01:37:27		01:37:08
714	1343	LUIA OLIVEIRA	37	F2039	23	F		AR ESTRELA SUL	01:37:27	2,3,L	01:37:27
715	1350	FREDERICO SALGADO	25	M2039	272	M		RECARDÃES	01:37:27	L	01:37:27
716	1157	MANUEL RESENDE	48	M4549	129	M		CLUBE AGUAS GAIA	01:37:28		01:37:19
717	1190	JOSE PIRES	50	M5054	111	M		LEÕES VENEZA	01:37:28	L	01:37:28
718	1791	QUINTINO BACELO	52	M5054	112	M		GDR JUV RIBEIRAS	01:37:28		01:37:14
719	1024	MARINHO BATISTA	34	M2039	273	M		BTTSANDIM	01:37:29		01:36:32
720	1150	PEDRO NUNES	43	M4044	118	M		CLUBE STRESS	01:37:30	2	01:36:55
721	1946	JOSE OLIVEIRA	31	M2039	274	M		Sneakers Running	01:37:31	L	01:37:31
722	1330	JOSE CUNHA	46	M4549	130	M		CC FELGUEIRAS	01:37:33		01:37:26
723	148	FERNANDO CAMELO	53	M5054	113	M		SC SALGUEIROS	01:37:35		01:36:47
724	1207	RUI EUSEBIO	43	M4044	119	M		ROMPE SOLAS	01:37:36		01:37:09
725	1481	AMARO SILVA	44	M4044	120	M		GCR ALVARELHOS	01:37:36		01:37:16
726	651	ADRIANO QUEIROZ	59	M5559	39	M		ATLETISMO	01:37:37		01:36:38
727	797	MANUEL TAVARES	47	M4549	131	M		INDIVIDUAL	01:37:37		01:37:06
728	792	JOÃO FERREIRA	46	M4549	132	M		INDIVIDUAL	01:37:39		01:36:21
729	485	JOAQUIM MACHADO	47	M4549	133	M		PAPAMILHAS	01:37:41		01:36:30
730	640	JOÃO SILVA	54	M5054	114	M		GINASIO S TIRSO	01:37:41		01:37:03
731	602	MANUEL BARREIRA	60	M6099	22	M		RECARDÃES	01:37:42		01:37:27
732	1636	FERNANDO COELHO	43	M4044	121	M		ESTORNORT LDA	01:37:43		01:36:06
733	1409	JOSE ENCARNAÇÃO	52	M5054	115	M		INDIVIDUAL	01:37:44		01:36:30
734	57	JOSE RIBEIRO	52	M5054	116	M		BRAGUINHAS VA	01:37:45	L	01:37:45
735	1559	RUI LIMA	45	M4549	134	M		INDIVIDUAL	01:37:45	L	01:37:45
736	62	FERNANDO SOUTO	57	M5559	40	M		BRAGUINHAS VA	01:37:46		01:36:16
737	872	JOSE GARCIA	51	M5054	117	M		INDIVIDUAL	01:37:46	L	01:37:46
738	1255	JOAQUIM COSTA	74	M6099	23	M		INDIVIDUAL	01:37:46	L	01:37:46
739	2095	JOAO MARTINS	54	M5054	118	M		M. F. Martins Lda	01:37:46		01:37:13
740	1608	ANTONIO OLIVEIRA	40	M4044	122	M		INDIVIDUAL	01:37:47	L	01:37:47
741	243	ANTONIO NEVES	32	M2039	275	M		CALDAS S JORGE	01:37:48	L	01:37:48
742	263	DIOGO AMORIM	22	M2039	276	M		CALDAS S JORGE	01:37:49		01:37:30
743	324	GERALDINO SILVA	54	M5054	119	M		PORTORUNNERS	01:37:49	L	01:37:49
744	70	JORGE LOPES	46	M4549	135	M		SS S.J.MADEIRA	01:37:50	L	01:37:50
745	1227	JOSE COSTA	51	M5054	120	M		SST MOVAR	01:37:52		01:37:35
746	1228	FLORBELA COSTA	49	F4099	7	F		SST MOVAR	01:37:53		01:37:36
747	1259	CANDIDO EUSEBIO	33	M2039	277	M		INDIVIDUAL	01:37:55		01:34:19
748	1381	MANUEL ANTÓNIO	34	M2039	278	M		OS FALTA DE AR	01:37:55		01:36:31
749	961	ANTONIO NASCIMENTO	48	M4549	136	M		INDIVIDUAL	01:38:00		01:37:26
750	1240	PEDRO LEAL	45	M4549	137	M		CA OVAR	01:38:00		01:36:35

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	L	Líquido
751	1316	MAXIMIANO RODRIGUES	48	M4549	138	M		MF MARTINS	01:38:02	L	01:38:02
752	286	JOSE RIBEIRO	46	M4549	139	M		GD SPAIO OLEIROS	01:38:04	L	01:38:04
753	1286	MANUEL ROCHA	63	M6099	24	M		OS KÁGADOS	01:38:06	L	01:38:06
754	1580	ESMERALDA SILVA	43	F4099	8	F		CLUBE DESP	01:38:07		01:37:27
755	525	ANTONIO FERNANDO	52	M5054	121	M		CIRAC	01:38:09		01:37:58
756	591	ARTUR FERRAZ	53	M5054	122	M		KARATE	01:38:09		01:37:12
757	1535	SALVADOR SILVA	39	M2039	279	M		CLUBE GBES	01:38:10	L	01:38:10
758	1866	PAULO MACHADO	41	M4044	123	M		Sporting Lamego	01:38:12		01:37:21
759	1328	LUIS SAMPAIO	46	M4549	140	M		CC FELGUEIRAS	01:38:15		01:37:42
760	1441	GABRIEL REVEZ	33	M2039	280	M		INDIVIDUAL	01:38:17	L	01:38:17
761	1611	LUIS PINHO	46	M4549	141	M		ADEC-MS	01:38:18		01:37:23
762	1470	AMERICO IMPERADEIRO	40	M4044	124	M		BRAGUINHAS VA	01:38:19		01:36:50
763	2071	MANUEL LOPES	35	M2039	281	M		Individual	01:38:19	L	01:38:19
764	686	JOSE ROCHA	52	M5054	123	M		ATLETISMO	01:38:20		01:37:53
765	842	ANTONIO AMADOR	43	M4044	125	M		INDIVIDUAL	01:38:20		01:37:28
766	1258	JOANA LIMA	22	F2039	24	F		INDIVIDUAL	01:38:21	L	01:38:21
767	574	PAULO NEVES	45	M4549	142	M		VETERANOS PORTO	01:38:23		01:37:27
768	1579	FERNANDO NUNES	48	M4549	143	M		CLUBE DESP	01:38:23		01:37:47
769	560	EDUARDO PAQUETE	62	M6099	25	M		BAIRRO	01:38:25		01:38:04
770	97	LUIS SILVA	55	M5559	41	M		GD AIRÃO	01:38:26		01:38:21
771	1285	MANUEL OLIVEIRA	58	M5559	42	M		OS KÁGADOS	01:38:28		01:37:24
772	1534	HELDER MEIRELES	39	M2039	282	M		CLUBE GBES	01:38:29		01:37:26
773	204	JOSE SILVA	47	M4549	144	M		SUNSETRUNNERS	01:38:31	L	01:38:31
774	1336	JOSE LIMA	34	M2039	283	M		GD SANTANDER	01:38:31	L	01:38:31
775	339	LUIS SERRA	47	M4549	145	M		PORTORUNNERS	01:38:32		01:38:16
776	472	ADRIANO SILVA	52	M5054	124	M		BEMPOSTA	01:38:32		01:37:09
777	1911	VASCO MEDEIROS	31	M2039	284	M		FEMAB Lda	01:38:33		01:37:27
778	1923	JULIO MOTA	36	M2039	285	M		Vitoria SC	01:38:33	L	01:38:33
779	1936	JOSE SILVA	25	M2039	286	M		Nucleo de Atletismo	01:38:33		01:37:37
780	756	PAULO COUTO	39	M2039	287	M		INDIVIDUAL	01:38:34		01:37:37
781	1577	ANTONIO PEREIRA	57	M5559	43	M		CLUBE DESP	01:38:35		01:38:11
782	796	CARLOS FERNANDES	46	M4549	146	M		INDIVIDUAL	01:38:36		01:37:21
783	976	CARLOS LEITE	67	M6099	26	M		AC RRIBEIRA	01:38:37		01:37:22
784	662	VITOR SA	40	M4044	126	M		CESARIOPIN LUX	01:38:40		01:37:43
785	213	ANTONIO FARIA	54	M5054	125	M		CAVE	01:38:41		01:37:49
786	1894	CRISTINA SILVA	36	F2039	25	F		Individual	01:38:41		01:38:26
787	984	MARQUES VIEIRA	56	M5559	44	M		ARSENAL DEVESA	01:38:42	L	01:38:42
788	1735	HELIDORO MANUEL	31	M2039	288	M		Individual	01:38:45		01:38:33
789	1475	FIRMINO NOGUEIRA	46	M4549	147	M		CLUBE	01:38:46	L	01:38:46
790	311	ANTONIO TEIXEIRA	51	M5054	126	M		LEÕES GUARDA	01:38:47	L	01:38:47
791	837	JOSE NOGUEIRA	30	M2039	289	M		INDIVIDUAL	01:38:47		01:38:38
792	827	VITOR ALMEIDA	37	M2039	290	M		CALDAS S JORGE	01:38:48	L	01:38:48

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido	
793	409	JOÃO SOARES	67	M6099	27	M		OS RIBEIRINHOS	01:38:53	2	01:37:42
794	610	MANUEL CARREIRA	53	M5054	127	M		VETERANOS LIS	01:38:53		01:37:53
795	504	SARA BRITO	41	F4099	9	F		CABARREIRA	01:38:54		01:38:39
796	430	FRANCISCO OLIVEIRA	52	M5054	128	M		AA GONDOMAR	01:38:58	L	01:38:58
797	1358	JORGE OLIVEIRA	38	M2039	291	M		CA OVAR	01:39:00		01:37:46
798	1602	HELDER OLIVEIRA	36	M2039	292	M		INDIVIDUAL	01:39:00		01:38:05
799	717	MIGUEL CAMPOS	56	M5559	45	M		INDIVIDUAL	01:39:01	L	01:39:01
800	1877	PEDRO FERREIRA	38	M2039	293	M		Individual	01:39:02		01:38:10
801	1459	JOSE GARRAFÃO	44	M4044	127	M		CLAC -	01:39:03		01:37:51
802	1421	CELESTINO GARCIA	42	M4044	128	M		INDIVIDUAL	01:39:04		01:38:29
803	641	JOSE LEITE	53	M5054	129	M		GINASIO S TIRSO	01:39:06	L	01:39:06
804	844	RUI OLIVEIRA	46	M4549	148	M		INDIVIDUAL	01:39:07	L	01:39:07
805	349	NELIO PAULO	40	M4044	129	M		PORTORUNNERS	01:39:09	2,3	01:38:12
806	1375	SILVÉRIO PESSOA	42	M4044	130	M		C CAMPISMO S J	01:39:12	L	01:39:12
807	2060	JORGE VILELA	45	M4549	149	M		Individual	01:39:13	L	01:39:13
808	386	MANUEL PINTO	47	M4549	150	M		CA VILA BOA BISPO	01:39:14	L	01:39:14
809	983	AMANDIO SOARES	57	M5559	46	M		ARSENAL DEVESA	01:39:17		01:38:38
810	1026	ANTONIO SILVA	47	M4549	151	M		BENFICALOUSADA	01:39:18		01:38:39
811	1415	FERNANDO GONÇALVES	46	M4549	152	M		INDIVIDUAL	01:39:20		01:38:09
812	11	AGOSTINHO LEAL	51	M5054	130	M		AFIS/OVAR	01:39:22	L	01:39:22
813	264	CARLOS FERREIRA	51	M5054	131	M		CALDAS S JORGE	01:39:22		01:39:00
814	378	VITOR PINTO	37	M2039	294	M		AD RIO LARGO	01:39:24	L	01:39:24
815	649	MARIA SA	24	F2039	26	F		ATLETISMO	01:39:26		01:38:35
816	790	CARLOS AFONSO	31	M2039	295	M		INDIVIDUAL	01:39:26		01:39:00
817	654	TIAGO COSTA	31	M2039	296	M		ATLETISMO	01:39:27		01:37:48
818	726	JOSE PEREIRA	45	M4549	153	M		INDIVIDUAL	01:39:28		01:39:09
819	188	DANIEL CASTRO	33	M2039	297	M		NA CUCUJÃES	01:39:29	L	01:39:29
820	609	JOEL GOUVEIA	27	M2039	298	M		RECARDÃES	01:39:31		01:39:17
821	273	JOSE COELHO	32	M2039	299	M		CF UNIÃO LAMAS	01:39:34		01:39:04
822	798	PAULO ALMEIDA	39	M2039	300	M		INDIVIDUAL	01:39:34		01:38:26
823	813	ARSENIO REIS	41	M4044	131	M		INDIVIDUAL	01:39:35		01:39:04
824	1382	RUI COSTA	49	M4549	154	M		OS FALTA DE AR	01:39:36	L	01:39:36
825	463	SERAFIM MARTINS	60	M6099	28	M		CLUBEPT	01:39:37		01:39:27
826	1821	PRUDENCIO PEREIRA	51	M5054	132	M		Individual	01:39:37	3	01:38:45
827	1526	CUSTODIA RODRIGUES	39	F2039	27	F		NAT	01:39:38	L	01:39:38
828	179	CESAR TEIXEIRA	34	M2039	301	M		FC PENAFIEL	01:39:39		01:39:31
829	848	ANTONIO MARQUES	43	M4044	132	M		INDIVIDUAL	01:39:39		01:38:53
830	770	ARTUR TOMAZ	41	M4044	133	M		INDIVIDUAL	01:39:44		01:38:26
831	890	JOEL CORREIA	26	M2039	302	M		INDIVIDUAL	01:39:49		01:38:47
832	878	JORGE ROCHA	39	M2039	303	M		INDIVIDUAL	01:39:52		01:39:16
833	53	JOSÉ FINS	42	M4044	134	M		BRAGUINHAS VA	01:39:54	L	01:39:54
834	1152	AVELINO SOUSA	45	M4549	155	M		CLUBE AGUAS GAIA	01:39:55		01:39:00

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
835	416	RENATO MONTEIRO	26	M2039	304	M		OS RIBEIRINHOS	01:39:57	01:38:47
836	1362	CARLOS OLIVEIRA	56	M5559	47	M		SS S.J.MADEIRA	01:39:57	01:38:47
837	1768	RICARDO FREITAS	29	M2039	305	M		G. D. Leões do	01:39:57	01:39:04
838	530	MANUEL FERREIRA	58	M5559	48	M		CIRAC	01:39:59	L 01:39:59
839	569	CARLOS FREIRE	51	M5054	133	M		VETERANOS PORTO	01:39:59	2 01:39:14
840	1640	ANTONIO CARVALHO	45	M4549	156	M		ESTORNORT LDA	01:40:01	01:38:28
841	1281	LUIS OLIVEIRA	40	M4044	135	M		OS KÁGADOS	01:40:02	2 01:38:40
842	353	PEDRO MAIA	39	M2039	306	M		PORTORUNNERS	01:40:03	01:39:43
843	1260	CARLOS EUSEBIO	28	M2039	307	M		INDIVIDUAL	01:40:04	01:36:29
844	938	ANTONIO MORAIS	39	M2039	308	M		INDIVIDUAL	01:40:09	01:39:17
845	2002	ANTONIO SILVA	50	M5054	134	M		G. D. C. Castelo de	01:40:09	01:39:19
846	1413	VIRIATO DIAS	38	M2039	309	M		INDIVIDUAL	01:40:10	01:39:35
847	1377	MÁRIO GOMES	38	M2039	310	M		C BENFICA	01:40:11	01:39:47
848	825	LUIS CONCEIÇÃO	51	M5054	135	M		INDIVIDUAL	01:40:13	L 01:40:13
849	1034	ANTONIO RIBEIRO	41	M4044	136	M		PORTORUNNERS	01:40:13	01:39:26
850	854	PAULO GOMES	41	M4044	137	M		INDIVIDUAL	01:40:15	L 01:40:15
851	1604	ANTONIO DIAS	46	M4549	157	M		INDIVIDUAL	01:40:15	L 01:40:15
852	432	PEDRO ALVES	40	M4044	138	M		CP EDP	01:40:16	L 01:40:16
853	433	HERNANI SOARES	51	M5054	136	M		CP EDP	01:40:19	01:38:40
854	960	JOSE SILVA	44	M4044	139	M		INDIVIDUAL	01:40:19	01:40:13
855	540	JOAQUIM FERREIRA	43	M4044	140	M		GDC GUILHOVAI	01:40:20	01:38:59
856	270	FRANCISCO COSTA	52	M5054	137	M		CF UNIÃO LAMAS	01:40:21	L 01:40:21
857	915	MIGUEL PINTO	34	M2039	311	M		INDIVIDUAL	01:40:24	L 01:40:24
858	668	FERNANDO LUIS	62	M6099	29	M		ATLETISMO	01:40:25	L 01:40:25
859	20	FERNANDO SANTOS	68	M6099	30	M		AFIS/OVAR	01:40:27	01:40:04
860	1300	NELSON CAPELA	28	M2039	312	M		GD LOUROCOOP	01:40:27	01:39:55
861	1141	HENRIQUE NARCISO	45	M4549	158	M		CLAC	01:40:28	L 01:40:28
862	32	JOSE SOUSA	53	M5054	138	M		AFIS/OVAR	01:40:30	L 01:40:30
863	998	MANUEL COSTA	53	M5054	139	M		DASDIKES	01:40:30	L 01:40:30
864	1696	VICTOR VARELA	44	M4044	141	M		BOSCH AVEIRO	01:40:31	01:39:51
865	645	HELENA FERREIRA	51	F4099	10	F		ATLETISMO	01:40:32	01:40:06
866	1603	MICAEL FERNANDES	31	M2039	313	M		INDIVIDUAL	01:40:39	01:39:46
867	336	JOAO NETO	42	M4044	142	M		PORTORUNNERS	01:40:40	01:39:57
868	1485	CARLOS VALE	49	M4549	159	M		GREBONFIM	01:40:40	L 01:40:40
869	1041	LUIS GOMES	51	M5054	140	M		HERMES	01:40:41	01:40:23
870	1767	PAULO RODRIGUES	35	M2039	314	M		Clube Natura - Equipa	01:40:45	01:39:20
871	1106	LUIS CARNEIRO	47	M4549	160	M		A MONTE CORDOVA	01:40:47	L 01:40:47
872	1594	PEDRO ADÃO	23	M2039	315	M		GDR RETORTA	01:40:48	01:40:01
873	45	MARIO MENDES	46	M4549	161	M		AFIS/OVAR	01:40:49	3,L 01:40:49
874	492	ARTUR FREITAS	61	M6099	31	M		MAIA ATLETICO	01:40:50	01:40:34
875	1578	JORGE FERREIRA	52	M5054	141	M		CLUBE DESP	01:40:50	L 01:40:50
876	1753	CARLOS MATA	43	M4044	143	M		Individual	01:40:50	01:40:12

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
877	47	MIGUEL VIEGAS	42	M4044	144	M		AFIS/OVAR	01:40:51	01:39:20
878	1191	ARMANDO CERQUEIRA	52	M5054	142	M		LEÕES VENEZA	01:40:51	L 01:40:51
879	1451	FERNANDO SANTOS	52	M5054	143	M		SPORTOLICOS TT	01:40:51	01:39:20
880	1101	NUNO MARQUES	35	M2039	316	M		ARRASTÕES	01:40:52	01:39:26
881	572	NUNO SÁ	40	M4044	145	M		VETERANOS PORTO	01:40:54	L 01:40:54
882	350	NUNO CACERES	43	M4044	146	M		PORTORUNNERS	01:40:55	01:40:06
883	1682	RICHARD TOURET	35	M2039	317	M		COMPORTO	01:40:56	01:39:51
884	1654	NUNO DOMINGUES	35	M2039	318	M		INDIVIDUAL	01:40:57	L 01:40:57
885	766	PAULO GOMES	39	M2039	319	M		INDIVIDUAL	01:41:02	01:40:47
886	1521	RICARDO MATOS	44	M4044	147	M		NAT	01:41:04	01:40:19
887	499	DANIEL LOURENÇO	37	M2039	320	M		CABARREIRA	01:41:05	01:39:33
888	1317	JOSE MORAIS	43	M4044	148	M		MF MARTINS	01:41:08	L 01:41:08
889	1762	MANUEL ALMEIDA	32	M2039	321	M		Individual	01:41:09	01:40:08
890	1820	NUNO FERNANDES	32	M2039	322	M		Individual	01:41:09	L 01:41:09
891	761	VITOR ALMEIDA	37	M2039	323	M		INDIVIDUAL	01:41:10	01:40:38
892	1981	MANUEL SANTOS	58	M5559	49	M		C. I. de Argoncilhe	01:41:10	01:40:53
893	1432	MANUEL COELHO	33	M2039	324	M		INDIVIDUAL	01:41:11	3 01:40:42
894	628	JOSE GRAÇA	49	M4549	162	M		ACR VALE CAMBRA	01:41:14	L 01:41:14
895	957	JOSE PEREIRA	31	M2039	325	M		INDIVIDUAL	01:41:14	01:41:01
896	1269	VASCO MAGALHÃES	45	M4549	163	M		OS KÁGADOS	01:41:14	01:39:57
897	762	JOSE CASTRO	44	M4044	149	M		INDIVIDUAL	01:41:16	01:40:30
898	1513	ELIAS CASTRO	49	M4549	164	M		NAT	01:41:16	01:40:32
899	599	VICTOR CAMPOS	60	M6099	32	M		RECARDÃES	01:41:19	01:40:31
900	2024	NUNO SENIOR	38	M2039	326	M		Casa Benfica F. da	01:41:21	01:40:48
901	535	ARTUR NADAIS	51	M5054	144	M		GDC GUILHOVAI	01:41:24	L 01:41:24
902	758	LEANDRO FREITAS	46	M4549	165	M		INDIVIDUAL	01:41:27	L 01:41:27
903	280	JAIME SANTOS	39	M2039	327	M		GD LOUROCOOP	01:41:29	01:41:23
904	489	ANTONIO MACHADO	43	M4044	150	M		PAPAMILHAS	01:41:29	L 01:41:29
905	59	FERNANDO ALCAIDE	57	M5559	50	M		BRAGUINHAS VA	01:41:31	L 01:41:31
906	66	ADOLFO SILVA	58	M5559	51	M		BRAGUINHAS VA	01:41:31	L 01:41:31
907	1737	ROGERIO OLIVEIRA	37	M2039	328	M		Individual	01:41:31	01:40:56
908	1073	CARLOS VIEIRA	43	M4044	151	M		OS CACHOS	01:41:34	L 01:41:34
909	1504	DOMINGOS SOUSA	34	M2039	329	M		TURISTAS	01:41:36	01:40:46
910	374	JUDITE MARTINS	39	F2039	28	F		AD RIO LARGO	01:41:38	L 01:41:38
911	377	MANUEL SILVA	42	M4044	152	M		AD RIO LARGO	01:41:38	L 01:41:38
912	16	CARLOS SANZALA	61	M6099	33	M		AFIS/OVAR	01:41:40	01:40:25
913	75	MANUEL REIS	47	M4549	166	M		G AMIZADE SJVER	01:41:41	01:40:40
914	2009	ABELARDO GOMES	49	M4549	167	M		Individual	01:41:41	L 01:41:41
915	1950	DANIEL REIS	29	M2039	330	M		Loja Jornal Ovar	01:41:43	3,L 01:41:43
916	1605	ALVARO OLIVEIRA	46	M4549	168	M		INDIVIDUAL	01:41:46	01:41:27
917	951	LUIS MONTEIRO	37	M2039	331	M		INDIVIDUAL	01:41:50	01:40:30
918	1719	ANTONIO SILVA	37	M2039	332	M		Individual	01:41:50	01:41:45

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
919	1960	BRUNO GOMES	26	M2039	333	M		Individual	01:41:53	01:40:36
920	1347	JORGE BRITO	43	M4044	153	M		AR ESTRELA SUL	01:41:54	01:41:44
921	500	JOSE AGOSTINHO	57	M5559	52	M		CABARREIRA	01:41:56	01:40:26
922	817	HUMBERTO ALMEIDA	37	M2039	334	M		INDIVIDUAL	01:41:56	01:41:23
923	370	FERNANDO COUTO	56	M5559	53	M		AD RIO LARGO	01:41:58	L 01:41:58
924	473	RUI AMORIM	34	M2039	335	M		ROYALSCHOOL	01:41:59	L 01:41:59
925	1166	JORGE PEDROSA	39	M2039	336	M		COLEGIO VIZELA	01:41:59	01:40:54
926	546	DANIEL SILVA	37	M2039	337	M		GNR GUIMARÃES	01:42:00	01:41:14
927	925	RUI MARINHO	34	M2039	338	M		INDIVIDUAL	01:42:00	01:40:28
928	1370	JOSE SILVA	53	M5054	145	M		JA MOZELENSE	01:42:01	L 01:42:01
929	401	SAMUEL GOMES	37	M2039	339	M		GDCTE NAVAIS	01:42:04	01:41:30
930	568	JOSE MACEDO	54	M5054	146	M		VETERANOS PORTO	01:42:04	01:41:21
931	223	JOÃO CATELA	52	M5054	147	M		VETERANOSTEIXOS	01:42:06	L 01:42:06
932	1562	RUI FERREIRA	38	M2039	340	M		INDIVIDUAL	01:42:09	01:41:03
933	303	JOSE TEIXEIRA	56	M5559	54	M		CENAP	01:42:11	L 01:42:11
934	1656	BRUNO BOAS	23	M2039	341	M		INDIVIDUAL	01:42:12	01:41:26
935	523	MANUEL OLIVEIRA	51	M5054	148	M		CIRAC	01:42:15	01:41:46
936	694	ANTONIO GUEDES	62	M6099	34	M		INDIVIDUAL	01:42:16	L 01:42:16
937	1801	JOAQUIM FIGUEIRA	39	M2039	342	M		C. A. Barreira	01:42:16	01:40:47
938	422	VICTOR LIMA	44	M4044	154	M		A QUINTAS FREIRAS	01:42:18	01:41:13
939	475	SAMUEL NEVES	38	M2039	343	M		ROYALSCHOOL	01:42:18	01:42:04
940	899	PEDRO EZEQUIEL	33	M2039	344	M		INDIVIDUAL	01:42:19	01:42:02
941	1277	JERONIMO CARDOSO	50	M5054	149	M		OS KÁGADOS	01:42:20	L 01:42:20
942	459	ANTONIO SILVA	57	M5559	55	M		RENAULTCACIA	01:42:21	01:41:01
943	1883	PEDRO TORRES	35	M2039	345	M		Individual	01:42:22	01:41:17
944	721	JOÃO CAPELOA	47	M4549	169	M		INDIVIDUAL	01:42:26	L 01:42:26
945	834	JOSE SANTOS	48	M4549	170	M		INDIVIDUAL	01:42:26	01:40:52
946	1665	ALEXANDRA COELHO	31	F2039	29	F		INDIVIDUAL	01:42:26	L 01:42:26
947	839	LUIS PEREIRA	57	M5559	56	M		INDIVIDUAL	01:42:27	2,3 01:41:25
948	1772	FERNANDO PINTO	52	M5054	150	M		Porto Runners	01:42:28	01:42:15
949	1209	ANTONIO SEABRA	53	M5054	151	M		ROMPE SOLAS	01:42:29	01:42:17
950	1969	JOÃO COLAÇO	37	M2039	346	M		Individual	01:42:31	01:40:55
951	421	ALBERTO MARQUES	38	M2039	347	M		A QUINTAS FREIRAS	01:42:32	L 01:42:32
952	705	RUI GONÇALVES	37	M2039	348	M		INDIVIDUAL	01:42:32	01:41:28
953	358	THIERRY DUSSAUBAT	46	M4549	171	M		PORTORUNNERS	01:42:38	01:41:45
954	1444	JOSE RAMALHO	44	M4044	155	M		INDIVIDUAL	01:42:39	01:42:10
955	1638	AGOSTINHO PIMENTA	47	M4549	172	M		ESTORNORT LDA	01:42:43	01:41:07
956	692	JOSE NEVES	49	M4549	173	M		SMAS PORTO	01:42:44	L 01:42:44
957	503	MIGUEL SARAIVA	43	M4044	156	M		CABARREIRA	01:42:47	01:42:32
958	860	JOSE PINTO	52	M5054	152	M		INDIVIDUAL	01:42:51	2,3,L 01:42:51
959	745	RUI LOPES	47	M4549	174	M		INDIVIDUAL	01:42:54	01:42:28
960	1093	FILIPE PACHECO	34	M2039	349	M		EPRVS	01:42:55	01:41:39

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
961	619	RICARDO ROCHA	35	M2039	350	M		INDEPENDENTES	01:42:56	01:41:22
962	1596	MIGUEL NEVES	22	M2039	351	M		GDR RETORTA	01:42:56	01:42:08
963	750	PEDRO CONDE	40	M4044	157	M		INDIVIDUAL	01:42:57	01:42:01
964	1302	RICARDO MONTEIRO	35	M2039	352	M		VETERANOS LIS	01:42:57	01:42:16
965	420	AGOSTINHO COSTA	52	M5054	153	M		A QUINTAS FREIRAS	01:42:58	01:41:52
966	424	RUI CORREIA	46	M4549	175	M		A QUINTAS FREIRAS	01:42:58	01:41:54
967	1472	PAULO RODRIGUES	49	M4549	176	M		G. D. LEÕES DO	01:42:58	01:41:36
968	1726	PEDRO FERNANDES	35	M2039	353	M		Individual	01:42:58	L 01:42:58
969	746	LUIS MOREIRA	41	M4044	158	M		INDIVIDUAL	01:42:59	01:42:34
970	1906	MANUEL GOMES	57	M5559	57	M		A. D. R. Aguas Belas	01:43:02	01:42:47
971	621	LUIS ABREU	63	M6099	35	M		INDEPENDENTES	01:43:03	01:42:10
972	1996	RODRIGO LOPES	34	M2039	354	M		Individual	01:43:04	L 01:43:04
973	58	ANTONIO FERREIRA	47	M4549	177	M		BRAGUINHAS VA	01:43:06	01:41:44
974	1787	JOSE VIEIRA	57	M5559	58	M		MAIA A CLUBE	01:43:07	L 01:43:07
975	495	ANTONIO COSTA	54	M5054	154	M		MAIA ATLETICO	01:43:12	L 01:43:12
976	1514	JOSE CRUZ	59	M5559	59	M		NAT	01:43:15	01:42:34
977	910	NARCISO ARROMBA	57	M5559	60	M		INDIVIDUAL	01:43:16	01:43:08
978	1699	MANUEL PINHO	31	M2039	355	M		LOUROCOOP	01:43:18	L 01:43:18
979	905	RICARDO PINHO	35	M2039	356	M		INDIVIDUAL	01:43:19	01:42:19
980	935	SERGIO CANEDO	39	M2039	357	M		INDIVIDUAL	01:43:19	01:42:20
981	1724	FILIPE MOREIRA	35	M2039	358	M		Individual	01:43:22	01:42:20
982	505	RUI PEREIRA	54	M5054	155	M		CABARREIRA	01:43:23	L 01:43:23
983	40	MANUEL COSTA	53	M5054	156	M		AFIS/OVAR	01:43:25	01:43:09
984	435	JOSE FERREIRA	50	M5054	157	M		C BENFICA VISEU	01:43:26	L 01:43:26
985	1953	MARCIO SOUSA	30	M2039	359	M		Individual	01:43:27	L 01:43:27
986	259	ANTONIO AZEVEDO	54	M5054	158	M		CALDAS S JORGE	01:43:28	01:42:08
987	399	HERMINIO MARTINS	53	M5054	159	M		CCDT CM	01:43:29	2,3 01:43:26
988	88	DOMINGOS SILVA	53	M5054	160	M		AA GRIJO	01:43:31	2,3,L 01:43:31
989	1884	PAULO COSTA	39	M2039	360	M		Individual	01:43:31	01:43:04
990	768	HELDER PEREIRA	21	M2039	361	M		INDIVIDUAL	01:43:32	01:42:42
991	1576	JOAQUIM SOUSA	60	M6099	36	M		CLUBE DESP	01:43:32	L 01:43:32
992	296	LUIS CRUZ	46	M4549	178	M		TUBARÓESESPINHO	01:43:33	01:42:41
993	1257	NUNO FREITAS	36	M2039	362	M		INDIVIDUAL	01:43:33	01:42:21
994	889	JORGE FERREIRA	38	M2039	363	M		INDIVIDUAL	01:43:34	L 01:43:34
995	371	JOAQUIM BARBOSA	33	M2039	364	M		AD RIO LARGO	01:43:37	01:43:04
996	76	RUFINO MOREIRA	40	M4044	159	M		G AMIZADE SJVER	01:43:38	01:42:55
997	947	FERNANDO MENDES	40	M4044	160	M		INDIVIDUAL	01:43:39	L 01:43:39
998	1477	LUIS	51	M5054	161	M		E. T. ATLETICO	01:43:39	01:42:11
999	2012	ADERITO TEIXEIRA	53	M5054	162	M		C. Pessoal EDP -	01:43:40	01:42:49
1000	1916	XAVIER OLIVEIRA	46	M4549	179	M		Os Amigos Papa	01:43:41	L 01:43:41
1001	566	PEDRO CARDOSO	47	M4549	180	M		VETERANOS PORTO	01:43:42	01:42:59
1002	1896	MANUEL SILVA	42	M4044	161	M		Individual	01:43:42	01:42:30

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
1003	1995	PAULA MARQUES	38	F2039	30	F		N. S. L. F. Vilar	01:43:43	L 01:43:43
1004	829	MANUEL PINTO	51	M5054	163	M		INDIVIDUAL	01:43:47	L 01:43:47
1005	1792	HENRIQUE PESTANA	65	M6099	37	M		GDR JUV RIBEIRAS	01:43:47	L 01:43:47
1006	1774	JOÃO SILVA	39	M2039	365	M		Starolas	01:43:48	01:42:37
1007	1493	JORGE MOREIRA	47	M4549	181	M		STAROLAS	01:43:49	01:42:39
1008	106	PAULO MARQUES	43	M4044	162	M		CAFE PONTO FINAL	01:43:50	L 01:43:50
1009	1666	ALIPIO LOPES	51	M5054	164	M		INDIVIDUAL	01:43:50	01:43:18
1010	944	PAULO MARTINS	31	M2039	366	M		INDIVIDUAL	01:43:55	01:43:42
1011	439	GERMANO SANTOS	48	M4549	182	M		ACRD ESCAPÃES	01:43:56	01:43:12
1012	853	GUALTER PEREIRA	27	M2039	367	M		INDIVIDUAL	01:43:57	01:43:39
1013	44	MARIO CONDE	57	M5559	61	M		AFIS/OVAR	01:44:01	01:43:46
1014	1812	ADELINO DURÃO	63	M6099	38	M		Elit Club	01:44:01	01:43:39
1015	677	JOAQUIM SILVA	63	M6099	39	M		CA MATOSINHOS	01:44:02	L 01:44:02
1016	1006	OSVALDO TEIXEIRA	56	M5559	62	M		ASSOCIAÇÃO	01:44:02	01:43:13
1017	1951	MANUEL TEIXEIRA	49	M4549	183	M		Casa Benfica Lousada	01:44:02	01:43:27
1018	678	MANUEL CANARIO	63	M6099	40	M		CA MATOSINHOS	01:44:03	01:43:13
1019	1565	CLAUDIA SANTOS	26	F2039	31	F		INDIVIDUAL	01:44:04	L 01:44:04
1020	482	JOSE MOTA	52	M5054	165	M		SOARENSE	01:44:05	3 01:42:34
1021	93	ANGELO FERREIRA	33	M2039	368	M		GD AIRÃO	01:44:06	01:42:34
1022	1130	FERNANDO FONSECA	48	M4549	184	M		CTT COIMBRA	01:44:06	01:42:32
1023	1674	LARA RODRIGUES	38	F2039	32	F		INDIVIDUAL	01:44:06	01:43:51
1024	1159	JOSE BARBOSA	57	M5559	63	M		CLUBE AGUAS GAIA	01:44:07	01:42:53
1025	697	ANTONIO COSTA	48	M4549	185	M		INDIVIDUAL	01:44:09	L 01:44:09
1026	815	JOSE ALVES	42	M4044	163	M		INDIVIDUAL	01:44:09	2,3 01:42:45
1027	2064	NUNO NUNES	37	M2039	369	M		Individual	01:44:10	3,L 01:44:10
1028	110	CARLOS COELHO	50	M5054	166	M		GA MONSANTO	01:44:11	L 01:44:11
1029	1689	AFONSO CÂNDIDO FERREIRA	34	M2039	370	M		RAINHA DO	01:44:11	01:43:20
1030	922	JOSE CASTRO	45	M4549	186	M		INDIVIDUAL	01:44:12	01:43:00
1031	1435	LUIS FERNANDES	37	M2039	371	M		INDIVIDUAL	01:44:15	01:43:27
1032	1023	MANUEL BATISTA	43	M4044	164	M		BTTSANDIM	01:44:17	L 01:44:17
1033	543	JOSE VIEIRA	52	M5054	167	M		GNR GUIMARÃES	01:44:18	01:43:50
1034	714	JOSE ALMEIDA	50	M5054	168	M		INDIVIDUAL	01:44:19	L 01:44:19
1035	642	MANUEL CUNHA	50	M5054	169	M		GINASIO S TIRSO	01:44:23	L 01:44:23
1036	672	FILOMENA OLIVEIRA	47	F4099	11	F		CP MANGUALDE	01:44:26	01:43:23
1037	1136	CARLOS CABELEIRA	46	M4549	187	M		CLAC	01:44:28	01:44:05
1038	1137	SANDRA SANTOS	38	F2039	33	F		CLAC	01:44:28	01:44:04
1039	1798	CARLOS BRITO	49	M4549	188	M		Ferreirolux Lda	01:44:30	01:44:08
1040	537	ANTONIO SANTOS	44	M4044	165	M		GDC GUILHOVAI	01:44:31	01:44:21
1041	661	PAULO RIBEIRO	43	M4044	166	M		CESARIOPIN LUX	01:44:32	01:43:55
1042	683	CARLOS CORINO	66	M6099	41	M		UNIVERSIDADE	01:44:32	L 01:44:32
1043	897	JOÃO SANTOS	39	M2039	372	M		INDIVIDUAL	01:44:33	L 01:44:33
1044	895	JOÃO NUNES	26	M2039	373	M		INDIVIDUAL	01:44:37	01:43:50

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C.	SC	Clube	Tempo	Líquido
1045	753	ALICE MOUTINHO	47	F4099	12	F			INDIVIDUAL	01:44:38	01:44:02
1046	1607	NUNO MARTINS	33	M2039	374	M			INDIVIDUAL	01:44:38	01:43:39
1047	1659	ANA BARBOSA	33	F2039	34	F			INDIVIDUAL	01:44:43	2,3 01:43:00
1048	1843	BERNARDINO MARTINS	52	M5054	170	M			Freamunde Running	01:44:45	01:43:46
1049	1267	PAULO RIBEIRO	32	M2039	375	M			OS KÁGADOS	01:44:47	L 01:44:47
1050	125	EMIDIO PONTES	49	M4549	189	M			OSAMIGOS SP COVA	01:44:48	01:44:24
1051	1304	RUI FILIPE	28	M2039	376	M			VETERANOS LIS	01:44:48	01:44:07
1052	868	NELSON CUNHA	33	M2039	377	M			INDIVIDUAL	01:44:49	01:43:10
1053	1356	ANTONIO MESQUITA	65	M6099	42	M			PORTORUNNERS	01:44:51	L 01:44:51
1054	1480	JOSE OLIVEIRA	41	M4044	167	M			GCR ALVARELHOS	01:44:52	L 01:44:52
1055	1443	FILIPE FIDALGO	32	M2039	378	M			INDIVIDUAL	01:44:54	01:43:43
1056	520	VALDEMAR ALVES	48	M4549	190	M			CIRAC	01:44:58	L 01:44:58
1057	1869	TIAGO CUNHA	29	M2039	379	M			Hotel Moutados	01:45:00	01:43:46
1058	1874	PAULO CUNHA	40	M4044	168	M			Hotel Moutados	01:45:00	L 01:45:00
1059	452	ERNESTO SILVA	59	M5559	64	M			OSSILVAS	01:45:01	01:43:23
1060	663	CARMINDO PINHO	56	M5559	65	M			CESARIOPIN LUX	01:45:03	01:43:37
1061	440	JOSE SILVA	48	M4549	191	M			ACRD ESCAPÃES	01:45:04	L 01:45:04
1062	650	ARMENIO FERREIRA	55	M5559	66	M			ATLETISMO	01:45:05	L 01:45:05
1063	1657	PEDRO BORGES	38	M2039	380	M			INDIVIDUAL	01:45:07	01:44:22
1064	1643	DIOGO AMADOR	28	M2039	381	M			INDIVIDUAL	01:45:09	01:44:10
1065	304	JOAQUIM AMIEIRO	60	M6099	43	M			CENAP	01:45:10	01:44:27
1066	1083	CIPRIANO SOUSA	37	M2039	382	M			ATLETISMO 5 HORA	01:45:12	2,3,L 01:45:12
1067	1478	ARMANDO PARREIRA	42	M4044	169	M			E. T. ATLETICO	01:45:12	01:43:45
1068	1051	JOSE SILVA	39	M2039	383	M			CLUBENATURA	01:45:13	01:43:48
1069	1167	PEDRO FREITAS	27	M2039	384	M			COLEGIO VIZELA	01:45:14	01:44:11
1070	1005	CARLOS MACEDO	56	M5559	67	M			ASSOCIAÇÃO	01:45:15	L 01:45:15
1071	1361	JOAQUIM NUNES	48	M4549	192	M			SAPADORES	01:45:17	L 01:45:17
1072	1891	JORGE CRUZ	37	M2039	385	M			Individual	01:45:19	01:44:57
1073	1963	RICARDO LEMOS	39	M2039	386	M			Individual	01:45:21	L 01:45:21
1074	1853	FILIPE VARANDAS	39	M2039	387	M			Individual	01:45:23	2,3 01:44:27
1075	2058	VITOR MAGALHAES	28	M2039	388	M			Individual	01:45:23	L 01:45:23
1076	748	MANUEL PERDIGÃO	50	M5054	171	M			INDIVIDUAL	01:45:25	01:44:08
1077	1185	CARLOS PEREIRA	59	M5559	68	M			LEÕES VENEZA	01:45:25	01:44:40
1078	1187	A. LOURENÇO	60	M6099	44	M			LEÕES VENEZA	01:45:25	L 01:45:25
1079	1694	RUI PERERA	40	M4044	170	M			BOSCH AVEIRO	01:45:30	L 01:45:30
1080	1754	MARTINHO PACHECO	57	M5559	69	M			Individual	01:45:31	01:43:55
1081	428	ANTONIO MOTA	55	M5559	70	M			A QUINTAS FREIRAS	01:45:32	01:44:28
1082	1624	RENATA MOTA	20	F2039	35	F			C. A. RIACHENSE	01:45:32	01:45:01
1083	933	ANTONIO MATOS	63	M6099	45	M			INDIVIDUAL	01:45:33	01:45:19
1084	1623	PAULO SIMÕES	32	M2039	389	M			C. A. RIACHENSE	01:45:33	01:45:02
1085	1954	LUIS PEIXOTO	36	M2039	390	M			Individual	01:45:34	L 01:45:34
1086	68	ARNALDO SILVA	54	M5054	172	M			BRAGUINHAS VA	01:45:35	2 01:44:35

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
1087	1369	JOÃO GOMES	20	M2039	391	M		INDIVIDUAL	01:45:35	2,3,L 01:45:35
1088	1770	JOSE CORREIA	64	M6099	46	M		G. D. Leões do	01:45:35	2,3,L 01:45:35
1089	1368	ROSA MACEDO	27	F2039	36	F		INDIVIDUAL	01:45:36	2,3 01:43:34
1090	1488	JOAQUIM PEREIRA	60	M6099	47	M		GREBONFIM	01:45:37	L 01:45:37
1091	526	SERAFIM SILVA	52	M5054	173	M		CIRAC	01:45:39	01:44:30
1092	1836	VITOR AMARAL	53	M5054	174	M		Individual	01:45:39	01:44:04
1093	1307	VITOR ANTUNES	56	M5559	71	M		VETERANOS LIS	01:45:40	L 01:45:40
1094	787	JOSE OLIVEIRA	46	M4549	193	M		INDIVIDUAL	01:45:43	01:45:02
1095	1265	CARLOS ANDRADE	46	M4549	194	M		OS KÁGADOS	01:45:46	01:45:20
1096	99	JOAQUIM PINHEIRO	41	M4044	171	M		CAFE PONTO FINAL	01:45:48	L 01:45:48
1097	836	CARLOS SILVA	46	M4549	195	M		INDIVIDUAL	01:45:54	01:45:35
1098	1280	CARLOS OLIVEIRA	47	M4549	196	M		OS KÁGADOS	01:45:55	01:44:32
1099	1612	MANUEL OLIVEIRA	44	M4044	172	M		ADEC-MS	01:45:56	L 01:45:56
1100	1833	JOSE CARLOS PIRES	45	M4549	197	M		Clube Millenniumbcp	01:45:57	01:44:54
1101	1685	SERGIO MARTINS	33	M2039	392	M		CDCR CTT COIMBRA	01:45:58	01:44:24
1102	1115	PAULA SANTOS	42	F4099	13	F		OS TUGAS	01:46:01	01:44:40
1103	519	JOSE SILVA	48	M4549	198	M		CIRAC	01:46:02	01:44:51
1104	200	MIGUEL SOUSA	51	M5054	175	M		SUNSETRUNNERS	01:46:03	01:45:21
1105	423	DOMINGOS SOARES	52	M5054	176	M		A QUINTAS FREIRAS	01:46:03	01:44:32
1106	49	PAULO OLIVEIRA	44	M4044	173	M		AFIS/OVAR	01:46:06	L 01:46:06
1107	1549	PEDRO BRITO	41	M4044	174	M		INDIVIDUAL	01:46:09	01:45:46
1108	885	PAULO OLIVEIRA	38	M2039	393	M		INDIVIDUAL	01:46:10	01:45:22
1109	1749	PORFIRIO SILVA	52	M5054	177	M		Individual	01:46:13	01:46:00
1110	1835	CARLOS LOPES	46	M4549	199	M		Individual	01:46:14	01:44:39
1111	2034	CARLOS BRANCO	31	M2039	394	M		Individual	01:46:16	01:44:44
1112	1367	PAULO ALEX. SILVA	31	M2039	395	M		INDIVIDUAL	01:46:17	01:45:59
1113	1759	ANTONIO GONÇALVES	47	M4549	200	M		Individual	01:46:17	01:45:27
1114	2033	FILIFE PEDROSO	31	M2039	396	M		Individual	01:46:17	L 01:46:17
1115	1117	OLIMPIO PEDRO	39	M2039	397	M		AZRAIDS	01:46:19	L 01:46:19
1116	1479	NELSON MOTA	41	M4044	175	M		E. T. ATLETICO	01:46:19	L 01:46:19
1117	1027	JORGE AUGUSTO	36	M2039	398	M		BILARUNNERS	01:46:20	L 01:46:20
1118	1116	GRAÇA ROLDÃO	47	F4099	14	F		OS TUGAS	01:46:20	01:45:00
1119	390	MIGUEL CASTELA	40	M4044	176	M		AA LEBRES SADO	01:46:21	01:46:03
1120	1673	AMADEU TEIXEIRA	51	M5054	178	M		INDIVIDUAL	01:46:24	01:45:53
1121	1188	FLORIANO ARANTES	50	M5054	179	M		LEÕES VENEZA	01:46:25	L 01:46:25
1122	1630	GIL COSTA	51	M5054	180	M		A. R. VALDAGUA	01:46:27	01:45:28
1123	896	MARIO FERNANDES	38	M2039	399	M		INDIVIDUAL	01:46:28	01:44:47
1124	1366	PAULO JORGE SILVA	43	M4044	177	M		INDIVIDUAL	01:46:28	01:44:52
1125	1080	PEDRO FERRAZ	47	M4549	201	M		FEMAB	01:46:29	01:45:20
1126	1327	MANUEL SAMPAIO	45	M4549	202	M		CC FELGUEIRAS	01:46:29	L 01:46:29
1127	2096	MARIBEL GONÇALVES	31	M2039	400	M		Grupo Desportivo	01:46:31	01:46:27
1128	524	MANUEL SILVA	52	M5054	181	M		CIRAC	01:46:36	L 01:46:36

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	L	Líquido
1129	1162	MANUEL LOPES	36	M2039	401	M		COLEGIO VIZELA	01:46:37	L	01:46:37
1130	898	PAULO ANTUNES	33	M2039	402	M		INDIVIDUAL	01:46:41	L	01:46:41
1131	275	LUCIDIO DIAS	63	M6099	48	M		CF UNIÃO LAMAS	01:46:44		01:45:28
1132	133	JORGE DIAS	46	M4549	203	M		CIA ALPENDORADA	01:46:45	3,L	01:46:45
1133	297	ANTONIO LOPES	53	M5054	182	M		TUBARÕESESPINHO	01:46:49		01:46:00
1134	1841	JOSE CARVALHO	49	M4549	204	M		Os Laranjinhas	01:46:49		01:46:10
1135	974	ISABEL CARVALHO	41	F4099	15	F		C ATLETISMO	01:46:50	L	01:46:50
1136	36	LUIS OSORIO	48	M4549	205	M		AFIS/OVAR	01:46:51		01:46:40
1137	1036	PEDRO MARQUES	44	M4044	178	M		MUNDOCORRIDA	01:46:53		01:45:30
1138	1599	MARCO PINTO	45	M4549	206	M		INDIVIDUAL	01:46:54		01:46:23
1139	335	JORGE SANTOS	41	M4044	179	M		PORTORUNNERS	01:46:56	L	01:46:56
1140	921	JOSE SOUSA	57	M5559	72	M		INDIVIDUAL	01:46:57	L	01:46:57
1141	881	JOSE SOUSA	29	M2039	403	M		INDIVIDUAL	01:46:58		01:46:39
1142	1070	OSVALDO FERREIRA	33	M2039	404	M		OP SQUASH	01:46:58		01:45:14
1143	1448	PEDRO ROLA	41	M4044	180	M		INDIVIDUAL	01:46:58	L	01:46:58
1144	1297	TACITO LARANJEIRA	63	M6099	49	M		PAVROLANTE	01:47:00	2	01:45:32
1145	375	LUIS RODRIGUES	38	M2039	405	M		AD RIO LARGO	01:47:01		01:46:28
1146	688	ANTONIO SOUTO	51	M5054	183	M		SMAS PORTO	01:47:01		01:46:19
1147	907	MARCO ANDRADE	35	M2039	406	M		INDIVIDUAL	01:47:04	2,3	01:45:54
1148	849	ALVARO ROLO	58	M5559	73	M		INDIVIDUAL	01:47:07		01:46:31
1149	1163	ANTONIO CALDAS	50	M5054	184	M		COLEGIO VIZELA	01:47:07	L	01:47:07
1150	69	ARMINDO SILVA	48	M4549	207	M		SS S.J.MADEIRA	01:47:14		01:45:51
1151	1998	MANUEL COSTA	24	M2039	407	M		Individual	01:47:15	L	01:47:15
1152	38	LUIS SILVA	32	M2039	408	M		AFIS/OVAR	01:47:16		01:45:45
1153	252	ABEL SANTOS	64	M6099	50	M		CALDAS S JORGE	01:47:16		01:46:41
1154	131	JAIME COELHO	49	M4549	208	M		COMP.BAZOFIAS	01:47:21	L	01:47:21
1155	128	ARTUR COSTA	34	M2039	409	M		COMP.BAZOFIAS	01:47:22		01:46:15
1156	146	LUIS LIMA	53	M5054	185	M		TRANSPORTESLIMA	01:47:23		01:46:36
1157	1564	LUIS SANTOS	43	M4044	181	M		INDIVIDUAL	01:47:23	L	01:47:23
1158	347	MIGUEL MAGALHÃES	43	M4044	182	M		PORTORUNNERS	01:47:24		01:46:35
1159	769	ALBINO SILVA	47	M4549	209	M		INDIVIDUAL	01:47:26	L	01:47:26
1160	1418	NELSON LOPES	39	M2039	410	M		INDIVIDUAL	01:47:26	L	01:47:26
1161	1652	PEDRO MENDES	31	M2039	411	M		INDIVIDUAL	01:47:27	L	01:47:27
1162	1156	GILBERTO PIRES	44	M4044	183	M		CLUBE AGUAS GAIA	01:47:30		01:46:34
1163	1870	HELIO MACHADO	28	M2039	412	M		Hotel Moutados	01:47:30		01:46:18
1164	130	FERNANDO ROTHES	42	M4044	184	M		COMP.BAZOFIAS	01:47:32		01:46:10
1165	592	RUI BROCHADO	49	M4549	210	M		KARATE	01:47:34		01:46:35
1166	807	FRANCISCO COSTA	47	M4549	211	M		INDIVIDUAL	01:47:34		01:46:18
1167	1538	DELFIN GUEDES	67	M6099	51	M		CLUBE GBES	01:47:36	L	01:47:36
1168	1697	FERNANDO FAUSTINO	48	M4549	212	M		BOSCH AVEIRO	01:47:36		01:46:57
1169	1249	MANUEL BRANCO	48	M4549	213	M		CA OVAR	01:47:40		01:46:38
1170	1183	JOSE ABREU	66	M6099	52	M		LEÕES VENEZA	01:47:42		01:47:30

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
1171	1351	PEDRO GOMES	34	M2039	413	M		RECARDÃES	01:47:42	L 01:47:42
1172	207	PEDRO MESQUITA	43	M4044	185	M		OP SQUASH	01:47:48	3,L 01:47:48
1173	254	ARTUR RODRIGUES	42	M4044	186	M		CALDAS S JORGE	01:47:48	L 01:47:48
1174	2035	CARLOS QUEIRÓS	31	M2039	414	M		Individual	01:47:49	01:46:17
1175	96	JOSE COSTA	58	M5559	74	M		GD AIRÃO	01:47:51	01:46:19
1176	911	LUCIANO FREITAS	33	M2039	415	M		INDIVIDUAL	01:47:51	01:47:07
1177	942	CUSTODIO NETO	63	M6099	53	M		INDIVIDUAL	01:47:52	01:47:28
1178	531	JOSE RIBEIRO	59	M5559	75	M		CIRAC	01:47:56	01:46:45
1179	822	MANUEL LOPES	45	M4549	214	M		INDIVIDUAL	01:47:56	L 01:47:56
1180	1252	JOÃO SILVA	25	M2039	416	M		INDIVIDUAL	01:47:56	01:46:59
1181	1710	JOSÉ COELHO	45	M4549	215	M		INDIVIDUAL	01:47:56	01:47:09
1182	191	DIAMANTINO TEIXEIRA	45	M4549	216	M		NA CUCUJÃES	01:47:57	01:47:20
1183	757	MIGUEL NASCIMENTO	41	M4044	187	M		INDIVIDUAL	01:47:59	01:47:25
1184	542	JOSE FREITAS	58	M5559	76	M		GNR GUIMARÃES	01:48:00	L 01:48:00
1185	608	MARCO FERREIRA	29	M2039	417	M		RECARDÃES	01:48:01	01:47:12
1186	767	ANTONIO FERNANDES	45	M4549	217	M		INDIVIDUAL	01:48:02	01:47:19
1187	229	JOSE VEIGA	35	M2039	418	M		JOBRA	01:48:04	01:46:39
1188	51	CARLOS SILVA	44	M4044	188	M		BRAGUINHAS VA	01:48:06	01:46:40
1189	63	MANUEL GONÇALVES	57	M5559	77	M		BRAGUINHAS VA	01:48:06	01:46:37
1190	1947	HENRIQUE PINTO	43	M4044	189	M		Sneakers Running	01:48:07	01:47:31
1191	997	SERGIO FERREIRA	45	M4549	218	M		DASDIKES	01:48:11	01:47:43
1192	312	FABIENNE LEHUEDE	38	F2039	37	F		PORTORUNNERS	01:48:13	01:47:19
1193	730	JOSE FERNANDES	46	M4549	219	M		INDIVIDUAL	01:48:16	L 01:48:16
1194	510	JOSE AMERICO	33	M2039	419	M		CIRAC	01:48:17	L 01:48:17
1195	735	PAULA OLIVEIRA	35	F2039	38	F		INDIVIDUAL	01:48:17	L 01:48:17
1196	1619	JOÃO PAULO	35	M2039	420	M		INDIVIDUAL	01:48:18	01:47:18
1197	856	FERNANDO CARDOSO	41	M4044	190	M		INDIVIDUAL	01:48:19	L 01:48:19
1198	736	ANTONIO SARAMAGO	39	M2039	421	M		INDIVIDUAL	01:48:20	01:47:20
1199	48	PAULO FERNANDES	42	M4044	191	M		AFIS/OVAR	01:48:22	01:47:37
1200	249	MANUEL SILVA	52	M5054	186	M		CALDAS S JORGE	01:48:27	2,L 01:48:27
1201	250	VITOR M ALMEIDA	35	M2039	422	M		CALDAS S JORGE	01:48:27	L 01:48:27
1202	411	HENRIQUE CONCEIÇÃO	61	M6099	54	M		OS RIBEIRINHOS	01:48:29	01:47:24
1203	867	LUIS CUNHA	30	M2039	423	M		INDIVIDUAL	01:48:32	L 01:48:32
1204	1745	CARLOS BARRETO	36	M2039	424	M		Individual	01:48:33	L 01:48:33
1205	1288	LUIS PEREIRA	41	M4044	192	M		OS KÁGADOS	01:48:38	01:47:50
1206	716	ARMANDO SILVA	61	M6099	55	M		INDIVIDUAL	01:48:40	01:47:17
1207	1069	GUSTAVO PINTO	23	M2039	425	M		OP SQUASH	01:48:40	01:46:58
1208	1469	MIGUEL FERREIRA	22	M2039	426	M		OPORTO SQUASH &	01:48:40	01:46:58
1209	170	MARIO PINTO	48	M4549	220	M		I-RUN	01:48:41	01:47:23
1210	169	JOAQUIM FERREIRA	40	M4044	193	M		I-RUN	01:48:43	01:47:26
1211	2074	MANUEL ROCHA	58	M5559	78	M		Clinica Dentária de	01:48:43	01:47:24
1212	449	RICARDO NETO	53	M5054	187	M		C ATLETISMO	01:48:44	01:48:32

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
1213	965	FERNANDO COSTA	44	M4044	194	M		INDIVIDUAL	01:48:44	01:48:32
1214	334	JORGE GONÇALVES	55	M5559	79	M		PORTORUNNERS	01:48:45	01:48:33
1215	177	HENRIQUE SILVA	54	M5054	188	M		FC PENAFIEL	01:48:49	01:48:25
1216	685	ANTONIO BARBOSA	52	M5054	189	M		ATLETISMO	01:48:49	L 01:48:49
1217	838	ANTONIO FERREIRA	50	M5054	190	M		INDIVIDUAL	01:48:53	L 01:48:53
1218	287	MARIO NOGUEIRA	46	M4549	221	M		GD SPAIO OLEIROS	01:48:54	01:48:29
1219	684	MANUEL CARTAXO	72	M6099	56	M		UNIVERSIDADE	01:48:54	01:48:45
1220	443	MANUEL CRUZ	57	M5559	80	M		SC CRUZ	01:48:57	01:48:24
1221	1416	FERNANDO PEREIRA	52	M5054	191	M		INDIVIDUAL	01:48:57	3,L 01:48:57
1222	1920	JOAQUIM FARIA	47	M4549	222	M		Vitoria SC	01:48:57	L 01:48:57
1223	284	JORGE SILVA	41	M4044	195	M		GD SPAIO OLEIROS	01:48:59	01:47:54
1224	1272	PAULO SANTOS	47	M4549	223	M		OS KÁGADOS	01:48:59	01:47:20
1225	1976	JENNY MARTIN	37	F2039	39	F		Clube Galitos Aveiro	01:48:59	L 01:48:59
1226	620	CANDIDO ROCHA	57	M5559	81	M		INDEPENDENTES	01:49:00	01:47:40
1227	665	ARMANDO FRANÇA	58	M5559	82	M		ATLETISMO	01:49:00	01:48:50
1228	622	VITOR COSTA	42	M4044	196	M		ADAMARANTE	01:49:01	01:48:39
1229	451	LUIS GOMES	33	M2039	427	M		OSSILVAS	01:49:02	01:47:24
1230	376	MANUEL AMORIM	48	M4549	224	M		AD RIO LARGO	01:49:03	01:48:15
1231	454	JOSE GOMES	34	M2039	428	M		OSSILVAS	01:49:03	L 01:49:03
1232	1858	JOÃO SILVA	36	M2039	429	M		Individual	01:49:07	L 01:49:07
1233	34	LUIS CUNHA	32	M2039	430	M		AFIS/OVAR	01:49:09	01:47:34
1234	926	JOSE PEREIRA	52	M5054	192	M		INDIVIDUAL	01:49:13	L 01:49:13
1235	1671	ANTONIO SALGADO	33	M2039	431	M		INDIVIDUAL	01:49:17	01:48:46
1236	1641	AMILCAR COSTA	36	M2039	432	M		ESTORNORT LDA	01:49:18	2 01:47:36
1237	271	JOAQUIM SOUSA	61	M6099	57	M		CF UNIÃO LAMAS	01:49:23	01:48:54
1238	1681	RUI NOGUEIRA	40	M4044	197	M		COMPORTO	01:49:24	01:49:04
1239	1289	REINALDO MARTINS	62	M6099	58	M		OS KÁGADOS	01:49:25	2,3,L 01:49:25
1240	306	ALMEIDA	61	M6099	59	M		VETERANOS	01:49:36	L 01:49:36
1241	1532	MIGUEL SILVA	41	M4044	198	M		G. D. DO SOBREIRAL	01:49:38	L 01:49:38
1242	1555	JOSE SANTOS	47	M4549	225	M		INDIVIDUAL	01:49:41	01:49:10
1243	1806	ANIBAL SILVA	48	M4549	226	M		CCRD Burinhosa	01:49:48	01:49:21
1244	985	MANUEL BATALHA	65	M6099	60	M		BARRIGAS	01:49:52	2,3 01:48:59
1245	101	MANUEL SILVA	43	M4044	199	M		CAFE PONTO FINAL	01:49:53	01:49:05
1246	1797	MANUEL ALVES	39	M2039	433	M		Ferreirolux Lda	01:49:55	L 01:49:55
1247	102	JORGE COSTA	50	M5054	193	M		CAFE PONTO FINAL	01:49:58	01:49:13
1248	1268	PEDRO VENTURA	47	M4549	227	M		OS KÁGADOS	01:49:59	01:48:21
1249	1819	CESAR MOREIRA	38	M2039	434	M		Individual	01:50:01	L 01:50:01
1250	143	JOÃO PINTO	41	M4044	200	M		LIBERDADE FC	01:50:03	01:48:26
1251	1741	SILVINO MOURISCO	40	M4044	201	M		Individual	01:50:03	01:49:11
1252	1121	ANDRE COSTA	33	M2039	435	M		AZRAIDS	01:50:04	L 01:50:04
1253	517	JOSE SANTOS	47	M4549	228	M		CIRAC	01:50:05	01:49:57
1254	732	CARLOS RAMOS	53	M5054	194	M		INDIVIDUAL	01:50:07	3,L 01:50:07

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	L	Líquido
1255	1182	FERNANDO RIBEIRO	59	M5559	83	M		LEÕES VENEZA	01:50:10	L	01:50:10
1256	12	ANTÓNIO SANTOS	53	M5054	195	M		AFIS/OVAR	01:50:11		01:48:45
1257	987	JOSE ROCHA	55	M5559	84	M		BARRIGAS	01:50:12	2,3	01:49:20
1258	149	EURICO CAETANO	48	M4549	229	M		REIDEGAIA	01:50:13		01:49:05
1259	1809	JOÃO SILVA	28	M2039	436	M		Banda do Piri-lau	01:50:14		01:48:30
1260	1570	ALBERTO SÁ	59	M5559	85	M		TURBO-LENTOS	01:50:15		01:49:06
1261	1810	RAUL CORREIA	29	M2039	437	M		Banda do Piri-lau	01:50:15		01:48:30
1262	1849	JOÃO MERENCIO	24	M2039	438	M		Banda do Piri-lau	01:50:15		01:48:31
1263	1575	JOAQUIM OLIVEIRA	39	M2039	439	M		TURBO-LENTOS	01:50:16		01:49:07
1264	1875	JOSE SILVA	62	M6099	61	M		Individual	01:50:16	3	01:50:07
1265	52	VALQUIRIA SILVA	35	F2039	40	F		BRAGUINHAS VA	01:50:17		01:48:51
1266	579	MANUEL FERNANDES	45	M4549	230	M		FERREIRO LUX	01:50:21	L	01:50:21
1267	943	PAULO VALENTE	50	M5054	196	M		INDIVIDUAL	01:50:23		01:50:12
1268	1003	FERNANDO CERQUEIRA	47	M4549	231	M		ASSOCIAÇÃO	01:50:23		01:49:34
1269	1380	VITOR RENTE	31	M2039	440	M		OS FALTA DE AR	01:50:23		01:48:59
1270	201	VICTOR SOUSA	39	M2039	441	M		SUNSETRUNNERS	01:50:28		01:49:46
1271	1305	AMERICO SANTOS	57	M5559	86	M		VETERANOS LIS	01:50:30		01:49:46
1272	595	ALBERTO LUCAS	27	M2039	442	M		KARATE	01:50:31		01:49:34
1273	666	IETE GONÇALVES	39	F2039	41	F		ATLETISMO	01:50:32		01:48:52
1274	667	MARIA TRINDADE	46	F4099	16	F		ATLETISMO	01:50:33		01:48:52
1275	1633	CARLOS SILVA	61	M6099	62	M		TUBARÕES	01:50:33		01:49:40
1276	850	EDUARDO BOLOTO	54	M5054	197	M		INDIVIDUAL	01:50:34		01:49:58
1277	1174	DIAMANTINO CRUZ	53	M5054	198	M		GDR FIGUEIRAS	01:50:34		01:49:45
1278	1151	ELOI SILVA	60	M6099	63	M		CLUBE STRESS	01:50:36	L	01:50:36
1279	494	CARLOS CARNEIRO	57	M5559	87	M		MAIA ATLETICO	01:50:38		01:50:22
1280	282	RUI PINHO	41	M4044	202	M		GD LOUROCOOP	01:50:40	L	01:50:40
1281	227	BRUNO TAVARES	29	M2039	443	M		JOBRA	01:50:42	L	01:50:42
1282	1935	SAMUEL OLIVEIRA	25	M2039	444	M		G Fit Fun	01:50:42		01:50:31
1283	1373	BRUNO DIAS	23	M2039	445	M		C CAMPISMO S J	01:50:44		01:50:38
1284	1816	PEDRO VIEIRA	36	M2039	446	M		Porto Runners	01:50:44	L	01:50:44
1285	600	ARLINDO SANTOS	63	M6099	64	M		RECARDÃES	01:50:45		01:49:30
1286	606	RICARDO SANTOS	20	M2039	447	M		RECARDÃES	01:50:45		01:49:29
1287	660	JULIO MOREIRA	50	M5054	199	M		CESARIOPIN LUX	01:50:45		01:49:47
1288	126	JOÃO FONSECA	31	M2039	448	M		OSAMIGOS SP COVA	01:50:46	L	01:50:46
1289	382	PEDRO TEIXEIRA	39	M2039	449	M		CA VILA BOA BISPO	01:50:47		01:50:21
1290	1502	QUIRINO	50	M5054	200	M		TURISTAS	01:50:47		01:49:33
1291	1744	MANUEL TAVARES	39	M2039	450	M		Individual	01:50:48		01:49:07
1292	884	JOSE COSTA	45	M4549	232	M		INDIVIDUAL	01:50:50		01:49:23
1293	1457	JOSE FELICIO	40	M4044	203	M		CLAC -	01:50:52		01:49:52
1294	289	ALCINO SANTOS	44	M4044	204	M		GD SPAIO OLEIROS	01:50:53	L	01:50:53
1295	1011	PAULO FERNANDES	39	M2039	451	M		AA LEBRES SADO	01:50:59		01:49:34
1296	1500	ANTONIO GOMES	55	M5559	88	M		TURISTAS	01:50:59		01:50:09

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
1297	835	TIAGO JESUS	23	M2039	452	M		INDIVIDUAL	01:51:02	01:49:27
1298	1553	FRANCISCO GONÇALVES	36	M2039	453	M		INDIVIDUAL	01:51:03	01:50:16
1299	1371	CARLOS TAVARES	48	M4549	233	M		JA MOZELENSE	01:51:04	L 01:51:04
1300	1264	MANUEL BRANDÃO	52	M5054	201	M		OS KÁGADOS	01:51:08	01:49:33
1301	1273	MANUEL JOAQUIM	58	M5559	89	M		OS KÁGADOS	01:51:08	L 01:51:08
1302	830	AMILCAR HENRIQUES	45	M4549	234	M		INDIVIDUAL	01:51:10	3 01:49:39
1303	1925	JORGE GOMES	47	M4549	235	M		G. D. C. Eirapedrense	01:51:11	L 01:51:11
1304	129	PEDRO MELO	38	M2039	454	M		COMP.BAZOFIAS	01:51:12	01:50:58
1305	404	CANDIDO PITTA	52	M5054	202	M		GDCTE NAVAIS	01:51:13	01:50:38
1306	405	MANUEL PEREIRA	54	M5054	203	M		GDCTE NAVAIS	01:51:13	01:50:39
1307	570	FERNANDO GONÇALVES	46	M4549	236	M		VETERANOS PORTO	01:51:16	L 01:51:16
1308	847	FERNANDO PEREIRA	37	M2039	455	M		INDIVIDUAL	01:51:17	01:51:10
1309	345	MIGUEL DIAS	39	M2039	456	M		PORTORUNNERS	01:51:18	01:51:02
1310	1396	JOSE MOURA	45	M4549	237	M		INDIVIDUAL	01:51:18	01:49:55
1311	1569	CARLOS DIAS	46	M4549	238	M		INDIVIDUAL	01:51:18	01:50:18
1312	1758	RODRIGO	43	M4044	205	M		Individual	01:51:19	L 01:51:19
1313	81	ANTONIO FERNANDES	53	M5054	204	M		AA GRIJO	01:51:20	L 01:51:20
1314	1079	GISELDA COUTO	42	F4099	17	F		FEMAB	01:51:20	01:50:15
1315	222	LISDALIA NUNES	54	F4099	18	F		VETERANOSTEIXOS	01:51:25	01:50:56
1316	909	PEDRO NECHO	35	M2039	457	M		INDIVIDUAL	01:51:30	01:50:55
1317	318	CARLOS ROCHA	45	M4549	239	M		PORTORUNNERS	01:51:31	2,3 01:50:36
1318	329	JOÃO TROCA	32	M2039	458	M		PORTORUNNERS	01:51:32	01:50:34
1319	352	PEDRO LOPES	39	M2039	459	M		PORTORUNNERS	01:51:32	L 01:51:32
1320	262	PEDRO SILVA	38	M2039	460	M		CALDAS S JORGE	01:51:33	01:50:59
1321	384	JOSE PESSOA	44	M4044	206	M		CA VILA BOA BISPO	01:51:33	2 01:49:29
1322	1531	ANTONIO ARAUJO	57	M5559	90	M		G. D. DO SOBREIRAL	01:51:34	L 01:51:34
1323	1542	RUI PINHO	38	M2039	461	M		PORTO RUNNERS	01:51:36	01:51:06
1324	342	MARIA FERNANDES	42	F4099	19	F		PORTORUNNERS	01:51:39	01:51:29
1325	971	ERNESTO FERNANDES	48	M4549	240	M		INDIVIDUAL	01:51:39	01:50:55
1326	400	AVELINO PEREIRA	66	M6099	65	M		CCDT CM	01:51:40	L 01:51:40
1327	1546	NUNO SILVA	36	M2039	462	M		INDIVIDUAL	01:51:40	01:51:24
1328	1022	ERNESTO MARTINS	49	M4549	241	M		CANSADAS AZENHA	01:51:41	01:50:27
1329	1114	ANTONIO GONÇALVES	50	M5054	205	M		OS TUGAS	01:51:51	01:50:28
1330	937	AMILCAR COSTA	50	M5054	206	M		INDIVIDUAL	01:51:54	01:51:46
1331	1974	JOÃO FARIA	40	M4044	207	M		Individual	01:51:57	01:50:48
1332	1558	LUCIA MOREIRA	29	F2039	42	F		INDIVIDUAL	01:51:59	01:51:11
1333	1899	PAULO LOUREIRO	43	M4044	208	M		Individual	01:52:03	01:50:56
1334	212	JORGE LOUREIRO	62	M6099	66	M		CAVE	01:52:10	01:51:17
1335	991	JOSE OLIVEIRA	46	M4549	242	M		BARRIGAS	01:52:11	01:51:21
1336	858	TOMAS CUNHA	36	M2039	463	M		INDIVIDUAL	01:52:14	01:50:52
1337	1337	DIOGO GIRALDES	35	M2039	464	M		GD SANTANDER	01:52:14	01:51:12
1338	1215	MANUEL LEITÃO	61	M6099	67	M		CYCLONESSANITOP	01:52:16	01:50:54

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C.	SC	Clube	Tempo	L	Líquido
1339	1871	JESUS CAMPOS	30	M2039	465	M			Hotel Moutados	01:52:16	L	01:52:16
1340	708	LUCINDA ALVES	51	F4099	20	F			INDIVIDUAL	01:52:17		01:51:43
1341	497	PEDRO MONTEIRO	35	M2039	466	M			MAIA ATLETICO	01:52:18		01:52:10
1342	127	FILIFE NASCIMENTO	34	M2039	467	M			COMP.BAZOFIAS	01:52:21		01:51:24
1343	1876	PAULO SECO	37	M2039	468	M			Individual	01:52:22		01:51:33
1344	1206	VIRGILIO PALMEIRO	56	M5559	91	M			ROMPE SOLAS	01:52:26	L	01:52:26
1345	1445	ANTONIO CANELHAS	50	M5054	207	M			INDIVIDUAL	01:52:27		01:51:37
1346	1446	JOAQUIM MANUEL	47	M4549	243	M			INDIVIDUAL	01:52:30		01:51:02
1347	272	JOSE PALMA	39	M2039	469	M			CF UNIÃO LAMAS	01:52:31	L	01:52:31
1348	1411	LETICIA MELO	25	F2039	43	F			INDIVIDUAL	01:52:33	L	01:52:33
1349	1586	MANUEL SOARES	52	M5054	208	M			INDIVIDUAL	01:52:33		01:52:03
1350	1001	CESAR TEIXEIRA	38	M2039	470	M			BLOCONOTAS	01:52:34	L	01:52:34
1351	1410	BRUNO SOUSA	30	M2039	471	M			INDIVIDUAL	01:52:34	L	01:52:34
1352	1567	EURICO PATATAS	58	M5559	92	M			INDIVIDUAL	01:52:34		01:52:08
1353	1742	JORGE BASTO	42	M4044	209	M			Individual	01:52:36		01:51:38
1354	1561	PATRICIO CARVALHO	29	M2039	472	M			INDIVIDUAL	01:52:40	L	01:52:40
1355	1796	JOÃO ARANTES	34	M2039	473	M			Ferreirolux Lda	01:52:43		01:52:12
1356	1119	PEDRO CARVALHO	33	M2039	474	M			AZRAIDS	01:52:46	L	01:52:46
1357	698	A FERNANDES	45	M4549	244	M			INDIVIDUAL	01:52:48	2,L	01:52:48
1358	98	CELESTINO SILVA	46	M4549	245	M			CAFE PONTO FINAL	01:52:52		01:52:08
1359	100	DANIEL MARINHO	36	M2039	475	M			CAFE PONTO FINAL	01:52:52		01:52:05
1360	875	JOSE BRITO	45	M4549	246	M			INDIVIDUAL	01:52:55		01:51:19
1361	1625	BRUNO GAMA	34	M2039	476	M			INDIVIDUAL	01:52:57	L	01:52:57
1362	794	PATRICIA LEITE	28	F2039	44	F			INDIVIDUAL	01:52:58		01:52:18
1363	1203	CARLOS SAMPAIO	41	M4044	210	M			ROMPE SOLAS	01:53:06	L	01:53:06
1364	120	MANUEL PINTO	56	M5559	93	M			ACREFA	01:53:07		01:51:43
1365	299	ANTONIO SILVA	20	M2039	477	M			CENAP	01:53:09		01:51:50
1366	1854	DUARTE BARBOSA	39	M2039	478	M			Individual	01:53:13		01:52:42
1367	1184	CARLOS MARTINS	33	M2039	479	M			LEÕES VENEZA	01:53:14	L	01:53:14
1368	1692	JOSÉ PACHECO	45	M4549	247	M			BOSCH AVEIRO	01:53:14		01:52:34
1369	1844	EDGAR MENEZES	20	M2039	480	M			Freamunde Running	01:53:15		01:51:56
1370	1845	DOMINGOS MENDONÇA	20	M2039	481	M			Freamunde Running	01:53:15		01:51:56
1371	1566	PAULO PEREIRA	41	M4044	211	M			INDIVIDUAL	01:53:19		01:51:51
1372	1880	HELDER SILVA	40	M4044	212	M			Individual	01:53:21		01:52:46
1373	515	JORGE MOTA	46	M4549	248	M			CIRAC	01:53:22		01:53:15
1374	1158	FERNANDO SANTOS	39	M2039	482	M			CLUBE AGUAS GAIA	01:53:23		01:52:08
1375	1359	ALEXANDRE CARDOSO	46	M4549	249	M			CA OVAR	01:53:24	L	01:53:24
1376	279	ANABELA SANTOS	39	F2039	45	F			GD LOUROCOOP	01:53:26		01:53:09
1377	1437	ANDRE CIRNE	27	M2039	483	M			INDIVIDUAL	01:53:26		01:52:26
1378	337	JOSE ESPIRITO SANTO	44	M4044	213	M			PORTORUNNERS	01:53:28		01:53:17
1379	954	LUC HENNETIER	37	M2039	484	M			INDIVIDUAL	01:53:29		01:52:16
1380	1010	FERNANDO BASTOS	46	M4549	250	M			AA LEBRES SADO	01:53:29		01:53:13

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
1381	123	SERAFIM FONSECA	57	M5559	94	M		OSAMIGOS SP COVA	01:53:33	01:52:35
1382	931	JOÃO MANJERICÃO	35	M2039	485	M		INDIVIDUAL	01:53:34	01:53:05
1383	1186	BENJAMIM KINBUELAS	58	M5559	95	M		LEÕES VENEZA	01:53:34	01:52:43
1384	995	MANUEL MATOS	60	M6099	68	M		MOREIRENSE	01:53:36	01:52:28
1385	1859	FERNANDO PINTO	52	M5054	209	M		Individual	01:53:39	01:52:48
1386	2031	FILIPA ALMEIDA	31	F2039	46	F		SL BENFICA	01:53:39	L 01:53:39
1387	788	NUNO FREITAS	36	M2039	486	M		INDIVIDUAL	01:53:44	01:52:24
1388	1071	MANUEL CARNEIRO	46	M4549	251	M		OS CACHOS	01:53:45	L 01:53:45
1389	1897	HUGO SILVA	26	M2039	487	M		Individual	01:53:46	01:52:15
1390	1598	LUIS COSTA	26	M2039	488	M		INDIVIDUAL	01:53:47	01:53:30
1391	218	ANTONIO FIGUEIREDO	53	M5054	210	M		VETERANOSTEIXOS	01:53:48	01:53:17
1392	1423	ALBERTO MELO	67	M6099	69	M		INDIVIDUAL	01:53:48	01:52:41
1393	747	ALBERTO TAVARES	71	M6099	70	M		INDIVIDUAL	01:53:50	2,3 01:52:13
1394	1779	VALTER OLIVEIRA	37	M2039	489	M		Arada City	01:53:55	01:52:59
1395	295	RAUL FERREIRA	53	M5054	211	M		RAINHA DESPORTO	01:53:57	01:53:05
1396	1181	MARIO MIRANDA	58	M5559	96	M		LEÕES VENEZA	01:54:07	01:53:15
1397	1711	MANUEL SILVA	42	M4044	214	M		INDIVIDUAL	01:54:10	01:53:49
1398	681	ALCINO COUTINHO	55	M5559	97	M		UNIVERSIDADE	01:54:14	L 01:54:14
1399	819	ANDREW MURPHY	44	M4044	215	M		INDIVIDUAL	01:54:14	01:52:41
1400	293	ALBINO OLIVEIRA	61	M6099	71	M		RAINHA DESPORTO	01:54:17	L 01:54:17
1401	759	ALFREDO SANTOS	57	M5559	98	M		INDIVIDUAL	01:54:20	01:53:52
1402	260	LILIANA COSTA	26	F2039	47	F		CALDAS S JORGE	01:54:24	01:53:48
1403	1312	ALBERTO RODRIGUES	31	M2039	490	M		GD SPAIO OLEIROS	01:54:26	L 01:54:26
1404	924	MARIA COSTA	42	F4099	21	F		INDIVIDUAL	01:54:27	01:53:47
1405	1528	RUI LUIS	47	M4549	252	M		INDIVIDUAL	01:54:28	L 01:54:28
1406	488	ANTONIO FERREIRA	47	M4549	253	M		PAPAMILHAS	01:54:30	2,3 01:52:57
1407	1266	BELMIRO AGUIAR	67	M6099	72	M		OS KÁGADOS	01:54:30	01:53:14
1408	203	JOÃO CARMO	51	M5054	212	M		SUNSETRUNNERS	01:54:34	L 01:54:34
1409	851	PEDRO ESTEVES	42	M4044	216	M		INDIVIDUAL	01:54:35	01:53:51
1410	418	CARLOS TAVARES	43	M4044	217	M		A QUINTAS FREIRAS	01:54:36	2,3 01:53:31
1411	426	RUI ALVES	38	M2039	491	M		A QUINTAS FREIRAS	01:54:36	01:53:30
1412	1002	ALVARO CERQUEIRA	49	M4549	254	M		ASSOCIAÇÃO	01:54:36	01:54:05
1413	1499	EDUARDO PEREIRA	62	M6099	73	M		TURISTAS	01:54:39	01:53:52
1414	1554	JORGE GOMES	37	M2039	492	M		INDIVIDUAL	01:54:40	L 01:54:40
1415	1054	CAROLINA FELIZ	52	F4099	22	F		UNIAO TOMAR	01:54:41	01:54:18
1416	234	ANTONIO SOUSA	40	M4044	218	M		JOBRA	01:54:43	2,3,L 01:54:43
1417	1284	ANIBAL ALMEIDA	51	M5054	213	M		OS KÁGADOS	01:54:50	L 01:54:50
1418	483	FERNANDO ANTUNES	54	M5054	214	M		SOARENSE	01:54:51	01:54:36
1419	1838	PAULO OLIVEIRA	28	M2039	493	M		Individual	01:54:51	01:54:28
1420	2011	ALTINO SILVA	49	M4549	255	M		C. Pessoal EDP -	01:54:51	01:54:30
1421	1808	JOSE RATO	53	M5054	215	M		CCRD Burinhosa	01:54:53	01:53:52
1422	434	MIGUELSILVA	42	M4044	219	M		CP EDP	01:54:57	01:53:33

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
1423	1091	JOSE SOUSA	47	M4549	256	M		EPRVS	01:55:00	01:53:39
1424	1092	FERNANDO SANTOS	50	M5054	216	M		EPRVS	01:55:00	01:53:43
1425	15	CARLOS CAMPOS	44	M4044	220	M		AFIS/OVAR	01:55:02	01:54:18
1426	512	JORGE SILVA	41	M4044	221	M		CIRAC	01:55:15	01:54:28
1427	163	CLEMENTINA ANDRADE	49	F4099	23	F		C CAMPISMO S J	01:55:20	01:54:29
1428	808	AVELINO FERNANDES	38	M2039	494	M		INDIVIDUAL	01:55:33	01:54:15
1429	1084	GIZÉ BENTO	47	F4099	24	F		ATLETISM PATIO	01:55:34	01:54:25
1430	1664	NUNO RIBEIRO	29	M2039	495	M		INDIVIDUAL	01:55:34	L 01:55:34
1431	699	JOSE ALVARADO	27	M2039	496	M		INDIVIDUAL	01:55:36	01:54:05
1432	2056	RUI FERREIRA	22	M2039	497	M		Individual	01:55:36	01:54:03
1433	187	EDMUNDO GUEDES	54	M5054	217	M		NA CUCUJÃES	01:55:37	01:55:01
1434	1968	VASCO SANTOS	33	M2039	498	M		Individual	01:55:37	01:54:41
1435	812	SARA CAMPOS	38	F2039	48	F		INDIVIDUAL	01:55:39	01:54:01
1436	1407	AURELIO COSTA	43	M4044	222	M		INDIVIDUAL	01:55:39	01:54:25
1437	902	JUVENAL MAGUETA	50	M5054	218	M		INDIVIDUAL	01:55:43	L 01:55:43
1438	707	ABILIO ALVES	50	M5054	219	M		INDIVIDUAL	01:55:46	01:55:12
1439	1857	ROSA ANDIAS	20	F2039	49	F		Individual	01:55:47	01:55:13
1440	1153	JORGE SANTOS	47	M4549	257	M		CLUBE AGUAS GAIA	01:55:48	01:54:33
1441	1717	LUIS QUINTA	35	M2039	499	M		INDIVIDUAL	01:55:48	01:54:10
1442	1429	DIOGO FERNANDES	23	M2039	500	M		INDIVIDUAL	01:55:51	01:54:24
1443	1898	PAULO MATOS	46	M4549	258	M		Individual	01:55:51	01:55:13
1444	1632	MARIO VILARINHO	63	M6099	74	M		INDIVIDUAL	01:55:53	L 01:55:53
1445	1247	VITORINO PEREIRA	69	M6099	75	M		CA OVAR	01:55:56	01:55:41
1446	1109	LEANDRO LEITE	32	M2039	501	M		OS TRAVESSINHAS	01:55:59	01:54:34
1447	1718	JORGE MAGALHÃES	41	M4044	223	M		Individual	01:56:00	L 01:56:00
1448	2065	RICARDO MOREIRA	27	M2039	502	M		Individual	01:56:09	L 01:56:09
1449	1349	ANDRE SANTOS	25	M2039	503	M		RECARDÃES	01:56:10	01:55:05
1450	1425	SERGIO CRISOSTOMO	37	M2039	504	M		INDIVIDUAL	01:56:10	01:54:16
1451	1813	RUI DUARTE	49	M4549	259	M		Karrapateira 1919	01:56:10	L 01:56:10
1452	742	EDUARDO DINIS	36	M2039	505	M		INDIVIDUAL	01:56:11	01:54:31
1453	955	ISA SILVA	29	F2039	50	F		INDIVIDUAL	01:56:11	L 01:56:11
1454	1460	LUCRECIO DIAS	75	M6099	76	M		CLAC -	01:56:13	01:55:45
1455	1456	OCTAVIO MARIANO	40	M4044	224	M		CCRD BURINHOSA	01:56:14	01:55:04
1456	292	MARTINHO PEREIRA	64	M6099	77	M		RAINHA DESPORTO	01:56:17	01:55:25
1457	42	MANUEL RILHO	66	M6099	78	M		AFIS/OVAR	01:56:22	01:56:09
1458	1430	MARCOS CORREIA	24	M2039	506	M		INDIVIDUAL	01:56:23	01:54:57
1459	1042	MARIO BARBOSA	36	M2039	507	M		I-RUN	01:56:24	01:55:37
1460	1781	EDGAR CARDOSO	27	M2039	508	M		Arada City	01:56:26	L 01:56:26
1461	403	LAURO MARTINS	53	M5054	220	M		GDCTE NAVAIS	01:56:27	01:55:51
1462	1376	HUGO PITA	29	M2039	509	M		C BENFICA	01:56:31	L 01:56:31
1463	291	ALZIRA DIREITINHO	47	F4099	25	F		GD SPAIO OLEIROS	01:56:38	01:55:21
1464	1755	MARIO COSTA	49	M4549	260	M		Individual	01:56:38	3 01:54:54

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
1465	1613	RUI PINHO	38	M2039	510	M		ADEC-MS	01:56:39	01:55:06
1466	1614	TOME SEABRA	58	M5559	99	M		ADEC-MS	01:56:39	L 01:56:39
1467	436	JOAQUIM MARTINS	51	M5054	221	M		EC AVIAÇÃO FC	01:56:40	L 01:56:40
1468	465	FERNANDO SOARES	71	M6099	79	M		CLUBEPT	01:56:41	01:56:22
1469	121	NATALIA CARRASCAL	33	F2039	51	F		ACREFA	01:56:43	01:55:31
1470	571	PAULO ROCHA	52	M5054	222	M		VETERANOS PORTO	01:56:43	01:56:16
1471	585	MANUEL BRITO	56	M5559	100	M		FERREIRO LUX	01:56:48	01:56:28
1472	1795	LUIS PEREIRA	53	M5054	223	M		Ferreirolux Lda	01:56:52	01:56:33
1473	1997	HUGO ROMÃO	33	M2039	511	M		Individual	01:56:54	01:55:44
1474	246	EMIDIO PINHEIRO	42	M4044	225	M		CALDAS S JORGE	01:56:57	01:56:28
1475	1552	FERNANDO GONÇALVES	45	M4549	261	M		INDIVIDUAL	01:57:00	01:56:23
1476	1739	LINO VINHAS	25	M2039	512	M		Individual	01:57:00	L 01:57:00
1477	458	CARLOS SANTOS	42	M4044	226	M		RENAULTCACIA	01:57:09	01:56:38
1478	841	DANIEL LACERDA	36	M2039	513	M		INDIVIDUAL	01:57:10	01:56:13
1479	1449	JOSE CARLOS COSTA	25	M2039	514	M		OPORTO SQUASH &	01:57:17	01:55:36
1480	1628	PEDRO ALVES	33	M2039	515	M		ARRASTÕES	01:57:17	01:55:49
1481	1087	JOAQUIM CRUZ	62	M6099	80	M		C BENFICA A M	01:57:20	01:56:15
1482	1251	HELDER FERREIRA	23	M2039	516	M		INDIVIDUAL	01:57:20	L 01:57:20
1483	1527	ALBANO BRAGA	55	M5559	101	M		INDIVIDUAL	01:57:20	L 01:57:20
1484	328	JOÃO RAMALHÃO	34	M2039	517	M		PORTORUNNERS	01:57:21	L 01:57:21
1485	1752	NUNO COCHICHO	34	M2039	518	M		Individual	01:57:28	L 01:57:28
1486	636	CARLOS COSTA	55	M5559	102	M		GINASIO S TIRSO	01:57:29	01:56:50
1487	638	EDUARDO MALHEIRO	65	M6099	81	M		GINASIO S TIRSO	01:57:29	01:56:49
1488	635	ANTONIO GOMES	45	M4549	262	M		GINASIO S TIRSO	01:57:30	L 01:57:30
1489	1747	JOAQUIM BARROSO	69	M6099	82	M		Individual	01:57:37	L 01:57:37
1490	1609	DUARTE DELGADO	24	M2039	519	M		INDIVIDUAL	01:57:42	01:56:13
1491	1777	CARLOS SANTOS	30	M2039	520	M		Arada City	01:57:49	01:56:19
1492	1780	DERCIO CARDOSO	21	M2039	521	M		Arada City	01:57:49	01:56:20
1493	122	LUCIO AIRES	23	M2039	522	M		ACREFA	01:57:52	01:56:40
1494	728	TOMAS SILVA	47	M4549	263	M		INDIVIDUAL	01:57:54	L 01:57:54
1495	1730	ARNALDO LOURENÇO	61	M6099	83	M		Individual	01:57:54	01:57:11
1496	927	FERNANDO RESENDE	50	M5054	224	M		INDIVIDUAL	01:57:55	01:56:15
1497	456	JOSE LOPES	41	M4044	227	M		BLOCONOTAS	01:57:56	01:56:31
1498	565	ANTONIO DUARTE	64	M6099	84	M		VETERANOS PORTO	01:57:57	01:57:15
1499	755	ELSA MOITA	31	F2039	52	F		INDIVIDUAL	01:57:57	L 01:57:57
1500	1030	SERGIO MARTINS	26	M2039	523	M		TEAMCACHORRÃO	01:57:59	01:56:57
1501	1932	ALICE LOPES	33	F2039	53	F		G Fit Fun	01:58:02	01:57:50
1502	982	AMERICO LEITE	62	M6099	85	M		ARVOR	01:58:04	3 01:57:20
1503	25	JORGE PINA PINTO	67	M6099	86	M		AFIS/OVAR	01:58:08	01:57:42
1504	1464	JOSE CUNHA	42	M4044	228	M		OS LARANJINHAS	01:58:11	01:57:31
1505	1910	ANTONIO ALMEIDA	54	M5054	225	M		Dream Team A. Viseu	01:58:12	01:56:30
1506	1909	HERMINIO SILVA	57	M5559	103	M		Dream Team A. Viseu	01:58:13	01:56:31

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	L	Líquido
1507	967	CANDIDO LEODORO	55	M5559	104	M		INDIVIDUAL	01:58:14	L	01:58:14
1508	733	SILVIA SANTOS	31	F2039	54	F		INDIVIDUAL	01:58:16		01:57:17
1509	1530	AFONSO MACEDO	65	M6099	87	M		CLUVE	01:58:16		01:57:34
1510	132	ALCINO SILVA	38	M2039	524	M		CIA ALPENDORADA	01:58:17		01:57:53
1511	612	ANTONIO BRANDÃO	53	M5054	226	M		CGDOVAR	01:58:17		01:57:17
1512	1834	CESAR LIZ	47	M4549	264	M		Individual	01:58:17		01:57:18
1513	1299	FRANCISCO MONTEIRO	51	M5054	227	M		PAVROLANTE	01:58:19	L	01:58:19
1514	972	JOAQUIM CUNHA	42	M4044	229	M		INDIVIDUAL	01:58:27	L	01:58:27
1515	2062	RODRIGO ALMEIDA	28	M2039	525	M		Individual	01:58:27		01:56:54
1516	219	ANTONIO PAIS	55	M5559	105	M		VETERANOSTEIXOS	01:58:29		01:57:19
1517	521	ADAO PINHO	50	M5054	228	M		CIRAC	01:58:39		01:57:30
1518	1985	FRANCISCO MARTINS	36	M2039	526	M		Individual	01:58:41		01:57:14
1519	1468	LUIS BILAU	58	M5559	106	M		SS CGD	01:58:42		01:57:23
1520	1224	MARIA ALEIXO	39	F2039	55	F		INDIVIDUAL	01:58:44		01:57:04
1521	1149	PEDRO SIMÕES	46	M4549	265	M		CLUBE STRESS	01:58:45	L	01:58:45
1522	532	MANUEL NEIVA	62	M6099	88	M		CIRAC	01:58:46	L	01:58:46
1523	1842	DUARTE REDONDO	30	M2039	527	M		I-Run	01:58:46	L	01:58:46
1524	462	AFONSO MOURA	55	M5559	107	M		CLUBEPT	01:58:47	2,3,L	01:58:47
1525	823	MANUEL SILVA	43	M4044	230	M		INDIVIDUAL	01:58:51		01:57:55
1526	1501	JOSE PEIXOTO	58	M5559	108	M		TURISTAS	01:58:53		01:58:05
1527	516	AMADEU CRUZ	47	M4549	266	M		CIRAC	01:58:55		01:57:42
1528	534	MANUEL ANDRADE	46	M4549	267	M		GDC GUILHOVAI	01:58:57		01:58:11
1529	564	LIDIO FREITAS	68	M6099	89	M		VETERANOS PORTO	01:58:59	L	01:58:59
1530	1881	ANTONIO SILVA	42	M4044	231	M		Individual	01:58:59		01:58:23
1531	1332	MIGUEL FARIA	36	M2039	528	M		MAIA ATLETICO	01:59:01	L	01:59:01
1532	740	HUGO PEREIRA	21	M2039	529	M		INDIVIDUAL	01:59:04		01:57:40
1533	1571	FERNANDO MARINHO	60	M6099	90	M		TURBO-LENTOS	01:59:11	L	01:59:11
1534	1019	JOAQUIM COSTA	43	M4044	232	M		AMARANTE	01:59:12		01:57:46
1535	1020	NATERCIA TEIXEIRA	43	F4099	26	F		AMARANTE	01:59:12		01:57:46
1536	1574	JOSE CARNEIRO	60	M6099	91	M		TURBO-LENTOS	01:59:12		01:57:37
1537	1004	JORGE CERQUEIRA	54	M5054	229	M		ASSOCIAÇÃO	01:59:13	L	01:59:13
1538	1723	ALEXANDRE TEIXEIRA	35	M2039	530	M		Individual	01:59:14		01:58:24
1539	1679	JOANA FORTUNA	20	F2039	56	F		CLUBE SPIRIDON DE	01:59:16		01:57:49
1540	871	RICARDO AMORIM	34	M2039	531	M		INDIVIDUAL	01:59:19		01:57:59
1541	361	ALVARO MESQUITA	50	M5054	230	M		AD RIO LARGO	01:59:22		01:58:57
1542	119	GRAÇA LEITE	52	F4099	27	F		ACREFA	01:59:27		01:58:15
1543	111	FRANCISCO PINHEIRO	56	M5559	109	M		GA MONSANTO	01:59:31	L	01:59:31
1544	1212	MARIA FERNANDES	29	F2039	57	F		GD LOUROCOOP	01:59:36		01:59:32
1545	206	ANTONIO SILVA	58	M5559	110	M		A PARQUE	01:59:44		01:58:22
1546	561	HENRIQUE GONÇALVES	56	M5559	111	M		VETERANOS PORTO	01:59:45		01:59:03
1547	1279	JOSE TAVARES	35	M2039	532	M		OS KÁGADOS	01:59:45		01:59:08
1548	695	LUIS CARDIA	44	M4044	233	M		INDIVIDUAL	01:59:48	L	01:59:48

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	L	Líquido
1549	351	PAULO TEIXEIRA	33	M2039	533	M		PORTORUNNERS	01:59:49	L	01:59:49
1550	1716	MIGUEL COSTA	34	M2039	534	M		INDIVIDUAL	01:59:52		01:58:17
1551	1201	JOSE OUVIDOR	42	M4044	234	M		ROMPE SOLAS	02:00:01		01:58:40
1552	1210	MANUEL SILVA	60	M6099	92	M		ROMPE SOLAS	02:00:02	L	02:00:02
1553	1811	JOSE RODRIGUES	45	M4549	268	M		C. Estudo - Bloco de	02:00:05	3	01:58:40
1554	1734	VERA LUIS	29	F2039	58	F		Individual	02:00:10		01:59:59
1555	680	ARMANDO DELGADO	54	M5054	231	M		UNIVERSIDADE	02:00:11		02:00:05
1556	1693	JOSÉ VINHAS	39	M2039	535	M		BOSCH AVEIRO	02:00:14		01:59:35
1557	1568	LINO ALVES	60	M6099	93	M		INDIVIDUAL	02:00:17		01:58:36
1558	2081	JOANA CREISSAC	30	F2039	59	F		Individual	02:00:17		01:59:18
1559	1750	CARLOS MONTEIRO	32	M2039	536	M		Individual	02:00:20		01:59:26
1560	2063	JOAO MARTINS	34	M2039	537	M		Individual	02:00:25		01:59:53
1561	1085	GONÇALO MENDES	41	M4044	235	M		ATLETISM PATIO	02:00:28		01:59:19
1562	1392	FERNANDO CARAPELHO	30	M2039	538	M		INDIVIDUAL	02:00:30		01:58:53
1563	778	JOÃO AMADOR	23	M2039	539	M		INDIVIDUAL	02:00:33		01:59:32
1564	1748	PEDRO COSTA	38	M2039	540	M		Individual	02:00:49		01:59:30
1565	607	MIGUEL OLIVEIRA	33	M2039	541	M		RECARDÃES	02:00:57		01:59:42
1566	939	CARMEN LIMA	35	F2039	60	F		INDIVIDUAL	02:00:58	3	02:00:40
1567	1895	RITA MARQUES	37	F2039	61	F		Individual	02:00:58		01:59:52
1568	1318	JOSE BENTO MORAIS	48	M4549	269	M		MF MARTINS	02:01:00		02:00:26
1569	1635	MARINHO PEREIRA	43	M4044	236	M		ESTORNORT LDA	02:01:04	L	02:01:04
1570	1637	LINO SILVA	47	M4549	270	M		ESTORNORT LDA	02:01:04		01:59:24
1571	529	LAUREANO COSTA	56	M5559	112	M		CIRAC	02:01:07	L	02:01:07
1572	527	JOAQUIM OLIVEIRA	55	M5559	113	M		CIRAC	02:01:08		01:59:46
1573	1113	FATIMA GONÇALVES	44	F4099	28	F		OS TUGAS	02:01:08		01:59:44
1574	1675	AGOSTINHO FONTES	49	M4549	271	M		INDIVIDUAL	02:01:08		02:01:03
1575	647	CRISTINA GOMES	35	F2039	62	F		ATLETISMO	02:01:09		01:59:26
1576	567	OSCAR LEITE	48	M4549	272	M		VETERANOS PORTO	02:01:10	L	02:01:10
1577	653	FERNANDO SANTOS	50	M5054	232	M		ATLETISMO	02:01:10	3	01:59:26
1578	932	BRUNO SANTOS	30	M2039	542	M		INDIVIDUAL	02:01:10		01:59:41
1579	1256	MANUEL EMIDIO	60	M6099	94	M		INDIVIDUAL	02:01:13		02:00:00
1580	1086	PAULO VEIGA	49	M4549	273	M		ATLETISM PATIO	02:01:18		02:00:09
1581	1585	HENRIQUE ROCHA	49	M4549	274	M		INDIVIDUAL	02:01:28		02:00:59
1582	389	CECILIA NICOLAU	44	F4099	29	F		AA LEBRES SADO	02:01:30	L	02:01:30
1583	116	ARMANDO CONCEIÇÃO	59	M5559	114	M		C BENFICA	02:01:33		02:00:41
1584	1436	ANTONIO CRESPIM	70	M6099	95	M		INDIVIDUAL	02:01:36		02:00:36
1585	294	JOSE AZEVEDO	60	M6099	96	M		RAINHA DESPORTO	02:01:38		02:00:29
1586	1642	ADELINO GUIMARÃES	42	M4044	237	M		ESTORNORT LDA	02:01:39	L	02:01:39
1587	134	JOSE MAGALHÃES	63	M6099	97	M		CIA ALPENDORADA	02:01:45	L	02:01:45
1588	257	JOÃO OLIVEIRA	54	M5054	233	M		CALDAS S JORGE	02:01:46	L	02:01:46
1589	1975	LUIS FERNANDO	54	M5054	234	M		Individual	02:01:49	L	02:01:49
1590	1822	RICARDO FERREIRA	34	M2039	543	M		Individual	02:01:57		02:00:25

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido	
1591	1505	JOSE SOUSA	33	M2039	544	M		TURISTAS	02:01:59	3	02:01:09
1592	1484	PEDRO CARNEIRO	23	M2039	545	M		GCR ALVARELHOS	02:02:01		02:01:41
1593	1725	GUSTAVO CALDAS	50	M5054	235	M		Individual	02:02:04		02:01:06
1594	1434	AMILCAR OLIVEIRA	72	M6099	98	M		INDIVIDUAL	02:02:06	L	02:02:06
1595	208	OSCAR GONÇALVES	29	M2039	546	M		CAVE	02:02:08		02:01:14
1596	1573	JOÃO MARQUES	58	M5559	115	M		TURBO-LENTOS	02:02:09		02:00:25
1597	1298	HENRIQUE SILVA	51	M5054	236	M		PAVROLANTE	02:02:14	L	02:02:14
1598	1148	RUI DINIS	45	M4549	275	M		CLUBE STRESS	02:02:16		02:01:14
1599	1160	MANUEL SANTIAGO	46	M4549	276	M		CLUBE AGUAS GAIA	02:02:16		02:01:00
1600	775	CARLA SILVA	49	F4099	30	F		INDIVIDUAL	02:02:17		02:00:51
1601	413	ANTONIO CARLOS	59	M5559	116	M		OS RIBEIRINHOS	02:02:18		02:00:39
1602	493	AGOSTINHO SANTOS	57	M5559	117	M		MAIA ATLETICO	02:02:19		02:01:28
1603	710	DUARTE REGALADO	34	M2039	547	M		INDIVIDUAL	02:02:26		02:01:49
1604	1389	MANUEL PINTO	67	M6099	99	M		OS FALTA DE AR	02:02:27		02:01:45
1605	1379	HÉLIO GODINHO	61	M6099	100	M		C BENFICA	02:02:30		02:02:05
1606	369	EDUARDO PASSOS	54	M5054	237	M		AD RIO LARGO	02:02:32		02:01:53
1607	2029	DANIEL LOPES	24	M2039	548	M		A. D. Rio Largo	02:02:33	L	02:02:33
1608	903	DELFIN SANTOS	61	M6099	101	M		INDIVIDUAL	02:02:41		02:01:24
1609	1378	CARLOS ALFAIATE	58	M5559	118	M		C BENFICA	02:02:42		02:01:37
1610	1431	NUNO SAMPAIO	41	M4044	238	M		INDIVIDUAL	02:02:50		02:01:43
1611	936	FRANCISCO LIMA	59	M5559	119	M		INDIVIDUAL	02:02:51		02:02:34
1612	393	MIGUEL PEREIRA	40	M4044	239	M		CCDT CM	02:02:57		02:01:39
1613	737	ALFREDO FERREIRA	58	M5559	120	M		INDIVIDUAL	02:02:59		02:01:20
1614	743	EDUARDO RODRIGUES	66	M6099	102	M		INDIVIDUAL	02:02:59	2,L	02:02:59
1615	573	AUGUSTO PINTO	52	M5054	238	M		VETERANOS PORTO	02:03:03		02:02:36
1616	269	ERNESTO CARVALHO	60	M6099	103	M		CF UNIÃO LAMAS	02:03:09	L	02:03:09
1617	1733	JOSE LOPES	49	M4549	277	M		Individual	02:03:11		02:01:33
1618	1978	SANDRO CASALINHO	35	M2039	549	M		Individual	02:03:11	L	02:03:11
1619	1785	CARLOS MENDES	46	M4549	278	M		Individual	02:03:14		02:02:16
1620	356	RUI VILAR	51	M5054	239	M		PORTORUNNERS	02:03:18	L	02:03:18
1621	1873	JOSE CUNHA	38	M2039	550	M		Hotel Moutados	02:03:20		02:02:09
1622	1263	ADELINO SILVA	63	M6099	104	M		OS KÁGADOS	02:03:25		02:01:47
1623	1721	HERLANDER MARQUES	52	M5054	240	M		Individual	02:03:25		02:02:04
1624	1438	ANDRE	33	M2039	551	M		INDIVIDUAL	02:03:30		02:02:29
1625	1344	PORFIRO ROCHA	44	M4044	240	M		AR ESTRELA SUL	02:03:33	3	02:02:32
1626	930	DARIO BRAGA	60	M6099	105	M		INDIVIDUAL	02:03:35	L	02:03:35
1627	934	LUIS GUIMARÃES	32	M2039	552	M		INDIVIDUAL	02:03:35		02:02:19
1628	425	ALEXANDRE CAETANO	24	M2039	553	M		A QUINTAS FREIRAS	02:03:48	L	02:03:48
1629	1708	MANUEL SANTOS	39	M2039	554	M		CLUBE PORTUGAL	02:03:48		02:02:34
1630	1715	PEDRO SANTOS	34	M2039	555	M		INDIVIDUAL	02:03:49		02:02:13
1631	1253	JORGE DIAS	59	M5559	121	M		INDIVIDUAL	02:03:52		02:02:11
1632	1757	DOMINGOS BORGES	56	M5559	122	M		Individual	02:03:54		02:02:18

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	L	Líquido
1633	562	MANUEL DIAS	57	M5559	123	M		VETERANOS PORTO	02:04:02	L	02:04:02
1634	1647	RAUL PEREIRA	40	M4044	241	M		INDIVIDUAL	02:04:09	L	02:04:09
1635	190	PEDRO PINHEIRO	40	M4044	242	M		NA CUCUJÃES	02:04:15		02:03:37
1636	2019	ANTÓNIO GRAÇA	54	M5054	241	M		Individual	02:04:20	L	02:04:20
1637	1669	CRISTINA CORREIA	26	F2039	63	F		INDIVIDUAL	02:04:23		02:03:51
1638	912	ANDRE ALVES	32	M2039	556	M		INDIVIDUAL	02:04:38		02:03:03
1639	1088	MARIO LAMEIRÃO	63	M6099	106	M		C BENFICA A M	02:04:41		02:04:33
1640	164	ABILIO ABREU	56	M5559	124	M		CS GONDAR	02:04:49		02:04:13
1641	1463	JOAQUIM CARVALHO	51	M5054	242	M		OS LARANJINHAS	02:04:57		02:04:18
1642	711	ANTONIO DOMINGUES	39	M2039	557	M		INDIVIDUAL	02:05:03		02:04:26
1643	84	JORGE VIEIRA	57	M5559	125	M		AA GRIJO	02:05:05		02:04:10
1644	85	MANUEL COUTO	64	M6099	107	M		AA GRIJO	02:05:05	L	02:05:05
1645	863	RICARDO ALMEIDA	29	M2039	558	M		INDIVIDUAL	02:05:08	L	02:05:08
1646	124	PAULO FONSECA	49	M4549	279	M		OSAMIGOS SP COVA	02:05:22	L	02:05:22
1647	959	FERNANDO COSTA	67	M6099	108	M		INDIVIDUAL	02:05:27		02:04:36
1648	108	ANTONIO REYES	57	M5559	126	M		GA MONSANTO	02:05:28	L	02:05:28
1649	56	RUI OLIVEIRA	50	M5054	243	M		BRAGUINHAS VA	02:05:29	L	02:05:29
1650	945	JOSE RAMALHÃO	58	M5559	127	M		INDIVIDUAL	02:05:35		02:04:20
1651	1955	PAULO SILVA	45	M4549	280	M		Individual	02:05:38		02:05:20
1652	712	MIGUEL GODINHO	35	M2039	559	M		INDIVIDUAL	02:05:51		02:04:50
1653	457	PAULO PIRES	37	M2039	560	M		BLOCONOTAS	02:05:54		02:04:27
1654	1471	ANTONIO MOÇO	55	M5559	128	M		G. D. PESSOAL DA	02:06:00		02:04:38
1655	1631	ARMINIO SOUSA	54	M5054	244	M		A. R. VALDAGUA	02:06:00		02:04:57
1656	1743	ISABEL ALMEIDA	39	F2039	64	F		Individual	02:06:04		02:05:00
1657	1308	NATERCIA CARVALHO	31	F2039	65	F		VETERANOS LIS	02:06:06		02:05:39
1658	1756	BRANCO LIMA	52	M5054	245	M		Individual	02:06:21		02:04:37
1659	2059	CLAUDIA FERNANDES	38	F2039	66	F		Individual	02:06:23	L	02:06:23
1660	1110	CATARINA FERREIRA	30	F2039	67	F		OS TRAVESSINHAS	02:06:35		02:05:10
1661	1447	JOSE ROCHA	27	M2039	561	M		INDIVIDUAL	02:06:37	L	02:06:37
1662	859	HENRIQUE VILHENA	55	M5559	129	M		INDIVIDUAL	02:06:38		02:05:56
1663	1496	RENATO VIANA	37	M2039	562	M		STAROLAS	02:06:42		02:05:29
1664	866	LUCIANO GOMES	38	M2039	563	M		INDIVIDUAL	02:06:45	L	02:06:45
1665	2013	ARMANDO PENEDA	57	M5559	130	M		C. Pessoal EDP -	02:06:49		02:06:42
1666	464	MANUEL CARNEIRO	68	M6099	109	M		CLUBEPT	02:06:51	L	02:06:51
1667	596	SIMÃO MOREIRA	20	M2039	564	M		KARATE	02:06:55		02:05:38
1668	928	ANA MOURA	29	F2039	68	F		INDIVIDUAL	02:06:59	2	02:05:31
1669	929	MARIO PINTO	28	M2039	565	M		INDIVIDUAL	02:06:59		02:05:32
1670	1548	MIGUEL SILVA	43	M4044	243	M		INDIVIDUAL	02:07:02		02:06:43
1671	682	MANUEL PEREIRA	57	M5559	131	M		UNIVERSIDADE	02:07:15		02:05:40
1672	1131	CEU SANTOS	48	F4099	31	F		CTT COIMBRA	02:07:15		02:05:41
1673	1099	PEDRO BALDAIA	31	M2039	566	M		ARRASTÕES	02:07:16		02:05:46
1674	1393	JULIA ALVES	48	F4099	32	F		INDIVIDUAL	02:07:16	L	02:07:16

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
1675	1100	JOSE AMARAL	33	M2039	567	M		ARRASTÕES	02:07:17	02:05:48
1676	1074	ALTAMIRO TEIXEIRA	51	M5054	246	M		OS CACHOS	02:07:19	02:05:48
1677	1334	AUSPICIO FERNANDES	69	M6099	110	M		GD SANTANDER	02:07:24	02:06:22
1678	150	FERNANDO PEREIRA	47	M4549	281	M		A AMEAL	02:07:42	02:06:29
1679	1550	SERGIO PINHO	41	M4044	244	M		INDIVIDUAL	02:07:47	02:07:31
1680	445	COELHO FERREIRA	71	M6099	111	M		GDBANCOPORTUGA	02:07:48	02:06:41
1681	782	DOROTTYA VIG	24	F2039	69	F		INDIVIDUAL	02:07:52	02:06:23
1682	577	AMADEU FERREIRA	56	M5559	132	M		FERREIRO LUX	02:07:54	02:07:03
1683	578	JOSE FARIA	53	M5054	247	M		FERREIRO LUX	02:07:54	L 02:07:54
1684	855	AVELINO FAMILIAR	67	M6099	112	M		INDIVIDUAL	02:07:54	02:07:06
1685	1414	LUIS BRAGA	24	M2039	568	M		INDIVIDUAL	02:07:56	02:06:58
1686	1629	CARMO MARINHO	46	F4099	33	F		A. R. VALDAGUA	02:07:58	02:06:57
1687	644	CONCEIÇÃO CORREIA	61	F4099	34	F		GINASIO S TIRSO	02:07:59	02:07:30
1688	1712	JOAQUIM GOMES	42	M4044	245	M		INDIVIDUAL	02:08:00	02:07:06
1689	1872	RICARDO PEREIRA	26	M2039	569	M		Hotel Moutados	02:08:03	L 02:08:03
1690	1007	JAIME PEREIRA	56	M5559	133	M		ASSOCIAÇÃO	02:08:10	02:07:42
1691	1924	CASIMIRO FERNANDES	55	M5559	134	M		Vitoria SC	02:08:15	L 02:08:15
1692	1818	PEDRO FERNANDES	26	M2039	570	M		Individual	02:08:16	02:07:53
1693	1914	JOSE CASTRO	38	M2039	571	M		I-Run	02:08:36	02:07:18
1694	1901	MARIO FONSECA	33	M2039	572	M		Individual	02:08:39	L 02:08:39
1695	749	CARLOS BRUM	61	M6099	113	M		INDIVIDUAL	02:08:46	02:07:28
1696	1295	ANTONIO AMORIM	54	M5054	248	M		MILLENNIUMBCP	02:08:46	02:08:09
1697	1965	ROGERIO SILVA	35	M2039	573	M		Individual	02:08:47	02:07:37
1698	323	FERNANDO ROCHA	52	M5054	249	M		PORTORUNNERS	02:08:48	L 02:08:48
1699	1296	PEDRO OLIVEIRA	32	M2039	574	M		MILLENNIUMBCP	02:08:48	02:08:13
1700	1497	RICARDO ALMEIDA	37	M2039	575	M		STAROLAS	02:08:56	L 02:08:56
1701	373	JOSE FERNANDES	59	M5559	135	M		AD RIO LARGO	02:09:05	02:08:44
1702	801	JOÃO TEIXEIRA	32	M2039	576	M		INDIVIDUAL	02:09:36	02:08:22
1703	1597	JOAQUIM SILVA	43	M4044	246	M		INDIVIDUAL	02:09:52	L 02:09:52
1704	1660	MARIA COLAÇO	30	F2039	70	F		INDIVIDUAL	02:09:55	L 02:09:55
1705	679	FERNANDO CANARIO	69	M6099	114	M		CA MATOSINHOS	02:09:58	02:08:50
1706	1563	CARLA BARBOSA	40	F4099	35	F		INDIVIDUAL	02:09:58	02:08:43
1707	1529	LUIS SOARES	41	M4044	247	M		INDIVIDUAL	02:10:07	L 02:10:07
1708	1661	ANIBAL PAIVA	38	M2039	577	M		INDIVIDUAL	02:10:10	L 02:10:10
1709	1466	HUGO BRAGADA	26	M2039	578	M		TEAM CACHORRÃO	02:10:17	2,3 02:09:14
1710	1081	MARIA COSTA	46	F4099	36	F		ATLETISMO 5 HORA	02:10:25	02:09:49
1711	2082	ISABEL LAMY	41	F4099	37	F		Individual	02:10:38	02:09:44
1712	673	CATIA ALMEIDA	20	F2039	71	F		CP MANGUALDE	02:10:44	02:09:14
1713	893	MARTINO GIOIA	43	M4044	248	M		INDIVIDUAL	02:10:49	02:09:11
1714	793	MARIO MACEDO	47	M4549	282	M		INDIVIDUAL	02:10:55	L 02:10:55
1715	1543	PEDRO PINHA	40	M4044	249	M		INDIVIDUAL	02:11:03	02:10:31
1716	83	VICTOR SOUSA	60	M6099	115	M		AA GRIJO	02:11:13	02:10:20

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	L	Líquido
1717	1982	JOSE FERREIRA	58	M5559	136	M		Individual	02:11:14	L	02:11:14
1718	1422	ANTONIO PINHO	34	M2039	579	M		INDIVIDUAL	02:11:15		02:09:41
1719	1537	JOSE TEIXEIRA	44	M4044	250	M		CLUBE GBES	02:11:20		02:10:04
1720	722	ANTONIO MIRANDA	32	M2039	580	M		INDIVIDUAL	02:11:35	L	02:11:35
1721	509	PEDRO COSTA	37	M2039	581	M		CIRAC	02:11:51	L	02:11:51
1722	1930	CELSO TORRES	49	M4549	283	M		G Fit Fun	02:11:51	3	02:11:44
1723	1962	OSCAR LEMOS	37	M2039	582	M		Individual	02:12:03	L	02:12:03
1724	1972	FRANCISCO CASTRO	44	M4044	251	M		Individual	02:12:05	L	02:12:05
1725	593	MARIA MAGALHÃES	48	F4099	38	F		KARATE	02:12:14		02:10:58
1726	594	CARLOS PEREIRA	45	M4549	284	M		KARATE	02:12:16	L	02:12:16
1727	1492	JOÃO GONÇALVES	36	M2039	583	M		STAROLAS	02:12:16	L	02:12:16
1728	2094	JOAO MARQUES	62	M6099	116	M		Individual	02:12:34	L	02:12:34
1729	800	ANDRE ROCHA	27	M2039	584	M		INDIVIDUAL	02:12:49	L	02:12:49
1730	776	JOAQUIM AFONSO	58	M5559	137	M		INDIVIDUAL	02:13:03		02:11:52
1731	220	JAIME SECO	57	M5559	138	M		VETERANOSTEIXOS	02:13:06	L	02:13:06
1732	1698	JOÃO CARVALHO	33	M2039	585	M		BOSCH AVEIRO	02:13:07		02:12:28
1733	990	JOSE AZEVEDO	47	M4549	285	M		BARRIGAS	02:13:29	L	02:13:29
1734	986	CASIMIRO FERNANDES	55	M5559	139	M		BARRIGAS	02:13:30		02:12:41
1735	1319	ANDRE SOUSA	31	M2039	586	M		MF MARTINS	02:13:31		02:12:55
1736	1778	NELSON ANDRADE	24	M2039	587	M		Arada City	02:13:34		02:12:04
1737	2068	JOSE JESUS	35	M2039	588	M		G Fit Fun	02:13:37	L	02:13:37
1738	882	ANA LOPES	24	F2039	72	F		INDIVIDUAL	02:13:42		02:12:02
1739	696	MARIO FERNANDES	65	M6099	117	M		INDIVIDUAL	02:13:46	3	02:12:56
1740	1943	CLAUDIO LEÃO	25	M2039	589	M		Team Cachorrão	02:13:48		02:12:46
1741	964	JEAN MARTIN	65	M6099	118	M		INDIVIDUAL	02:13:49		02:13:07
1742	1089	PATRICIA PEDRO	46	F4099	39	F		C BENFICA A M	02:13:50		02:12:43
1743	720	ANTONIO MARTA	74	M6099	119	M		INDIVIDUAL	02:13:53	3	02:12:43
1744	340	MANUEL RIBEIRO	57	M5559	140	M		PORTORUNNERS	02:13:54	3	02:13:28
1745	914	JOSE AMORIM	57	M5559	141	M		INDIVIDUAL	02:14:07		02:13:21
1746	744	JOÃO CASTRO	65	M6099	120	M		INDIVIDUAL	02:14:42		02:13:08
1747	1839	ANA DUARTE	32	F2039	73	F		Triplagitada - Clube de	02:14:42		02:14:08
1748	1961	JOSE SAMPAIO	59	M5559	142	M		Individual	02:14:52		02:13:35
1749	1508	CARLOS SILVA	61	M6099	121	M		NAT	02:14:56		02:14:04
1750	1731	MANUEL DIAS	50	M5054	250	M		Individual	02:14:56	L	02:14:56
1751	1826	LUIS MOURA	37	M2039	590	M		Individual	02:15:09		02:13:36
1752	1068	MARTA NEVES	35	F2039	74	F		OP SQUASH	02:15:32	L	02:15:32
1753	536	GERMANO PAIVA	57	M5559	143	M		GDC GUILHOVAI	02:15:34		02:14:48
1754	528	ROGERIO SILVA	55	M5559	144	M		CIRAC	02:15:37		02:14:50
1755	1601	CLAUDIA GRAÇA	39	F2039	75	F		INDIVIDUAL	02:15:52		02:15:16
1756	774	JAIME QUINTAL	21	M2039	591	M		INDIVIDUAL	02:16:05		02:12:10
1757	1746	RUI SOUSA	43	M4044	252	M		Individual	02:16:06		02:15:28
1758	1864	MARIO SILVA	55	M5559	145	M		Individual	02:16:16		02:15:09

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
1759	1610	ALBINO COSTA	58	M5559	146	M		ADEC-MS	02:16:31	02:15:10
1760	1967	RENATO PASCOAL	39	M2039	592	M		Individual	02:16:38	02:15:44
1761	1966	RICARDO CARVALHO	36	M2039	593	M		Individual	02:16:39	02:15:40
1762	1588	JORGE OLIVEIRA	60	M6099	122	M		FERROVIARIO DE	02:16:40	L 02:16:40
1763	1889	PEDRO COUTO	20	M2039	594	M		Individual	02:17:43	02:16:14
1764	1617	RUI FERNANDES	45	M4549	286	M		PORTO RUNNERS	02:17:52	02:16:28
1765	713	JOSE FOLHA	32	M2039	595	M		INDIVIDUAL	02:17:59	02:16:17
1766	151	TIAGO ALEXANDRE	20	M2039	596	M		A AMEAL	02:18:08	02:16:55
1767	876	ANTONIO SIETRA	39	M2039	597	M		INDIVIDUAL	02:18:22	02:17:41
1768	1663	ANTONIO SILVA	36	M2039	598	M		INDIVIDUAL	02:18:25	02:16:57
1769	1863	HELDER RAMOS	44	M4044	253	M		Individual	02:18:25	02:16:51
1770	2073	JOAO FERNANDES	34	M2039	599	M		Individual	02:18:42	L 02:18:42
1771	738	JAIME PEREIRA	45	M4549	287	M		INDIVIDUAL	02:18:45	02:17:20
1772	1108	PAULO VALENTE	31	M2039	600	M		OS TRAVESSINHAS	02:19:01	02:17:37
1773	1111	JOSE FERREIRA	38	M2039	601	M		OS TRAVESSINHAS	02:19:01	02:17:35
1774	1112	SONIA FERREIRA	32	F2039	76	F		OS TRAVESSINHAS	02:19:02	02:17:39
1775	1852	ANTONIO CUNHA	43	M4044	254	M		Individual	02:19:02	02:18:34
1776	969	RUI REIS	36	M2039	602	M		INDIVIDUAL	02:19:10	02:17:31
1777	1650	NUNO RIBEIRO	28	M2039	603	M		INDIVIDUAL	02:19:48	02:18:51
1778	873	MARIA PARRACHO	51	F4099	40	F		INDIVIDUAL	02:19:59	02:19:16
1779	1649	TANIA ALMEIDA	34	F2039	77	F		INDIVIDUAL	02:20:11	02:19:16
1780	1766	JOSE FIGUEIREDO	55	M5559	147	M		A. A. P. Infante D.	02:20:12	02:18:38
1781	2026	MANUEL MIEIRO	70	M6099	123	M		Liga dos Combatentes	02:20:14	02:20:06
1782	1856	ANA BASSI	28	F2039	78	F		Individual	02:20:24	02:19:50
1783	1465	PEDRO DIAS	32	M2039	604	M		TEAM CACHORRÃO	02:20:30	02:19:27
1784	1557	VITOR LEAL	42	M4044	255	M		INDIVIDUAL	02:20:41	02:20:23
1785	826	JOAQUIM COSTA	48	M4549	288	M		INDIVIDUAL	02:20:47	L 02:20:47
1786	1807	JOSE SOARES	49	M4549	289	M		CCRD Burinhosa	02:21:40	L 02:21:40
1787	1964	TERESA FARIA	37	F2039	79	F		Individual	02:21:49	02:20:32
1788	1973	ROSA COSTA	40	F4099	41	F		Individual	02:21:50	02:20:32
1789	217	ANTONIO BATISTA	63	M6099	124	M		VETERANOSTEIXOS	02:22:25	L 02:22:25
1790	1433	LILIANA MOREIRA	34	F2039	80	F		INDIVIDUAL	02:22:26	02:21:49
1791	913	JOAQUIM GERALDES	62	M6099	125	M		INDIVIDUAL	02:23:02	02:22:17
1792	321	FERNANDO ALMEIDA	24	M2039	605	M		PORTORUNNERS	02:23:31	3,L 02:23:31
1793	1495	MANUEL ANTUNES	36	M2039	606	M		STAROLAS	02:23:35	L 02:23:35
1794	1957	PEDRO MONTEIRO	41	M4044	256	M		Individual	02:24:49	02:23:28
1795	703	MANUEL NEVES	42	M4044	257	M		INDIVIDUAL	02:24:50	02:23:15
1796	1103	EDUARDO RAMALHADEIRO	37	M2039	607	M		ARRASTÕES	02:24:51	02:23:23
1797	305	HERMINIO	64	M6099	126	M		VETERANOS	02:24:53	L 02:24:53
1798	723	EDMUNDO SILVA	63	M6099	127	M		INDIVIDUAL	02:24:56	02:24:12
1799	1802	PAULO RAINHO	37	M2039	608	M		CCRD Burinhosa	02:25:02	02:24:35
1800	1824	SUSIE CAVADAS	31	F2039	81	F		Individual	02:25:09	02:24:35

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C.	SC	Clube	Tempo	Líquido
1801	2057	PAULO PINHO	27	M2039	609	M			Individual	02:25:09	02:23:53
1802	1823	LUIS CAVADAS	37	M2039	610	M			Individual	02:25:10	02:24:36
1803	1494	JOSE CHEU	36	M2039	611	M			STAROLAS	02:25:34	02:24:23
1804	1498	RUI ANDRADE	34	M2039	612	M			STAROLAS	02:25:34	02:24:21
1805	1616	RUI MARTINS	47	M4549	290	M			CLUBE	02:25:40	02:25:20
1806	968	AMERICO GOMES	37	M2039	613	M			INDIVIDUAL	02:25:41	02:24:01
1807	1691	CARLOS SILVA	34	M2039	614	M			BOSCH AVEIRO	02:25:45	02:25:18
1808	1077	AUGUSTO PINTO	66	M6099	128	M			OS KÁGADOS	02:26:07	02:25:12
1809	857	RUI RESENDE	32	M2039	615	M			INDIVIDUAL	02:26:16	L 02:26:16
1810	1771	DUARTE SA	58	M5559	148	M			N. Atletismo de	02:26:39	02:25:44
1811	739	RUI PEREIRA	49	M4549	291	M			INDIVIDUAL	02:28:12	02:26:51
1812	221	JOÃO BARATA	75	M6099	129	M			VETERANOSTEIXOS	02:29:05	L 02:29:05
1813	923	ALZIRA OLIVEIRA	42	F4099	42	F			INDIVIDUAL	02:29:35	L 02:29:35
1814	865	ANDRE ROMÃO	29	M2039	616	M			INDIVIDUAL	02:29:39	02:28:28
1815	786	ANGELO MOREIRA	67	M6099	130	M			INDIVIDUAL	02:30:48	02:30:28
1816	112	LUIS ANTUNES	49	M4549	292	M			GA MONSANTO	02:32:56	L 02:32:56
1817	1283	MARCELO MOTA	30	M2039	617	M			OS KÁGADOS	02:34:52	02:33:49
1818	113	MIGUEL SILVA	67	M6099	131	M			GA MONSANTO	02:35:14	02:34:17
1819	869	MARIA PEREIRA	29	F2039	82	F			INDIVIDUAL	02:35:16	02:34:05
1820	791	ELIANA MURTEIRA	25	F2039	83	F			INDIVIDUAL	02:35:23	02:34:45
1821	307	ABREU	59	M5559	149	M			VETERANOS	02:36:21	02:34:48
1822	1017	SUSAN MOTA	40	F4099	43	F			ADR AGUAS BELAS	02:36:36	L 02:36:36
1823	1885	ANA CONDE	28	F2039	84	F			Individual	02:44:19	02:42:34
1824	1886	JOÃO DUARTE	28	M2039	618	M			Individual	02:44:19	02:42:34
1825	1442	DUARTE LAMAS	27	M2039	619	M			INDIVIDUAL	02:45:01	02:43:35
1826	719	HENRIQUE INGLES	76	M6099	132	M			INDIVIDUAL	02:54:09	L 02:54:09